

# CARDIGAN RUNNING CLUB

## Mayors 10km Race & Fun Run 2010



Pos	Time	Family	First	Num	Gen	Age	Cat	Club	K/Split
1	0:33:11	Kallenberg	Michael	342	M	19	OM	Carmarthen Harriers	0:03:19
2	0:33:39	Ladd	Lee	394	M	22	OM	Carmarthen Harriers	0:03:22
3	0:35:00	Davey	Jack	350	M	22	OM	Carmarthen Harriers	0:03:30
4	0:37:14	Price	Glyn	348	M	43	M40	Sarn Helen	0:03:43
5	0:39:10	Osborne	Peter	387	M	50	M50	Swansea Harriers	0:03:55
6	0:39:40	Irving	Gary	390	M	50	M50	Swansea Harriers	0:03:58
7	0:39:49	Dawe	Andrew	346	M	43	M40	Pembs Harriers	0:03:59
8	0:39:55	Ouseley	Steve	311	M	36	OM	Ingli Runners	0:04:00
9	0:40:14	Jones	Gethin	340	M	37	OM	Sarn Helen	0:04:02
10	0:40:43	Jones	Nerys	393	F	25	OF		0:04:04
11	0:41:02	Evans	Darren	325	M	26	OM	Pembs Tri	0:04:06
12	0:41:09	O'Neill	David	396	M	40	M40	Pembs Harriers	0:04:07
13	0:41:10	Davies	Martin	400	M	27	OM	TROTS	0:04:07
14	0:41:40	Elliott	Gareth	373	M	28	OM	Pembs Harriers	0:04:10
15	0:41:45	Lynch	Ana	395	F	37	F35	Pembs Harriers	0:04:11

16	0:42:00	Davies	Paul	271	M	37	OM		0:04:12
17	0:42:22	Purnell	Tom	274	M	20	OM		0:04:14
18	0:42:30	Orme	Gordon	397	M	67	M50	Cardigan RC	0:04:15
19	0:42:36	Joyce	Kev	323	M	45	M40	Pembs Harriers	0:04:16
20	0:42:43	Walters	Peter	399	M	49	M40	TROTS	0:04:16
21	0:42:54	Sinnett	John	349	M	53	M50	Pembs Harriers	0:04:17
22	0:43:50	Davey	Eric	307	M	60	M50	Llanelli AC	0:04:23
23	0:43:55	Kallenberg	Mark	273	M	49	M40		0:04:24
24	0:43:57	Worth	Laurence	360	M	47	M40	Pembs Harriers	0:04:24
25	0:44:10	Foale	Peter	392	M	58	M50	Aberystwyth AC	0:04:25
26	0:44:51	Griffiths	Dave	353	M	47	M40	TROTS	0:04:25
27	0:45:52	Jones	Mark	386	M	52	M50	Llanelli Tri	0:04:35
28	0:45:53	Morris	Neal	347	M	40	M40		0:04:35
29	0:46:13	Jones	Gareth	332	M	44	M40	Sarn Helen	0:04:37
30	0:46:24	Evans	Clive	391	M	63	M50	Aberystwyth AC	0:04:38
31	0:47:54	Thomas	Huw	388	M	35	OM		0:04:47
32	0:48:08	Sherwood	Roland	302	M	65	M50		0:04:49
33	0:48:25	Roberts-Jones	Sian	341	F	30	OF	Sarn Helen	0:04:53
34	0:49:25	Williams	Gwydion	374	M	17	OM	Sarn Helen	0:04:57
35	0:49:27	Purnell	Chris	389	M	45	M40	Cardigan RC	0:04:57
36	0:50:44	Davies	Hazel	270	F	57	F45	Cardigan RC	0:05:04
37	0:52:47	Bentinck-Hinton	Abi	272	F	35	F35	Emlyn Runners	0:05:17
38	0:54:16	Rees	Bryan	275	M	60	M50	Emlyn Runners	0:05:26
39	0:55:45	Furness	Tom	268	M	62	M50	TROTS	0:05:35
40	0:56:08	Jones	Jan	333	F	45	F45	Sarn Helen	0:05:37
41	0:57:02	Rees	Carol	276	F	36	F35		0:05:42
42	0:57:17	Bateman	Eddie	345	M	53	M50	Pembs Harriers	0:05:44
43	0:57:27	Phillips	David	277	M	66	M50	Pembs Harriers	0:05:45
44	0:57:35	Morgan	Lon	385	F	53	F45	Emlyn Runners	0:05:46
45	0:59:58	Blackford	Lindsey	269	F	27	OF		0:06:00
46	1:04:25	Williams	Eifion	398	M	58	M50		0:06:27