

DYFED AAA CROSS-COUNTRY CHAMPS
 PEMBREY 18 DECEMBER 1983
 10 KILOMETER.

A	1	H. ROBERTS	CARDIFF	32.45	
AAA	2	I. LLOYD	ABERYSTWYTH	.54	
AAA	3	G. JONES	LLANELLI	.58	
AAA	4	R. HICKMAN	LLANELLI	33.13	
	5	I. HAMER	BRIDGOND	.48	J/M
	6	J. O'BRIEN	BRIDGOND	34.12	V/045
A	7	J. WILLIAMS	CARMARTHON	.18	J/M
A	8	D. CUNDY	LLANELLI	.71	
	9	P. WYMAN	BRIDGOND	.33	J/M
D	10	A. MORGAN	CARMARTHON	.52	
	11	D. RICHARDS	PORT TALBOT	35.11	
	12	G. NEWHAMS	BRIDGOND.	.43	
	13	W. FOSTER	NEATH	.47	
	14	R. NICHOLSON	BRIDGOND.	.53	
	15	P.D. JONES	SWANSEA	.59	
	16	J. JENKINS	NEATH	36.05	
	17	D. JONES	SWANSEA	.13	
	18	D. ROBBINS	SWANSEA	.24	V/045
	19	D. PRESCOTT	BRIDGOND	.31	
D	20	D. H. DAVIES	CARMARTHON	.35	V/040
	21	G. BREWSTER	BRIDGOND	.42	
	22	S. SHORT	BRIDGOND	37.06	J/M
	23	J. COLLINS	SWANSEA	.19	V/045
	24	M. GRANDON	BRIDGOND	.71	J/M
D	25	P. ORAM	LLANELLI	.25	
D	26	M. VENABLES	—	.31	
	27	C. WILLIAMS	CARMARTHON	.41	J/M
	28	R. BRANDON	BRIDGOND.	.45	V/
D	29	R. LEWIS	LLANELLI	.48	V/040
	30	C. BELL	SWANSEA	.49	
A	31	J. ELLIS	LLANELLI	38.24	
	32	N. SAMUEL	—	.33	
	33	C. BOWEN	BRIDGOND	.39	J/M

D	34	R. HUNT	LLANELLI	38.47	
D	35	A. GRIFFITHS	LLANELLI	.56	
	36	I. SWANSON	PORT TALBOT	.59	
	37	D. JONES	PORT TALBOT	39.22	v/045
	38	J. DAVIES	KIDWELLY	.26	v/040
	39	J. JAMES	SWANSEA	.27	
D	40	P. HERBERT	LLANELLI	.27	J/M
D	41	P. SADLER	LLANELLI	.36	v/045
	42	J. DAVIES	PORT TALBOT	.37	
	43	D. GALLOWAY	LES CREUPIERS/HI	.51	v/040
D	44	V. COLE	LLANELLI	.59	
	45	M. DOADMAN	CARMARTHON	40.10	
D	46	K. REES	LLANELLI	.27	J/M
D	47	B. MORGAN	LLANELLI	41.06	
D	48	D. VENABLES	LLANELLI	.32	v/055
	49	E. PARFOTR	BRIDGOND	.58	v/040
	50	J. CLARK	—	42.07	
	51	C. EVANS	BRIDGOND	.23	v/040
D	52	E. EVANS	CARMARTHON	.34	
D	53	N. THOMAS	LLANELLI	43.12	
D	54	H. REES	LLANELLI	45.01	v/040
	55	P. HELLIER	—	.05	
D	56	G. WILLIAMS	LLANELLI	47.18	v/060
	57	J. KEZLY	NEATH.	48.01	v/050

RESULTS

LLANELLI AAC + DYFED
X-COUNTRY 18-12-83

1/ST M. ROBERTS CARDIFF + DYFED
2/ND I. LLOYD ABERYSTWYTH + DYFED
3/RD G. JONES LLANELLI + DYFED

1/ST VETERAN 0/40 J. O'BRIEN, BRIDGEND.
2/ND VETERAN 0/40 D. ROBBINS, SWANSEA.
3/RD VETERAN 0/40 D. H. JAVES, CARMARTHON.

1/ST VETERAN 0/55 D. VENABLES, LLANELLI

1/ST JUNIOR MAN (OVERALL), I. HAMER, BRIDGEND

1/ST JUNIOR MAN (DYFED) J. WILLIAMS, CARMARTHON
2/ND JUNIOR MAN (DYFED) C. WILLIAMS, CARMARTHON.

1/ST UNATTACHED N. SAMUEZ,

1ST TEAM - LLANELLI - G. JONES, R. MICKMAN,
D. CUNDY, P. ORAM.
2ND TEAM - BRIDGEND - I. HAMER, J. O'BRIEN,
P. WYMAN, C. NEWHAMS,
3RD TEAM - CARMARTHON - J. WILLIAMS, A. MORGAN,
D. H. JAVES, C. WILLIAMS.

1ST VETERANS TEAM :-
BRIDGEND

- J. O'BRIEN, R. BRANDON
T. PARKER, C. EVANS

2ND VETERANS TEAM :-
LLANELLI

- R. LEWIS, P. SADLER
D. GANAVAN, D. VENABLES.

59 STARTERS

57 FINISHED.

24 ATHLETES IN DYFED CHAMPS