

32ND RAS BECA 2010



Pos	Time	Family	First	No	Gen	Age	Cat	Club	M/S
1	0:35:10	Tickner	Frank	51	M	26	OM	Bwlchgyroes Farm Feeds Business	0:06
2	0:35:20	Jones	Andres	41	M	33	OM	Cardiff AAC	0:07
3	0:36:33	Tickner	Ben	50	M	28	OM	Bwlchgyroes Farm Feeds Business	0:07
4	0:36:41	Jones	Felipe	42	M	34	OM	Aberystwyth AC	0:07
5	0:37:09	Thomas	Carwyn	85	M	21	OM	Sarn Helen	0:07
6	0:37:21	Williams	Ian	49	M	24	OM	Bwlchgyroes Farm Feeds Business	0:07
7	0:38:21	Gillespie	Chris	53	M	24	OM	Bwlchgyroes Farm Feeds Business	0:07
8	0:38:40	Pettit	Daniel	52	M	23	OM	Bwlchgyroes farm Feeds Business	0:07
9	0:39:40	Buchanan	Dee	44	M	32	OM		0:07
10	0:40:19	Griffiths	Kevin	77	M	46	M40	TROTS	0:07
11	0:40:20	Price	Glyn	73	M	43	M40	Sarn Helen	0:07
12	0:41:04	Abbott	Andrew	69	M	39	OM	Sarn Helen	0:08
13	0:41:40	Jones	Jos	37	M	33	OM	Aberystwyth AC	0:08
14	0:41:44	Woods	Adrian	59	M	49	M40	Mynydd Du	0:08
15	0:41:46	Evans	Mike	22	M	34	OM	TROTS	0:08
16	0:41:54	Owen	Kevin	4	M	39	OM		0:08
17	0:42:36	Sykes	Nicola	48	F	22	OF	Bwlchgyroes Farm Feeds Business	0:08
18	0:43:33	Harvey	Mark	13	M	53	M50	Dark Peak FR	0:08
19	0:44:00	Lewis	Alex	90	M	30	OM		0:08

20	0:44:07	Jones	Jonathan	28	M	40	M40	Carmarthen Harriers	0:08
21	0:44:41	Webster	Phoebe	18	F	29	OF	Aberystwyth AC	0:08
22	0:44:58	Marshall	Helen	39	F	30	OF	Aberystwyth AC	0:08
23	0:45:12	Thatcher	Joanne	38	F	41	F35	Aberystwyth AC	0:08
24	0:45:23	Williams	Calvin	32	M	47	M40	Sarn Helen	0:08
25	0:45:46	George	Rhydian	78	M	29	OM		0:09
26	0:45:57	Hoyland	Wayne	76	M	36	OM	Cardigan RC	0:09
27	0:46:03	Shields	Dominic	5	M	45	M40	San Domenico	0:09
28	0:46:20	Davies	Ioan	16	M	31	OM		0:09
29	0:46:41	Cheney	Richard	60	M	24	OM		0:09
30	0:46:50	Pink	Martin	24	M	30	OM	Kidlington Running	0:09
31	0:47:20	Redmond	Jim	72	M	44	M40		0:09
32	0:47:42	Owen	Barry	74	M	35	OM	Emlyn Runners	0:09
33	0:48:25	Greenhalgh	J	63	M	40	M40		0:09
34	0:48:27	Williams	Neil	8	M	47	M40	Pontypridd Roadents	0:09
35	0:48:32	Wilkins	Jason	43	M	40	M40	Cardigan RC	0:09
36	0:48:50	Williams	Gwydion	12	M	17	OM	Sarn Helen	0:09
37	0:48:51	Rees	John	9	M	45	M40	Pembs Harriers	0:09
38	0:48:58	Morris	Neal	46	M	40	M40		0:09
39	0:49:11	Ainsworth	Peter	45	M	51	M50		0:09
40	0:49:15	Orme	Gordon	26	M	67	M50	Cardigan RC	0:09
41	0:49:30	Moody	Peter	55	M	66	M50	Carmarthen Harriers	0:09
42	0:50:04	Allsworth	James	58	M		OM		0:09
43	0:50:43	Isbister	Thomas	93	M	22	OM		0:10
44	0:50:52	Rhys	Angharad	31	F	30	OF		0:10
45	0:51:00	Melbourne	Rowena	6	F	30	OF	Instinctive Sports Plymouth	0:10
46	0:51:05	Rees	Eric	89	M	37	OM	Sarn Helen	0:10
47	0:51:14	Woods	Sharon	57	F	50	F35	Mynydd Du	0:10
48	0:51:27	Croft	Guy	23	M	51	M50		0:10
49	0:51:50	Rees	Penelope	29	F	36	F35	TROTS	0:10
50	0:52:16	Sherwood	Roland	1	M	65	M50		0:10
51	0:52:45	Walker	Helen	67	F	54	F35	Ingli Runners	0:10
52	0:52:48	Padget	Paul	91	M	54	M50	Ingli Runners	0:10
53	0:53:11	Catling	Michael	19	M	49	M40		0:10
54	0:53:20	Hasler	Ray	61	M	59	M50		0:10
55	0:53:43	Ford	Robert	84	M	57	M50	Pontypridd Roadents	0:10
56	0:53:49	Cochrane	Bryce	36	M	41	M40		0:10
57	0:54:13	Hovers	Kate	81	F	50	F35	Brecon	0:10
58	0:54:16	Philpott	Ben	70	M	17	OM		0:10
59	0:54:21	Silver	Roy	62	M	54	M50	WFRA	0:10
60	0:54:26	Hawking	Mary	56	F	20	OF		0:10
61	0:54:27	Jones	Efa	71	F	17	OF		0:10
62	0:54:44	Morris	Gwen	68	F	25	OF	Ingli Runners	0:10
63	0:54:49	Adams-Lewis	Iwan	79	M	39	OM		0:10

64	0:54:56	Greenhalgh	Carol	3	F	38	F35		0:10
65	0:55:06	Wilkins	Jane	47	F	47	F35	Cardigan RC	0:10
66	0:55:08	Hodges	Mike	27	M	57	M50	TROTS	0:10
67	0:58:28	Davies	Caryl	33	F	22	OF	Sarn Helen	0:11
68	0:55:38	Burns	Darren	35	M	45	M40	Fell Ponies	0:11
69	0:56:18	Worth	Laurence	40	M	46	M40	Pembs Harriers	0:11
70	0:57:01	Ing	Adam	17	M	29	OM		0:11
71	0:57:12	Wheeler	E	88	F	24	OF	Emlyn Runners	0:11
72	0:59:02	Morgan	Lon	15	F	53	F35	Emlyn Runners	0:11
73	0:59:04	Grierson	Clare	25	F	30	OF	Oxford City	0:11
74	0:59:10	Evans	Joanna	20	F	44	F35		0:11
75	0:59:46	Williams	Bethan	7	F	23	OF		0:11
76	1:02:03	Sweeting	John	86	M	62	M50	MDC	0:12
77	1:02:28	Sharratt	Tracey	34	F	36	F35	Emlyn Runners	0:12
78	1:02:45	Williams	Ormond	10	M	50	M50		0:12
79	1:02:52	Brown	Richard	54	M	60	M50	Sheen Shufflers	0:12
80	1:03:45	Mathias	Barry	80	M	35	OM		0:12
81	1:03:56	Bell	Mair	65	F	23	OF	Priory Vets	0:12
82	1:06:41	Goddard	Kevin	21	M	47	M40		0:13
83	1:06:50	Phillips	David	87	M	64	M50	Pembs Harriers	0:13
84	1:08:39	Rooney	Tony	82	M	48	M40	Creek Hash House Harriers	0:13
85	1:11:30	Rees	Bryan	83	M	60	M50	Emlyn Runners	0:14
86	1:12:03	Davies	Eirian	14	M	59	M50		0:14
87	1:12:58	Jones	Ruth	64	F	54	F35	Priory Vets	0:14
88	1:15:14	Shales	Jamie	66	F	39	F35		0:14
89	1:17:25	James	Andrew	30	M	43	M40		0:15
90	1:20:10	Breese	Shan	75	F	51	F35	Aberystwyth AC	0:15
91	1:29:43	Williams	Phoebe	11	F	24	OF		0:17