

Pos.	Time	Race No.	Name	Surname	Club	Sex	Age	Cat	Res Cat	Aff?
1	59.40	-194	MARK	ROBERTS	SWANSEA HARRIERS	M	35	ms	z	Y
2	60.35	-300	PAUL	RICHARDS		M	40	mv	x	N
3	60.57	-226	CARWYN	JONES		M	26	ms	z	N
4	61.51	-287	STEVE	SMITH	SWANSEA HARRIERS	M	43	mv	x	Y
5	62.24	-257	COLUMBA	PEOPLES	UWA HARRIERS	M	24	ms	z	Y
6	62.34	-270	ALUN	WOOD	BRIDGEND AC	M	36	ms	z	Y
7	62.47	-282	LEE	AHERNE	CLUB 69	M	39	ms	z	Y
8	62.58	-253	TIM	LEWIS	BRIDGEND AC	M	37	ms	z	Y
9	63.00	-86	CHRIS	MEYLER	BRIDGEND AC	M	26	ms	z	Y
10	63.42	-188	MICK	DUKES	LES CROUPIERS	M	30	ms	z	Y
11	63.56	-4	STEPHEN	THOMAS	ISLWYN RUNNING CLUB	M	37	ms	z	Y
12	64.23	-277	GARETH	JONES		M	28	ms	z	Y
13	64.50	-232	BRIAN	PALMER	MULTISPORT	M	52	mv	x	Y
14	65.25	-266	KEVIN	LEWIS	NEATH HARRIERS	M	44	mv	x	Y
15	65.33	-238	MARK	FOSS		M	37	ms	z	N
16	65.41	-278	JONATHAN	WILLIAMS		M	29	ms	z	N
17	65.52	-92	STEVE	WILLIAMS	NEATH HARRIERS	M	47	mv	x	Y
18	66.04	-275	PETER	OSBORNE	SWANSEA HARRIERS	M	45	mv	x	Y
19	66.11	-105	PAUL	KELLY	DARLINGTON HARRIERS	M	48	mv	x	N
20	66.12	-208	RICHARD	MARKS	SARN HELEN	M	55	mv	x	Y
21	66.21	-228	DAVID	HEADON	LES CROUPIERS	M	45	mv	x	Y
22	66.34	-256	STEVE	JONES	BRIDGEND AC	M	27	ms	z	Y
23	66.45	-101	PHILIP	MARLAND	AMMAN VALLEY	M	42	mv	x	Y
24	66.55	-153	STEVE	COUPE	SOSPAN ROAD RUNNERS	M	55	mv	x	Y
25	67.24	-227	MICHAEL	DAVIES		M	36	ms	z	N
26	67.28	-280	NEIL	DAVIES	CORNELLY STRIDERS	M	47	mv	x	Y
27	67.33	-358	KEVIN	GRIFFITHS		M	42	mv	x	N
28	67.37	-169	RUTH	PICKVANCE	LES CROUPIERS	F	44	fv	a	Y
29	67.39	-298	PAUL	DYSON	SWANSEA HARRIERS	M	46	mv	x	Y
30	67.53	-52	GERAINT	WILLIAMS	PONTYPRIDD ROADENTS	M	33	ms	z	Y
31	68.10	-210	ANDREW	THOMPSON	GRIFFITHSTOWN HARRIERS	M	48	mv	x	Y
32	69.01	-293	PAUL	ROSE	CARDIGAN RC	M	41	mv	x	Y
33	69.18	-241	ROBERT	HACKETT	NEATH HARRIERS	M	48	mv	x	Y
34	69.28	-72	ANN	THOMAS	TROTS	F	38	fv	a	Y
35	69.48	-244	CHARLES	WALSH	PORT TALBOT HARRIERS	M	31	ms	z	Y
36	70.00	-258	CAEDMON	GOULD	ABER UNI HARRIERS	M	20	ms	z	N

37	70.12	-195	ANDREW	ABBOTT	SARN HELEN	M	34	ms	z	Y
38	70.23	-255	CHRIS	KINGHAM	ABER UNI HARRIERS	M	21	ms	z	N
39	71.10	-69	MATTHEW	HURFORD	LES CROUPIERS	M	32	ms	z	Y
40	71.14	-106	ALY	RAW	DARLINGTON HARRIERS	F	42	fv	a	N
41	71.47	-260	ROBERT	DYDE	PEMBS HARRIERS	M	22	ms	z	Y
42	71.51	-192	CALVIN	THOMAS	ISLWYN RUNNING CLUB	M	55	mv	x	Y
43	72.09	-290	ERIC	DAVEY	LLANELLI AAC	M	55	mv	x	Y
44	72.11	-285	JOHN	SINNETT	PEMBS HARRIERS	M	48	mv	x	Y
45	72.21	-14	CHRISTOPHER	MORRIS		M	35	ms	z	N
46	72.21	-79	CHRIS	PARKER		M	40	mv	x	N
47	72.28	-87	PHIL	MEYLER	PONTYPRIDD ROADENTS	M	50	mv	x	Y
48	72.33	-299	JOHN	SMEWING	SWANSEA HARRIERS	M	55	mv	x	Y
49	72.40	-213	MIKE	MURPHY		M	52	mv	x	Y
50	72.50	-103	ANN	EVANS		F	48	fv	a	Y
51	72.54	-352	DIMITRI	VORRES	GRIFFITHSTOWN HARRIERS	M	43	mv	x	Y
52	72.56	-234	DAVID	ROBERTS	AMMAN VALLEY	M	44	mv	x	Y
53	73.13	-231		CHAPMAN	AMMAN VALLEY	M	57	mv	x	Y
54	73.22	-239	SIMON	PRICE		M	30	ms	z	N
55	73.27	-243	GRAHAM	COLVIN	3 M'S	M	42	mv	x	Y
56	73.34	-90	DAVID	PRICE		M	27	ms	z	N
57	73.36	-18	THOMAS	GUY	GRIFFITHSTOWN HARRIERS	M	33	ms	z	Y
58	73.36	-94	PHILIP	MORGAN		M	43	mv	x	N
59	73.39	-199	HUGH	PRICE	SARN HELEN	M	42	mv	x	Y
60	73.43	-158	SHARON	LEACH	AMMAN VALLEY	F	35	fv	a	Y
61	73.44	-19	NICK	SOADY		M	41	mv	x	N
62	73.56	-164	RACHEL	BUXTON	ABER UNI HARRIERS	F	20	fs	b	N
63	74.20	-91	MARK	JONES	LLANELLI TRI	M	47	mv	x	N
64	74.25	-130	STEPHEN	POWELL	PORT TALBOT HARRIERS	M	42	mv	x	N
65	74.36	-100	MARTIN	WILLIAMS		M	41	mv	x	N
66	74.38	-200	SUSANNAH	BULPIN	SAN DOMENICO	F	32	fs	b	Y
67	74.45	-119	RICHARD	SEWELL	LES CROUPIERS	M	48	mv	x	Y
68	74.54	-268	MARTIN	DAVIES	TROTS	M	23	ms	z	Y
69	75.00	-364		CRUDDAP		M	27	ms	z	N
70	75.00	-284	DAVE	GRIFFITHS	TROTS	M	42	mv	x	Y
71	75.02	-156	SANDRA	PINKHAM	NEATH HARRIERS	F	42	fv	a	N
72	75.07	-63	MARK	WADE		M	25	ms	z	N
73	75.21	-286	NICK	DAVIES		M	23	ms	z	N
74	75.28	-351	DARREN	STEVENS		M	34	ms	z	N

75	75.31	-259	ROBERT	REES		M	53	mv	x	N
76	75.34	-198	RICHARD	BROWN	PEMBS TRI CLUB	M	38	ms	z	N
77	75.37	-59	BENJAMIN	BOWEN		M	20	ms	z	N
78	75.43	-191	SHANE	NILDE	ISLWYN RUNNING CLUB	M	42	mv	x	Y
79	76.05	-221	PAUL	OSBORNE	LLANELLI TRI	M	49	mv	x	N
80	76.11	-276	RICHARD	BOON	LES CROUPIERS	M	46	mv	x	Y
81	76.15	-84	MICHAEL	OFFORD		M	54	mv	x	N
82	76.27	-230	ROBERT	FOWLER	AMMAN VALLEY	M	60	mv	x	Y
83	76.37	-190	MARK	JAMES		M	35	ms	z	N
84	76.39	-152	MICHAEL	DAVIES	LES CROUPIERS	M	55	mv	x	Y
85	76.41	-289	PAUL	MORRIS		M	48	mv	x	N
86	76.47	-229	WAYNE	BROWN		M	49	mv	x	N
87	77.00	-360	OWEN	DERRICK	PEMBS HARRIERS	M	29	ms	z	Y
88	77.06	-149	MICHAEL	JOHNSON		M	41	mv	x	N
89	77.22	-249	ALAN	PERKINS	PORT TALBOT HARRIERS	M	54	mv	x	Y
90	77.29	-363	DAFYDD	HUGHES		M	25	ms	z	N
91	77.33	-99	SIMON	THOMAS		M	37	ms	z	N
92	77.52	-58	LAURENCE	GRAY		M	27	ms	z	N
93	77.55	-225	DAVID	WILKINSON	NEATH HARRIERS	M	18	ms	z	Y
94	78.02	-185	PETER	RODGER	GRIFFITHSTOWN HARRIERS	M	49	mv	x	Y
95	78.10	-39	MARTIN	GEORGE		M	29	ms	z	N
96	78.17	-263	JONATHAN	DAVIES	ISLWYN RUNNING CLUB	M	37	ms	z	Y
97	78.19	-247	LEONARD	RICHARDS	PORT TALBOT HARRIERS	M	53	mv	x	Y
98	78.21	-203	PETER	DAVIES	SARN HELEN	M	50	mv	x	Y
99	78.27	-172	WENDY	BOON	LES CROUPIERS	F	45	fv	a	Y
100	78.32	-20	KATE	REES		F	37	fv	a	N
101	78.42	-8	GRAHAM	BARLOW		M	48	mv	x	N
102	78.42	-150	SIMON	WARREN		M	41	mv	x	N
103	78.51	-261	ED	FLETCHER	UWA HARRIERS	M	26	ms	z	N
104	78.54	-123	STEVE	HAMES	NEATH HARRIERS	M	43	mv	x	Y
105	79.11	-251		HEWITT		M	44	mv	x	N
106	79.12	-3	JEFF	KEEN		M	47	mv	x	N
107	79.22	-125	MARCUS	COLES	LES CROUPIERS	M	32	ms	z	Y
108	79.22	-32	SIMON	PAINTER	LLANELLI TRI	M	44	mv	x	Y
109	79.34	-142	MARY	BOWEN REES	TROTS	F	43	fv	a	Y
110	79.42	-146	LEE	MORRIS		M	24	ms	x	N
111	79.52	-201	ERYLLOIS	DAVIES	TEAM WYCORY	F	24	fs	b	N
112	79.57	-245	JOSH	HARRY	GLAM HEALTH CLUB	M	41	mv	x	N

113	80.07	-236	ALED	WILLIAMS		M	44	mv	x	N
114	80.15	-22	DAVID	WILLIAMS		M	34	ms	z	N
115	80.15	-45	KEVIN	DAVIES	MULTISPORT	M	34	ms	z	Y
116	80.20	-297	KEVIN	TAYLOR	AMMAN VALLEY	M	45	mv	x	Y
117	80.21	-292	DAVID	NAYLOR	SWANSEA HARRIERS	M	71	mv	x	Y
118	80.30	-193	SEAN	CONNOR	LES CROUPIERS	M	36	ms	z	Y
119	80.35	-54	DAVID	CURZON		M	48	mv	x	N
120	80.42	-88	FFIONA	DAVIES	BRIDGEND AC	F	50	fv	a	Y
121	80.44	-189	BRIAN	FOX	SWANSEA HARRIERS	M	60	mv	x	Y
122	80.54	-166	ANNIKA	SMITH	UWA HARRIERS	F	21	fs	b	N
123	80.55	-211	RON	ANTHONY	TROTS	M	53	mv	x	Y
124	81.26	-242	RAYMOND	JAMES	PORT TALBOT HARRIERS	M	44	mv	x	Y
125	81.53	-264	JAMES	SCHOFIELD	UNI WALES HARRIERS	M	20	ms	z	N
126	82.18	-117	WARREN	HEATON		M	35	ms	z	N
127	82.27	-246	ALAN	JENKINS		M	44	mv	x	N
128	82.29	-366	KELLY	MORGAN		F	27	fs	b	N
129	82.30	-25	ROBERT	DREW		M	38	ms	z	N
130	82.38	-141	PATRICK	MARTIN	PEMBS. TRI CLUB	M	22	ms	z	N
131	82.40	-129	STEPHEN	CHAMBERS		M	44	mv	x	N
132	82.42	-138	HUW	LEWIS	PEMBS. TRI CLUB	M	51	mv	x	N
133	82.49	-294	ALEX	WILLIAMS		M	37	ms	z	N
134	83.09	-109	BERNIE	MONK	CLUB 69	M	60	mv	x	N
135	83.12	-273	MIKE	NASH	3 M'S	M	45	mv	x	Y
136	83.24	-267	RAYMOND	BOYCE		M	44	mv	x	Y
137	83.41	-26	RHIDIAN	EDWARDS	SOSPAN ROAD RUNNERS	M	26	ms	z	N
138	83.41	-36	ANDREW	ROTHWELL		M	47	mv	x	N
139	83.46	-178	JANE	BUCK	CARDIGAN RC	F	42	fv	a	Y
140	83.46	-21	PAUL	EDWARDS		M	44	mv	x	N
141	83.56	-139	AMANDA	EVANS	GORSEINON RUNNING CLUB	F	36	fv	a	Y
142	84.02	-269	GARY	DAVIES	MDC	M	43	mv	x	N
143	84.06	-38	TONY	HOLLING	PORT TALBOT HARRIERS	M	50	mv	x	Y
144	84.08	-155	TASCHA	SEXTON		F	32	fs	b	N
145	84.16	-171	LOUISE	MISKELL	3 M'S	F	34	fs	b	Y
146	84.16	-368	ANDREW	NEWMAN		M	25	ms	z	N
147	84.21	-159	HELEN	MCMAMARA	PEMBS HARRIERS	F	49	fv	a	Y
148	84.37	-272	MARK	EDWARDS		M	32	ms	z	N
149	84.40	-361	ANNE	FOLLAN	PONTYPRIDD ROADENTS	F	34	fs	b	Y
150	84.58	-137	SIMON	COX		M	42	mv	x	N

151	85.11	-78	GARETH	HIGGINS		M	32	ms	z	N
152	85.18	-223	STEVE	PRESS	WECORI	M	36	ms	z	Y
153	85.27	-28	ALUN	LEWIS		M	56	mv	x	N
154	85.33	-46	GEOFFREY	JOHNSON		M	55	mv	x	N
155	85.36	-174	GWEN	SMITH		F	40	fv	a	N
156	85.42	-157	CAROL	MOSELEY	PORT TALBOT HARRIERS	F	29	fs	b	N
157	85.48	-215	VAL	BROWN	PEMBS TRI CLUB	F	39	fv	a	N
158	86.09	-271	GARY	GUNNER	CROFT AMBREY RUNNERS	M	59	mv	x	Y
159	86.14	-240	ADRIAN	WEAVER	PORT TALBOT HARRIERS	M	28	ms	z	Y
160	86.19	-205	NATHAN	HEARN		M	25	ms	z	N
161	86.19	-180	ANDREW	HELLIER	VISTEON	M	41	mv	x	N
162	86.20	-262	ANTAL	SANDOR		M	36	ms	z	N
163	86.31	-283	ALAN	SMITH		M	72	mv	x	Y
164	86.33	-65	WAYNE	CROSS		M	38	ms	z	N
165	86.50	-81	SIAN	PHILLIPS	SWANSEA HARRIERS	F	44	fv	a	N
166	87.15	-184	ALUN	KURMAULLY		M	34	ms	z	N
167	87.28	-144	LEIGHTON	DAVIES		M	36	ms	z	N
168	87.28	-124	KEVIN	O'LEARY		M	46	mv	x	N
169	87.33	-113	ROSCO	WHITE		M	54	mv	x	N
170	87.37	-250	SIMON	PARFITT		M	37	ms	z	N
171	87.44	-265	CHRIS	JENKINS	BRACKLA HARRIERS	M	26	ms	z	Y
172	87.52	-104	SIMON	REYNOLDS		M	44	mv	x	N
173	88.12	-288	PETER	WILCOCK	FAIRWATER RUNNERS	M	42	mv	x	Y
174	88.29	-362	RAYMOND	MAJER		M	52	mv	x	N
175	88.33	-55	CELIA	SPEAKE	BRECON AC	F	38	fv	a	Y
176	88.45	-15	IAN	THOMAS		M	40	mv	x	N
177	88.50	-12	PHIL	PROTHEROE	BRACKLA HARRIERS	M	34	ms	z	Y
178	88.51	-254	DAVID	BRYER		M	26	ms	z	N
179	88.58	-118	EMMA	SIMPKINS	AMMAN VALLEY	F	37	fv	a	Y
180	88.58	-40	PAUL	MEMBERY		M	23	ms	z	N
181	89.15	-43	PAUL	WALLIS		M	36	ms	z	N
182	89.22	-11	LYNN	GOWARD		F	40	fv	a	N
183	89.24	-122	MANDY	MORRIS	NEATH HARRIERS	F	33	fs	b	Y
184	89.24	-114	SALLY ANNE	WINTLE		F	42	fv	a	N
185	89.24	-42	GARETH	PASSEY		M	38	ms	z	N
186	89.24	-112	DAVID	WINTLE		M	43	mv	x	N
187	89.27	-148	ARTHUR	PHILLIPS	SOSPAN ROAD RUNNERS	M	71	mv	x	N
188	89.51	-31	RICHARD	SIMPSON		M	33	ms	z	N

189	90.09	-111	CLIFFORD	DIEGO		M	51	mv	x	N
190	90.13	-2	STEPHEN	HUGHES		M	37	ms	z	N
191	90.20	-235	IAN	SWANSON	PORT TALBOT HARRIERS	M	55	mv	x	Y
192	90.32	-216	CLAIRE	GIBSON	CHEPSTOW HARRIERS	F	34	fs	b	N
193	90.45	-33	PETER	HARDING	CARMARTHEN HARRIERS	M	65	mv	x	Y
194	90.54	-96	CHRISTOPHER	JONES		M	42	mv	x	N
195	90.57	-68	ELEN	WILLIS	LES CROUPIERS	F	33	fs	b	Y
196	90.57	-120	STEVE	JONES		M	47	mv	x	N
197	90.57	-121	DAVID	MITCHELL		M	47	mv	x	N
198	91.13	-202	REBECCA	LILLYWHITE		F	27	fs	b	N
199	91.14	-183	PAUL	SAVAGE		M	43	mv	x	N
200	91.33	-35	IAN	RICHARDS	GRIFFITHSTOWN HARRIERS	M	40	mv	x	Y
201	91.37	-356	JAN	JONES	SARN HELEN	F	40	fv	a	Y
202	91.37	-134	DARREN	RICHARDS		M	22	ms	z	N
203	91.38	-135	MIKE	RICHARDS		M	53	mv	x	N
204	91.48	-133	ANTHONY	MASSEY		M	48	mv	x	N
205	91.52	-126	HYWEL	STANTON		M	46	mv	x	N
206	91.52	-197	ROBERT	THOMAS		M	44	mv	x	N
207	92.06	-181	COLIN	LLOYD		M	39	ms	z	N
208	92.18	-132	JAYNE	CALVERT		F	46	fv	a	N
209	92.44	-108	MARGARET	MONK	CLUB 69	F	54	fv	a	Y
210	92.55	-350	CERI	UNDERWOOD	GRIFFITHSTOWN HARRIERS	F	36	fv	a	Y
211	92.58	-182	MEIRION	WALTERS		M	46	mv	x	N
212	93.07	-56	JULIE	BURCHELL	GRIFFITHSTOWN HARRIERS	F	35	fv	a	Y
213	93.10	-357	GARETH	JONES	SARN HELEN	M	39	ms	z	Y
214	93.11	-187	NEIL	JEFFERS		M	41	mv	x	N
215	93.19	-83	RICHARD	BRIDLE		M	35	ms	z	N
216	93.28	-73	JEFFREY	MOGFORD	VISTEON	M	46	mv	x	N
217	93.45	-219	ALAN	NORRIS		M	41	mv	x	N
218	93.46	-107	PAUL	FLETCHER		M	45	mv	x	N
219	94.07	-147	RHIAN	JONES		F	26	fs	b	N
220	94.16	-128	MICHAEL	NEWMAN	NEATH HARRIERS	M	55	mv	x	Y
221	94.19	-359	KATE	RABAIOTTI	PEMBS HARRIERS	F	23	fs	b	Y
222	95.06	-291	THOMAS	DAVIES		M	45	mv	x	N
223	95.11	-186	HOWARD	MORGAN		M	63	mv	x	N
224	95.21	-89	IAN	HENTON	MULTISPORT	M	32	ms	z	N
225	95.39	-53	CHRISTINE	VORRES	GRIFFITHSTOWN HARRIERS	F	46	fv	a	Y
226	95.42	-143	LINDSEY	DAVIES		F	35	fv	a	N

227	95.45	-116	MARK	WARREN		M	43	mv	x	N
228	95.50	-102	KEITH	COLEMAN		M	36	ms	z	N
229	96.11	-23	JEFF	EVANS		M	39	ms	z	N
230	96.24	-252	COLIN	THOMAS		M	57	mv	x	N
231	96.54	-209	RICHARD	REES		M	50	mv	x	N
232	96.59	-237	ALUN	POWELL		M	58	mv	x	N
233	97.05	-165	TAMARA	BALL	ABER UNI HARRIERS	F	21	fs	b	N
234	97.29	-296	MATTHEW	PARRY	3 M'S	M	24	ms	z	N
235	97.40	-354	BERNARD	STEVENS		M	61	mv	x	N
236	98.10	-71	NIGEL	JONES		M	51	mv	x	N
237	98.33	-369	MARTIN	THORNTON		M	35	ms	z	N
238	98.41	-93	ANTHONY	VALLARIO	PORT TALBOT HARRIERS	M	49	mv	x	Y
239	98.53	-85	ANDREW	THOMAS		M	42	mv	x	N
240	98.55	-163	EIRY	MILES		F	26	fs	b	N
241	99.37	-281	CHRIS	CARTER		M	37	ms	z	N
242	99.45	-161	LORRAINE	DYDE	PEMBS HARRIERS	F	48	fv	a	Y
243	100.02	-179	ANDREA	REYNOLDS	SWANSEA HARRIERS	F	41	fv	a	Y
244	100.09	-279	JOHN	PRICE		M	50	mv	x	N
245	100.16	-248	COLIN	GARDENER		M	57	mv	x	N
246	100.20	-173	DEBBIE	PRICE		F	42	fv	a	N
247	101.06	-6	LISA	PHILLIPS		F	33	fs	b	N
248	102.01	-217	BEV	MEEH-WELSH	CHEPSTOW HARRIERS	F	45	fv	a	Y
249	102.03	-51	KRISTINA	WILLIAMS	TEAM DEVIANT	F	32	fs	b	N
250	102.03	-206	COLIN	BRADLEY		M	37	ms	z	N
251	102.06	-218	ANNE-MARIE	CHAFER		F	30	fs	b	N
252	102.16	-47	KELLY	GIPSON		F	38	fv	a	N
253	102.19	-50	JULIAN	WILLIAMS	TEAM DEVIANT	M	32	ms	z	N
254	103.00	-177	SUSAN	JENKINS	SARN HELEN	F	49	fv	a	Y
255	103.38	-295	GARETH	WATSON	3 M'S	M	24	ms	z	N
256	104.05	-7	CLAIRE	JAMES		F	43	fv	a	N
257	104.33	-17	GARY	RICHARDS		M	37	ms	z	N
258	105.21	-160	PAULINE	CHARLETT	PEMBS HARRIERS	F	43	fv	a	Y
259	105.41	-162	JANET	YOUNGER	PEMBS HARRIERS	F	55	fv	a	Y
260	105.45	-214	NEIL	MURPHY		M	18	ms	z	N
261	106.19	-365	LAURENCE	JACKMAN		M	44	mv	x	N
262	106.48	-175	SHIRLEY	DAVIES	WOMENS' RUNNING	F	42	fv	a	Y
263	107.47	-222	CHRISTOPHER	SEXTON		M	42	mv	x	N
264	108.00	-204	ALUN	PROTHEROE		M	47	mv	x	N

265	108.02	-220	CATHERINE	LLEWELLYN	MERTHYR	F	41	fv	a	N
266	108.23	-5	DENISE	BRENNAN		F	36	fv	a	N
267	108.23	-274	CHRIS	HOCKLEY		M	37	ms	z	N
268	108.35	-110	MARTIN	HUGHES		M	38	ms	z	N
269	109.06	-176	CATHERINE	RICHARDS	WOMENS' RUNNING	F	45	fv	a	Y
270	109.41	-151	DIANE	WALFORD	CELTIC TRI CLUB	F	54	fv	a	N
271	111.16	-76	SUZANNE	CHESTERTON		F	42	fv	a	N
272	111.16	-77	GRAHAM	CHESTERTON		M	44	mv	x	N
273	111.16	-136	GWYNFOR	JAMES		M	57	mv	x	N
274	113.11	-353	SANDRA	STEVENS		F	58	fv	a	N
275	113.54	-24	SEAN	EDWARDS		M	35	ms	z	N
276	114.25	-37	SUZIE	SHEPHERD	CHEPSTOW HARRIERS	F	36	fv	a	Y
277	114.26	-64	RACHEL	THOMAS		F	38	fv	a	N
278	115.33	-170	ALISON	GRIFFITHS	PEMBS HARRIERS	F	36	fv	a	Y
279	116.10	-168	BARBARA	THOMAS	PEMBS HARRIERS	F	61	fv	a	N
280	116.57	-13	NICK	JONES		M	38	ms	z	N
281	118.57	-48	GRAHAM	SINGER		M	49	mv	x	N
282	119.55	-167	JANET	BELL	PEMBS HARRIERS	F	60	fv	a	Y
283	120.18	-212	GILLAIN	MURPHY	LES CROUPIERS	F	52	fv	a	Y
284	125.15	-115	CRAIG	JAMES		M	42	mv	x	N
285	125.18	-29	NIGEL	REES		M	35	ms	z	N
286	125.18	-82	DEAN	JAMES		M	43	mv	x	N
287	127.16	-224	ALAN	WATTS	SARN HELEN	M	77	mv	x	Y
288	136.00	-355	GRAHAM	JOHNSON	SERPENTINE	M	60	mv	x	N