

Snowdonia Marathon 2003

Sunday October 26, 2003

Pos	Name	Cat	Club	Time
1	Martin Cox		Owls	2:38.44
2	Philip Nichol		Altringham AC	2:46.11
3	Dylan Jones		Eryri H	2:46.30
4	Paul Rogers		Tipton H	2:46.45
5	Adri Hartveld	M40	City Of Stoke AC	2:49.26
6	Michael Evans		Trots	2:49.38
7	James Mcqueen		Eryri H	2:50.36
8	Emlyn Roberts	M40	Eryri H	2:55.15
9	Paul Mountford		Black Country Tr	2:55.44
10	Richard Pattinson		Pudsey Pacers	2:56.10
11	Rhys Abelwyn		Eryri H	2:56.14
12	Andrew Jackson		Ackworth RR	2:56.35
13	Simon Link	M40	Stourbridge RC	2:58.47
14	Clive Thomas	M40	U/A	2:58.59
15	Ken Fotherby	M45	Wolves & Bilston	2:59.47
16	Stephen Gilliland	M40	Bro Dysynni AC	3:00.33
17	Kevin Prydderch		Eryri H	3:01.56
18	John Atyeo		Herne Hill H	3:04.50
19	Richard Watkinson		U/A	3:05.00
20	Simon Smith		Darwen Dashers	3:05.08
21	David Sargent		Rivacre Runrs &	3:06.37
22	Phil Jones	M50	Eryri H	3:07.00
23	Michael Baillie		Witney RR	3:07.11
24	Dean John		Trots	3:08.13
25	Julian Brown		Macclesfield H	3:08.16
26	Carl Baker	M40	Peel RR	3:08.28
27	Peter O'brien		Eryri H	3:08.52
28	Derek Goss	M40	U/A	3:09.18
29	Gwilym Jones	M45	U/A	3:09.24
30	Saul Muldoon		Holmfirth H	3:09.09
31	Ben Green		Bradford Aire	3:10.03
32	Phil Adams	M40	Neath H	3:10.29
33	Alison Sedman	F35	Belle Vue	3:11.02
34	James Averty		U/A	3:11.11

35	Mark Roulston	U/A	3:11.42
36	Danny Lake	U/A	3:11.50
37	Kathryn Drake	F40 Halifax H	3:12.04
38	Gareth Booth	Chorley H	3:13.10
39	Gavin Watkins	Great Western R	3:13.14
40	Charles Harper	Forest Of Dean A	3:13.21
41	Graham Melrose	M45 Gravesend RR	3:13.28
42	Mark Tomlinson	Ripley RC	3:13.46
43	Craig Anderton	Stafford H	3:14.02
44	Graham Baker	M50 Road Rnrs Cl	3:14.06
45	Stuart Males	U/A	3:14.46
46	Richard Norris	M45 Optimum Multispt	3:15.13
47	John Catto	U/A	3:15.33
48	Simon Gregory	Killamarsh Kest	3:16.03
49	John Allen	U/A	3:16.20
50	Marcellus Springer	M45 Horsforth H	3:16.23
51	Paul Clack	Witney RR	3:16.36
52	Barry Greaves	M45 Northern Vets	3:16.47
53	Steve Quinton	M40 U/A	3:17.12
54	Kevin Willett	M40 Bedford H	3:17.18
55	Peter Ferris	M45 100 Mara Club	3:17.25
56	Phillip Munro	U/A	3:17.29
57	Ian Durrant	Wimbledon W	3:18.03
58	Matthew Clewes	M40 Mercia Fell R	3:18.47
59	Dewi Williams	Eryri H	3:18.49
60	David Moss	Croft Ambrey	3:18.59
61	Chris Milliner	U/A	3:19.07
62	Noel Hogan	Newport & Dist.	3:19.21
63	Tony Haden	Centurions RR	3:19.31
64	Iwan Edgar	M45 U/A	3:20.04
65	Steven Pennington	M50 U/A	3:20.39
66	James Brayshaw	U/A	3:20.46
67	Jan Czerniawski	M50 U/A	3:21.34
68	Nigel Horney	M45 U/A	3:21.48
69	Keith Williams	Mercury 5	3:23.03
70	Pete Huskins	Meat & Two Veg	3:23.20
71	Jason Westmoreland	Rothwell H	3:23.40
72	Hugh Pinner	U/A	3:23.47
73	Paul Read	U/A	3:23.49
74	Ken Burgess	M60 Altringham AC	3:24.22
75	Ian Richards	U/A	3:24.25

76	Andrew Brierley	U/A	3:24.42
77	Adam Hill	U/A	3:24.43
78	Jim Groark	M40 U/A	3:24.46
79	Anthony Lawlor	M40 Marconi H	3:24.54
80	Derek Ashcroft	M40 Darwen Dashers	3:24.57
81	Elizabeth Hawker	F U/A	3:25.15
82	Glenn Macdonald-jo	M45 Newport & Dist.	3:25.37
83	Robert Hodges	M45 Hereford Courie	3:25.40
84	Richard Suttle	U/A	3:26.13
85	Luke Cunliffe	Road Rnrs Cl	3:26.41
86	Sean Mccartney	Amphill & Flitw	3:26.46
87	Kenny Rowe	M50 Hallamshire H	3:27.00
88	David Burton	M40 Dursley AC	3:27.13
89	Adam Marcinowicz	Watford H	3:27.39
90	Matt Giles	Stourbridge RC	3:27.42
91	Daniel Booth	City Of Bath	3:27.43
92	Jeremy Bolam	M45 North Norfolk Br	3:27.54
93	Jonathan Davies	U/A	3:28.14
94	Peter Mitchinson	M50 Wigan Phoenix	3:28.17
95	Jim Edwards	M60 Lincoln Well. AC	3:28.20
96	Craig Jones	Eryri H	3:28.27
97	Mark Dunscombe	M40 Sarn Helen	3:28.30
98	Elizabeth Sowter	F40 Swaledale R	3:28.38
99	Alexander Turnbull	M55 Wigan Phoenix	3:29.10
100	Ron Summers	M55 Bridgnorth AC	3:29.23
101	Robert Hall-mcnair	Hinckley RC	3:29.40
102	Gareth Jones	M55 Chepstow H	3:29.42
103	Leslie Crownshaw	M50 Killamarsh Kest	3:29.42
104	Richard Batterham	M50 West Cheshire AC	3:29.50
105	Ian Lewis	U/A	3:29.54
106	Dave Butcher	M50 Wigan Phoenix	3:30.09
107	Pete Fahy	Sphinx AC	3:30.20
108	Ian Harvey	Swinton RC	3:30.22
109	Paul Henderson	U/A	3:30.30
110	Anthony Homer	M40 Stourbridge RC	3:30.52
111	Stephen Fowles	M50 Newport & Dist.	3:30.55
112	Christophe Smith	Ropsley RR	3:31.04
113	Rhodri Darch	U/A	3:31.13
114	Hadyn Jones	M40 U/A	3:31.51
115	Steve Townsley	M40 U/A	3:31.56
116	David Quinn	Peel RR	3:31.59

117 Steve Blewett	M40 Hart RR	3:32.46
118 Christophe Sprules	M40 Aldridge RC	3:33.04
119 Roger Everard	M55 Pitsea RC	3:33.06
120 Giles Hammond	U/A	3:33.18
121 Andy Sewell	M40 Bedford H	3:33.22
122 Paul Dunkerley	Wesham RR	3:33.28
123 Toby Clay	U/A	3:33.37
124 Colin Jackson	M55 Aldridge RC	3:33.42
125 Joseph Green	M45 Nailsea RC	3:33.44
126 Tony Thorp	Portland AC	3:34.20
127 Alun Williams	U/A	3:34.24
128 Andrew Primrose	U/A	3:34.29
129 Kevin Day	Goyt Valley Str	3:34.40
130 Mark Tabor	M40 Chester Tri	3:34.46
131 Martin Bland	M40 Accrington RR	3:34.47
132 David Tucker	M50 Macclesfield H	3:35.00
133 Ian Davies	M40 Sphinx AC	3:35.08
134 Simon Barker	U/A	3:35.22
135 Simon Price	M45 Road Rnrs Cl	3:35.25
136 Andrew Watts	M50 Wilmslow RC	3:35.25
137 Steven Robins	Peel RR	3:35.40
138 Daniel Goff	U/A	3:36.13
139 Richard George	Wye Valley RR	3:36.50
140 Andrew Wilmot	M55 Halstead RR	3:36.52
141 Roberts Willis	M55 U/A	3:36.56
142 Paul Tedder	U/A	3:37.24
143 Wayne Lovejoy	U/A	3:37.28
144 Jamie Roberts	U/A	3:37.35
145 Shan Cuthbert	F35 Cardigan RC	3:37.43
146 Donald Field	M45 U/A	3:37.46
147 Nigel Sedman	U/A	3:38.31
148 Scott Reid	Goyt Valley Str	3:38.42
149 Mark Richards	M40 U/A	3:38.45
150 Chris Shaw	U/A	3:38.52
151 Tom Lawley	U/A	3:38.54
152 Stuart Banbrook	M40 Sphinx AC	3:39.17
153 Richard Pearson	M55 Southampton Rrc	3:39.28
154 Ross Smith	U/A	3:39.41
155 Paddy Mcdonald	M50 Haddington E Lot	3:39.48
156 Peter Lewis	M40 Eryri H	3:39.59
157 Michael Wright	Marconi H	3:40.10

158 Eric Rees	Sarn Helen	3:40.11
159 Jim Londesboroug	M40 U/A	3:40.11
160 Michelle Jones	F Abergele H	3:40.15
161 Janet Hutton	F45 Totley AC	3:40.52
162 Ray Hopper	M50 Blackhill Boun	3:41.04
163 Michael Davis	M50 Shepshed RC	3:41.24
164 Murray Kisbee	M50 U/A	3:42.01
165 David Hindley	U/A	3:42.05
166 Paul Barbier	U/A	3:42.12
167 Jacqueline Shaw	F35 Darwen Dashers	3:42.17
168 Tony Dearsley	U/A	3:42.31
169 John Spencer	M45 Hallamshire H	3:42.44
170 Clare Page	F Wrexham Tri	3:43.15
171 Patrick Darcy-evans	Chiltern H	3:43.21
172 Stuart Bailes	Mercury 5	3:43.24
173 Eric Sidebottom	M60 Strathearn H	3:43.30
174 Julie Hooper	F U/A	3:43.32
175 Wayne Morgan	Hengoed RR	3:45.19
176 Lee Scott	Westbury H	3:45.32
177 Ben Robson	M40 Hallamshire H	3:46.20
178 Edward Chapman	M45 Sutton R	3:46.28
179 Michael Edwards	M40 Somer AC	3:46.37
180 Martin Yeomans	Ivanhoe R	3:46.44
181 Colin Rees	M55 Tring RC	3:47.03
182 Brian Macfadyen	M45 Macclesfield H	3:47.08
183 Mick Westerman	Lincoln & Dist R	3:47.25
184 Paul Newman	Road Rnrs Cl	3:47.30
185 Christophe Bowes	M45 U/A	3:47.34
186 Stephen Shepherd	U/A	3:47.37
187 Mark Pollock	U/A	3:47.46
188 Kevin Tourle	U/A	3:47.46
189 Barry Atkins	Thames Turbo Tri	3:47.53
190 Dave Parry	M45 Macclesfield H	3:48.08
191 Mark Fieldsend	U/A	3:48.11
192 John Wiltshire	M55 Gosport RR	3:48.12
193 Andrew Bickle	M45 Road Rnrs Cl	3:48.32
194 Theresa Ferraro	F40 Hallamshire H	3:48.32
195 Clare Jones	F40 U/A	3:48.37
196 Richard Brooke	U/A	3:48.44
197 Derek Charleston	U/A	3:48.46
198 James Haigh	M40 Adams RC	3:49.06

199	Michael Pitman	M45 Wigan Phoenix	3:49.20
200	Paul Hansen	M45 U/A	3:49.22

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Pos	Name	Cat	Club	Time
201	Chris Dowd	U/A		3:49.25
202	Ian Cooke	U/A		3:49.49
203	Philip Foulkes		Rotherham H	3:49.55
204	Martin Dennis	M40 U/A		3:49.58
205	Philip Wilson	M40	Sphinx AC	3:50.09
206	Paul Sullivan	U/A		3:50.17
207	Gwyn Jones	M45	Bro Dysynni AC	3:50.20
208	Peter Nicholas	M40	Bois Becca	3:50.27
209	Arwel Jones	M40 U/A		3:50.40
210	Ian Davies	M40	Shrewsbury AC	3:50.42
211	John Taylor		Rolls Royce H	3:51.01
212	Barry Pound	M50	The Pyg Swillers	3:51.15
213	Ian Blatebrough	M50	The Pyg Swillers	3:51.15
214	Tim Mulcahy	M50	Cam.uni.press RC	3:51.26
215	Eamon Staunton	M45	Forest Edge F	3:51.29
216	Stephen Barker	M45	Forest Edge F	3:51.29
217	Alan Hall	M40	Empire Sports AC	3:51.31
218	John Mcdonald	M60	Chorley H	3:51.40
219	Stuart Shipley	M45	Chesapeake	3:51.41
220	Robert Hind	M50	North Wales Pol	3:51.48
221	Tony Marshall	M45 U/A		3:51.51
222	Julian Doyle	U/A		3:52.01
223	Kenny Turner	M40	Killamarsh Kest	3:52.04
224	David Watson	U/A		3:52.08
225	Michael Horner	M50	Barrow R	3:52.12
226	Ashley Wager	M40 U/A		3:52.12
227	Andrew Margrave	U/A		3:52.22
228	Simon Ellis	M40	Stone Master M	3:52.30
229	Richard Marrs	M45 U/A		3:52.46
230	Richard Scroop	M55 U/A		3:52.59
231	Andrew Edmonds	M40 U/A		3:53.04
232	Steve Elliott	M40	Beckenham RC	3:53.18
233	Steve Smith	M50	Ampthill & Flitw	3:53.20
234	Peter Caulton	Raf		3:53.24
235	Thomas Prytherch		North Wales Pol	3:53.24

236	Gareth Prytherch	Raf	3:53.24
237	Justin Hooson	U/A	3:53.27
238	Suzanne Akeroyd	F35 Ilkley H	3:53.34
239	Colin Longworth	M50 100 Mara Club	3:53.36
240	Philip Green	M40 Blackhill Boun	3:53.43
241	Ian Rear	U/A	3:53.55
242	Anthony Bagwell	Beckenham RC	3:53.57
243	David Bowker	M45 Royston R	3:53.59
244	Alan Quartermaine	M45 Hillingdon AC	3:54.08
245	Andy Barnes	M45 U/A	3:54.13
246	Richard Williams	U/A	3:54.22
247	Matt Smith	Amazing Feet	3:54.33
248	James Wells-cole	U/A	3:54.50
249	Mick Burrows	M60 U/A	3:55.10
250	David Lewis	M45 Blackheath H	3:55.12
251	John Volanthen	U/A	3:55.15
252	Annabelle Volanthen	F35 U/A	3:55.15
253	Peter Clegg	M50 Grange Farm Trot	3:55.20
254	Peter Humphries	Milton Keynes	3:55.26
255	Therezia Duffy	F45 Wolves & Bilston	3:55.28
256	David Croft	M60 Gosport RR	3:55.37
257	Clive Gillman	M50 South Derbys RR	3:55.51
258	Nicholas Browne	M45 U/A	3:55.57
259	David Fern	M50 Peel RR	3:56.06
260	Paul Jackson	U/A	3:56.22
261	Gary Davies	M40 Road Rnrs Cl	3:56.24
262	Barnie Cammell	M45 Victory AC	3:56.26
263	Verne Barltrop	M55 Road Rnrs Cl	3:56.32
264	Dominic Pascoe	U/A	3:56.48
265	Timothy Jarvis	M45 Macclesfield H	3:57.12
266	Jake Roy	U/A	3:57.15
267	Alan Hartley	M50 U/A	3:57.19
268	Caroline Lewis	F45 U/A	3:57.24
269	Giles Rhodes	Liverpool RC	3:57.26
270	Preston Grundy	M55 Wolves & Bilston	3:57.38
271	Dave Roots	M50 Southampton Rrc	3:57.42
272	Kyle Fleming	U/A	3:58.00
273	Gillian Phillips	F45 Sospan RR	3:58.09
274	Matt Pain	U/A	3:58.10
275	Tony Crossley	M45 East Grinstead A	3:58.13
276	Peter Down	Killamarsh Kest	3:58.38

277 Ben Sharp	Chiltern H	3:58.43
278 Bryan Pears	Sphinx AC	3:58.49
279 Andrew Norris	M40 Chorley H	3:58.59
280 Jacky Bouter M40	Eryri H	3:59.00
281 Stuart Holyoak	Wigan Phoenix	3:59.01
282 Arthur Brooks	M50 U/A	3:59.10
283 Ray O'brien	U/A	3:59.13
284 John Gwillim	M40 Great Bentley RC	3:59.13
285 Mark Sandford	Wye Valley RR	3:59.13
286 Peter Jones	M50 Rivacre Runrs &	3:59.18
287 Jason Pitchers	M45 Nailsea RC	3:59.20
288 Patrick Collins	M60 Bromley Vets	3:59.34
289 David Gladstone	U/A	3:59.42
290 Thomas Rutherford	M40 Capenhurst RC	3:59.46
291 Lee Britten	U/A	4:00.29
292 Paul Oldfield	M45 Fra	4:00.54
293 Lee Davies	U/A	4:00.59
294 Terence Scott	M40 Deal Tri	4:01.01
295 David Devine	M40 Rother Valley Sw	4:01.13
296 Jamie Quinn	F Peel RR	4:01.32
297 Gwion Williams	U/A	4:01.37
298 Cliff Swailes	M45 Hillingdon AC	4:01.43
299 Brian Kendrick	M50 Ivanhoe R	4:01.48
300 Mike Newbitt	M55 Fairland V Spa	4:01.58
301 Kath Turner	F45 Macclesfield H	4:02.06
302 Keith Rens	M45 U/A	4:02.16
303 Linda Finch	F35 Tadley Runners	4:02.21
304 Richard Phillips	M65 Cheltenham H	4:02.26
305 Colin Whale	M40 Bungay Bd RC	4:02.31
306 Howard Waite	M40 Wigan Phoenix	4:02.32
307 Warren D'rozario	M45 Sandwell Valley	4:02.36
308 Paul King	M40 Stourbridge RC	4:02.51
309 Cliff Smith	M45 Bedford H	4:03.04
310 James Morrison	M50 Charnwood AC	4:03.16
311 David Smith	M40 Peel RR	4:03.21
312 Warren Palmer	U/A	4:03.26
313 Stephanie Goodchild	F35 Manchester Ymca	4:03.28
314 Eddie Pugh	M60 Chorley H	4:03.32
315 David Leech	M45 Carlton Forum	4:03.48
316 Jason Stock	Gosport RR	4:03.51
317 Melanie Stock	F Gosport RR	4:03.53

318 Kathleen Oliver	F50 U/A	4:03.56
319 David Ryder	Oak Park RC	4:04.01
320 Gert Gowling	F55 Veggie Acc	4:04.03
321 Robert Jost	M50 St Helens Str	4:04.08
322 Paul Bromley	U/A	4:04.09
323 Kevin Ball	M45 Chase H	4:04.14
324 Tony Varley	M55 Horwich Rmi H	4:04.22
325 Terry Hindson	M40 U/A	4:04.31
326 Mike Gill	M55 Blackhill Boun	4:04.58
327 Carole Trollen	F45 Brecon AC	4:05.24
328 Nick Skidmore	M45 Red Lion Abc	4:05.34
329 David Moss	M40 Red Lion Abc	4:05.34
330 Stephen Saunders	Birkenhead AC	4:05.38
331 Richard Pentin	North Derbys RC	4:05.42
332 Roderick Johnstone	U/A	4:05.47
333 Michael Mcguire	M40 Andover AC	4:05.52
334 Chris Dehan	M60 East Cheshire H	4:05.58
335 Dylan Taylor	Raf	4:06.02
336 James Pearce	M50 U/A	4:06.06
337 Craig Standerwick	U/A	4:06.16
338 David Oldfield	M45 U/A	4:06.21
339 Paul Johnson	Egdon Heath	4:06.43
340 Robby Dilworth	U/A	4:06.48
341 John Norris	M55 Peel RR	4:06.55
342 Robert Smith	M40 Raf	4:07.04
343 Richard Austin	U/A	4:07.04
344 Steve Morris	M40 U/A	4:07.05
345 Allan Birch	Ivanhoe R	4:07.09
346 Neil Mabbott	M40 U/A	4:07.25
347 Jane Buck	F40 Cardigan RC	4:07.33
348 Kevin Wright	U/A	4:07.44
349 Martyn Candy	M40 Peel RR	4:07.46
350 Robert Turner	U/A	4:07.47
351 Jeremy Bright	Abergele H	4:07.51
352 Roy Barnes	M45 Road Rnrs Cl	4:08.06
353 Keith Morgan	M45 Ampthill & Flitw	4:08.18
354 Paul Burton	U/A	4:08.21
355 Melanie Burnett	F Beckenham RC	4:08.22
356 Philip Pearson	M40 U/A	4:08.35
357 Hywel Lewis	M45 Totley AC	4:08.36
358 Matthew Dales	U/A	4:08.37

359	Martin Wallace	M40 Chase H	4:08.40
360	Ken Dean	M55 East Cheshire H	4:08.49
361	Paul Quirk	M50 Wigan Phoenix	4:08.54
362	John Hale	M40 U/A	4:09.02
363	Thomas Mcewen	U/A	4:09.04
364	Tom Sharkey	M50 Centurions RR	4:09.15
365	Jonathan Buchanan	U/A	4:09.21
366	John Rickard	M45 Leigh On Sea Str	4:09.24
367	Geoffrey Wilson	U/A	4:09.24
368	Michael Taylor	M50 Wreake R	4:09.27
369	Kevin Sanders	M45 Ivanhoe R	4:09.45
370	Mike Mellor	U/A	4:09.46
371	Philip Richards	U/A	4:09.55
372	Paul Strzoda	U/A	4:10.02
373	Gary Andrews	Saints & Sinners	4:10.06
374	John King	M50 Kendal Aac	4:10.12
375	Robert Burke	Liverpool RC	4:10.29
376	Pauline Straw	F40 Totley AC	4:10.29
377	Paul Satterley	U/A	4:10.34
378	John Holmes	Scunthorpe Dac	4:10.56
379	Gregory Perkins	M50 Telford AC	4:11.14
380	Judith Jones	F40 Abergele H	4:11.30
381	David Bembo	U/A	4:11.48
382	Pete Kirby	M70 Wreake R	4:11.49
383	Peter Hill	M45 Goyt Valley Str	4:12.06
384	Gareth Rees	U/A	4:12.13
385	Paul Glancy	Peel RR	4:12.27
386	Tony Pickup	Leighton Fun R	4:12.37
387	Colin Cookson	M45 Red Rose RR	4:12.45
388	David Pope	M50 U/A	4:12.56
389	Dan Turner	U/A	4:13.01
390	Gordon Cuttill	U/A	4:13.22
391	Alan Lucas	M55 Abergele H	4:13.23
392	David Peart	U/A	4:13.31
393	Richard Leahy	Urwfrc	4:13.46
394	Martin Mccormick	M40 U/A	4:13.50
395	Richard Hornsby	U/A	4:13.53
396	Colin Bennetts	M55 Bedford H	4:13.53
397	Jonathan Mayhew	M40 U/A	4:13.56
398	Martin Cave	U/A	4:14.00
399	David Harrison	Swinton RC	4:14.26

400 Mike Cutler M45 South Cheshire H 4:14.29

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Pos	Name	Cat	Club	Time
401	Martyn Savage	U/A		4:14.36
402	Chris Kottler	U/A		4:14.55
403	Clifford Diego	M45 U/A		4:15.05
404	Sandra Evans	F40 U/A		4:15.32
405	Albert Smart	M50 U/A		4:15.39
406	Brett Jones	U/A		4:15.40
407	Judith Jones	F40 U/A		4:15.51
408	Roz Harwood	F40 U/A		4:15.55
409	Caroline Morgan	F Swindon Tri		4:15.56
410	Stephen Moor	Settle H		4:16.01
411	Terry Green	M40 Bingley H		4:16.01
412	Jon Moulding	U/A		4:16.07
413	Neil Jones	M45 Wells City H		4:16.08
414	Peter Lester-owen	M40 Abergele H		4:16.10
415	Geoff Adams	M50 Wymondham AC		4:16.12
416	Gina Stone	F40 Pewsey Vale RC		4:16.16
417	Howard Davies	M50 U/A		4:16.20
418	Karen Taylor	F45 Rossendale H		4:16.25
419	Lee Taylor	Mercury 5		4:16.36
420	Ken Flear	M40 Gaddesby Gallope		4:16.51
421	Colin Gill	M55 Road Rnrs Cl		4:17.01
422	Andrew Mcpherson	U/A		4:17.03
423	Owen Mccarty	U/A		4:17.09
424	Lon Hooson	The Health Hut		4:17.27
425	David Harrison	M45 U/A		4:17.29
426	Paul Holgate	M45 Fairland V Spa		4:17.31
427	Allan Sperring	M45 Somer AC		4:17.43
428	David Jones	U/A		4:17.53
429	Brian Fox	M40 Lincoln Well. AC		4:18.01
430	David Dunn	M40 U/A		4:18.04
431	Michael Smith	M55 Wymondham AC		4:18.07
432	Carol Paul	F40 Fairland V Spa		4:18.22
433	Bill Harris	U/A		4:18.28
434	Kevin Welsh	M40 U/A		4:18.38
435	Simon Chapman	M40 U/A		4:18.41
436	Gareth Davies	Loughborough Stu		4:18.46

437	Christophe Marshall	U/A	4:19.04
438	Dave Weeks	M50 U/A	4:19.18
439	Stephen Corbould	M40 Wymondham AC	4:19.26
440	Arwyn Jones	Eryri H	4:19.38
441	Tony Farthing	U/A	4:19.47
442	John Davies	U/A	4:19.55
443	Norma Betts	F55 Totley AC	4:20.02
444	Paul Johansen	Wirral AC	4:20.08
445	Jason Edwards	Winston R	4:20.08
446	Martin Lewis	U/A	4:20.12
447	Barry Powell	Wirral AC	4:20.17
448	Iorweth Roberts	M55 Eryri H	4:20.25
449	Martin Harrington	M50 Chorley H	4:20.35
450	Richard Hayes	Wrexham Tri	4:20.42
451	Stephen Jeffs	M45 Lowestoft RR	4:20.43
452	Mark Womack	Lowestoft RR	4:20.51
453	Paul Kefford	Formula One	4:21.01
454	Daniel Clifford	Formula One	4:21.02
455	Ian Patterson	Whiskey Chacers	4:21.17
456	Stephen Bajic	M45 U/A	4:21.20
457	Melvyn Dickinson	M45 U/A	4:21.23
458	John Humphries	M45 Abergele H	4:21.32
459	Chris Williams	M40 U/A	4:21.33
460	Iestyn Thomas	U/A	4:21.39
461	Rona Buley	F45 Eastleigh RC	4:21.44
462	Joanna Marsden	F U/A	4:21.45
463	Carl Rawes	U/A	4:21.45
464	Ken Decarlo	M40 Tadley Runners	4:21.53
465	Peter Broadhurst	M55 Chepstow H	4:22.13
466	Dieter Reinecke	U/A	4:22.32
467	Peter Williams	U/A	4:22.39
468	Jonathan Hughes	M40 Eryri H	4:22.45
469	Paul Knight	M40 Thirsk/s'by H	4:22.56
470	Jason Tonge	U/A	4:23.00
471	Hugh Davies	M50 Chichester RR	4:23.07
472	Didier Mannier	M40 U/A	4:23.09
473	John Carson	M65 Eryri H	4:23.22
474	Alan Taylor	M50 Abergele H	4:23.37
475	Timothy Rainey	Sale H	4:23.42
476	Deane Smith	U/A	4:23.51
477	Nicholas Jones	U/A	4:23.51

478	Stephen Williams	U/A	4:24.04
479	Terence Wilcox	M40 Snowdon Posse	4:24.14
480	Martin Rowe	M45 Vale Royal AC	4:24.26
481	Tom Baker	M60 Peel RR	4:24.26
482	Jim Lloyd	M40 U/A	4:24.33
483	Andy Edwards	M45 U/A	4:24.40
484	Robert Lovegrove	M45 U/A	4:24.42
485	Thelma Guilbert	F55 Brixham H	4:24.51
486	Gian Abbott	M40 U/A	4:24.55
487	Simon Bedder	Livingwell	4:25.00
488	Phil Mcneelance	M40 Gaddesby Gallope	4:25.14
489	Colin Croft	U/A	4:25.15
490	Martin Williams	M55 Eryri H	4:25.24
491	Ellen Wood	F35 Cardiff Aac	4:25.34
492	Alan Holden	M45 U/A	4:25.38
493	Julian Sacofsky	M40 U/A	4:25.56
494	Nicholas Carter	M60 Lowestoft RR	4:26.18
495	Stephen Hill	M45 Mercia Fell R	4:26.20
496	Sara Dyer	F45 Valley Striders	4:26.25
497	Gary Taylor	U/A	4:26.30
498	David Toms	M50 Brandon Fern Hop	4:26.43
499	Steve Coupe	M50 Raf	4:26.50
500	Ian Roberts	M40 Abergele H	4:26.59
501	Stephen Coey	M45 Calder Valley Fr	4:27.07
502	Gwyn-arfon Williams	Hope House	4:27.27
503	Mark Farrar	Les Croupiers	4:27.34
504	Paul Hanson	M45 U/A	4:27.40
505	Phillip Bullock	Worcester AC	4:27.40
506	Jamie Cargill	U/A	4:27.47
507	Martin Hill	M40 Mornington Chase	4:27.56
508	Mark Birchall	U/A	4:28.07
509	Helen Stephens	F Lancs M'cambe	4:28.21
510	Sandy Roberts	F45 Prestatyn	4:28.29
511	Kenny McCormick	M50 Claremont Rrc	4:28.39
512	John Biard	U/A	4:28.48
513	Bill King	M40 Snowdon Posse	4:28.57
514	Bill McDonnell	M45 Capenhurst RC	4:29.12
515	Edward Hawliczek	M50 Eryri H	4:29.17
516	Lorna Taylor	F U/A	4:29.39
517	Chris Mcgillicuddy	U/A	4:29.40
518	Peter Tetstall	M55 Barrow R	4:29.46

519 Rachel Granger	F	Tfn	4:29.47
520 Joe Mccalman		U/A	4:29.51
521 June Cooke	F45	Prestatyn	4:29.55
522 Michael Couzens		U/A	4:30.37
523 Lindsay Horton	F35	Great Bentley RC	4:30.38
524 Paul Murphy		U/A	4:30.41
525 Derek Henry	M45	Wigan Phoenix	4:30.48
526 Mike Hodges	M45	Spa-tans	4:31.52
527 Margaret Hodges	F45	Spa-tans	4:31.52
528 Andrew Edgar		Westmorland Tri	4:32.00
529 Aiden Thomas		U/A	4:32.13
530 Rob Mynett		Tadcaster H	4:32.21
531 Paul Blundell	M40	U/A	4:32.27
532 Andrew Kippax		U/A	4:32.30
533 Brian Poole	M50	Marconi H	4:32.42
534 Ken Harrison	M55	U/A	4:33.04
535 John Twamley	M55	Centurions RR	4:33.07
536 Jeannie Hopgood	F55	U/A	4:33.35
537 Eric Kyte	M40	U/A	4:33.49
538 David Hatcher	M45	U/A	4:33.56
539 David Prytherch		Eryri H	4:33.58
540 Roy Tubman		U/A	4:34.04
541 Mark Pendlebury	M40	U/A	4:34.38
542 Peter Allanach		U/A	4:34.45
543 Justine Hunt	F	Gaddesby Gallope	4:34.51
544 Malcolm Perry	M50	Tamworth AC	4:34.55
545 Mary Smith	F40	Tamworth AC	4:34.55
546 Aeron Rees	M70	Northern Vets	4:35.14
547 Fabian Mills	M55	Dacorum AC	4:35.22
548 Roland Knight	M50	Hengoed RR	4:35.36
549 Fiona James	F	U/A	4:35.40
550 Val Machin	F55	Birkenhead AC	4:35.41
551 Alison North	F35	U/A	4:35.54
552 Patrick Burrows	M65	Leamington AC	4:36.12
553 Tim Lounds		Pembrokeshire Tr	4:36.27
554 Pauline Warburton	F40	Red Rose RR	4:36.35
555 Dave Little	M40	Gosport RR	4:36.42
556 Kathryn Cole	F40	Centurions RR	4:36.49
557 Leigh Hale		U/A	4:36.53
558 Andrew Thompson		U/A	4:36.59
559 Roger Mawer	M60	Lowestoft RR	4:37.18

560 John Cunnane	M55 U/A	4:37.22
561 Mark Thomas	M40 U/A	4:38.19
562 Rob Hunt	M40 Gaddesby Gallope	4:38.25
563 Maria Bradley	F35 Bushfield	4:38.34
564 Davina Harrison	F45 Ashbourne RC	4:38.53
565 Gareth Rosser	U/A	4:39.02
566 Odette White	F40 Sospan RR	4:39.02
567 John Bennett	Prestatyn	4:39.13
568 Gillian Pugsley	F40 Portsmouth Jog	4:39.20
569 Ed Whiting	U/A	4:39.59
570 Barry Stuart-cole	M55 Winston R	4:40.00
571 Stephen Roach	M50 U/A	4:40.00
572 Gary Buckle	M40 U/A	4:40.01
573 Gareth Davies	Reebok RC	4:40.18
574 Brian Mills	M45 100 Mara Club	4:40.20
575 Lyle Robinson	M45 U/A	4:40.44
576 Andy Tink	U/A	4:40.47
577 Derek Price	M45 U/A	4:40.50
578 John Mumford	M40 U/A	4:40.51
579 Les Nossell	M40 Thrift Green Tro	4:41.42
580 Nicholas Garley	U/A	4:41.47
581 Roger Bradley	M60 Lordshill RR	4:41.51
582 Mark O'sullivan	Matthew O'sulliv	4:41.54
583 Don Kent	M50 Blackhill Boun	4:42.18
584 Perry Jordon	U/A	4:42.36
585 Sharon Crowley	F45 Fairland V Spa	4:42.40
586 Andy Shackleton	M55 U/A	4:42.55
587 Stephen Waddington	M50 South Devon	4:43.00
588 Yotis Senis	U/A	4:43.04
589 Vernon Jones	M50 U/A	4:43.26
590 Jake Hughes	U/A	4:43.32
591 Jacqueline Weir	F40 U/A	4:43.34
592 Gary Souter	U/A	4:43.52
593 Christophe Reynolds	U/A	4:44.02
594 Philip West	M50 Baildon R	4:44.04
595 Jane O'donnell	F45 U/A	4:44.14
596 Helen Williams	F40 Trots	4:44.23
597 Tony Gulliver	M55 U/A	4:44.32
598 Derek Owen	M45 U/A	4:44.45
599 Kelly Skidmore	U/A	4:45.18
600 Jane Janman	F45 Road Rnrs Cl	4:45.51

Pos	Name	Cat	Club	Time
601	Debbie Hughes	F40	Eryri H	4:46.11
602	Roger Smith	M50	Dark Peak Fell	4:46.18
603	Garry Grey		Garden City J	4:47.00
604	Andrew Cattrell	M45	U/A	4:47.01
605	Stephen Roper	M60	West Sussex Fire	4:47.18
606	Kevin Andrew		U/A	4:47.31
607	Keith Scrivener	M60	Great Bentley RC	4:47.57
608	Charles Cain	M40	U/A	4:47.59
609	Robert Tinnyunt	M60	Teignbridge Tr	4:48.07
610	David Carey		Raf	4:48.08
611	Carol Rattigan	F35	North Devon RC	4:48.11
612	Russell Taylor	M45	Crowborough R	4:48.14
613	Gerald Thomas	M65	Denbigh H	4:49.11
614	Richard Evans	M40	U/A	4:49.18
615	Harry Taylor	M45	U/A	4:49.18
616	Michael Catling	M40	Road Rnrs Cl	4:49.24
617	Mark Davies		U/A	4:50.06
618	Peter Marshall	M50	West Mids Pol.	4:50.24
619	Christophe Tittensor	M55	Newcastle AC	4:50.40
620	James Copley		U/A	4:51.59
621	Tom Picton		U/A	4:52.06
622	Daniel Fitzgerald		U/A	4:52.12
623	Roderick Rogers	M40	North Wales Fire	4:52.20
624	David Thomas	M40	U/A	4:52.27
625	Jeremy Shields	M55	Centurions RR	4:52.38
626	Julia Revill	F55	Denmead Str	4:52.45
627	Judith Webb	F35	Valley Hill R	4:52.46
628	Julie Adams	F40	Lancs M'cambe	4:52.47
629	Richard Drury		Killamarsh Kest	4:52.56
630	Jarrold Vigrass		U/A	4:52.57
631	Kevin Lawlor	M45	Fairland V Spa	4:53.22
632	Malcolm Buckle	M45	U/A	4:53.34
633	Michael Briggs	M45	Killamarsh Kest	4:53.58
634	Julian Withers	M40	Newport & Dist.	4:54.10
635	Daniel Cavanagh		U/A	4:54.48
636	Rob Burton		U/A	4:55.31
637	Mark Hodgson		Microsoft Chall.	4:56.14
638	John Holdroyd	M45	Wye Valley RR	4:56.20

639 Stuart Hancocks	U/A	4:56.22
640 Christophe Lawn	M60 Warrington Fitne	4:56.25
641 Anna Williams	F35 Carneddau Tri	4:56.26
642 Peter Bullock	M50 Lichfield RC	4:56.26
643 Daniel Clifton	U/A	4:56.28
644 Kathy Hearn	F50 U/A	4:56.30
645 Ian Grundy	M45 U/A	4:56.53
646 Kate Buck	F35 U/A	4:57.02
647 Andrew Minshaw	U/A	4:57.48
648 Robert Brimmell	M45 U/A	4:58.05
649 Michael Hodges	M50 Trots	4:58.50
650 John Barry	M40 U/A	4:58.52
651 Paul Norris	U/A	4:59.04
652 Paul Kelly	M50 North Fylde AC	5:00.01
653 John Lewis	M55 U/A	5:00.37
654 David Rosser	M65 Amman Valley H	5:00.50
655 Giles Fletcher	M65 Royal Navy AC	5:00.57
656 David Warner	U/A	5:00.59
657 Petter Sjungargard	U/A	5:01.37
658 Susan Shiell	F50 Lordshill RR	5:03.01
659 Heather Watts	F35 Lancs M'cambe	5:03.26
660 Hazel Clough	F45 Lancs M'cambe	5:03.26
661 Graham Sheward	M65 Great Bentley RC	5:03.38
662 Stan Butler	M50 U/A	5:05.17
663 Noel Cheseldine	U/A	5:06.57
664 John Dawson	M65 Lichfield RC	5:06.57
665 Jon Geldart	M45 U/A	5:07.28
666 Timothy Williams	M50 Edmonton RC	5:07.51
667 Stephen Greasley	M45 U/A	5:09.50
668 Martin Greasley	M40 U/A	5:09.51
669 Matt Wade	U/A	5:09.51
670 Brian Stuart-cole	M55 Winston R	5:10.09
671 Nicholas Key	U/A	5:10.09
672 Martin Hick	M40 U/A	5:10.42
673 Andrew Painter	M40 Road Rnrs Cl	5:11.05
674 Siobhan Mcauley	F35 Lancs M'cambe	5:11.24
675 John Shannon	M50 U/A	5:11.44
676 Steve O'sullivan	U/A	5:11.59
677 Barbara Law	F55 Great Bentley RC	5:12.16
678 John Kissane	Wrexham Tri	5:12.34
679 Bryan Jones	M55 Road Rnrs Cl	5:13.21

680 Stuart Holt	M40 U/A	5:13.30
681 Kenneth Butler	M60 Evesham RC	5:14.38
682 Susan Taylor	F50 Midland Vets AC	5:14.38
683 Jeff Bodycott	M45 Gaddesby Gallope	5:15.20
684 Paul Sexton	M45 U/A	5:15.33
685 David Moles	M50 Dovedale H	5:15.54
686 Dave Lewis	M50 The Pyg Swillers	5:16.30
687 Ian Tait	U/A	5:17.47
688 Paul Brown	M45 U/A	5:18.35
689 Susan Denham-smith	F35 Keswick AC	5:18.35
690 Ruth Wildman	F40 Wellingborough A	5:20.45
691 Nigel Pattenden	M50 Forbanks AC	5:21.21
692 Richard Tocock	M45 Reading AC	5:21.58
693 Jenny Martin	F55 Prestatyn	5:22.13
694 Selina Dasilva	F45 Seaford Str	5:43.38
695 Hilary Bell	F40 Glossopdale H	5:22.50
696 Paul Dean	M50 U/A	5:22.55
697 Bryan Atkinson	M40 U/A	5:23.54
698 Jenny Dawes	F55 Lordshill RR	5:24.10
699 Brian Smith	M60 Road Rnrs Cl	5:24.38
700 Timothy Brotherton	U/A	5:25.02
701 Alan Shaw	M45 U/A	5:25.21
702 Paul Pringle	M40 U/A	5:26.27
703 James Hughes	U/A	5:26.27
704 John Courtney	M60 U/A	5:26.27
705 Keith Tubman	M55 U/A	5:28.37
706 Martin Reed	M50 U/A	5:30.03
707 Alan Chesman	M50 U/A	5:30.12
708 Mike Gaunt	M50 Tring RC	5:31.09
709 Anthony Burton	M40 U/A	5:31.41
710 Jacky Ricketts	F50 Hull Achilles	5:32.20
711 Maggie Ellerington	F45 Hull Achilles	5:32.20
712 Paul Atkins	U/A	5:32.48
713 Colin Bricher	M55 Northampton H	5:32.59
714 Danny Long	M55 U/A	5:34.31
715 David Phillips	M55 Massey F RR	5:36.51
716 Mark Bancroft	M40 Berserkers	5:39.27
717 Rufus Ward	Berserkers	5:39.27
718 Derek Fiarhurst	M40 U/A	5:39.27
719 Ali Barber	F35 U/A	5:40.52
720 Lee Clarke	U/A	5:41.18

721 Carol Palmer	F55 U/A	5:43.22
722 Vincent Whalley	U/A	5:44.54
723 John Larkin	M45 U/A	5:46.59
724 Melita Mcdermott	F40 Havering Jog	5:47.18
725 Dennis Mcdermott	M40 Havering Jog	5:47.18
726 Robert Mulley	M50 Havering Jog	5:48.17
727 Janet Mulley	F50 Havering Jog	5:48.17
728 Simon Hargrave	M40 Gaddesby Gallope	5:48.59
729 Anita Denniss	F U/A	5:50.35
730 Graham Dawson	M60 Horsforth H	5:53.03
731 Patricia Walker	F65 U/A	5:53.09
732 George Dodd	M60 Aroma Foundation	5:56.34
733 Debbi Higginbotham	F45 U/A	5:58.28
734 Bob Webster	M45 Seaford Str	6:04.37
735 Carolyn Scott	F40 Deal Tri	6:22.24
736 Frances Schneiderman	F60 Somer AC	6:37.21
737 Deanna Butler	F55 Somer AC	6:37.44
738 Helen Mcdermott	F35 U/A	6:40.45
739 Chris Hopkinson	U/A	6:40.49
740 Barrie Morgan	M60 Wye Valley RR	6:47.18
741 Hugh Pritchard	M65 Gosport RR	6:51.05
742 Robert Griffiths	M50 U/A	7:08.42