

MERTHYR MAWR LANE 5km RESULTS – 30th May 2007

Organised by **Bridgend AC**. Thanks to **St Johns Ambulance**, **Merthyr Mawr Estate** and **Mr Tudor** (Farmer) and the **Tennis Club** for their support, and assistance of many **Bridgend AC** members and friends who helped out. See you on **Wednesday 8 May 2008!**

<u>Pos</u>	<u>No</u>	<u>Time</u>	<u>Name</u>	<u>Age</u>	<u>Club</u>	<u>Mob Pos</u>
1	18	14.53	Johnny Phillips	SM	Cardiff AAC	
2	1	15.00	Richard Gardiner	SM	Cardiff AAC	
3	17	19	Carwyn Jones	SM	Cardiff AAC	
4	90	50	Chris Discombe	SM	Les Croupiers RC	1
5	65	54	Julian Baker	SM	Les Croupiers RC	2
6	66	16.03	Stephen Paterson	SM	San Domenico RC	
7	94	05	Alex Fritsch	SM	Les Croupiers RC	3
8	47	08	Ian O'Leary	SM	Cardiff AAC	
9	480	15	Lee Ahearne	M40	Club 69	
10	452	23	Richie Bullen	M45	Les Croupiers RC	4
11	76	27	Steve Davies	SM	Swansea Harriers	
12	392	50	Nick Dukes	SM	Les Croupiers RC	5
13	80	17.06	Stuart Crees	SM	Les Croupiers RC	6
14	498	12	Chris Parker	M40	Swansea Harriers	
15	365	13	Ann Marie Hutchison	SL	Neath Harriers	
16	48	14	Phil George	SM	Les Croupiers RC	7
17	494	27	Adrian Woods	M45	Bridgend AC	8
18	495	28	Martin Webborn	M45	Swansea Harriers	
19	44	33	Matthew Parkes	SM	Bridgend AC	9
20	353	34	Mel Woodward	SL	Aldershot, F & D	
21	92	37	Huw Roberts	M50	Bridgend AC	10
22	16	43	Dee Buchanan	SM	u/a	
23	17	44	Daniel Harris	SM	Les Croupiers RC	11
24	78	47	Stephen Richards	SM	Swansea Harriers	
25	475	52	Mick McGeoch	M50	Les Croupiers RC	12
26	481	18.06	Rob Hunt	M40	Bridgend AC	13
27	478	07	Chris Bradshaw	M40	Brackla Harriers	14
28	397	13	Phil Jenkins	M40	Bridgend AC	15
29	89	20	Paul Jenkins	M40	u/a	
30	85	24	John Sizer	M45	u/a	
31	499	29	Ian McDonald	M40	San Domenico RC	
32	482	31	Bob Bamsey	M50	Neath Harriers	
33	489	35	Howard Carpenter	M50	Neath Harriers	
34	390	36	James Oakley	SM	u/a	
35	391	39	Joe Thomas	SM	Bridgend AC	16
36	470	41	Phil Meyler	M50	Pontypridd R	
37	71	45	Adrian Weaver	SM	Port Talbot H	
38	455	46	Clive Osmond	M45	Les Croupiers RC	17
39	43	52	Bryn Griffiths	SM	u/a	
40	472	54	Mike Murphy	SM	Les Croupiers RC	18
41	479	55	Dave Hughes	M40	Bridgend AC	19
42	474	58	Amos Davies	M40	Pontypridd Roadents	
43	393	59	Steve Morris	SM	u/a	
44	296	19.00	Frances Gill	ML45	Neath Harriers	
45	79	05	David Proud	SM	Les Croupiers RC	20
46	483	10	Phil Bamsey	M50	Neath Harriers	
47	97	12	Steve Brace	M45	Bridgend AC	21
48	467	14	Jeff Thomas	M40	Bridgend AC	22
49	461	19	Will John	M40	u/a	
50	12	22	Marcus Coles	SM	Les Croupiers RC	23

51	75	22	Andrew Cleverly	SM	Swansea Harriers	
52	469	24	Terry Caveney	M45	Les Croupiers RC	24
53	369	25	Paul Guard	SM	Brackla Harriers	25
54	486	27	Rob Evans	M50	Les Croupiers RC	26
55	464	35	Eirwyn Rees	M40	u/a	
56	493	36	John O'Shea	M50	Les Croupiers RC	27
57	295	36	Clare Phillips	ML35	Swansea Harriers	
58	477	39	Eurof Davies	M40	Les Croupiers RC	28
59	496	44	Steve Powell	M40	Port Talbot Harriers	
60	69	46	Alex Williams	SM	RRC	
61	290	48	Libby O'Duffy	ML35	Les Croupiers RC	29
62	86	53	Dave Rose	M40	Brackla Harriers	30
63	497	56	Alan Mann	M40	Les Croupiers RC	31
64	476	59	Simon Partridge	M50	Neath Harriers	
65	72	20.02	Robbie O'Shea	Jun M	u/a	
66	370	04	Matthew Hooper	Jun M	Cardiff AAC	
67	294	17	Julie Scholey	ML45	Les Croupiers RC	32
68	379	20	Angharad Mason	SL	Brackla Harriers	33
69	93	23	John Morgan	M40	Brackla Harriers	34
70	368	29	Clare Beatty	SL	Les Croupiers RC	35
71	13	40	Jamie Seekings	SM	Penarth & Dinas RC	
72	468	56	Steve Lewis	M45	Les Croupiers RC	36
73	376	57	Cheryl Hudgell	SL	u/a	
74	289	21.04	Debbie Cooke	ML40	Bridgend AC	37
75	14	09	Mark Brace	SM	Bridgend AC	38
76	299	10	Wendy Boon	ML45	Les Croupiers RC	39
77	471	13	Roger Davies	M50	Bridgend AC	40
78	352	18	Deborah Green	SL	Les Croupiers RC	41
79	292	19	Anne Follan	ML35	Pontypridd Roadents	
80	491	22	Jeff Aston	M60	Les Croupiers RC	42
81	473	24	Alan Jefferies	M60	Swansea Harriers	
82	91	26	Andrew Dunscombe	M40	Brackla Harriers	43
83	81	31	James Thomas	M40	Brackla Harriers	44
84	67	32	Phil Protheroe	SM	Brackla Harriers	45
85	253	38	Yvonne Bullen	ML40	Les Croupiers RC	46
86	87	40	Ray James	M45	Port Talbot Harriers	
87	366	47	Alice Johnston	Jun L	Cardiff AAC	
88	492	50	Wayne Preece	M50	u/a	
89	68	52	Ian Derrick	SM	Les Croupiers RC	47
90	15	54	Gareth Davies	SM	Brackla Harriers	48
91	395	56	Tony Burt	M60	Brackla Harriers	49
92	373	57	Charlotte Johns	ML40	Brackla Harriers	50
93	466	57	Richard Tidball	M40	Bridgend AC	51
94	398	22.00	Peter Maksimovic	M45	u/a	
95	288	04	Julie Lewis	ML50	Les Croupiers RC	52
96	484	15	John Cinnane	M50	100km Ass	
97	88	21	J Daniel	M45	Brackla Harriers	53
98	487	26	Andrew Sedgemon	M50	Les Croupiers RC	54
99	396	50	Nick Darrock	M45	Brackla Harriers	55
100	394	53	Keith Treharne	M60	Brackla Harriers	56
101	453	23.01	Ralph Davey	M60	Les Croupiers RC	57
102	84	06	Stephen Williams	M50	Les Croupiers RC	58
103	374	08	Libby Lavis	ML45	Brackla Harriers	59
104	378	29	Frances Williams	ML40	u/a	
105	297	55	Sharon Woods	ML45	Bridgend AC	60

106	77	24.02	David McDonald	SM	u/a	
107	460	07	Mitch Evans	M40	u/a	
108	485	15	Phil Bristow	M45	u/a	
109	95	29	Leighton Davies	SM	Brackla Harriers	61
110	73	35	Antoine Rodriguez	SM	u/a	
111	383	45	Sara Griffiths	SL	Neath Harriers	
112	463	49	Alistair Millar	M40	u/a	
113	372	59	Patricai Jones	ML50	Brackla Harriers	62
114	99	25.16	Vanessa Turnbull	ML40	u/a	
115	186	34	Liz Pearce	ML40	Brackla Harriers	63
116	74	50	M Davies	SM	u/a	
117	480	52	Russel Pullin	M60	Neath Harriers	
118	83	55	Don Holloway	M50	Brackla Harriers	64
119	462	56	Arwyn Jones	M50	u/a	
120	298	57	Paula James	ML35	Pontypridd Roadents	
121	287	26.43	Claire Jones	ML35	Brackla Harriers	65
122	371	48	Sarah Smiles	SL	Brackla Harriers	66
123	465	53	Simon Hudd	M40	u/a	
124	70	27.35	Ehab Taha	SM	u/a	
125	381	28.00	Leslie Alexander	ML45	Brackla Harriers	67
126	351	13	Katie Jones	Jun L	u/a	
127	380	23	Pat Stanley	ML50	Brackla Harriers	68
128	255	30	Tricia Davidson	ML50	Brackla Harriers	69
129	377	40	Paula Thomas	ML45	Brackla Harriers	70
130	293	29.54	Gill Murphy	ML50	Les Croupiers RC	71
131	367	31.02	Katie Deverson	SL	u/a	
132	82	34.21	Gareth Acreman	M40	u/a	
133	375	45	Shirley Rose	ML40	Brackla Harriers	72

Teams Men – 4 to score

1.	Cardiff AAC	1	2	3	8	=	14 points
2.	Les Croupiers RC	4	5	7	10	=	26 points
3.	Swansea Harriers	11	14	18	24	=	67 points
4.	Bridgend AC	17	19	21	26	=	83 points
5.	Neath Harriers	32	33	46	64	=	175 points
6.	Brackla Harriers	27	53	62	69	=	211 points

Women – 3 to score

1.	Les Croupiers	5	6	8	=	19 points
2.	Neath Harriers	1	3	21	=	25 points
3.	Brackla Harriers	7	16	18	=	41 points

Mob Match Scoring

Les Croupiers 1, 2, 3, 4, 5, 6, 7, 11, 12, 17, 18, 20, 23, 24, 26, 27, 28, 29,
(32 runners) 31, 32, 35, 36, 39, 41, 42, 46, 47, 52, 54, 57, 58, & 71 = **904 points**

Bridgend & Brackla 8, 9, 10, 13, 14, 15, 16, 19, 21, 22, 25, 30, 33, 34, 37, 38, 40, 43, 44, 45,
(40 runners) 48, 49, 50, 51, 53, 55, 56, 59, 60, 61, 62, 63, [64, 65, 66, 67, 68, 69, 70, 72] = **(1183 – 36*)**
= **1147 points**

* NEW MOB MATCH SCORING RULE FOR 2007 (& BEYOND)

Every runner a team finishes, beyond the last scoring team member of the opponents, there will be a deduction the following - 1 point for 1 runner, 2 points for 2 runners, 3 points for 3 runners etc. Therefore Bridgend & Brackla had 8 extra runners this year therefore $1 + 2 + 3 + 4 + 5 + 6 + 7 + 8 = 36$ points is deducted from the score. This rule gives a team an incentive to get as many runners to compete as possible.

MERTHYR MAWR LANE 5km - WINNERS – 2007

	Name	Club	Time	
<u>Men</u>				
1 st	Johnny Phillips	Cardiff AAC	14:53	
2 nd	Richard Gardiner	Cardiff AAC	15:00	
3 rd	Carwyn Jones	Cardiff AAC	15:19	
<u>u20 Man</u>				
1 st	Robbie O`Shea	Unattached	20:02	
<u>40+ Man</u>				
1 st	Lee Ahearne	Club 69	16:15	
<u>50+ Man</u>				
1 st	Huw Roberts	Bridgend AC	17:37	
<u>Team (4 to score)</u>				
1 st	Cardiff AAC	Johnny Phillips Carwyn Jones	Richard Gardiner Ian O`Leary	
<u>Women</u>				
1 st	Ann Marie Hutchison	Neath Harriers	17.13	
2 nd	Mel Woodward	Aldershot F & D	17.34	
3 rd	Libby O`Duffy	Les Croupiers	19.48	
<u>u20 Woman</u>				
1 st	Alice Johnston	Cardiff AAC	21.47	
<u>35+ Woman</u>				
1 st	Clare Phillips	Swansea Harriers	19.36	
<u>45+ Woman</u>				
1 st	Francis Gill	Neath Harriers	19.00	
<u>Team (3 to score)</u>				
1 st	Les Croupiers	Libby O`Duffy Clare Beatty	Julie Scholey	

Course Records

Senior Men	Richard Gardiner	Cardiff AAC	14:48	2005
Masters 40+	Andy Eynon	Bridgend AC	15.41	2004
Masters 50+	Huw Roberts	Bridgend AC	17:37	2007
Masters 60+	Jon Kersting	Swansea Harriers	19.51	2005
Junior Man	Jonathan Butler	Swansea Harriers	16.44	2006
Senior Ladies	Catherine Dugdale	Swansea Harriers	16.49	2006
Master Ladies 35+	Satu Haikala	Brecon AC	18.32	2005
Master Ladies 45+	Frances Gill	Neath Harriers	19.00	2007
Junior Ladies	Alice Johnston	Cardiff AAC	21.47	2007

For any queries regarding this event or Bridgend AC please contact Steve Brace on:-

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