

LLANDELI A.C. 15TH ANNUAL XMAS CROSS COUNTRY
 (inc. DIFED SENIOR CHAMPIONSHIP)
 PENYBERY 20 December 1992
 MED 10K.

Position	Name	Club	Time
1.	KARL PARMER	PRESELI H.	33.17
2.	CERI WILLIAMS	CARM H.	34.03
3.	IAN LLOYD	CARM H.	34.56
4.	IGOR PEICK	SWANSEA M	35.32.
5.	PETER OSBORNE	LLANDELI AC	.36.
6.	IAN MORIS	CARM H.	41.
7.	MIKE VENABLE	LLANDELI AC Vet o/40.	36.02
8.	MARIN LEWIS	ABERYSTWYTH AC.	12.
9.	MUN EVANS	CARDIFF A.C.	21.
10.	MARIN GILFOYLE	ABERYSTWYTH AC.	30.
11.	FRANK THOMAS	ABERYSTWYTH AC. Vet o/40	37.03
12.	IAN HOWELLYN	ROWHEATH Vet o/45	08
13.	CHRISTIAN DAVIES	SWANSEA M. Youth	.41
14.	ROBERT HOWARD	ANNAN VALLEY M Vet o/40	.42.
15.	IAN WEBB	LLANDELI AC.	.45.
16.	DAVID WARREN	PRESELI H.	38.30
17.	ERIC DAVEY	LLANDELI AC. Vet o/40	.58
18.	ANDREW ASBOT	CARM H.	39.03
19.	DAI ROBERTS	ABERYSTWYTH AC.	08.
20.	GRAHAM EVANS	CARM H. Vet o/40	11.
21.	RICHARD MARRIS	RYN WALSH. Vet o/40.	22.
22.	FENIFE JONES	CARM H. Youth.	35.
23.	CLIVE EVANS	ABERYSTWYTH A.C. Vet o/45.	36.
24.	PETER FONGE	ABERYSTWYTH A.C. Vet o/40.	37.
25.	WYN THOMAS	LLANDELI AC. Vet o/40	44.
not champ. 26.	PHILIP EVANS	J.M.P.	39.58
27.	EVELA DAVIES	CARM H.	40.18
28.	DAVID JAMES	ANNAN VALLEY H. Junior man.	25.
not champ. 29.	CARAN HYDE	LLANDELI AC Youth.	41

Position	NAME	CLUB	Time
30	HUGH EVANS	LLANEWINI A.C.	40.43.
31	DAVID HAMER	ABERYSTWYTH A.C.	42.
Not Champ 32	DAVID ANTHONY	JM's	41.12
33	W.D. LOUIS	PRESTON H. Junior man	37
34	J.R. ACKERMAN-MARIN	PRESTON H.	41
35	COLIN ARMSTRONG	ABERYSTWYTH A.C.	45
36	KEVIN ROSE	UNATTACHED	46.
37	MARK DORRY	ABERYSTWYTH A.C.	42.10
38	DAVID RICHARDS	PRESTON H. Junior man	21.
Not Champ 39	HARFORD EVANS	AMMAN VALLEY H. Vet o/40.	39.
40	CHARLES WOOD	PRESTON H.	43.13
41	TERRY JENKINS	ABERYSTWYTH A.C. Vet o/40	27.
42	PULH HUBBARD	SEDFORD R.R. Vet o/40.	38
43	CHRIS JOHN	T.R.O.T.S.	42.
44	ERIC EVANS	CARM H. Vet o/40	44.05.
45	PETER HARBING	CARM H. Vet o/50	31.
Not Champ 46	JOHN JAMES	JM. Vet o/50	45.17.
47	GERARD THOMAS	SEDFORD R.R. Vet o/50.	25.
Not Champ 48	DAVID ANTHONY	NEWTH H. Vet o/45.	46.16.
Not Champ 49	GUY WILKINSON	JM Vet o/45.	37.
Not Champ 50	DEWI PRICE	CARM H.	44.
Not Champ 51	PULH PHILLIPS	CARM H. Vet o/40.	45.
52	KEVIN ROSE	T.R.O.T.S.	47.07
53	BRUCE BATEMAN	PRESTON H. Vet o/50.	48.47
Not Champ 54	K. BEVAN	AMMAN VALLEY H. Vet o/45.	49.43.
55.	DAVID JOHN ANON	ABERYSTWYTH A.C. Vet o/65.	51.35.
Not Champ 56.	J.C. DAVIES	UNATTACHED. Vet o/40.	55.47.

LADIES b.b.k.

Position	Name	CLUB		Time
1	HELEN WILLIAMS	SWANSEA H.		26.59.
2	DAWN KENWRIGHT	GARN HELEN	Vet of 35.	28.05.
3	ANGELA ABBOT	CARM H.		29.43
4	ANGELAND HOWELL	CARM H.	INTER	20.58.
5	KAT DAVIDS	AMMAN VALLEY H.	Vet of 45	31.20.
6	CAROLINE LOND	CARM H.		32.08
7	ANGELAND MORGAN	CARM H.	INTER	32.25
8	JANE NEWBOLD-LAN HORN	LITNINHAM LOTTES	Vet of 35	33.54.
9	PAULINE THOMAS	T.R.O.T.S.	Vet of 50-	41.18.
10	ROSEMARY FITZGERALD	AMMAN VALLEY H.	Vet of 40	41.46.