

Sarn Helen Hill Race 2007 - 16.5miles

| <u>No.</u> | <u>Position</u> | <u>Name</u> | <u>Club</u> | <u>Age</u> | <u>Class</u> | <u>Time</u> |
|------------|-----------------|-------------------|----------------------|------------|--------------|-------------|
| 226 | 1 | Mike Evans | Cardiff AC | 32 | M | 1.50.52 |
| 240 | 2 | Glyn Price | Sarn Helen | 40 | M40 | 1.51.17 |
| 212 | 3 | Keegan Galleymore | Sarn Helen | 21 | M | 1.58.59 |
| 245 | 4 | Kevin Griffiths | Trots | 43 | M40 | 2.00.15 |
| 201 | 5 | Ann Thomas | Trots | 40 | F35 | 2.00.41 |
| 243 | 6 | Les Hewitson | Ingli Runners | 43 | M40 | 2.00.56 |
| 249 | 7 | Andrew Abbott | Sarn Helen | 35 | M | 2.02.48 |
| 232 | 8 | David Headon | Les Croupiers | 47 | M40 | 2.04.21 |
| 211 | 9 | Chris Fulcher | Port Talbot Harriers | 39 | M | 2.05.01 |
| 203 | 10 | Phoebe Webster | UWA | 26 | F | 2.07.35 |
| 206 | 11 | Mick Ligema | Ludlow Runners | 51 | M50 | 2.08.17 |
| 222 | 12 | Dave Powell | Aberystwyth AC | 46 | M40 | 2.08.32 |
| 215 | 13 | Mark Dunscombe | Sarn Helen | 45 | M40 | 2.08.48 |
| 235 | 14 | Clifford Evans | Aberystwyth Uni | 48 | M40 | 2.09.14 |
| 250 | 15 | Richard Marks | Sarn Helen | 57 | M50 | 2.10.14 |
| 248 | 16 | Haydn Lloyd | Sarn Helen | 35 | M | 2.10.27 |
| 246 | 17 | Geoff Oldrid | Aberystwyth AC | 52 | M50 | 2.10.48 |
| 244 | 18 | Tony Hall | Sarn Helen | 52 | M50 | 2.12.29 |
| 239 | 19 | Huw Price | Sarn Helen | 44 | M40 | 2.12.35 |
| 210 | 20 | Charles Thomas | Port Talbot Harriers | 32 | M | 2.13.44 |
| 233 | 21 | Graham Colvin | 3M's Gorseinon RR | 44 | M40 | 2.16.12 |
| 202 | 22 | Shan Roberts | Ingli Runners | 39 | F35 | 2.16.43 |
| 236 | 23 | Hywel Jones | | 45 | M40 | 2.17.18 |
| 231 | 24 | Murray Kisbee | Sarn Helen | 57 | M50 | 2.18.46 |
| 227 | 25 | Dorian Jones | Talog Champs | 25 | M | 2.23.00 |
| 221 | 26 | Louise Barker | Aberystwyth AC | 32 | F | 2.23.05 |
| 247 | 27 | Peter Davies | Sarn Helen | 52 | M50 | 2.23.29 |
| 219 | 28 | Sean Treloar | Port Talbot Harriers | 39 | M | 2.26.18 |
| 223 | 29 | Tasha Sexton | Ingli Runners | 33 | F | 2.29.06 |
| 216 | 30 | Mark Davies | Port Talbot Harriers | 39 | M | 2.29.23 |
| 217 | 31 | Alan Perkins | Port Talbot Harriers | 56 | M50 | 2.31.57 |
| 224 | 32 | Chris Sexton | Ingli Runners | 43 | M40 | 2.37.17 |

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|-----|----|------------------|----------------------|----|-----|---------|
| 241 | 33 | Huw Rowcliffe | Sarn Helen | 18 | M | 2.39.42 |
| 225 | 34 | Andrew Edgell | Sarn Helen | 30 | M | 2.40.46 |
| 207 | 35 | Eric Rees | Sarn Helen | 35 | M | 2.42.28 |
| 208 | 36 | Roland Sherwood | Amman Valley | 61 | M50 | 2.43.00 |
| 251 | 37 | Alan Johnstone | Ingli Runners | 59 | M50 | 2.43.22 |
| 205 | 38 | Ray Davies | Pontypridd | 48 | M40 | 2.43.37 |
| 253 | 39 | Ray James | Port Talbot Harriers | 46 | M40 | 2.43.43 |
| 238 | 40 | Gareth Jones | Sarn Helen | 41 | M40 | 2.45.35 |
| 214 | 41 | Lyn Rees | Sarn Helen | 57 | M50 | 2.48.20 |
| 242 | 42 | Robin Barlow | Sarn Helen | 56 | M50 | 2.49.28 |
| 218 | 43 | Carol Moseley | Port Talbot Harriers | 30 | F | 2.51.01 |
| 213 | 44 | Peter Harding | Carmarthen Harriers | 67 | M50 | 2.52.27 |
| 220 | 45 | Caryl Davies | Sarn Helen | 19 | F | 2.53.11 |
| 252 | 46 | Hilary Mc Carthy | Cardigan | 40 | F35 | 2.55.51 |
| 230 | 47 | Mike Hodges | Trots | 54 | M50 | 3.03.23 |
| 229 | 48 | Pauline Charlett | Pembs Harriers | 45 | F45 | 3.25.52 |
| 234 | 49 | Gudrun Jones | Sarn Helen | 49 | F45 | 3.32.21 |
| 228 | 50 | Darbara Thomas | Pembs Harriers | 62 | F45 | 3.37.26 |
| 204 | | David Phillips | Pembs Harriers | 63 | M50 | DNS |
| 209 | | Irfon Thomas | Sarn Helen | 18 | M | DNF |
| 237 | | Janet Jones | Sarn Helen | 41 | F35 | DNF |