

LLANELLI A.A.C.  
"CHRISTMAS" 10K CROSS COUNTRY.  
YEMBRY 21 DECEMBER 1986

1. GREG NEWHAMS	BRIDGEND A.C.	36.12
2. ANTHONY DERRICK	LLANELLI A.C.	37.18
3. ROB HICKMAN	LLANELLI A.C.	37.58

VETERANS.

1. TIM O'BRIEN	BRIDGEND A.C.	38.37
2. KEITH DAVIES	LLANELLI A.C.	40.05
3. PETER SMALL	LLANELLI A.C.	41.03

0/50.

1. PETER SADLER	LLANELLI A.C.	43.59
-----------------	---------------	-------

0/60

1. DEREK VENABLES	PINGED	46.24
-------------------	--------	-------

JUNIOR.

1. GARY CUTLER	LLANELLI A.C.	38.39
----------------	---------------	-------

LADIES.

1. DAWN KEWRIGHT	SARW HELEN	45.48
------------------	------------	-------

TEAMS.

- LLANELLI 'A' - 11 points. (Anthony Derrick, Rob Hickman, Gary Cutler, Peter Osborne)
- BRIDGEND - 16 points (Greg Newhams, Tim O'Brien, Steve Howdellyn, Peter Wynne)
- LLANELLI 'B' - 54 points. (Keith Davies, Peter Small, Huw Evans, (live James))

Vets Teams.

- LLANELLI - 45 points. (Keith Davies, Peter Small, Peter Sadler, Lincoln Leo)
- BRIDGEND - 50 points (Tim O'Brien, Ray Nicolson, Peter Widdington, Russ Borden)

POSITION	NAME	CLUB	TIME.
1.	GREG NEWHAMS	BRIDGEND A.C.	36.12.
2.	ANTHONY DERRICK	LLANELLI A.C.	37.18.
3.	ROB HICKMAN	LLANELLI A.C.	35.58.
4.	DAI JONES	SWANSEA H.	38.21.
5.	JIM O'BRIEN	BRIDGEND A.C.	38.37. (Vet)
6.	GARY CUTLER	LLANELLI A.C.	38.39. (Jnr.)
7.	KEEJ WILLIAMS	CARMARTHEN H.	38.41. (Jnr.)
8.	PETER OSBORNE	LLANELLI A.C.	39.57.
9.	KEITH DAVIES	LLANELLI A.C.	40.05 (Vet)
10.	STEVE LLEWELLYN	BRIDGEND A.C.	40.14
11.	PETER WYMAN	BRIDGEND A.C.	40.35.
12.	CHRIS BELL	SWANSEA H.	40.49.
13.	PETER SMALL	LLANELLI A.C.	41.03 (Vet)
14.	HUW EVANS	LLANELLI A.C.	41.25
15.	STEVEN EVANS.	NEATH H.	41.36
16.	ROB HAWCOCK.	NEATH H.	41.45
17.	MIKE GRANDON	BRIDGEND A.C.	42.02
18.	CLIVE JAMES	LLANELLI A.C.	42.32
19.	RAY NICOLSON	BRIDGEND A.C.	42.48 (Vet)
20.	MIKE DEYON	NEATH H.	42.58 (Vet)
21.	HEDYDA DAVIES	CARMARTHEN H.	43.24 (Vet)
22.	MARTIN HILLIER	SWANSEA H.	43.38
23.	PETER SADLER	LLANELLI A.C.	43.59 (Vet)
24.	TOM POWELL	BRIDGEND A.C.	44.10
25.	ALAN JONES	CARMARTHEN H.	44.12
26.	PETER WIDDERINGTON	BRIDGEND A.C.	44.17 (Vet)
27.	RYCE THOMAS	FELINFEL	44.30
28.	TONY BROCK	CARMARTHEN H.	44.50 (Vet)
29.	DAVID GORRER	NEATH H.	44.50
30.	RUSSELL BRANDON	BRIDGEND A.C.	44.57 (Vet)
31.	MIKE VENABLES	PINGED	45.01
32.	HUW EVANS	CARNHEDRYN	45.03 (Jnr)
33.	ADRIAN HUGHES	SOSPAN ROAD RUNNERS	45.08 (Vet)

Position	NAME	CLUB	TIME
34.	LINCOLN LAW	LLANELLI A.C.	45.32. (Vet)
35.	PAUL ORAM	LLANELLI A.C.	45.41.
36.	DAWN KENWRIGHT	SARN HELEN	45.48 (Female)
37.	MIKE DEADMAN	CARMARTHEN H.	46.03 (Vet)
38.	DEREK VENABLES	PINGED	46.24 (Vet)
39.	STEWART CURWOOD	SOSPAN ROAD CUNICES	47.08
40.	STEWART LEWIS	LLANELLI A.C.	47.23
41.	PETER WALTERS	AMMAN VALLEY H.	47.38
42.	HELEN WILLIAMS	LLANELLI A.C.	47.55 (Female)
43.	PAUL OSBORNE	LLANELLI A.C.	48.21.
44.	MARGARET JAMES	LLANELLI A.C.	48.32 (Female)
45.	KONWEN OWENS	CARNHEDEYS	50.25 (Female)
46.	BILL REITCHARD	NEATH H.	50.47.
47.	KELVIN RODMAN	N/A	50.47.
48.	BOB BRIDLEY	CARMARTHEN H.	52.16 (Vet)
49.	L TURNER	N/A.	58.30

51 Starters, 49 Finishers  
 2 dnf. E. PARCINSON + T. HILLIER.