

1991

LLANELLI A.A.C. 14<sup>th</sup> ANNUAL CHRISTMAS CROSS COUNTRY.  
 incorporating DYDES SENIOR CROSS COUNTRY CHAMPIONSHIP.

Position	NAME	CLUB	TIME	
1	CERI WILLIAMS	CARMARTHEN H.	35.01	*
2	KARL PALMER	PRESELI H.	35.11	*
3	BARRY GRIFFITH	NEWPORT H.	35.55	*
4	JOHN PRICE	SWANSEA H.	36.21	*
5	DEREK BULLHURD	CARMARTHEN H.	36.47	*
6	MARTIN JENKINS	ABERYSTWYTH A.C.	36.53	*
7	IFAN LLOYD	CARMARTHEN H.	36.59	*
8	MIKE JENABLES	LLANELLI AAC	37.11	Vet. *
9	PETER OSBORNE	LLANELLI AAC	37.24	*
10	FRANK THOMAS	ABERYSTWYTH AC	37.47	Vet. *
11	DAVID JONES	SWANSEA H.	37.53	Vet.
12	JOHN BRIGGS	ABERYSTWYTH AC.	38.01	*
13	OWAIN LEWIS	BELLAUSE H.	38.10	*
14	MIKE MERRINGTON	SWANSEA H.	38.24	
15	KERI JOHNSTON	JMY R.R.	38.24	
16	NEIL LEEK	ABERYSTWYTH A.C.	38.24	Jm. *
17	DAVE RICHARDS	SWANSEA A.C.	38.28	
18	JOHN LLEWELYN	ROWHEATH H.	38.56	Vet of 45 *
19	JEFF REES	MORFA TERRIER.	39.10.	
20	HUGH EVANS	CARDIFF AAC.	39.14	Jm. *
21	DAVID ROBERTS	ABERYSTWYTH AC.	39.25	*
22	CARL PHILLIPS	LLANELLI AAC.	39.26	*
23	ROBERT FOWLER	AMMAN VALLEY H.	39.54	Vet of 45 *
24	RICHARD MARSH	SARW HELEN	39.58	Vet *
25	WARREN PRATT	ABERYSTWYTH A.C.	40.18.	*
26	ANDREW BALDWIN	ABERYSTWYTH A.C.	40.24	*
27	ERIC DAVEY	LLANELLI AAC	40.46	Vet *
28	PETER BRIGGS	ABERYSTWYTH AC.	40.50	Jm. *
29	GRAHAM EVANS	CARMARTHEN H.	40.55.	Vet of 45 *
30	WYNNE THOMAS	LLANELLI AAC.	40.57	Vet *

31	KEITH DAVIES	LLANELLI AAC	41.21. Vet 0/45	*
32	ANDREW ABBOT	SARN HELEN	42.00	*
33	S.R. FELLOWS	R.A.F. BRADY	42.48	*
34	DAVID JAMES	AMMAN VALLEY H.	42.56 Jm.	*
35	STUART GIBB	CARMARTHEN H.	42.76 Vet	*
36	JOHN KERSTING	SOSPAN R.R.	43.51 Vet 0/50	*
37	CLIVE JAMES	HEARSTON WALES	43.58 Vet	
38	ROGER JONES	SOSPAN R.R.	44.11 Vet	*
39	DAVID KNOWLER	UNATTACHED	44.28	
40	COWIN ARMSTRONG	ABERYIWYTH AAC.	44.45	*
41	JOHN SINNELL	PRESELI H.	44.51	
42	RICHARD BARRETT	T.R.O.T.S.	45.05	*
43	ALAN ROBERTS	CARMARTHEN H.	45.23	*
44	RHYS WILLIAMS	ABERYIWYTH AAC	45.24	*
45	PETER HURDING	CARMARTHEN H.	46.01 Vet 0/50	*
46	BRUCE BATEMAN	PRESELI H.	45.57 Vet	*
47	ANDREW THOMAS	SOSPAN R.R.	46.59	*
48	ROWLAND SHERWOOD	T.R.O.T.S.	47.28 Vet 0/45	*
49	ROY JAMES	AMMAN VALLEY H.	47.37	
50	HUGH JONES	CARMARTHEN H.	47.40 Youth	
51	GERARD THOMAS	SOSPAN R.R.	47.48 Vet 0/50	*
52	PETER FREEMAN	PRESELI H.	48.02 Vet	*
53	STEVE GRIFFITHS	BARRY VALES	48.10	
54	ROBERT DAVIES	T.R.O.T.S.	48.18	
55	MARK BENTON	SOSPAN R.R.	48.26	*
56	BRUCE MORGAN	LLANELLI AAC	48.45	*
57	JOHN NICHOLS	UNATTACHED	49.10 Vet	
58	JOHN WASH	CARMARTHEN H.	49.25 Vet 0/50	*
59	CWYNFOR DAVIES	SARN HELEN	49.52 Vet 0/45	*
60	MICHAEL EDMUNDS	UNATTACHED	50.27 Vet 0/45	*
61	CHARLIE WOOD	PRESELI H.	50.30	*
62	JAMES BELL	UNATTACHED	50.52 Vet 0/50	
63	CHRISTOPHER JOHN	T.R.O.T.S.	52.21	

64	PAUL TOMLIN	LWYDVA CHED	54.56
65	BOB BRIGLEY	CARMARTHEN H	56.17 Vet 0/70 *
66	MURIEL JENKINS	T.R.O.T.S.	58.49. @

7 def \* L. LAW (LWYDVA AC), \* S. MOORE, \* T. MILLS, \* I, JENKINS (SOSPAN R.R.)  
 \* A. DAVIES (LARM H), A. THOMAS (PISGAEU), J. JAGLEY (LVA)

WOMEN OK.

1.	KAY DAVIES	AMMAN VALLEY H.	30.18 Vet 0/40. *
2.	JO CHARKSON	LET CREWPIER	30.20 Vet.
3.	MARGARET PRATT	ABERYSTWYTH A.C.	30.32 *
4.	DEWIS PYCROFT	BARRY & VALE	30.56.
5.	CAROLINE JONES	CARMARTHEN H.	31.07
6.	WENDY HUGGINS	SOSPAN R.R.	31.53 Vet. *
7.	MARGARET JAMES	CARDIFF AAC	34.35 Vet 0/40.
8.	ANSON PHILLIPS	CARMARTHEN H.	36.18 2W. @
9.	WINNIE MOORE	LWYDVA AAC	37.44 Vet 0/40. @
10.	PAULINE THOMAS	T.R.O.T.S.	38.36 Vet @
11.	PHYLLIS JOHN	LWYDVA AAC	44.22 Vet 0/40 @
12.	JANET STALLEY	LWYDVA AAC	44.23 Vet 0/40 @

\* Denotes Championship Entry.

## Results.

### OPEN RACE & DATED CHAMPIONSHIPS.

1.	CARI WILLIAMS	CARM H.	35.01
2.	KARL PALMER	PRESELI H.	35.11
3.	BARRY GRIFFITHS	NONPORT H.	35.55.

### VETS. - OPEN.

1.	MICHAEL DONABRO	LLANOLAN AAC	37.11
2.	FRANK THOMAS	ABERYSTWYTH AC	37.47
3.	DAVID JONES	LUNNON H.	37.53.

### CHAMPIONSHIPS - AS ABOVE WITH FOLLOWING EXCEPTION

3.	RICHARDS MURKES	SPAIN HELEN	39.58.
----	-----------------	-------------	--------

### 0/45.

1.	JOHN LLAWALYN	ROSDHAM H.	38.56.
----	---------------	------------	--------

### 0/50.

1.	JOHN KIRKING	SOSPAN R.R.	43.51.
----	--------------	-------------	--------

### 0/60 + 0/70.

1.	BOB BRIDLEY	CARM H.	56.17.
----	-------------	---------	--------

### JUNIOR.

1.	NEIL LITK	ABERYSTWYTH AC.	38.34.
----	-----------	-----------------	--------

### FEMALE. OPEN RACE

1.	KAY DAVIES.	AMMAN VALLEY H.	30.18
2.	JO CHARLTON	LES CROUPIERS	30.20
3.	MARGARET PRATT	ABERYSTWYTH AC.	30.33.

### CHAMPIONSHIPS

1.	KAY DAVIES	AMMAN VALLEY H.	30.18
2.	MARGARET PRATT	ABERYSTWYTH AC	30.33
3.	CAROLINE JONES	CARMARTHEN H.	31.07

### VETS.

1.	KAY DAVIES	AMMAN VALLEY H	30.18
2.	JO CHARLTON	LES CROUPIERS	30.20.
3.	WENDY MULLINS	SOSPAN R.R.	31.53.

CHAMPIONSHIPS - 0/35

1. KAY DAVIES + 0/40 AMMAN U.H. 30.16  
JUNIOR.
2. ANJON PHILLIPS CARMARTHEN H. 36.18  
TEAM.

1. CARMARTHEN H. (C. WILLIAMS, D. BULTITUDE, I. LLOYD, G. EVANS)
2. ABERYSTWYTH AAC. (M. JENNINGS, F. THOMAS, J. DEVLIN, N. LISK)
3. SWANSEA H. (J. PRICE, D. JONES, M. CHERKINGTON, D. RICHARDS)

LADIES

1. LLANDWILI AAC (W. MOORE, P. JOHN, J. STALLEY)

VETS.

1. LLANDWILI AAC (M. VENABLE, E. DAVEY, W. THOMAS, K. DAVIES)