

Wheelchair Athletes

1-2

Pos	Name	Cat	Club	Time
1	Richie Powel	WMS	BWRA	1:09:14
2	Luke Jones	WMS	BWRA	1:39:36

Runners

1-100

Pos	Name	Cat	Club	Time
1	Chris Meyler	MS	Bridgend AC	1:18:12
2	Paul Bowen	MS	3M'S	1:20:24
3	Peter Osborne	M40	Swansea Harriers	1:20:29
4	Brian Palmer	M50	Multisport	1:20:42
5	Emyr Roberts	MS	U/A	1:21:34
6	Chris Parker	M40	U/A	1:22:26
7	Rhys Jeffries	MS	U/A	1:25:32
8	Anne Fallows	FS	Les Croupiers	1:26:26
9	Tony Cottey	MS	U/A	1:28:18
10	James Davies	MS	U/A	1:29:03
11	Neil Williams	M40	U/A	1:29:41
12	James Ocallaghan	MS	U/A	1:30:28
13	Dean Llewellyn	MS	South Wales Police	1:31:09
14	F Jeffreys Thomas	F35	U/A	1:31:16
15	Andrew Buchanan	MS	U/A	1:32:56
16	Mark Jones	M40	U/A	1:34:34
17	Philp Bamsey	M50	Neath Harriers	1:35:10
18	Cyril Walters	M50	TROTS	1:35:53
19	Jonathan Morris	MS	U/A	1:36:20
20	Darren Stephens	MS	U/A	1:37:39
21	Mark Davies	MS	U/A	1:38:01
22	Peter Davies	M40	U/A	1:38:04
23	David Dunning	MS	U/A	1:38:12
24	Philip Miller	MS	U/A	1:38:13
25	Andrew Hellier	M40	Visteon	1:38:36
26	Jim Hewit	M40	U/A	1:38:42
27	Adriano Evola	M40	Aberystwyth AC	1:38:50
28	Richard Hayes	MS	U/A	1:39:12
29	Tim Davies	M40	U/A	1:39:21
30	Philip Box	M50	U/A	1:40:23

1-100

Pos	Name	Cat	Club	Time
31	Barrie Rees	M60 U/A		1:40:25
32	Jonathan Grant	M40	Wecori	1:40:38
33	Michael Jones	M40 U/A		1:40:51
34	Colin Rees	MS U/A		1:41:05
35	Huw Lewis	M50 U/A		1:41:14
36	Stephen Lewis	M40 U/A		1:41:16
37	Don Holloway	M50	Brackla Harriers	1:41:23
38	Dean Webster	MS	3M'S	1:41:37
39	Tim Older	M40 U/A		1:41:40
40	Wayne Holmes	M40 U/A		1:41:47
41	Chris Leach	MS U/A		1:41:49
42	Steve Press	MS	Visteon	1:41:57
43	A MacDonald	MS U/A		1:41:59
44	Brian Jenkins	M40	Visteon	1:42:27
45	Chris Griffiths	MS	Neath Harriers	1:42:28
46	Mike Evans	M50 U/A		1:42:30
47	Mathew Seager	MS U/A		1:42:36
48	Paul Morris	M40	Llanelli Tri Club	1:43:42
49	Paul Ware	MS U/A		1:44:06
50	Eryl Davies	FS	Wecori	1:44:10
51	Chris Dix	MS U/A		1:45:07
52	Leighton Davies	MS U/A		1:45:07
53	Jonathan Moore	MS U/A		1:45:13
54	Kevin Davies	MS U/A		1:45:43
55	Geoff Johnson	M50 U/A		1:45:49
56	Paul Pegler	M50	Treasury RC	1:46:01
57	Ian Bowen-Morris	M40	Abingdon Amblers	1:46:05
58	Mike Lister	M50	Les Croupiers	1:46:29
59	Arwel Jones	MS U/A		1:46:50
60	Paul Searle	M40 U/A		1:46:54
61	Emma Simpkins	F35	Amman Valley	1:46:55
62	Simon Reynolds	M40 U/A		1:47:25
63	Colin Lloyd	MS	Llanelli Tri Club	1:47:45
64	David Place	M40 U/A		1:48:13
65	Bob Gardiner	M50	Wecori	1:48:48
66	Gareth Lewis	M40 U/A		1:49:01
67	Bethan Jones	FS U/A		1:49:10
68	Gethin Jones	M40 U/A		1:49:42
69	J Sheldon	F35 U/A		1:49:54

1-100

Pos	Name	Cat	Club	Time
70	Michelle Roberts	F35 U/A		1:49:54
71	John Bailey	M40	Llanelli Tri Club	1:50:24
72	Chris Mellor	M40 U/A		1:51:33
73	Eamon Murphy	M40 U/A		1:51:41
74	Imran Nathoo	MS U/A		1:51:41
75	Amanda John	F35 U/A		1:51:56
76	Richard Donne	M40 3M'S		1:52:04
77	Liz Thomas	FS U/A		1:52:15
78	Emma Griffiths	FS U/A		1:52:29
79	Kirsten Tucker	FS 3M'S		1:53:03
80	David Walker	M50 U/A		1:53:14
81	Rachel Snook	FS U/A		1:53:34
82	Kelly Gipson	F35 U/A		1:53:42
83	Tanis Hand	F45 TROTS		1:53:42
84	Julian Williams	MS U/A		1:54:03
85	David Hawke	M60	Erme Valley	1:54:57
86	Joanne Brewster	F35 U/A		1:55:11
87	Debbie Potter	F35 U/A		1:55:11
88	Tasha Sexton	FS U/A		1:55:16
89	Rachel Jones	F35	Les Croupiers	1:55:16
90	Elen Willis	FS	Les Croupiers	1:55:25
91	Andrew Gronert	M40 U/A		1:55:53
92	Mark Eakins	MS U/A		1:55:53
93	Louise Eakins	FS U/A		1:55:54
94	Ian Morgan	M40 U/A		1:56:19
95	Bryn Thomas	MS U/A		1:56:22
96	Anna Boffey	FS U/A		1:56:22
97	Andrew Hanney	M40	Llanelli Tri Club	1:56:22
98	Beti Lewis	FS U/A		1:56:30
99	Simon Davies	MS U/A		1:56:40
100	Nina Brocklebank	FS U/A		1:57:09

101-190

Pos	Name	Cat	Club	Time
101	Scott Lewis	MS U/A		1:57:16
102	Mike Matthews	M60 U/A		1:57:17
103	Eric Frew	M40 U/A		1:57:32
104	Heather Payton	F55	Trent Park RC	1:57:46
105	C Sexton	M40 U/A		1:58:10
106	Tony Harris	M40 U/A		1:58:36

101–190

Pos	Name	Cat	Club	Time
107	I Williams	M40	U/A	1:58:55
108	David Thomas	M40	U/A	1:59:04
109	Bennett Maria	F35	U/A	1:59:19
110	No Number		U/A	1:59:19
111	Nicola Bowden	F35	U/A	1:59:21
112	No Number		U/A	1:59:37
113	Hazel Gambling	FS	U/A	1:59:42
114	Hillary Davies	F35	U/A	2:00:02
115	Hywel Watkins	MS	U/A	2:00:05
116	Kristina Williams	FS	U/A	2:00:20
117	Kate Baxter	FS	U/A	2:00:43
118	Thomas Davies	M40	U/A	2:00:46
119	Nigel Jones	M50	U/A	2:00:59
120	Owain Griffiths	MS	U/A	2:01:43
121	Isobel Norris	FS	U/A	2:02:00
122	Sali Walsh	F35	U/A	2:02:11
123	Stephen Banfield	M40	U/A	2:03:19
124	Daniel Harries	MS	U/A	2:04:00
125	Joe Lewis	FS	U/A	2:04:17
126	Simon Thomas	MS	U/A	2:04:35
127	Savannah Tikotsky	FS	U/A	2:04:35
128	Mark Rees	M40	U/A	2:05:32
129	Christopher Terry	M40	U/A	2:05:34
130	Louise Pierpoint	FS	U/A	2:06:14
131	Phil Goss	MS	U/A	2:06:47
132	Terry Shore	M50	U/A	2:07:26
133	Ceri Evans	MS	U/A	2:07:39
134	Nest Williams	FS	U/A	2:08:28
135	Katie Cox	FS	U/A	2:08:42
136	John Wiseman	M40	U/A	2:08:43
137	Carys Roderick	FS	U/A	2:09:01
138	Debbie Keogh	F35	U/A	2:09:30
139	Suzanne Bache	FS	U/A	2:09:32
140	Susan Lawrence	F45	U/A	2:09:44
142	Keith Harries	M40	U/A	2:10:21
143	Simon Elias	M40	U/A	2:10:38
144	Andrea Griffiths	F35	U/A	2:10:55
145	Mathew Owen	MS	U/A	2:11:06
146	Susan Urbano	F35	U/A	2:11:33

101–190

Pos	Name	Cat	Club	Time
147	John Cronin	M40 U/A		2:12:07
148	Robert Thomas	M40 U/A		2:12:21
149	Megan Davis	FS U/A		2:12:26
150	Cynthia Davis	M40 U/A		2:12:26
151	Claire Lloyd	FS U/A		2:12:28
152	Maria Roberts	FS U/A		2:13:09
153	C Llewellyn	F35 U/A		2:13:12
154	John Wilkins	M40 U/A		2:13:19
155	Angie Hall	F35 U/A		2:14:06
156	Laura Tucker	F35 U/A		2:14:40
157	Ian Mears	MS U/A		2:15:28
158	Helen Mears	F35 U/A		2:15:28
159	Molly Melhuish	FS U/A		2:15:39
160	Cerys Ash	F35 U/A		2:16:08
161	David Ling	M40 U/A		2:16:24
162	Louis Owen	MS U/A		2:16:51
163	Adrian Williams	MS U/A		2:17:50
164	Maria Bradbourn	F35 U/A		2:18:00
165	Ceri Jones	F55 U/A		2:18:14
166	Lucy Barber	FS U/A		2:18:18
167	Michael Williams	MS U/A		2:18:30
168	G Ellis-Williams	F35 U/A		2:18:54
169	Ian Parry	MS U/A		2:19:08
170	Laura Hamblin	FS U/A		2:19:25
171	Alun Parry	MS U/A		2:21:31
172	Kelly Edwards	FS U/A		2:22:31
173	Sali Sidford	F35 U/A		2:36:05
174	Julia Hopkins	F45 U/A		2:36:05
175	Kate Brooks	F35 U/A		2:27:01
176	Richard Bastable	MS U/A		2:28:16
177	Caryl Davies	FS U/A		2:28:16
178	Sue Jones	F55 WRN		2:28:44
179	Mark Williams	MS U/A		2:29:02
180	Mark Ellis	MS U/A		2:29:08
181	Llio Penri	FS U/A		2:29:09
182	Jane Thomas	F35 U/A		2:31:18
183	Derek Rees	M50 U/A		2:33:00
184	Sara Evans	FS U/A		2:33:00
185	Wayne Hoskins	M40 Islwyn		2:33:31

101-190

Pos	Name	Cat	Club	Time
186	Jo Dale	FS	U/A	2:38:15
187	Meredid Lewis	FS	U/A	2:39:21
188	Nicola Julian	F35	U/A	2:40:21
189	Ceri Morgan	FS	U/A	2:42:43
190	Lee Parry	MS	U/A	2:43:00
191	Lynn Chambers	F45	U/A	2:48:40