

LLANELLI AAC X-COUNTRY PEMBREY 23/12/84  
- INCORPORATING DYFED COUNTY CHAMPS.

1ST ALAN ROPER SWANSEA  
2ND IFAN LLOYD ABERYSTWYTH  
3RD GWYTON JONES LLANELLI

1ST LOCAL ATHLETE - DAVID CUNDY - LLANELLI

1ST NON ATHLETIC CLUB - MIKE VENABLES - PINGED

1ST LADY - ANN KING - LLANELLI

2ND LADY - LYNDA WILLIAMS - LLANELLI

3RD LADY - JACKI REDMAN - SWANSEA

1ST VETERAN 040 - JOHN COLLINS - SWANSEA

2ND VETERAN 040 - RUSSEL WOOD - LLANELLI

3RD VETERAN 040 - PETER WIDDINGTON - BRIDGEND

1ST VETERAN 050 - ALAN SMITH - SWANSEA

1ST VETERAN 060 - GLYNDWR WILLIAMS - LLANELLI

1ST VETERAN 065 - RICHARD BRIERLEY - CARMARTHEN

DYFED COUNTY CHAMPIONSHIPS

1ST SENIOR - IFAN LLOYD - ABERYSTWYTH

2ND SENIOR - GWYTON JONES - LLANELLI

3RD SENIOR - OWEN LEWIS - SWANSEA

1ST JUNIOR - JOHN WILLIAMS - CARMARTHEN

2ND JUNIOR - CERI WILLIAMS - CARMARTHEN

3RD JUNIOR - DAVID OSBORNE - LLANELLI

1ST TEAM - SWANSEA. ALAN ROPOR 1ST  
4 TO RUN OWEN LEWIS 4TH  
3 TO SCORE PHIL HARDING 10TH 15 PTS  
+ CHRIS BELL 15TH

2ND TEAM - LLANELLI. GWYLLON JONES 3RD  
4 TO RUN DAVID CUNDY 5TH  
3 TO SCORE KETHA DAVIES 9TH 17 PTS  
+ HUGH EVANS 12TH

3RD TEAM - BRIDGEND. STUART DAVIDSON 11TH  
4 TO RUN ROB MORGAN 14TH  
3 TO SCORE GREG NEWMAN 16TH 31 PTS  
+ DOUG JOHNSON 21ST

1ST VETS TEAM - BRIDGEND. PETER WIDDINGTON 30TH  
3 TO RUN + SCORE JIM O'BRIEN 36TH  
RAY NICHOLSON 42ND 108PTS

2ND VETS TEAM - LLANELLI A RUSSELL WOOD 24TH  
3 TO RUN + SCORE GLYN DAVIES 40TH  
LINCOLN LAW 46TH 110PTS

3RD VETS TEAM - LLANELLI B CLYDE THOMAS 55TH  
GEORGE MARRY 59TH  
DEREK VENAIBLOS 56TH 170PTS