

### Felinfach Race 2010 6miles

<u>No.</u>	<u>Position</u>	<u>Name</u>	<u>Club</u>	<u>Age</u>	<u>Class</u>	<u>Time</u>
351	1	Michael Kallenburg	Carmarthen Harriers	19	M	30.53
347	2	Lee Ladd	Carmarthen Harriers	21	M	31.23
342	3	Jack Davey	Carmarthen Harriers	22	M	32.02
317	4	Glyn Price	Sarn Helen	43	M40	32.56
320	5	Michael Davies	Sarn Helen	41	M40	34.33
378	6	Dafydd Davies	UWA Harriers	27	M	34.34
364	7	Edward Fletcher	Aberystwyth Uni	30	M	34.36
359	8	Gethin Holland	Aberystwyth AC	18	M	34.50
326	9	Jamie Biggs		37	M	34.52
389	10	Carwyn Thomas	Sarn Helen	22	M	35.35
341	11	Felipe Jones	Aberystwyth AC	34	M	35.36
377	12	Dylan Lewis	UWA Harriers	27	M	35.49
348	13	Rhys Harries	Cardigan RC	23	M	36.17
355	14	Simon Hall	Sarn Helen	30	M	36.35
337	15	Ann Thomas	Trots	43	F35	36.36
310	16	Daniel Hooper	Sarn Helen	36	M	36.47
322	17	Mark Dunscombe	Sarn Helen	48	M40	36.55
334	18	Clifford Evans	Aberystwyth Uni	52	M50	37.25
321	19	Norman Biggs	Aberystwyth AC	39	M	37.22
379	20	Gareth Elliott	Pembs Harriers	28	M	37.35
381	21	Richard Marks	Sarn Helen	60	M50	37.42
376	22	Keith Powell	Cornelly Striders	57	M50	37.43
390	23	Teifion Davies	Dyffryn Teifi	16	M	37.59
319	24	Huw Price	Sarn Helen	47	M40	38.00
382	25	Jonathan Jones	Carmarthen Harriers	40	M40	38.07
352	26	Tony Hall	Sarn Helen	55	M50	38.09
305	27	Terry Davies		34	M	38.33
385	28	Martin Davies	Trots	28	M	38.46
371	29	Barry Owen	Rhedwyr Emlyn	35	M	39.03
323	30	Gordon Orme	Cardigan RC	67	M50	39.30
302	31	Joanne Thatcher	Aberystwyth AC	41	F35	39.32
328	32	Tim John	Trots	37	M	39.42
369	33	Ian Evans	Aberystwyth AC	31	M	40.20
339	34	Jason Wilkins	Cardigan RC	40	M40	40.42
335	35	Kev Joyce	Pembs Harriers	45	M40	40.47
353	36	Dee Jolly	Sarn Helen	23	F	40.52
318	37	Michael Halsall	Llanelli AC	37	M	40.54
357	38	Laurence Worth	Pembs Harriers	47	M40	41.08
340	39	John Gwynn Evans	Aberystwyth AC	64	M50	41.16

386	40	Mark Kallenberg		49	M40	41.24.26
373	41	Andrew Edgell	Sarn Helen	33	M	41.24.93
388	42	David Thomas	Sarn Helen	47	M40	41.37
358	43	Clive Evans	Aberystwyth AC	63	M50	41.42
365	44	Alyson Hayes	Cardigan RC	40	F35	41.56
349	45	Gari Thomas	Rhedwyr Emlyn	43	M40	42.04
307	46	Gwydion Williams		16	M	42.20
380	47	Dave Griffiths	Trots	47	M40	42.26
368	48	Tony Wenlock	Aberystwyth AC	55	M50	42.27
372	49	Goronwy Evans	Aberystwyth	53	M50	42.38
336	50	Lindy Eynon	Trots	49	F45	42.43
325	51	Tony George	Cardigan RC	52	M50	42.52
361	52	Kevin Holland	Aberystwyth AC	51	M50	43.23
375	53	Gwen Morris		25	F	44.08
374	54	Phoebe Pender	Aberystwyth AC	21	F	44.36
344	55	Gareth Jones	Sarn Helen	44	M40	45.14
306	56	Ormond Williams		50	M50	46.15
346	57	Jane Wilkins	Cardigan RC	47	F45	46.36
366	58	Mike Hodges	Trots	57	M50	46.43
343	59	Rhian Jones		42	F35	46.47
311	60	Mary Williams		40	F35	47.44
316	61	Helen Willoughby	Sarn Helen	45	F45	47.48
367	62	David James	Aber	62	M50	48.02
362	63	Alison Griffiths	Pembs Harriers	40	F35	48.55
370	64	Adriano Evola	Aberystwyth	51	M50	49.38
391	65	Hilary Mc Carthy	Cardigan RC	43	F35	49.44
356	66	Wayne Jones		45	M40	50.39
384	67	Lidia De Orte Zinenez	Rhedwyr Emlyn	28	F	51.12
309	68	Edward Bateman	Pembs Harriers	53	M50	51.20
345	69	Jan Jones	Sarn Helen	45	F45	51.35
383	70	Heulwen James	Rhedwyr Emlyn	43	F35	52.09
350	71	Sue Thomas		42	F35	52.54
312	72	Alun Samuel		45	M40	53.11
387	73	Bob Elliott	Pembs Harriers	57	M50	53.30
313	74	Neil Mathias		43	M40	54.59
329	75	Tony Herron		50	M50	56.26
332	76	Gudrun Jones	Sarn Helen	52	F45	57.50.19
363	77	Jan Bell	Pembs Harriers	65	F45	57.50.93
338	78	Helen Davies		26	F	58.53
303	79	Iona Seymour		66	F45	63.46
330	80	Minna Vanbeck			F35	68.53

308	81	Alan Watts	Sarn Helen	81	M50	80.03
304		Menna Davies		31	F	DNS
1st Team Carmarthen Harriers						