

## RAS CWRTNEWYDD 2002 4 MILE RESULT

POS NAME CLUB CLASS TIME 1

ANDREW ABBOT SARN HELEN M 1st 22.23 2 LES HEWITSON CARDIGAN AC M 2nd 22.52 3  
DAVID WARREN CARDIGAN AC M V 1st 23.18 4 IAN WILLIAMS TROTS M 23.36 5 PAUL ROSE  
CARDIGAN AC M 23.47 6 TONY HALL SARN HELEN M V 2nd 24.24 7 HAYDN LLOYD SARN  
HELEN M 24.43 8 CALVIN WILLIAMS SARN HELEN M V 25.18 9 DYLAN DAVIES SARN HELEN  
M 25.27 10 DAVID THOMAS SARN HELEN M 25.42 11 MICHAEL REES CARDIGAN AC M 25.51 12  
DEBBIE PHILLIPS PEMBROKSHIRE HARRIERS F V 1st 25.52 13 JAMIE BIGGS NONE M 25.56 14  
LYN REES SARN HELEN M V 26.06 15 KEITH THOMAS NONE M V 26.12 16 ANDREW JAMES SARN  
HELEN M 26.16 17 ERIC REES SARN HELEN M 26.39 18 JOHN COLLINS SWANSEA HARRIERS M V  
26.45 19 DAWN KENWRIGHT SARN HELEN F V 2nd 26.50 20 ROBERT DYDE PEMBROKSHIRE  
HARRIERS M 26.56 21 NICHOLAS GWYNNE TROTS M 27.02 22 JON PHILLIPS PEMBROKSHIRE  
HARRIERS M V 27.17 23 CYRIL WALTERS TROTS M V 27.35 24 MARTIN DYDE PEMBROKSHIRE  
HARRIERS M V 27.41 25 CLIVE EVANS ABERYSTWYTH AC M V 27.50 26 LYNN GREEN CARDIGAN A  
C F V 27.53 27 BRIAN THOMAS SARN HELEN M V 28.01 28 JAMIE THOMAS NONE M 28.10 29  
RICHARD MARKS SARN HELEN M V 28.47 30 RON MORGAN TROTS M V 29.12 31 DEWI JONES  
NONE M 29.18 32 SULWYN JENKINS NONE M 29.49 33 DYLAN DAVIES NONE M 30.15 34 JANE  
BUCK CARDIGAN AC F V 31.06 35 GARETH JONES SARN HELEN M 31.35 36 CAROL HOWARD  
PEMBROKSHIRE HARRIERS F V 31.42 37 DORIAN REES NONE M 32.01 37 BRYN WILLIAMS NONE  
M 32.01 39 WENDY DAVIES SARN HELEN F 1st 32.52 39 KELVIN EVANS NONE M 32.52 41  
LORRAINE DYDE PEMBROKSHIRE HARRIERS F V 34.03 42 EMYR JONES SARN HELEN M V 34.12 43  
DALLAS WISEMAN SARN HELEN M 34.19 44 JAN YOUNGER PEMBROKSHIRE HARRIERS F V 35.18  
45 DAFYDD MORGAN SARN HELEN M 41.51 46 FRANCIS MORGAN SARN HELEN F 2nd 41.53  
47 EIRIAN DAVIES NONE M V 41.54 48 PAT SHERWOOD AMMAN VALLEY HARRIERS F V 45.03