

Welsh Women's Road Relays, staged at Bridgend, Saturday 13th October 1979.

Senior Relay.

- Winners - Cardiff Amateur Athletic Club - 36 mins 36 secs
(T. Kenward - 9.00; B. Thomas - 9.05; D. Davies - 9.22;
A. Blakey - 9.09).
- 2nd - Newport Harriers Athletic Club - 40 mins
(C. Francis - 9.37; S. Egan - 10.28; S. Miller - 10.17;
L. Jones - 9.38).
- 3rd - Cardiff Amateur Athletic Club "B" - 40 mins 46 secs
(L. Marchetti - 9.54; H. Challinder - 10.35;
C. Yardley - 10.10; G. Cox - 10.07).
- 4th - Bridgend YMCA Athletic Club - 42 mins 30 secs
(T. Woods - 10.16; E. Francis - 11.14; A. Parkes - 11.04;
B. Thomas - 9.56).

Did not finish :

- Newport Harriers Athletic Club "B"
(G. Hoyle - 10.57; A. Simmons - 14.06; C. Simmons - 13.40)
- Torfaen Amateur Athletic Club
(L. Gummer - 10.58; D. Cooper - 13.11; A. Brooks - 12.44)

Fastest Lap - T. Kenward (Cardiff Amateur AC) - 9 mins

Junior Women's Relay Championships.

- Winners - Cardiff Amateur Athletic Club - 30 mins 26 secs
(J. Thomas - 7.34; L. Yardley - 7.29; H. Brenton - 7.34;
K. Roderick - 7.49).
- 2nd - Bridgend YMCA Athletic Club - 31 mins 23 secs
(S. Rees - 8.02; D. Lewis - 8.14; T. Hanford - 7.47;
J. Jones - 7.20).
- 3rd - Cardiff Amateur Athletic Club "B" - 32 mins 5 secs

Junior Women's Relay (contd)

- 3rd - Cardiff Amateur Athletic Club "B" - 32 mins 5 secs
(F. Harwood - 7.42; S. Porter - 7.52; D. Heaven - 7.54;
G. Salmon - 8.37).
- 4th - Torfaen Amateur Athletic Club - 32 mins 21 secs
(S. Davies - 7.32; A.N. Smith - 8.02; S. Robinson - 8.23;
A.L. Smith - 8.24).
- 5th - Cardiff Amateur Athletic Club "C" - 32 mins 39 secs
(J. Brenton - 8.06; A. Baker - 8.08; D. Penny - 8.19;
C. Brookes - 8.06).
- 6th - Newport Harriers Athletic Club - 33 mins 33 secs
(E. Green - 8.01; J. Edwards - 8.23; J. Dorey - 8.50;
K. Davies - 8.19).
- 7th - Bridgend YMCA Athletic Club "B" - 36 mins 1 sec
(C. Lewis - 8.36; J. Meadows - 9.37; H. Bajzek - 8.45;
S. Morris - 9.03).
- 8th - Torfaen Amateur Athletic Club "B" - 37 mins 42 secs
(A. Whitehouse - 8.00; T. Bevan - 8.34;
F. Huntbach - 8.58; J. Lewis - 12.10).

Fastest Lap - J. Jones (Bridgend YMCA AC) - 7 mins 20 secs

Girls Relay Championships.

- Winners - Port Talbot Harriers & AC - 22 mins 6 secs
(C. Phillips - 6.02; C. Corish - 5.09; S. James - 5.49;
D. Crowley - 5.08).
- 2nd - Cardiff Amateur Athletic Club - 22 mins 44 secs
(Z. Hassan - 5.51; A. Stephens - 5.50; H. Newman - 5.24;
M. Davies - 5.39).
- 3rd - Torfaen Amateur Athletic Club - 23 mins 2 secs

Girls Relay Championships (contd)

- 3rd - Torfaen Amateur Athletic Club - 23 mins 2 secs
(J. Evans - 5.35; C. Lewis - 5.40; S. Bagley - 5.49;
C.J. Taylor - 5.58).
- 4th - Torfaen Amateur Athletic Club "B" - 23 mins 30 secs
(J. Woolfall - 5.44; C.S. Taylor - 5.53;
S. Short - 5.55; S. Taylor - 5.58).
- 5th - Cardiff Amateur Athletic Club "B" - 23 mins 38 secs
(R. Walbey - 5.49; M. Wilkins - 5.54; J. James - 6.05;
D. Pitter - 5.50).
- 6th - Bridgend YMCA Athletic Club - 23 mins 58 secs
(A. Lewis - 6.08; K. Morris - 5.55; H. Beer - 6.08;
L. Hopkins - 5.47).
- 7th - Bryn Celynog Comprehensive School - 24 mins 38 secs
(J. Thompson - 5.40; M. Jenkins - 5.55; J. Williams - 6.03;
T. Sheppard - 7.00).
- 8th - Torfaen Amateur Athletic Club "C" - 25 mins 44 secs
(J. Gibbs - 6.24; M. Gibbs - 6.35; J. Moss - 6.27;
J. Bright - 6.18).

Did not finish :

- Torfaen Amateur Athletic Club "D"
(D. Corner - 5.59; T. Lewis - 6.47; K. Jones - 6.20).
- Newport Harriers Athletic Club
(P. Stanbury - 6.15; J. Murphy - 6.14; A. Davies - DNF).

Fastest Lap - D. Crowley (Port Talbot H & AC) - 5 mins 8 secs
