

Cwmafan Richard Burton 10k 2003

Pos	Name	Cat	Club	Time
1	Martin Rees	VM40+	Swansea Harriers	31:24
2	Paul Richards	SM	Swansea Harriers	32:11
3	Shaun Tobin	VM40+	Swansea Harriers	32:11
4	Julian Baker	SM	Les Croupiers	32:21
5	Nick Janvier	SM	Brackla Harriers	33:37
6	Alun Wood	SM	Brackla Harriers	33:42
7	Nick Frost	VM40+	Pontypridd Roadents	33:49
8	Timothy O'Connor	SM	Swansea Harriers	33:56
9	Chris Meyler	SM	Pontypridd Roadents	35:18
10	Richard Jones	VM40+	Swansea Harriers	35:27
11	Martin Webborn	VM40+	Swansea Harriers	35:35
12	David Sullivan	SM	3M Gorseinon	35:44
13	Kevin Taylor	VM40+	Amman Valley Harriers	35:46
14	Anne-Marie Hutchinson	SW	Neath Harriers	35:48
15	Aaron Jones	VM40+	Swansea Harriers	35:50

16	Steve Smith	VM40+	Swansea Harriers	35:56
17	Darren Hendley	SM	Penarth & Dinas	35:59
18	Stephen Williamson	SM	Port Talbot Harriers	36:05
19	Ruth Pickvance	VW35+	Swansea Harriers	36:06
20	Stuart Davidson	VM50+	Bridgend AC	36:13
21	Howard Carpenter	VM40+	Neath Harriers	36:19
22	John Forrest	SM	U/A	36:22
23	Robert Bamsey	VM40+	Neath Harriers	36:24
24	Phil Adams	VM40+	Neath Harriers	36:29
25	Tim Lewis	SM	Brackla Harriers	36:30
26	Frances Gill	VW35+	Neath Harriers	36:31
27	David Davis	VM50+	Neath Harriers	36:51
28	Jeremy Davies	SM	Neath Harriers	37:11
29	Keith Powell	VM50+	Cornelly Striders	37:47
30	Andrew Thomas	SM	Sospan Roadrunners	37:55
31	Clive Davies	VM40+	Sospan Roadrunners	38:08
32	Paul Talbot	SM	U/A	38:14

33	John Sinnett	VM40+	Pembrokeshire Harriers	38:24
34	Lisa Howe	SW	Swansea Harriers	38:41
35	Nigel Clement	VM40+	Penarth & Dinas	38:43
36	Steve Littlewood	VM50+	Hereford Couriers	38:48
37	Paul Hill	SM	Pegasus	38:57
38	Michael Evans	VM40+	Neath Harriers	38:58
39	Ricky Marklangdon	SM	Swansea Harriers	39:15
40	?? ??	??	??	39:31
41	Paul Phillips	VM40+	U/A	40:16
42	John Diffey	SM	U/A	40:32
43	John Smewing	VM50+	U/A	40:35
44	Philip George	SM	U/A	40:36
45	Paul Harvey	SM	U/A	40:37
46	John Murray	SM	U/A	40:55
47	Owen Derrick	SM	Pembrokeshire Harriers	40:56
48	Robert Wilcox	SM	Penarth & Dinas	40:57
49	Les Chapman	VM50+	Amman Valley Harriers	41:05

50	Kevin Crew	VM40+	U/A	41:12
51	Alan Perkins	VM50+	Port Talbot Harriers	41:16
52	Christopher Welsh	SM	U/A	41:21
53	Gareth Harvey	SM	U/A	41:35
54	Kelvin Thomas	VM50+	U/A	41:37
55	Keith Thompson	VM40+	U/A	41:38
56	Dawn Kenwright	VW35+	Sarn Helen	41:43
57	Robert Fowler	VM50+	Amman Valley Harriers	41:45
58	Noelwyn Daniel	SM	U/A	41:49
59	Mark Powell	SM	U/A	41:50
60	Gary Clayton	SM	U/A	42:09
61	Gwyn Lloyd	VM40+	Pontypridd Roadents	42:10
62	Paul Ezard	SM	Brackla Harriers	42:13
63	Peter Padley	VM40+	U/A	42:28
64	Paul Colman	VM40+	Pembrokeshire Harriers	42:33
65	Christopher Bentley	SM	U/A	42:35
66	Andrew Thomas	SM	U/A	42:38

67	Mark Halliwell	VM40+	Brackla Harriers	42:42
68	Andy Diffey	SM	U/A	42:49
69	Mark Benewith	SM	3M Gorseinon	42:53
70	Pete Lloyd	SM	Llanelli Triathletes	42:56
71	John Spiteri	SM	Penarth & Dinas	42:57
72	Peter Davies	VM50+	U/A	42:59
73	Aled Evans	VM40+	U/A	43:03
74	Christopher Terry	SM	U/A	43:06
75	Beverley Tucker	VW35+	Cardiff AAC	43:07
76	J Littlewood	VW35+	Hereford Couriers	43:11
77	Anna Cambule	VW35+	Swansea Harriers	43:14
78	Peter Bridger	SM	U/A	43:15
79	Barry Morgan	SM	Visteon	43:16
80	Raymond Boyce	VM40+	Cornelly Striders	43:30
81	Stephen Cray	VM40+	Penarth & Dinas	43:38
82	Alex Marsh	SM	Great Western Runners	43:50
83	Neil Hendry	VM40+	Penarth & Dinas	43:51

84	David Roberts	VM50+	U/A	43:54
85	John Carpanini	SM	U/A	43:55
86	Paul Arnold	SM	3M Gorseinon	43:56
87	Joanna Pritchard	SW	Les Croupiers	43:57
88	Nigel Davies	VM40+	U/A	43:58
89	David Oak	VM50+	Port Talbot Harriers	44:02
90	Kimberly Bates	SW	Swansea Harriers	44:44
91	Leonard Richards	VM50+	Port Talbot Harriers	44:45
92	Joanne Laity	VW35+	Penarth & Dinas	44:47
93	Leighton Gardner	SM	U/A	44:58
94	Stephen Morgan	SM	U/A	45:04
95	Michael Lawrence	VM40+	Pembrokeshire Harriers	45:12
96	Glyn Williams	VM50+	3M Gorseinon	45:18
97	Neil Williams	SM	U/A	45:22
98	John Davis	VM50+	Port Talbot Harriers	45:26
99	Kevin Scannell	SM	U/A	45:29
100	Andrew Baumer	SM	U/A	45:43

101	Dylan Jones	SM	U/A	46:00
102	Ian Harcombe	SM	U/A	46:10
103	Mike Nash	VM40+	3M Gorseinon	46:16
104	Mark Aston	VM40+	U/A	46:17
105	Don Holloway	VM50+	U/A	46:22
106	Edward Wellington	VM40+	U/A	46:26
107	Mandy Jones	VW35+	Islwyn	46:28
108	Stephen Jones	VM40+	Islwyn	46:32
109	Stephen Chambers	VM40+	U/A	46:33
110	Robert Harray	VM40+	U/A	46:34
111	Stephen Bendle	SM	Swansea Harriers	46:37
112	Stephen Lewis	SM	Port Talbot Harriers	46:41
113	Hugh Davies	SM	U/A	46:51
114	Jeffrey Thomas	SM	U/A	46:52
115	Brian Jenkins	VM40+	Visteon	47:06
116	Alan Wardell	SM	U/A	47:07
117	Steven Epstein	SM	Brecon Multisport	47:14

118	Ian McCloy	VM40+	U/A	47:18
119	Tudor Jones	VM40+	U/A	47:29
120	John Harries	SM	U/A	47:48
121	Steve New	SM	U/A	47:50
122	Neil Samuel	VM40+	U/A	47:50
123	Paul Ferrier	VM40+	U/A	47:53
124	Cheryl Thomas	SW	U/A	47:54
125	Michael Rex	VM40+	U/A	47:56
126	Sarah Swaysland	SW	U/A	48:02
127	Andrew Hellier	SM	Visteon	48:08
128	Jamie Reed	SM	U/A	48:10
129	Naomi Law	SW	U/A	48:13
130	Alan Haycox	VM40+	U/A	48:14
131	Rob Leering	VM40+	U/A	48:17
132	Huw Edwards	VM40+	U/A	48:26
133	Matthew Owen	SM	U/A	48:41
134	Raymond James	VM40+	U/A	48:47

135	Dawn French	VW35+	3M Gorseinon	48:53
136	Peter Marks	VM40+	U/A	48:54
137	Debbie Williams	VW35+	Penarth & Dinas	48:59
138	Peter Bowen	SM	U/A	49:00
139	Michael Williams	SM	U/A	49:21
140	Clare Lloyd	SW	U/A	49:51
141	John P Cunnane	VM50+	U/A	49:51
142	Ken Rogers	VM40+	U/A	49:52
143	James Taylor	SM	U/A	49:56
144	Anthony Beer	SM	U/A	50:07
145	Mike Parfitt	VM40+	Neath Harriers	50:10
146	William Thomas	VM40+	U/A	50:13
147	Jonathan Evans	SM	U/A	50:19
148	A Parry	VW35+	Amman Valley Harriers	50:21
149	Louise Miskell	SW	3M Gorseinon	50:41
150	Jayne Arnold	SW	3M Gorseinon	50:47
151	Richard Evans	SM	U/A	51:00

152	Janice Harvey	VW35+	U/A	51:37
153	Michael Davies	VM50+	Brecon AC	51:43
154	Mike Clinch	VM40+	U/A	51:49
155	Jayne Atwood	SW	U/A	51:53
156	Eryl Tottle	SM	Risca Roadrunners	51:58
157	James Thomas	SM	U/A	51:59
158	Andrea Collins	SW	U/A	52:01
159	Barry Dare	VM50+	U/A	52:11
160	Mark Pattermore	SM	U/A	52:26
161	Sarah Shaw	VW35+	U/A	52:33
162	Glyn Jones	VM50+	Sospan Roadrunners	52:34
163	Terry Gibson	SM	U/A	52:41
164	Sam Jenkins	SM	U/A	52:48
165	Martin Neville	VM40+	U/A	53:00
166	David Beman	VM50+	Lamdad AA	53:18
167	Stella Sturgess	SW	U/A	53:25
168	Leighton Thomas	SM	Multisports RC	53:29

169	Emlyn Hughes	VM50+	U/A	53:48
170	David Rushforth	VM40+	U/A	54:00
171	Jill Colman	VW35+	Pembrokeshire Harriers	54:00
172	Adrian Bailey	VM40+	U/A	54:06
173	Carole Thomas	VW35+	U/A	54:33
174	J Roberts	VW35+	Brecon	54:37
175	Dennis Lynch	VM50+	Cornelly Striders	54:42
176	Anthony Vallario	VM40+	Port Talbot Harriers	54:57
177	Mike O'Shea	VM50+	Bishop Keep Fit	55:17
178	Mark Thomas	SM	U/A	55:23
179	Carl Mans	SM	U/A	55:30
180	David Medlam	VM40+	Pegasus	55:33
181	Kathryn Jenkins	SW	U/A	55:46
182	K Crane	VW35+	Brecon	56:10
183	Stuart James	SM	U/A	56:21
184	Lea Tanner	SM	U/A	56:21
185	Stephen Wills	SM	U/A	56:44

186	Kevin McCarthy	SM	U/A	56:44
187	Catherine Beer	SW	3M Gorseinon	56:47
188	Christopher Plaice	VM50+	U/A	56:55
189	Andrew Edwards	SM	U/A	56:59
190	Joanna Dutch	SW	Penarth & Dinas	57:01
191	Ruth A Davies	VW35+	Brecon Multisport	57:32
192	David Roberts	SM	U/A	57:39
193	Clare Bairstow	VW35+	U/A	57:39
194	Adrian Jenkins	VM50+	U/A	57:42
195	Adele Thompson	SW	U/A	57:51
196	Helen Carey	VW35+	U/A	57:51
197	Hugh Griffiths	SM	U/A	58:53
198	Paul Burgess	SM	U/A	58:53
199	F Welsh	VW35+	U/A	59:25
200	Donald Fearans	VM50+	Brecon AC	59:30
201	Winnie Moore	VW35+	Sospan Roadrunners	60:20
202	Nadine Jenkins	SW	U/A	61:49

203	Alen Watts	VM50+	Sarn Helen	61:58
204	Derek Showers	VM40+	Neath Harriers	63:58
205	Jennifer Kellar	VW35+	U/A	63:58
206	Michael Jones	VM40+	U/A	65:43