

Sarn Helen Hill Race 2006 - 16.5 Miles

Position	Name	Club	Class	Time
1	Matthew Collins	Cardiff A C	OM	1.45.17
2	Steve Rees	Port Talbot Harriers	OM	1.48.59
3	Joe Blackett	Dark Peak Fell Runners	M40	1.50.06
4	Michael Davies	U.W.A Harriers	OM	1.53.43
5	Mike Evans	Trots	OM	1.55.59
6	Carwyn Thomas	Sarn Helen	OM	1.56.12
7	Kevin Griffiths	Trots	M40	1.59.08
8	Les Hewitson	Ingli Runners	M40	2.00.11
9	Tom Morgan	Mynydd - Du	M40	2.01.37
10	Tony Robson	Pennine F R	OM	2.02.52
11	Glyn Price	Sarn Helen	OM	2.03.51
12	Ann Thomas	Trots	F35	2.04.22
13	David Headon	Les Croupiers	M40	2.04.45
14	Phil Adams	Neath Harriers	M40	2.05.32
15	Keegan Galleymore	None	OM	2.06.38
16	Dave Powell	None	M40	2.07.24
17	Stephen Powell	Port Talbot Harriers	M40	2.09.15
18	Mark Dunscombe	Sarn Helen	M40	2.09.32
19	Chris Fulchers	Port Talbot Harriers	OM	2.10.03
20	Jamie Thomas	Sarn Helen	OM	2.10.55
21	Paul Edwards	None	M40	2.11.11
22	Huw Price	Sarn Helen	M40	2.11.25
23	Shan Roberts	Ingli Runners	F35	2.12.00
24	Gareth Ayres	Port Talbot Harriers	OM	2.12.26
25	Lynn Green	Ingli Runners	F45	2.13.50
26	Haydn Lloyd	Sarn Helen	OM	2.14.30
27	Peter Davies	Sarn Helen	M50	2.14.56
28	Stephen Jones	Islwyn	M40	2.15.51
29	Roger Chamberlain	Sir Chinmoy A C	OM	2.17.21
30	Alan Perkins	Port Talbot Harriers	M50	2.22.19
31	Louise Barkers	Aberystwyth A C	OF	2.23.01
32	Tony Holling	Port Talbot Harriers	M50	2.23.20

33	Chris Wride	Teignbridge Trotters	M40	2.24.24
34	Dylan Davies	Sarn Helen	OM	2.27.04
35	Ray Davies	Pontypridd Roadents	M40	2.28.34
36	Gary Gunner	Croft Ambrey	M50	2.28.55
37	Jane Buck	Cardigan A C	F35	2.30.35
38	Eric Rees	Sarn Helen	OM	2.31.53
39	Ray James	Port Talbot Harriers	M40	2.32.01
40	Martin Dyde	Pembs Harriers	M40	2.33.00
41	Kev Joyce	Pembs Harriers	M40	2.34.59
42	David Oak	Port Talbot Harriers	M50	2.36.15
43	Helen Walker	Pembs Harriers	F45	2.37.31
44	Jenny Gray	Port Talbot Harriers	OF	2.39.14
45	Peter Harding	Carmarthen Harriers	M50	2.39.28
46	Robin Barlow	Sarn Helen	M50	2.45.41
47	Alan Johnstone	Ingli Runners	M50	2.46.24
48	Malcolm Leitch	None	M50	2.48.07
49	William Darby	Mynydd - Du	M50	2.51.28
50	Charles Walsh	Port Talbot Harriers	OM	2.52.03
51	Jan Jones	Sarn Helen	F35	2.56.35
51	Gareth Jones	Sarn Helen	M40	2.56.35
53	Sue Lloyd	Pembs Harriers	F35	3.00.12
54	Hilary O'Shea	Abingdon	F45	3.02.14
55	Caryl Davies	Sarn Helen	OF	3.03.48
56	Denis Collins	Rhondda Valley Runners	M40	3.04.10
57	Jan Younger	Pembs Harriers	F45	3.04.58
58	Pauline Charlett	Pembs Harriers	F35	3.20.32
59	Allen Watts	Sarn Helen	M50	4.34.21
	Gudrun Jones	Sarn Helen	F45	DNF
	Alison Griffiths	Pembs Harriers	F35	DNF
	Jan Bell	Pembs Harriers	F45	DNF
	Barbara Thomas	Pembs Harriers	F45	DNF

1st TEAM - SARN HELEN

Carwyn Thomas

Glyn Price

Irfon Thomas

Huw Price