

PEMBROKESHIRE

HARRIERS

NEYLAND MULTI TERRAIN

10KM 2006

Pos	No	First	Name	Club	Time	Cat	Age
1	8	CARWYN	JONES	UWA HARRIERS	00:34:12	OM	26
2	71	CARWYN	THOMAS	SARN HELEN	00:36:40	OM	18
3	11	MICHAEL	DAVIES	UWA HARRIERS	00:36:49	OM	37
4	23	STEPHEN	THOMAS	NONE	00:38:42	M40	44
5	25	ROGER	COOMBS	TROTS	00:39:04	M40	40
6	43	MATT	BROWN	PEMBS TRI	00:39:24	OM	16
7	70	SIMON	LOUGHNANE	NONE	00:39:35	OM	30
8	72	JAMES	THOMAS	SARN HELEN	00:40:07	OM	24
9	3	ANN	THOMAS	TROTS	00:40:08	F35	38
10	52	PATRICK	MARTIN	PEMBS TRI	00:40:28	OM	23
11	22	GARETH	ELLIOT	PEMBS HARRIERS	00:40:52	OM	23
12	66	DAVE	GRIFFITHS	TROTS	00:40:54	M40	43
13	45	MARK	DUNSCOMBE	SARN HELEN	00:41:02	M40	44
14	60	ROGER	DEVONALD	PEMBS TRI	00:41:15	M40	40
15	64	MARY	BOWEN REES	TROTS	00:41:20	F35	43
16	36	PAUL	SLACK	NONE	00:41:24	OM	38
17	19	KAT	DRIVER	PEMBS HARRIERS	00:41:44	OF	29
18	46	CYRIL	WALTERS	TROTS	00:41:58	M50	58
19	42	NICK	BROWN	PEMBS TRI	00:42:05	M40	48
20	63	ELLIE	JONES	PEMBS TRI	00:43:31	OF	25
21	68	LIAM	BOWDEN	PEMBS HARRIERS	00:43:34	OM	17
22	47	DAVID	PRICE	LES CROUPIERS	00:43:46	M40	41
23	13	MALCOLM	HOWELLS	SOSPAN ROAD RUNNERS	00:43:58	M50	63
24	33	MARTIN	JONES	NONE	00:44:16	OM	23
25	69	ADRIAN	HAWORTH	NONE	00:44:26	OM	37
26	21	TASHA	SEXTON	NONE	00:44:45	OF	32
27	50	DEAN	BROWN	NONE	00:45:07	OM	35
28	37	CARLTON	COATES	NONE	00:45:10	M40	42
29	34	IAN	VICKERY	NONE	00:45:13	M40	44
30	17	CHRIS	BIRCH	NONE	00:45:16	M40	47
31	7	KEV	JOYCE	NONE	00:45:22	M40	40

32	41	DAVID	GILLARD	NONE	00:45:44	OM	33
33	32	CHRIS	HILL	NONE	00:46:03	OM	27
34	39	E	BATEMAN	PEMBS HARRIERS	00:47:05	M40	49
35	44	BOB	SMITH	NONE	00:47:26	M40	45
36	74	MARTIN	LOW	NONE	00:47:30	M50	58
37	65	MIKE	ALLEN	NONE	00:47:46	OM	37
38	9	ROGER	SANDLAND	TELFORD AC	00:47:55	M50	65
39	48	SIMON	REYNOLDS	NONE	00:47:58	M40	44
40	18	JOHN	KENDAL	NONE	00:48:04	M40	48
41	5	HELEN	WALKER	PEMBS HARRIERS	00:48:07	F35	50
42	35	BEN	MCDONNELL	NONE	00:48:08	OM	28
43	1	MICHAEL	HALSALL	NONE	00:48:08	OM	32
44	12	LINDY	EYNON	TROTS	00:48:29	F35	45
45	61	GARETH	JONES	SARN HELEN	00:48:37	M40	40
46	14	ANN	POWELL	TROTS	00:48:43	F35	50
47	73	LAURENCE	WORTH	PEMBS HARRIERS	00:48:55	M40	43
48	20	CHRIS	SEXTON	NONE	00:49:11	M40	42
49	26	LUCY	ELCOMB	PEMBS TRI	00:49:34	OF	28
50	6	CLIVE	JAMES	MIDLAND MASTERS	00:49:40	M50	59
51	15	RICHARD	INCLEDON	NONE	00:49:44	M40	45
52	49	ALAN	JOHNSTONE	INGLI RUNNERS	00:49:56	M50	58
53	51	SOPHIE	BRILLARD	INGLI RUNNERS	00:50:29	OF	20
54	55	CHRIS	DAVIES	NONE	00:50:35	M40	42
55	16	PENELOPE	REES	TROTS	00:51:01	OF	32
56	27	JOHN	MILES	NONE	00:51:03	OM	27
57	62	JAN	JONES	SARN HELEN	00:51:28	F35	40
58	31	MARK	MCNELLS	NONE	00:51:53	OM	29
59	40	VINCE	OWEN	NONE	00:51:57	M50	56
60	56	MARK	STEVENS	NONE	00:52:03	M40	46
61	24	TANIS	HAND	TROTS	00:52:15	F35	47
62	28	BARRY	FULLER	NONE	00:52:25	M50	60
63	30	DAVE	HOWELLS	PEMBS TRI	00:53:49	M50	52
64	4	PETER	WALKER	PEMBS HARRIERS	00:54:54	M50	50
65	57	ANDY	LIGHT	NONE	00:55:47	M40	44
66	10	MICK	WARNER	NONE	00:56:09	M50	61
67	53	KATIE	STEVENSON	LES CROUPIERS	00:56:21	F35	35
68	54	CARYL	DAVIES	SARN HELEN	00:56:42	OF	18
69	29	SUE	FULLER	NONE	00:59:55	F35	61
70	38	NICOLA	COATES	NONE	01:02:24	F35	42
71	58	JOANNE	HAWORTH	NONE	01:02:44	OF	28
72	59	JENNY	HAWORTH	NONE	01:07:20	M35	57
73	67	JOHN	BOWDEN	NONE	01:09:25	M50	51
74	2	ALLEN	WATTS	SARN HELEN	01:13:46	M50	77
9999	75	RONNIE	MOORE	NONE		OM	28