

1983

## LLANELLI A.A.C. Xmas Cross Country (Incorp Dyfed Co. (Wyn))

1.	PAUL HOWARTH	LET CROUFIER		32.16	
2.	PAUL BENNETT	CARDIFF AAC		33.11	
3.	PETER OSBORN	LLANELLI AAC		33.26	*
4.	NEIL LISK	ABERYSTWYTH A.C.	(Two Men)	33.35	*
5.	JASON PRICE	SWANSEA H.	(Two Men)	33.43	*
6.	DEWI JONES	CARMARTHEN H.		33.58	*
7.	JULIAN JARRE	ST. DAVIDS COLL.		34.16	
8.	MIKE VENABLE	UNATTACHED	(Vet)	34.38	*
9.	NEVE KWIIND	LET CROUFIER		34.48	
10.	KARL PALMER	PRESELI H.		35.04	*
11.	PETER SMALL	LLANELLI AAC	(Vet)	35.14	*
12.	MARTIN JENKINS	ABERYSTWYTH AC		35.22	*
13.	RAY FUNDALSKI	PEGARAU R.C.		35.29	
14.	DAI KOTERS	ABERYSTWYTH AC.		35.53	*
15.	ALUN THOMAS	PEGARAU R.C.		36.02	
16.	HUGH EVANS	LLANELLI AAC		36.07	*
17.	ERIC DAVEY	LLANELLI AAC		36.16	*
18.	MARK WILLIAMS	JAN DOMENICO R.C.		36.17	
19.	DAVID JEEZE	T.A.F. R.C.		36.20	*
20.	JOHN THIGGER	ABERYSTWYTH AC.	(Two Men)	36.37	*
21.	HUW EVANS	CARMARTHEN H.	(Two Men)	36.46	*
22.	ROBERT FOWLER	AMMAN VALLEY H.	(Vet)	36.50	*
23.	JOHN GRIFFITH	ABERYSTWYTH A.C.	(Vet)	36.59	*
24.	LES CHARMAN	AMMAN VALLEY H.	(Vet)	37.05	*
25.	WYN THOMAS	UNATTACHED		37.10	
26.	DEWI RICHARDS	UNATTACHED		37.33	
27.	MALCOLM ADAMS	T.R.O.T.S. R.C.		37.36	*
28.	DAVID WARREN	UNATTACHED		37.43	
29.	NICK GWIN	T.R.O.T.S. R.C.		37.49	*
30.	PETER BIGGER	ABERYSTWYTH A.C.	(Two Men)	38.19	*
31.	DAVID HAMER	ABERYSTWYTH A.C.		38.24	*
32.	ERIC EVANS	CARMARTHEN H.	(Vet)	38.25	*
33.	LYN REE	JAN HELEN.		39.31	*
34.	COLIN HUDSON	PRESELI H.	(Two Men)	39.44	*
35.	FRANCIS MEMONS	PEGARAU R.C.	(Vet)	39.57	
36.	PETER JADLOK	BRIDGEND A.C.	(Vet 2/50)	40.09	*
37.	GWYNNE DAVID	LLANELLI A.A.C.	(Vet)	40.13	*
38.	CLIVE JAMES	LLANELLI A.A.C.	(Vet)	40.20	*
39.	GUY CHAPMAN	PEGARAU R.C.	(Vet)	40.28	
40.	PETER HARDING	CARMARTHEN H.	(Vet 2/50)	40.31	*

41	NEIL REYNOLDS	SOUTH WALES	ORLEN.	40.39
42	STEVEN BROWN	UNATTACHED		41.04
43	TONY GARZANIA	PEGASUS	(Vet)	41.47
44	NIGEL DACE	JOPAN R.R.		42.14 *
45	ERIC REE	SARN HELEN	(Jnr Man)	42.51 *
46	DORIAN REE	SARN HELEN	(Jnr Man)	42.58 *
47	ROLAND HICKWOOD	T.R.O.F.I. R.C.	(Vet)	43.12 *
48	HEDYDD DAVIES	CARMARTHON H.	(Vet)	43.18 *
49	DEREK VONAGLI	UNATTACHED	(Vet o/vs)	43.27
50	BILL EDWARDS	LHANWELI AAC	(Vet)	43.44 *
51	RICHARD DONNE	UNATTACHED		43.51
52	HUGH REE	JOPAN R.R.	(Vet)	46.16 *
53	ALAN VAUGHAN	UNATTACHED	(Vet)	47.34
54	TIM MUNY	UNATTACHED	(Vet)	47.56
55	GWINDWR WILLIAMS	LHANWELI AAC	(Vet o/vs)	48.44 *
56	LORWYN DAVIES	UNATTACHED	(Vet o/vs)	48.46
57	LEE GRIFFITHS	NEATH H.	(Vet)	48.79.

EDDIE BELL (PEGASUS) + JOHN LOOPER (ABERDARE) d.n.f.

### LADIES.

1.	JULIE WILLIAMS	ABERYSTWYTH A.C.		25.44 *
2.	JOY WILLIAMS	PEMBROKE COLL.		26.11 *
3.	KAY DAVIES	AMMAN VALLEY H.	(Vet)	26.26 *
4.	ANNE NORMAN	MERCURY R.C.		28.42
5.	TINA RUSSELL	CARMARTHON H.		28.56 *
6.	JO CHARLTON	LE GLOUPHERS		29.29
7.	HELENA THOMAS	LHANWELI AAC		32.14 *
8.	PATRICIA SLOW	LHANWELI AAC		36.03 *
9.	JEANETTE WILSON	LHANWELI AAC		41.18 *

\* denotes Championship Entries