

SARN HELEN HILL RACE 2000 REULTS 16.5 M COURSE A
 POS

NAME	CLUB	CLASS	TIME		
				1	
MALCOLM ADAMS	TROT	M40+	1st	1.46.31	
				2	
ERIC REES	SARN HELEN	M18-39	1st	1.52.20	
				3	
KEVIN TAYLOR	AMMAN VALLEY	M18-39	2nd	1.57.47	
				4	
LES HEWITSON	CARDIGAN	M18-39	3rd	1.58.40	
				5	
LESLEY CHAPMAN	AMMAN VALLEY	M40+	2nd	1.58.42	
				6	
DAVID THOMAS	SARN HELEN	M18-39		2.00.28	
				7	
HAYDN LLOYD	SARN HELEN	M18-39		2.01.02	
				8	
MARTIN DYDE	CLEDDAU	M40+	3rd	2.01.22	
				9	
JONATHON ACKERMAN-MARTIN	CARDIGAN	M40+		2.01.45	
				10	
LYN REES	SARN HELEN	M40+		2.02.35	
				11	
COLIN EVANS	M.D.C.	M18-39		2.06.17	
				12	
ROBERT FOWLER	AMMAN VALLEY	M40+		2.07.30	
				13	
TONY HALL	SARN HELEN	M40+		2.08.44	
				14	
HYWEL JONES	AMMAN VALLEY	M18-39		2.09.33	
				15	
MARK DUNSCOMBE	MERTHYR HARRIERS	M18-39		2.14.00	
				16	
CALVIN WILLIAMS	SARN HELEN	M18-39		2.16.25	
				17	
GEOFF THOMAS	CARMARTHEN HARRIERS	M40+		2.17.52	
				18	
ANDREW JAMES	SARN HELEN	M18-39		2.18.04	
				19	
JAMIE BIGGS	SARN HELEN	M18-39		2.20.09	
				20	
LYN GREEN	CARDIGAN	F35+	1st	2.20.29	
				21	
RICHARD JAMES	CARDIGAN	M18-39		2.23.32	
				22	
EMMA JONES	CARDIGAN	F18-34	1st	2.24.24	
				23	
RON MORGAN	TROT	M40+		2.37.27	
				24	

DAVID ROSSER	AMMAN VALLEY	M40+		2.39.38
			25	
LON MORGAN	TROT	F35+	2nd	2.40.50
			26	
MICHAEL CATLING	ROAD RUNNER CLUB	M40+		2.50.38
			27	
PETE RICHARDS	STEYING AC	M40+		2.50.46
			28	
ANDREW ABBOTT	SARN HELEN	M18-39		2.53.08
			29	
HEULWEN JAMES	CARDIGAN	F18-34	2nd	2.54.05
			30	
MARGARET BOUCHER	TROT	F35+	3rd	3.05.59
			31	
ALLEN WATTS	SARN HELEN	M40+		3.29.18