

LLANELLI AAC 1990 CHRISTMAS CROSS COUNTRY RACE
 INCORPORATING DIFED SENIOR X COUNTRY CHAMPS.

21 December 1990.

Position	Name	Club	Time
1	JASON PRICE	SWANSEA H.	35.40
2	KEEJ WILLIAMS	CARMARTHEN H.	35.51
3	DELEK BULTITUDE	CARMARTHEN H.	36.32
4	PAUL BENNETT	HEARTBEAT WALKS (Ind)	36.47
5	FRANK THOMAS	ABERYSTWYTH A.C. Vet o/40	37.13
6	KEVIN WILKINSON	SAN DOMENICO	37.15
7	PETER OSBORNE	LLANELLI A.C.	37.36
8	DEWI JONES	T.R.O.T.S. (Ind)	37.43
9	EDDIE BOLL	HEARTBEAT WALKS (Ind)	37.51
10	MIKE VENABLES	GLYNDEATH JOGGERS Vet o/40	38.05
11	IFAN LLOYD	THAMES HARE & HOUNDS	38.14
12	DANNY THOROLD	ABERYSTWYTH A.C.	38.21
13	M. JENKINS	ABERYSTWYTH A.C.	38.24
14	ANDREW POWELL	LLANELLI A.C. J.M.	38.29
15	IAN WEBB	LLANELLI A.C.	38.35
16	JARRIE VICKERY	CARMARTHEN H.	38.42
17	DAVID WARREN	PRESELI	38.51
18	JOHN GRIFFITH	ABERYSTWYTH A.C. Vet o/40	39.04
19	DAVE ROBERTS	ABERYSTWYTH A.C.	39.26
20	ERIC DAVEY	LLANELLI A.C. Vet o/40	39.32
21	RICHARD MARKS	SARN HELED Vet o/40	39.37
22	STEFAN GRIFFITHS	ABERYSTWYTH A.C. J.M.	39.48
23	ROBERT FOWLER	AMMAN VALLEY H. Vet o/45.	40.28
24	MALCOLM ADAM)	T.R.O.T.S.	40.39
25	D. HAMOR	ABERYSTWYTH A.C.	40.42
26	CHIVE EVANS	ABERYSTWYTH A.C. Vet o/40	41.08
27	S. FELLOWY	R.A.F. BRANDY	41.30
28	GRAHAM EVANS	CARMARTHEN H. Vet o/45	41.37
29	ALAN JONES	CARMARTHEN H.	41.41

Position	NAME	CLUBS	Time
30	Gwyn Thomas	GLYNWORTH SOLDIERS	41.57
31	ALAN MONDAY	PRESELI Vet 0/40	42.02
32	TONY CARZANA	HENRY BEAT WALS (Ind) Vet 0/40	42.07
33	STEWART CURWOOD	SOPAN R.R.	42.12
34	CLIVE JAMES	HENRY BEAT WALS	42.24
35	MARK WILLIAMS	HENRY BEAT WALS (Ind)	42.25
36	GAYNE DAVIS	LLANWLI A.C. Vet 0/45	42.29
37	ERIC REES	SARN HELEN T.M.	42.35
38	PETER BILES	ABERYSTWYTH A.C. T.M.	42.41
39	NICHOLAS GWYNNE	T.R.O.T.I.	42.42
40	ROY EDWARDS	SOPAN R.R. Vet 0/40	42.47
41	PETER MOODY	CARMARTHEN H. Vet 0/45	43.06
42	HUW LLEWELLYN	CARMARTHEN H. Vet 0/45	43.35
43	JOHN COLLINS	SWANSEA H. Vet 0/50	43.46
44	TONY TROLE	CARMARTHEN H. Vet 0/45	44.01
45	ROY JAMES	FOELGASTAL R.R.	44.26
46	RYCE THOMAS	UNYMACHED Vet 0/40	44.37
47	DAVID CUNDY	LLANWLI AAC Vet 0/40	44.52
48	ROBERT THOMPSON	CARMARTHEN H.	44.66
49	GERALD THOMAS	SOPAN R.R. Vet 0/50	44.09
50	RICHARD JARRETT	T.R.O.T.I.	44.15
51	PETER HARDING	CARMARTHEN H. Vet 0/50	45.20
52	LYN REES	SARN HELEN Vet 0/40	45.30
53	JOHN NICHOLS	FOELGASTAL R.R.	45.35
54	ROGER JONES	SOPAN R.R. Vet 0/40	45.57
55	K. WILLIAMS	3M RAGERS	45.58
56	MAL DOWNEY	SOPAN R.R.	46.28
57	BRYAN EVANS	R.R.C.	46.39
58	DEWI PRICE	CARMARTHEN H.	46.58
59	DENNIS WHITING	HENRY BEAT WALS (Ind)	47.01
60	R. MELLOR	GLYNWORTH SOLDIERS Vet 0/40	47.07
61	K. HARRIS	3M RAGERS	47.25
62	NICK O'BRIEN	DYFED POWYS POLICE AC.	47.26

Position	NAME	Club		Time
63	TERRY JENKINS	ABERYSTWYTH A.C.	Vet 0/40	47.27
64	MIKE DEADMAN	CARMARTHEN H.	Vet 0/45	47.35
65	CHIVE MORRIS	SOSPAN R.R.	Vet 0/40	47.42
66	J. LLOYD	ABERYSTWYTH A.C.		47.57
67	PAUL BRAIN	SOSPAN R.R.	Vet 0/45	47.59
68	LINCOLN LAW	LLANELLI AAC	Vet 0/45	48.05
69	DEREK VENABLES	GLYNNGWATH JOLLYS	Vet 0/65	48.08
70	ROBERT DAVIES	T.R.O.T.S.		48.15
71	I. WILLIAMS	SOSPAN R.R.	Vet 0/45	48.20
72	C. STEVENSON	SOSPAN R.R.		48.26
73	AUSTIN DAVIES	CARMARTHEN H.	Vet 0/40	48.37
74	HUGH REE	SOSPAN R.R.	Vet 0/50	48.78
75	DORIAN REE	GARN HELEN	T.M.	48.45
76	T. G. MILLS	SOSPAN R.R.		49.20
77	JEFF EVANS	UNATTACHED		50.28
78	BYRON MORGAN	SOSPAN R.R.		52.32
79	MICHAEL EDMUNDE	FOELGASTELL R.R.	Vet 0/45	52.57
80	BOT BRIGLEY	CARMARTHEN H	Vet 0/70	54.25
81	M. JEMTROUGH	SOSPAN R.R.		55.33
82	MIKE WORDLEY	SOSPAN R.R.	Vet 0/55	56.36
83	JIM BRADLEY	FOELGASTELL R.R.		58.16

SERWYN PRICE T.R.O.T.S.
 BEUCE MORGAN LLANELLI AAC
 HUGH EVANS LLANELLI AAC
 ALAN JONES (Vet 0/40) CARM H

} d. n. F.

LWANKU AAC

LADJET BK.

21 Decembe 1990

Position	Name	Club		Time
1.	DAWN KENWRIGHT	SAM HELEN	Vet 0/35	28.28
2.	JO CHARKTON	HEARTBEAT WALES	Vet 0/35	30.26
3.	KAY DAVIES	AMMAN VALLEY H.	Vet 0/35	31.10
4.	CLARE DAVIES	CARMARTHEN H.		37.07
5.	ANGELA ABBOT	CARMARTHEN H.	Euro-7.	38.14.
6.	HELENA THOMAS	NEWPORT H (Ind)	Euro-7.	38.19
7.	CHESSIE WRINKLER	FOELGRYLL R.R.		38.10
8.	JUNIE BULLING	JM RACERS		38.14
9.	LIZ BLOWE	HEARTBEAT WALES		38.29
10.	CATHY PEARCE	SOLPAN R.R.		38.35
11.	BETAN GRIFFITH	T.R.O.T.L		38.59
12.	VIVIAN EVANS	JM RACERS		38.52
13.	PAULINE THOMAS	T.R.O.T.S.	Vet 0/35	38.11
14.	MELANIE BARLEY	FOELGRYLL R.R.		40.49.

VICKY HARMOR CARM H. dnf.

Dyfed Championships

1	Seniors 4 Vet	Dawn Kenwright	Sam Helen
2	✓ ✓	Kay Davies	Amman Valley H.
3	✓	Clare Davies	Carmarthen H.
3	Vet	Pauline Thomas	T.R.O.T.L.
1	Euro Junior	Angela Abbot	Carmarthen H.
2	✓ ✓	Helena Thomas	Newport H.

Llanelli AAC.

AWARDS

Senior Men + Dyfed Championships.

1. Jason Price Swansea H. 25.40
2. Keri William Carmarthen H. 25.51
3. Derek Bulthud Carmarthen H. 26.32

Vets. + Dyfed Championships.

1. Frank Thomas Aberystwyth A.C. 37.17
2. Mike Venables Clynnau Ffwrdd 38.05
3. John Griffiths Aberystwyth A.C. 39.04.

Vet o/50

1. John Goffins Swansea H. 47.46.

Vet o/60 + Dyfed Champion

1. Derek Venables Clynnau Ffwrdd 48.08

Junior + Dyfed Champion

1. Andrew Powell Llanelli AAC 38.29

Teams.

1. Carmarthen H. 21
(Keri Williams, Derek Bulthud, Harrie Vickery, Graham Evans)
2. Aberystwyth A.C. 30.
(Frank Thomas, Danny Thorogood, M. Jenkins, John Griffiths)
3. Llanelli A.C. 26.
(Peter Osborne, Andrew Powell, Ian Webb, Eric Davey)
4. Aberystwyth A.C. 27.
(Dave Roberts, Stefan Griffiths, D. Hamer, Clive Evans)

Vet Teams

1. Aberystwyth A.C. - 49.
(Frank Thomas, John Griffiths, Clive Evans, Terry Jenkins)
2. Llanelli A.C. - 107.
(Eric Davey, Glynn Davies, Dai Cundy, Lincoln Law)
3. Carmarthen Harriers 'A' - 111
(Graham Evans, Peter Moody, Huw Llewellyn, Tony Brock)
4. Glynneath Joggers - 139
(Mike Venables, R. Mellor, Derek Venables)
5. Sapan Road Runners 'A' - 147
(Roy Edwards, Gerald Thomas, Roger Jones, Clive Morris)
6. Carmarthen Harriers 'II' - 188
(Peter Harding, Mike Doodman, Austin Davies, Bob Brierley)
7. Sapan Road Runners 'B' - 212
(Paul Brain, I. Williams, Hugh Rees, Mike Wordley)

Remaining Dyfed Championship Awards

1. Vet of 45.	Robert Fowler	Amman Valley H.	40.28
1. Vet of 50.	Gerald Thomas	Sapan R.R.	44.09
1. Vet of 70	Bob Brierley	Carmarthen H.	54.25
2. J. Man.	Stefan Griffiths	Aberystwyth A.C.	39.48
3. J. Man	Eric Rees	Sam Holen	42.25