

TROT's DAMBUSTER's

Llys Yr Fran 2007

Pos	No	First	Name	Club	Time	Cat	Age
1	363	IAN	WILLIAMS	TROTS	00:31:14	OM	22
2	358	ANDREW	ABBOTT	SARN HELEN	00:32:56	OM	35
3	380	PAUL	DAVIES	NONE	00:33:05	OM	
4	342	LES	HEWITSON	INGLI RUNNERS	00:34:02	M40	43
5	353	CARWYN	THOMAS	SARN HELEN	00:34:21	OM	19
6	364	NICOLA	SYKES	BEDFORD AND COUNTY	00:34:37	OF	19
7	372	KEVIN	GRIFFITHS	TROTS	00:35:19	M40	43
8	332	JOHN	WALKER	STAFFS MOORLAND	00:35:28	M40	49
9	309	CHARLES	WALSH	PORT TALBOT HARRIERS	00:35:56	OM	32
10	356	GARETH	ELLIOTT	PEMBS HARRIERS	00:36:38	OM	25
11	334	ANN	THOMAS	TROTS	00:36:41	F35	40
12	367	DAVID	ASTINS	PEMBS TRI	00:37:14	OM	37
13	314	LES	CHAPMAN	AMMAN VALLEY	00:38:18	M50	58
14	315	KEVIN	TAYLOR	AMMAN VALLEY	00:38:31	M40	46
15	360	ALAN	PERKINS	PORT TALBOT HARRIERS	00:38:41	M50	56
16	304	MARK	TERRY	NONE	00:38:43	M50	50
17	340	ROB	WILLIAMS	INGLI RUNNERS	00:38:47	M40	41
18	361	ADRIAN	WEAVER	PORT TALBOT HARRIERS	00:38:48	OM	29
19	317	ERIC	DAVEY	LLANELLI AAC	00:38:54	M50	57
20	365	MARK	KALLENBERG	INGLI RUNNERS	00:39:03	M40	46
21	355	JOHN	SINNETT	PEMBS HARRIERS	00:39:09	M50	50
22	352	SHAN	ROBERTS	INGLI RUNNERS	00:39:13	F35	39
23	378	PETER	DAVIES	SARN HELEN	00:39:20	M50	52
24	383	MALCOLM	ADAMS	TROTS	00:39:26	M50	51
25	362	MARY	BOWEN REES	TROTS	00:39:36	F35	44
26	341	MARK	DUNSCOMBE	SARN HELEN	00:40:02	M40	45
27	351	CLAIRE	CLEATHERO	TROTS	00:40:27	OF	33
28	371	CALVIN	WILLIAMS	SARN HELEN	00:40:30	M40	45
29	300	BRIAN	JONES	NONE	00:40:32	M40	44
30	313	MICHAEL	HALSALL	NONE	00:40:50	OM	34
31	359	DAVE	GRIFFITHS	TROTS	00:40:55	M40	44
32	345	ALEX	ILYAT	PEMBS TRI	00:41:21	OM	26
33	370	JASON	WILKINS	CARDIGAN RC	00:41:31	OM	37

34	347	IAN	COOPER	PEMBS TRI	00:41:46	OM	22
35	377	CELIA	BOOTHMAN	PEMBS HARRIERS	00:42:10	OF	31
36	324	CHRIS	BIRCH	TROTS	00:42:12	M40	48
37	319	LINDY	EYNON	TROTS	00:42:20	F45	46
38	316	ROBERT	FOWLER	AMMAN VALLEY	00:42:42	M50	61
39	384	PAUL	PADGET	INGLI RUNNERS	00:43:02	M50	51
40	302	LOIS	REED	NONE	00:43:16	OF	26
41	366	DARREN	EVANS	PEMBS TRI	00:43:31	OM	23
43	301	JASON	WOODRUFF	NONE	00:43:55	OM	39
44	373	JANE	BUCK	CARDIGAN RC	00:44:02	F35	44
45	382	GARETH	JONES	SARN HELEN	00:44:22	M40	41
46	325	DAVID	NEEDHAM	HALLAMSHIRE	00:45:05	M50	60
47	330	BOB	SMITH	NONE	00:45:14	M40	46
48	374	LYN	REES	SARN HELEN	00:45:20	M50	57
49	308	ROLAND	SHERWOOD	AMMAN VALLEY	00:45:25	M50	61
50	379	ANDREW	EDGELL	SARN HELEN	00:45:41	OM	30
51	335	TERRY	GOVER	PEMBS TRI	00:45:50	M50	59
52	336	EDDIE	BATEMAN	PEMBS HARRIERS	00:46:11	M50	50
53	338	TOBY	ROGERS	INGLI RUNNERS	00:46:11	OM	28
54	375	ALAN	JOHNSTONE	INGLI RUNNERS	00:46:14	M50	59
55	343	MIKE	ALLEN	NONE	00:46:40	OM	38
56	376	HILARY	MCCARTHY	CARDIGAN RC	00:47:53	F35	40
57	321	DAVID	BREEZE	TROTS	00:48:28	M40	49
58	381	JAN	JONES	SARN HELEN	00:48:54	F35	42
59	350	TERESA	SHANKLIN	NONE	00:48:55	F35	43
60	368	TOM	FURNESS	TROTS	00:49:02	M50	
61	339	ALAN	WILLIAMS	NONE	00:49:41	OM	37
63	344	LON	MORGAN	TROTS	00:50:02	F45	49
64	346	MIKE	HODGES	TROTS	00:50:02	M50	54
65	357	PAULINE	THOMAS	TROTS	00:50:26	F45	
66	385	D	THOMAS	NONE	00:50:29	OM	35
67	337	FRANCES	COOKE	INGLI RUNNERS	00:51:31	OF	24
68	354	CARYL	DAVIES	SARN HELEN	00:52:07	OF	19
69	328	PATRICIA	JOHNSON	PEMBS HARRIERS	00:53:43	F35	43
70	369	LINDI	LLOYD	NONE	00:54:21	F35	38
71	331	PAULINE	CHARLETT	PEMBS HARRIERS	00:54:26	F45	45
72	327	LORRAINE	DYDE	PEMBS HARRIERS	00:55:29	F45	47
73	349	LISA	BEUDEN	NONE	00:57:03	F35	41
74	322	JAN	BELL	PEMBS HARRIERS	00:58:00	F45	62
75	318	GUDRUN	JONES	SARN HELEN	01:01:29	F45	49
76	348	FIONA	COOLING	NONE	01:04:08	F45	53

77	329	ALISON	GRIFFITHS	PEMBS HARRIERS	01:05:05	F35	37
78	320	BARBARA	THOMAS	PEMBS HARRIERS	01:05:06	F45	62
79	312	ALLEN	WATTS	SARN HELEN	01:20:00	M50	78
9999	303	ANDY	DUFFIELD	WEST CHESHIRE AC		M40	41
9999	333	CHRIS	SEXTON	INGLI RUNNERS		M40	43