

**ROYAL
LIVER
ASSURANCE**

Liswerry 8 Mile Road Race

28th January 1990

Number	Name	Age	Category	Club	Overall Position	Time	Position in Category	Number	Name	Age	Category	Club	Overall Position	Time	Position in Category
Men, Open								149	Ronald Caulfield	37	M 0	Penarth and Dinas Runners	65	47.13	57
1	Nigel Adams	26	M 0	Swansea	1	38.16	1	198	Terry Wright	39	M 0	Griffithstown Harriers	68	47.19	58
8	Stephen Knight	26	M 0	Cardiff A.C.	2	39.33	2	53	Malcolm Reeke	28	M 0	Chepstow Harriers	70	47.27	59
10	James Hill	0	M 0	Newport Harriers	3	39.33	3	158	John Harwood	34	M 0	San Domenico	73	47.41	60
9	Greg Newhams	0	M 0	Bridgend A.C.	4	39.55	4	164	Mark Chorley	31	M 0	Newport Harriers	74	47.43	61
2	Kenny Davies	33	M 0	Newport Harriers	5	40.26	5	217	Martin Roberts	25	M 0	Unattached	76	47.49	62
7	David Flynn	0	M 0	Newport Harriers	6	41.17	6	106	Anthony Dunn	27	M 0	Unattached	77	47.52	63
115	Paul Smith	35	M 0	Brecon A.C.	7	41.25	7	165	Robert Jones	30	M 0	Pegasus R.C.	79	47.55	64
25	Steve Elliot	32	M 0	Bristol A.C.	8	41.33	8	171	Douglas Lloyd	34	M 0	Pontypridd Roadents	80	47.55	65
3	Brian Matthews	25	M 0	Les Croupiers	9	41.45	9	87	Lynn Harris	25	M 0	Rhymney Valley Roadrunners	81	47.55	66
6	Alan Cole	0	M 0	Newport Harriers	10	41.55	10	110	Michael Sheehan	37	M 0	Club 69	82	47.56	67
13	Phil Alden	33	M 0	City of Bath	11	42.12	11	104	Phillip Bolwell	36	M 0	Newport Harriers	84	47.56	68
5	Michael Crowell	0	M 0	Bridgend A.C.	12	42.35	12	252	Kelvin Smith	35	M 0	Caerphilly R.C.	85	48.01	69
21	Nick Landers	22	M 0	Abertillery A.C.	13	42.48	13	197	Mark Williams	27	M 0	Griffithstown Harriers	87	48.07	70
23	Derek Rainbird	36	M 0	Club 69	14	43.08	14	305	Ron Thomas	32	M 0	Newport Harriers	89	48.07	71
99	Frank Roach	32	M 0	Great Western Runners	15	43.12	15	223	Colin Carson	29	M 0	City of Bath	90	48.11	72
121	Mike Morgan	28	M 0	Cornely Striders	16	43.19	16	61	Peter Griffiths	38	M 0	San Domenico	91	48.14	73
19	Garry Summerfield	0	M 0	Club 69	17	43.28	17	229	Dave Granger	33	M 0	Les Croupiers	92	48.23	74
71	Mike Hotgate	31	M 0	City of Bath	18	43.32	18	202	Phillip Waters	33	M 0	Griffithstown Harriers	94	48.35	75
308	Tim Baigent	26	M 0	Newport Harriers	19	43.33	19	167	Steven Hooper	23	M 0	Pontypridd Roadents	95	48.36	76
18	Lawrence Hallett	32	M 0	Newport Harriers	20	43.47	20	135	David Hall	27	M 0	Cheltenham & Crty Harriers	97	48.40	77
209	Timothy Bell	23	M 0	Newport Harriers	21	43.51	21	179	Andy Reeks	0	M 0	Chepstow Harriers	98	48.41	78
84	Alun Thomas	35	M 0	Pegasus R.C.	22	43.59	22	193	Peter Langley	37	M 0	Griffithstown Harriers	99	48.41	79
142	David Powell	37	M 0	Newport Harriers	23	44.00	23	272	Kevin Fowler	22	M 0	Pegasus R.C.	100	48.41	80
28	Kenny Williams	30	M 0	San Domenico	24	44.05	24	256	Stephen Salter	22	M 0	Rhondda Valley Roadrunners	104	48.50	81
58	Philip Crane	29	M 0	Caerphilly R.C.	25	44.05	25	208	Charles Jones	37	M 0	Bridgend A.C.	105	48.52	82
109	Michael Chandler	36	M 0	Caerphilly R.C.	26	44.16	26	221	Guy Simms	23	M 0	Unattached	107	48.53	83
178	James Holes	24	M 0	Forest of Dean A.C.	29	44.35	27	48	Paul Thomas	27	M 0	Unattached	109	48.57	84
169	David Jones	34	M 0	Pontypridd Roadents	30	44.37	28	136	Andrew Haigh	25	M 0	Cheltenham & Crty Harriers	110	49.01	85
211	Peter Maggs	30	M 0	Chepstow Harriers	31	44.38	29	154	Christopher Bartley	31	M 0	Newport Harriers	118	49.26	86
102	Michael Powell	31	M 0	Newport Harriers	32	44.40	30	82	Gerwyn Davies	36	M 0	Club 69	119	49.30	87
241	Michael Twomey	24	M 0	Unattached	33	44.44	31	244	Clive Osmond	29	M 0	Les Croupiers	120	49.35	88
20	Adrian Tew	29	M 0	Griffithstown Harriers	34	44.57	32	280	Michael Higgins	32	M 0	Brecon Bounders	121	49.35	89
100	Lionel Hutt	29	M 0	City of Bath	35	44.58	33	265	Tim Williams	30	M 0	Club 69	122	49.39	90
141	Richard Fullerton	31	M 0	Great Western Runners	36	45.05	34	116	Keith Baker	38	M 0	San Domenico	127	49.51	91
309	Eddy Lee	22	M 0	Cardiff A.C.	37	45.12	35	128	Gareth Gittings	32	M 0	Caerphilly R.C.	128	49.53	92
168	Stewart Hooper	21	M 0	Pontypridd Roadents	38	45.21	36	180	Alan Bastable	36	M 0	San Domenico	129	49.53	93
195	Alan Badham	37	M 0	Griffithstown Harriers	39	45.25	37	196	John Baydon	23	M 0	Griffithstown Harriers	131	49.57	94
203	Terry White	36	M 0	Griffithstown Harriers	40	45.27	38	161	Geraint Evans	0	M 0	Beddau A.C.	133	50.06	95
289	Phil Murphy	21	M 0	Club 69	41	45.27	39	159	Stephen Frampton	37	M 0	City of Bath	134	50.07	96
27	Kevin Chalke	27	M 0	San Domenico	42	45.29	40	283	John Gordon	36	M 0	Caerphilly R.C.	135	50.07	97
256	I. Bard	38	M 0	Abertillery A.C.	43	46.34	41	212	John Cottrell	38	M 0	Chepstow Harriers	138	50.14	98
279	Robert Park	35	M 0	Amazing Feet R.C.	44	45.36	42	276	Mark Cooper	25	M 0	Blaenavon Joggers	140	50.17	99
56	Steven Price	38	M 0	San Domenico	45	45.41	43	162	Stephen Cole	0	M 0	Beddau A.C.	142	50.26	100
219	Paul Casbeard	32	M 0	Unattached	47	45.45	44	105	Brian Hancock	39	M 0	Newport Harriers	143	50.30	101
111	Julian Doyle	21	M 0	Club 69	48	45.46	45	304	P. Foley	23	M 0	Risca Roadrunner	144	50.36	102
22	Dale Sumerfield	24	M 0	Club 69	49	45.50	46	248	Gerard Davies	35	M 0	Monmouth A.C.	147	50.45	103
17	Garry Veal	0	M 0	Chepstow Harriers	50	45.53	47	52	Philip Thompson	35	M 0	Caerphilly R.C.	148	50.55	104
34	Phillip Miles	38	M 0	Club 69	51	45.53	48	257	Ron Thomas	30	M 0	Rhondda Valley Roadrunners	149	50.57	105
307	Nicholas Gwynne	24	M 0	Trotts	52	45.59	49	166	Kevin Phillips	32	M 0	Unattached	150	51.00	106
295	Raymond Smith	0	M 0	San Domenico	53	46.02	50	210	Michael Thomas	36	M 0	Caerphilly R.C.	152	51.03	107
89	Nathaniel White	27	M 0	Griffithstown Harriers	55	46.06	51	108	Martin Stone	20	M 0	Caerphilly R.C.	153	51.05	108
37	Duncan Crombie	0	M 0	Newport Harriers	57	46.19	52	238	Neil Couch	29	M 0	Unattached	154	51.07	109
239	Richard Wyson	33	M 0	Chepstow Harriers	59	46.29	53	101	Simon Harwood	35	M 0	City of Bath	156	51.13	110
160	Jeffrey Hanson	0	M 0	Beddau A.C.	61	47.01	54	172	Martin Lawrance	38	M 0	Pontypridd Roadents	157	51.15	111
103	Peter Haines	39	M 0	Pegasus R.C.	62	47.04	55	267	Michael Hourihan	35	M 0	Merthyr R.C.	161	51.28	112
173	Lyndsey Foulkes	33	M 0	Pontypridd Roadents	63	47.12	56	30	Mark Halliwell	32	M 0	Risca Roadrunners	162	51.30	113
								277	William Reid	34	M 0	Blaenavon Joggers	164	51.31	114
								138	Paul Cann	36	M 0	City of Bath	168	51.45	115
								124	Tony Gore	35	M 0	Bryna Runaways	170	51.49	116
								258	Gerald Bryant	25	M 0	Rhondda Valley Roadrunners	171	51.49	117

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88	Steve Wilkinson	32	M 0	Chepstow Harriers	172	51.51	118	139	Dean Thomson	24	M 0	Westbury Harriers	302	56.57	178
47	Andrew Lewis	27	M 0	Bridgend A.C.	175	51.54	119	120	Robert Faithfull	33	M 0	Mercury A.C.	303	57.00	179
155	Anthony Webb	17	M 0	Bracknell A.C.	177	52.03	120	46	Robert Nurden	27	M 0	Chepstow Harriers	307	57.11	180
61	Colin Stiles	34	M 0	Avon Valley Runners	179	52.08	121	220	Christopher Perrett	31	M 0	Unattached	308	57.11	181
200	Stuart Challander	36	M 0	Griffithstown Harriers	184	52.21	122	285	Glyn Dand	39	M 0	Brynna Runaways	309	57.11	182
288	John Farmer	34	M 0	Cornelly Striders	186	52.29	123	292	Mark Donden	26	M 0	Unattached	310	57.11	183
204	Brian Mayers	36	M 0	Griffithstown Harriers	189	52.39	124	270	G Richards	0	M 0	Beddau A.C.	314	57.24	184
188	Neil Edwards	30	M 0	Unattached	190	52.41	125	287	Wayne Ruddy	31	M 0	Forest of Dean	316	57.32	185
199	Don McDwyer	32	M 0	Griffithstown Harriers	192	52.48	126	275	Paul Johnson	18	M 0	Blaenavon Joggers	317	57.35	186
271	Mark Purnell	22	M 0	Bitton Roadrunners	199	53.08	127	269	Mark Jenkins	28	M 0	Unattached	321	57.54	187
127	Jeffery Russell	39	M 0	Club 69	200	53.08	128	192	Glyn Carter	31	M 0	Griffithstown Harriers	325	57.58	188
194	Robert Stanworth	39	M 0	Griffithstown Harriers	201	53.12	129	232	Brian Newman	38	M 0	Unattached	331	58.20	189
266	Aurthur Rzepala	25	M 0	Penarth and Dinas Runners	202	53.14	130	298	Tim Thorne	35	M 0	Forest of Dean	335	58.26	190
131	Noel James	39	M 0	Newport Harriers	203	53.15	131	214	Keith Moore	35	M 0	Gwent Police	336	58.30	191
261	Robert Giles	27	M 0	Unattached	204	53.15	132	90	Mano Singh	29	M 0	Caerphilly R.C.	338	58.38	192
54	Peter Chiu	28	M 0	Chepstow Harriers	205	53.18	133	39	Andy Mardell	32	M 0	San Domenico	341	58.49	193
93	John Davies	36	M 0	Unattached	206	53.18	134	291	Christopher Gould	38	M 0	Risca R.C.	343	58.50	194
68	Derek Konderla	38	M 0	Aberbilly A.C.	209	53.24	135	302	K. Whittington	37	M 0	Fairwater R.C.	344	58.58	195
201	Michael Hagland	30	M 0	Griffithstown Harriers	210	53.24	136	190	Lawrence Fettah	17	M 0	Unattached	347	59.09	196
278	Lyndon Gwilym	30	M 0	Blaenavon Joggers	216	53.31	137	67	Michael Neat	31	M 0	Fairwater R.C.	349	59.17	197
43	Paul Holbrook	39	M 0	Unattached	217	53.34	138	301	M.D. Mathews	37	M 0	Unattached	350	59.17	198
236	Steve Warner	29	M 0	Brynna Runaways	218	53.38	139	205	Anthony Phillips	33	M 0	Griffithstown Harriers	357	59.34	199
297	Kenneth Evans	31	M 0	Brecon Bounders	219	53.41	140	186	Jonathon Butler	20	M 0	Alfa R.C.	361	59.48	200
253	Rhydian Williams	35	M 0	Unattached	220	53.42	141	254	Michael Jones	33	M 0	Rhondda Valley Roadrunners	363	60.02	201
55	Mansel Owen	39	M 0	Barry and Vale	226	53.52	142	45	Simon Longman	28	M 0	Cdf High School Old Boys	369	60.32	202
294	Adrian Goss	39	M 0	Unattached	228	53.53	143	91	John Roden	38	M 0	San Domenico	371	60.39	203
42	Andrew Hole	27	M 0	Torfaen A.C.	229	53.57	144	288	Chris Davison	28	M 0	Unattached	372	60.42	204
218	John Burford	31	M 0	Forest of Dean A.C.	231	53.59	145	150	Stephen Buckle	27	M 0	Unattached	376	61.05	205
253	Graham Jones	39	M 0	Club 69	232	54.03	146	151	Gareth Thomas	35	M 0	Brynna Runaways	377	61.08	206
222	Keith Bryant	28	M 0	Britton Roadrunners	233	54.04	147	293	Michael Peachley	38	M 0	Unattached	379	61.08	207
189	Allan Mohamed Fettah	29	M 0	Unattached	234	54.04	148	145	Martin Woodfield	29	M 0	Penarth and Dinas Runners	381	61.17	208
26	Paul Rowles	37	M 0	Newport Harriers	237	54.13	149	41	Mark Kempleman	29	M 0	Unattached	383	61.31	209
143	Craig Williams	29	M 0	Penarth and Dinas Runners	239	54.14	150	246	Robert Ellis	34	M 0	London Roadrunners	386	61.40	210
63	Trevor White	32	M 0	Club 69	241	54.19	151	78	Terry Offer	25	M 0	Unattached	392	61.55	211
156	Michael Churchill	24	M 0	Mercury A.C.	242	54.19	152	49	David Cosway	38	M 0	Great Western Runners	393	62.01	212
153	Ken Goodger	38	M 0	Newport Harriers	243	54.31	153	144	David Stone	27	M 0	Penarth and Dinas Runners	394	62.07	213
72	Gareth John	37	M 0	Pontypridd Roadents	244	54.31	154	176	Paul Jones	36	M 0	Pontypridd Roadents	395	62.08	214
303	M. Jennins	17	M 0	Fairwater R.C.	245	54.31	155	300	Paul Collins	30	M 0	Unattached	396	62.08	215
152	Steven Smith	39	M 0	Newport Harriers	247	54.41	156	274	John Carney	31	M 0	Blaenavon Joggers	398	62.24	216
130	Anthony George	29	M 0	Warminster R.C.	249	54.45	157	79	Bryan Parish	37	M 0	Unattached	399	62.31	217
44	Clive Edwards	38	M 0	Unattached	250	54.50	158	242	Colin Davies	37	M 0	Peterston-Super_Ely	400	62.37	218
74	Martyn Pritchard	38	M 0	Chepstow Harriers	251	54.52	159	73	Sushil Kumar Nair	34	M 0	Unattached	403	62.42	219
146	Barrie Bagwell	33	M 0	Penarth and Dinas Runners	255	55.02	160	282	Paul Lloyd	39	M 0	Hensor Hedgejoggers	404	62.42	220
163	Graham Bennetto	30	M 0	Forest of Dean A.C.	259	55.07	161	40	David Kempleman	35	M 0	Unattached	406	62.56	221
255	John Craig	35	M 0	Rhondda Valley Roadrunners	260	55.07	162	31	Ian Scott	29	M 0	Unattached	407	62.57	222
306	Alan Maggs	34	M 0	Britton R.R.	261	55.07	163	76	Philip Johns	26	M 0	Unattached	413	64.11	223
147	Leigh Harvey	16	M 0	Penarth and Dinas Runners	264	55.19	164	281	Jeremy Johnson	30	M 0	Hensor Hedgejoggers	415	64.11	224
35	Steve Hoare	35	M 0	Chepstow Harriers	266	55.20	165	183	James McCullogh	32	M 0	Alfa R.C.	420	64.49	225
213	Peter Moody	38	M 0	Britton Roadrunners	272	55.32	166	273	K.R. Bill	33	M 0	Newport Harriers	422	64.53	226
32	Mike Sell	36	M 0	Unattached	276	55.39	167	233	Stuart Coleman	35	M 0	Unattached	425	65.08	227
75	Leslie Durham	34	M 0	Unattached	281	55.50	168	69	Gerald Hawkins	34	M 0	Unattached	427	65.23	228
98	David Harrison	28	M 0	Chepstow Harriers	282	55.56	169	225	John Griffiths	30	M 0	Unattached	430	65.36	229
119	Francis Evans	25	M 0	Unattached	284	55.11	170	224	Martin Coombes	33	M 0	Unattached	435	66.15	230
132	Craig Davies	27	M 0	San Domenico	285	55.17	171	226	Nigel Snook	32	M 0	Unattached	436	66.15	231
85	Keith Tennant	32	M 0	Bridgend A.C.	286	55.25	172	157	Andrew Latham	26	M 0	Thayers R.R.C.	438	66.24	232
66	John Maloney	26	M 0	Unattached	292	56.41	173	299	Dennis Donovan	32	M 0	Unattached	440	66.27	233
284	Dave Thomas	37	M 0	Unattached	293	56.43	174	290	W. Thomas	33	M 0	Unattached	444	68.21	234
286	Christopher Townsend	30	M 0	Forest of Dean	296	56.47	175	250	Pantelis Tsoufias	35	M 0	Unattached	450	69.40	235
191	Paul Harris	39	M 0	Griffithstown Harriers	300	56.55	176	259	Michael Quittelier	34	M 0	Unattached	453	70.22	236
70	Christopher Nott	30	M 0	Unattached	301	56.55	177	260	Robert Brearley	37	M 0	Unattached	454	70.55	237

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33	Andrew Brock	30	M 0	Westbury Harriers	456	71.00	238	345	Robert Thompson	43	M 1	Unattached	304	57.06	53
249	Robert Clark	30	M 0	Unattached	459	71.30	239	468	David Rees	40	M 1	Beddau A.C.	306	57.11	54
185	Anthony Buttler	38	M 0	Alfa R.C.	466	74.19	240	385	Glyn Hicks	40	M 1	Rhymney Valley S X C Ass	311	57.17	55
216	Paul Fitzgerald	18	M 0	Newport Harriers	474	90.57	241	470	Maurice Langford	43	M 1	Chepstow Harriers	313	57.20	56

Men, Vets - 40 to 44

405	Ron Morris	40	M 1	San Domenico	27	44.20	1
469	Enc Jones	42	M 1	Newport Harriers	46	45.43	2
487	David Pose	43	M 1	City of Bath	54	46.05	3
397	John Turnbull	40	M 1	Beddau A.C.	56	46.08	4
446	Adrian Sheehan	40	M 1	Newport Harriers	58	46.22	5
443	Fay Bridgen	43	M 1	City of Bath	64	47.13	6
477	Don Rees	42	M 1	Pontypridd Roadents	71	47.27	7
467	Rowland Williams	43	M 1	Beddau A.C.	72	47.35	8
450	Tony Carzana	42	M 1	Pegasus R.C.	75	47.43	9
448	Richard Masling	41	M 1	City of Bath	78	47.55	10
482	Lyndon Evans	40	M 1	Club 69	83	47.56	11
375	Eddy Amblin	43	M 1	Les Croupiers	86	48.04	12
378	Dave Walsh	44	M 1	Les Croupiers	88	48.07	13
310	Colin Coombes	40	M 1	Beddau A.C.	102	48.46	14
431	John Davies	40	M 1	City of Bath	106	48.52	15
327	Warren Fullwood	43	M 1	Newport Harriers	111	49.01	16
416	Clive James	43	M 1	Llanelli R.C.	112	49.02	17
425	Arthur Hallett	40	M 1	Pontypridd Roadents	113	49.04	18
495	Christopher Simms	43	M 1	Griffithstown Harriers	115	49.12	19
459	Michael Purchase	42	M 1	Griffithstown Harriers	125	49.44	20
444	Steve Holman	41	M 1	City of Bath	132	50.04	21
383	Mike Garrett	42	M 1	Britton Roadrunners	136	50.10	22
442	Alun Challacombe	40	M 1	San Domenico	139	50.17	23
343	Kenneth Medcraft	41	M 1	Rhondda Valley Roadrunners	146	50.39	24
491	Keith Davis	42	M 1	Griffithstown Harriers	159	51.22	25
489	Peter Clifford	44	M 1	Griffithstown Harriers	167	51.42	26
480	Christopher Johns	40	M 1	Pontypridd Roadents	174	51.51	27
386	William Silto	41	M 1	Unattached	178	52.07	28
365	Wynford Bushell	41	M 1	Unattached	180	52.11	29
369	David Rivett	44	M 1	Llswyn R.C.	187	52.33	30
388	Mostyn Reynolds	41	M 1	Unattached	193	52.48	31
497	Alan Edmonds	44	M 1	Griffithstown Harriers	198	53.02	32
492	Michael Lane	40	M 1	Griffithstown Harriers	212	53.27	33
427	Royston Toon	41	M 1	Chepstow Harriers	214	53.31	34
321	Frank Dungyan	40	M 1	C'df High School Old Boys	221	53.44	35
494	Nigel Baker	43	M 1	Griffithstown Harriers	224	53.48	36
313	Roger Jones	40	M 1	San Domenico	227	53.52	37
429	P.F. Osmond	41	M 1	Unattached	235	54.10	38
389	Bernie Monk	44	M 1	Club 69	236	54.11	39
474	Brian Price	44	M 1	Pontypridd Roadents	240	54.17	40
422	Michael Evans	40	M 1	Risca Roadrunners	256	55.04	41
412	Mel Bailey	40	M 1	San Domenico	269	55.20	42
493	Malcolm Cox	40	M 1	Griffithstown Harriers	271	55.28	43
324	G.E. Ellis	44	M 1	Les Croupiers	274	55.34	44
362	Roderick Morgan	42	M 1	Unattached	275	55.38	45
329	Roy Reed	40	M 1	Caerphilly R.C.	277	55.45	46
334	Kenneth Ford	43	M 1	Yate and District A.C.	278	55.48	47
377	Phil Bater	40	M 1	Les Croupiers	288	56.30	48
406	John Adams	41	M 1	Fairwater R.R.	290	56.33	49
440	John Baker	43	M 1	Swindon R.C.	294	56.45	50
445	George Hughes	41	M 1	Risca Roadrunners	298	56.53	51
453	Brian Morgan	41	M 1	Club 69	299	56.55	52

439	Brian James	41	M 1	Monmouth A.C.	345	58.59	61
486	Michael Galloway	44	M 1	Griffithstown Harriers	348	59.14	62
331	Michael Barry	42	M 1	Bitton Roadrunners	356	59.31	63
407	Michael Hopkins	40	M 1	Unattached	358	59.34	64
481	Terry Mansfield	41	M 1	Unattached	360	59.44	65
461	Fred Phillips	43	M 1	Newport Harriers	364	60.16	66
447	Christopher Tovey	43	M 1	Thornbury R.C.	367	60.26	67
367	Colin Rose	44	M 1	Unattached	378	61.08	68
368	Brian Brayford	42	M 1	Unattached	384	61.31	69
312	James Gillies	43	M 1	Unattached	387	61.42	70
419	Gerald Rendell	44	M 1	Newport Harriers	388	61.43	71
316	Roger Davies	44	M 1	Gwent Police	389	61.43	72
441	David Smith	43	M 1	Brynna Runaways	390	61.51	73
457	Robert Lewis	40	M 1	Penarth and Dinas Runners	402	62.40	74
455	Gary Pashley	41	M 1	Unattached	405	62.48	75
411	Colin Rees	40	M 1	San Domenico	411	63.36	76
353	Brian Benham	44	M 1	Llswyn R.C.	421	64.51	77
452	Pablo Scarfi	41	M 1	Unattached	443	67.27	78
464	William Hendy	40	M 1	City of Bath	458	71.05	79
421	Derek Shotton	42	M 1	Chepstow Harriers	469	75.50	80

Men, Vets - 45 to 49

437	Elwyn Davies	47	M 2	Caerphilly R.C.	28	44.23	1
354	Michael Budd	47	M 2	Westbury Harriers	66	47.15	2
417	John Mullis	46	M 2	Caerphilly R.C.	67	47.17	3
483	Peter Broadhurst	45	M 2	Chepstow Harriers	96	48.38	4
413	Richard Finch	45	M 2	Chepstow Harriers	126	49.50	5
409	Ronnie Baldwin	49	M 2	Rhymney Valley Roadrunners	141	50.24	6
314	Kenneth Smith	49	M 2	Newport Harriers	151	51.00	7
485	Steve Davidson	45	M 2	San Domenico	158	51.20	8
472	John Chapman	46	M 2	Pegasus R.C.	166	51.41	9
428	John Pask	49	M 2	Rhymney Valley Roadrunners	191	52.45	10
347	John Convery	45	M 2	Brynna Runaways	197	52.58	11
330	Brian Burr	47	M 2	Bitton Roadrunners	213	53.31	12
351	John Canning	46	M 2	Westbury Harriers	215	53.31	13
322	Eric Meredith	47	M 2	Blaenavon Joggers	222	53.44	14
392	Roger Claridge	45	M 2	Unattached	225	53.48	15
423	Ted Goodreid	45	M 2	Risca Roadrunners	248	54.43	16
454	Terence Murray	47	M 2	Whitbread Magor	253	54.59	17
433	Terrence Vickery	49	M 2	San Domenico	257	55.04	18
473	Tony Barry	47	M 2	Britton Roadrunners	258	55.07	19
342	Brian Mainwaring	45	M 2	Rhondda Valley Roadrunners	262	55.12	20
372	Terry Smith	45	M 2	Les Croupiers	263	55.15	21
341	Rod Franklin	45	M 2	Unattached	265	55.19	22
476	Dafydd Pretty	47	M 2	Pontypridd Roadents	267	55.20	23
458	Paul Grey	48	M 2	Penarth and Dinas Runners	270	55.26	24
315	Neil Samsom	46	M 2	Unattached	305	57.06	25
484	Leslie Mundy	47	M 2	Comolly Striders	319	57.47	26
395	Graham Berry	49	M 2	Unattached	320	57.49	27
394	David Tommon	48	M 2	Unattached	323	57.55	28

Number	Name	Age	Category	Club	Overall Position	Time	Position in Category	Number	Name	Age	Category	Club	Overall Position	Time	Position in Category
335	Elwyn Styles	47	M 2	Risca Roadrunners	334	58.26	29	326	Clive Trayner	54	M 3	Unattached	465	73.51	51
449	David Vaulters	45	M 2	Cornelly Striders	337	58.31	30								
360	Ian Tucker	46	M 2	Newport Harriers	339	58.41	31								
498	Michael Neale	46	M 2	Griffithstown Harriers	353	59.26	32								
325	Carl Elliot	45	M 2	Unattached	431	65.42	33								
387	Keith Sheppard	46	M 2	Britton Roadrunners	442	66.45	34								

Men, Vets - 50+

420	Brian Harris	50	M 3	Rhymney Valley Roadrunners	60	46.30	1
363	Leslie Jay	50	M 3	Great Western Runners	69	47.25	2
479	Brian Pitman	50	M 3	Pontypridd Roadents	101	48.46	3
478	James Hurley	52	M 3	Pontypridd Roadents	114	49.08	4
340	Bernard Brown	51	M 3	Bitton Roadrunners	124	49.43	5
376	Alan Bladen	54	M 3	Les Croupiers	130	49.54	6
350	Dereck Fisher	54	M 3	Newport Harriers	137	50.13	7
398	Len Green	59	M 3	Midlands Vets A.C.	145	50.39	8
424	Peter Harding	50	M 3	Camarthen Harriers	160	51.26	9
402	Vito Pestocio	51	M 3	San Domenico	165	51.39	10
401	Arthur Toomer	57	M 3	Lordshill Roadrunners	169	51.45	11
379	Mal Farnham	50	M 3	Les Croupiers	173	51.51	12
463	Edward Thomas	52	M 3	Caerphilly R.C.	181	52.15	13
500	Colin Whiteside	53	M 3	Griffithstown Harriers	182	52.16	14
434	Clive Horsfield	52	M 3	Newport Harriers	185	52.25	15
403	Doug Whiting	61	M 3	Westbury Harriers	194	52.52	16
333	Tommy Wood	64	M 3	Risca Roadrunners	195	52.56	17
339	Colin Lloyd	57	M 3	Griffithstown Harriers	196	52.57	18
499	Alan Parker	50	M 3	Griffithstown Harriers	208	53.22	19
328	Dereck Harper	55	M 3	Rhymney Valley Roadrunners	246	54.38	20
380	John Griffin	50	M 3	Les Croupiers	252	54.52	21
410	Gordon Lovell	55	M 3	Unattached	254	55.00	22
435	Eric Atkin	57	M 3	Newport Harriers	273	55.32	23
462	Paddy Wallace	64	M 3	Newport Harriers	280	55.50	24
337	Ocuglas Dunn	62	M 3	Unattached	289	56.31	25
400	Terence Ruck	53	M 3	Unattached	295	56.47	26
318	John Osborne	56	M 3	B.S.O.	297	56.47	27
426	George Wilkinson	53	M 3	Chepstow Harriers	312	57.19	28
359	Maxwell Harnett	51	M 3	Fairwater R.C.	318	57.41	29
396	David Smart	54	M 3	Peterston-Super-Ely	326	57.58	30
418	Gordon Sellick	57	M 3	City of Bath	327	58.04	31
355	Rob Spiller	52	M 3	Westbury Harriers	333	58.25	32
475	Ray Rivett	55	M 3	Pontypridd Roadents	342	58.50	33
364	Leslie Thomas	56	M 3	Unattached	351	59.19	34
361	D. S. Griffiths	51	M 3	Peterston-Super-Ely	355	59.27	35
371	Lyndon Smith	57	M 3	Les Croupiers	365	60.22	36
320	John Wallace	51	M 3	Peterston-Super-Ely	366	60.25	37
336	Terry Lane	53	M 3	Cdf High School Old Boys	368	60.30	38
311	Gordon Llewellyn	52	M 3	Unattached	373	60.50	39
332	George Reid	51	M 3	Wye Valley Roadrunners	375	60.59	40
323	Colin Jenkins	53	M 3	Blaenavon Joggers	382	61.26	41
415	Malcolm Offer	52	M 3	Great Western Runners	391	61.55	42
393	John Smith	50	M 3	Unattached	397	62.18	43
373	Allan Thomas	53	M 3	Les Croupiers	412	63.45	44
430	K.B. Smith	51	M 3	Unattached	414	64.11	45
384	Haydn Williams	52	M 3	Brecon A.C.	424	65.00	46
358	Graham Bevan	51	M 3	City of Bath	428	65.30	47
408	Ken Gooding	52	M 3	Unattached	429	65.32	48
349	Terry Notman	50	M 3	Mercury A.C.	434	66.13	49
344	Colin Thompson	54	M 3	Rhondda Valley Roadrunners	439	66.27	50

Women, Open

950	Becky Richardson	29	W 0	Les Croupiers	93	48.26	1
960	Tanya Ball	34	W 0	London Olympiads A.C.	103	48.49	2
984	Alison Screvins	0	W 0	Newport Harriers	108	48.55	3
901	Marjorie MacDonald	33	W 0	Westbury Harriers	117	49.14	4
910	Sue Graham	32	W 0	Torfaen A.C.	155	51.09	5
985	Joy Williams	28	W 0	Haverford West	163	51.30	6
917	Jane Found	23	W 0	Yate and District A.C.	188	52.34	7
909	Johanna Clarkson	34	W 0	Les Croupiers	211	53.24	8
906	Esther Holgate	23	W 0	City of Bath	230	53.59	9
935	Shan Jones	32	W 0	Pontypridd Roadents	268	55.20	10
933	S. Bulbin	17	W 0	San Domenico	279	55.48	11
942	Vanessa Simon	23	W 0	Beddau A.C.	287	56.29	12
961	Ann Notman	33	W 0	Mercury A.C.	291	56.40	13
929	Melaine Carter	33	W 0	Penarth and Dinas Runners	322	57.55	14
918	Mary Penny	31	W 0	Westbury Harriers	352	59.25	15
981	Jane Waite	29	W 0	Blaenavon Joggers	362	59.51	16
928	Cathy Silver	30	W 0	Penarth and Dinas Runners	380	61.15	17
905	Lynda Smith	32	W 0	City of Bath	385	61.39	18
980	Lesley Jones	33	W 0	Fairwater R.R.	416	64.17	19
916	Dawn Teague	32	W 0	Gloucester A.C.	417	64.24	20
979	Sue Bell	32	W 0	Fairwater R.C.	418	64.25	21
902	Eleanor Chapteris	23	W 0	Unattached	419	64.30	22
914	Susan Penn	31	W 0	Great Western Runners	426	65.16	23
925	Linda Green	28	W 0	Penarth and Dinas Runners	432	65.55	24
931	Nancy Lawton	22	W 0	Unattached	455	70.58	25
970	Carole Jones	28	W 0	Bitton Roadrunners	457	71.05	26
947	Sandra Caveney	27	W 0	Les Croupiers	460	71.31	27
908	Hillary Truelove	32	W 0	Britton Roadrunners	463	72.46	28
965	Sian Lewis	20	W 0	Unattached	470	75.50	29
978	Alison Woodham	30	W 0	Britton Roadrunners	473	90.06	30

Women, Vets - 35 to 39

959	Diana Harvey	36	W 1	Tipton Harriers	116	49.12	1
956	Sue Neal	39	W 1	Les Croupiers	176	51.56	2
932	June Webb	38	W 1	Aldershot, Farnham & Dist.	183	52.18	3
955	Linda Morrison	34	W 1	Les Croupiers	223	53.47	4
912	Susan Symonds	39	W 1	Monmouth A.C.	238	54.14	5
957	Edwina Turner	37	W 1	Les Croupiers	283	55.58	6
969	Janet Smith	38	W 1	Monmouth A.C.	324	57.56	7
930	Judith Lewis	37	W 1	Penarth and Dinas Runners	330	58.11	8
904	Janet Longman	35	W 1	Cdf High School Old Boys	370	60.36	9
938	Lesley Mooney	39	W 1	Fairwater B.C.	408	63.01	10
924	Brenda Bertas	35	W 1	San Domenico	409	63.16	11
967	Linda Ash	38	W 1	Penny Lane Striders	472	78.41	12

Women, Vets - 40 to 44

941	Susan Coxhall	42	W 2	Springfield Striders	123	49.41	1
944	Pat Sheppard	44	W 2	Britton Roadrunners	340	58.49	2
963	Valerie Barrell	43	W 2	Monmouth A.C.	346	58.59	3
934	Jeanette Sheppard	41	W 2	Pegasus R.C.	354	59.27	4

Number	Name	Age	Category	Club	Overall Position	Time	Position in Category	Number	Name	Age	Category	Club	Overall Position	Time	Position in Category
954	Kay Pritchard	42	W 2	Les Croupiers	359	59.40	5								
933	Josie Driscoll	42	W 2	Peterston-Super-Ely	401	62.39	6								
958	Val Aston	40	W 2	Les Croupiers	410	63.36	7								
976	Liz Baker	41	W 2	San Domenico	423	64.56	8								
923	Lesley Woolf	43	W 2	Britton Roadrunners	437	66.24	9								
951	Carolyn Lewellyn	43	W 2	Les Croupiers	441	66.42	10								
940	Rosemary Woodman	44	W 2	Newport Harriers	446	68.50	11								
949	Anne Donald	41	W 2	Les Croupiers	447	69.08	12								
911	Ingrid Shottin	40	W 2	Chepstow Harriers	449	69.40	13								
945	Monica Garrett	40	W 2	Unattached	452	70.12	14								
964	Jo Wright	44	W 2	Britton Roadrunners	461	72.25	15								
937	Maria Mansfield	41	W 2	Unattached	464	73.03	16								
972	Marion Wiltshire	44	W 2	Yate and District A.C.	467	74.19	17								
966	Annie Conroy	44	W 2	Les Croupiers	471	78.41	18								

Women, Vets - 45+

977	Myfanwy Loudon	55	W 3	Newport Harriers	207	53.20	1
975	Jane Ried	50	W 3	Wye Valley R.R.	374	60.54	2
902	Phyllis John	46	W 3	Llanelli A.C.	433	65.58	3
939	Jean Edwards	48	W 3	Newport Harriers	445	68.27	4
921	Janet Madge	47	W 3	Britton Roadrunners	448	69.37	5
973	Ann Ford	47	W 3	Yate and District A.C.	451	70.03	6
974	Jeanette Sheppard	51	W 3	Yate and District A.C.	462	72.29	7
915	Kathleen O'Connell	51	W 3	Britton Roadrunners	468	75.32	8