

ROMAN RUN
Saturday, 8th September 2007

RESULTS

POSITION	RACE NO.	TIME	NAME	TEAM / COMMENT
1	300	1.53.03	Stuart Butcher	Newport
2	279	1.55.19	Dominic Pascoe	Cardiff
3	281	1.55.32	Simon Lewis	Tredegar (V)
4	317	1.58.57	Charles Walsh	Port Talbot Team
5	310	1.59.05	Chris Fulcher	Port Talbot Team
6	323	1.59.23	Stephen Edwards	Newport
7	240	2.00.09	Oliver Williams	Cardiff
8	324	2.00.43	Hayden Hartnell	Newport
9	251	2.01.30	Kevin McCarthy	Pontypridd
10	256	2.01.41	Phil Adams	Aberdare
11	287	2.02.35	Darren Stephens	Merthyr Tydfil
12	293	2.03.47	Daniel Tracey	Brecon
13	320	2.04.04	Nicolas Pollatrone	Chippenham
14	294	2.04.18	Haydn Lloyd	

POSITION	RACE NO.	TIME	NAME	TEAM / COMMENT
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15	241	2.04.32	Matthew Townsend	Cardiff
16	262	2.04.44	Gary Howe	Swansea/3m's
17	311	2.05.45	Nigel Barnes	Port Talbot Team
18	318	2.05.58	Steven Bridges	Merthyr Tydfil
19	322	2.06.30	Grant Davies	Merthyr Tydfil
20	243	2.06.47	Mark English	Chepstow Harriers
21	274	2.07.33	Richard Bristow	Police Sport Team
22	220	2.07.38	Andrew B. Davies	Merthyr Tydfil
23	312	2.08.10	Derek Rainbird	Merthyr
24	244	2.08.11	Gareth Creed	Chepstow Harriers
25	250	2.08.27	Wouter Poortinga	Cardiff
26	253	2.09.20	Jakub Staszewski	Bargoed
27	235	2.09.33	Ian Owen	Merthyr Tydfil
28	219	2.09.39	Mark Everson	Torfaen
29	259	2.10.19	Andy Davison	Glynneath
30	282	2.10.57	Alan Perkins	Port Talbot
POSITION	RACE NO.	TIME	NAME	TEAM / COMMENT
31	212	2.11.09	Clare Phillips	Ystradgynlais
32	218	2.11.09	Alex Williams	Swansea

33	334	2.14.20	Alun Saunders	Merthyr Tydfil
34	301	2.14.28	Ian Clark	Merthyr Tydfil
35	277	2.14.40	Kevin Morris	Swansea
36	314	2.14.54	Graham Colvin	Swansea
37	248	2.15.23	Roger Jones	Pontypridd
38	303	2.15.47	Ian Jones	Merthyr Tydfil
39	270	2.16.14	Julie Davies	Usk
40	316	2.16.45	Paul Lewis	Swansea
41	238	2.16.54	Chris Conway	Penarth
42	239	2.16.54	Richard Fuller	Swansea
43	217	2.17.23	Paul James	Merthyr Tydfil
44	227	2.17.36	Neil Lewis	Cardiff
45	306	2.17.42	Gareth Lewis	Chepstow Harriers
46	242	2.17.42	Phillip Morgan	Chepstow Harriers
POSITION	RACE NO.	TIME	NAME	TEAM / COMMENT
47	258	2.17.43	Denis Murphy	Cardiff
48	246	2.17.44	Stephen Jones	Merthyr Tydfil
49	290	2.18.53	Nigel Williams	Swansea
50	245	2.19.16	Mandy Jones	Merthyr Tydfil

51	297	2.19.31	Gareth Powell	Cardiff
52	209	2.19.34	Michael Jones	Neath
53	315	2.20.31	Peter Maksimovic	Cardiff
54	237	2.20.52	Gareth Jehu	Merthyr Tydfil
55	339	2.20.54	Paul Day	Newport
56	313	2.21.35	David Tomas	Llanelli
57	333	2.21.46	Nick Butcher	Middlesex
58	305	2.21.58	Darren Morgan	Team Pie
59	269	2.23.19	Kerry Evans	Aberdare
60	254	2.23.24	Simon Thomas	Aberdare
61	231	2.23.34	Nikki Jones	Merthyr Tydfil
62	268	2.23.43	Geoff Baxter	Cardiff

POSITION	RACE NO.	TIME	NAME	TEAM / COMMENT
63	266	2.24.59	Chris Davies	Newport
64	295	2.25.01	Andrew Murphy	Merthyr Tydfil
65	308	2.25.19	Carol Moseley	Port Talbot Harriers
66	213	2.25.59	Jeff Davies	Vale of Glamorgan
67	307	2.26.15	Ian Wade	Chepstow Harriers

68	278	2.26.20	Cheryl Hudgell	Cardiff
69	223	2.26.21	Kevin Russell	Police Sport Team
70	271	2.28.49	Phil Protheroe	Team pie
71	263	2.29.02	Alan Mann	Cardiff
72	228	2.29.09	Justin Hain	Bens Bandits
73	272	2.29.20	Keith Verheyden	Newport
74	205	2.29.23	Andrew Ford	GLOUCESTERSHIRE
75	291	2.29.28	Anne Follan	Pontypridd
76	280	2.31.03	Paul Lambe	Merthyr Tydfil
77	261	2.31.47	Lee Harvey	Bristol
78	255	2.32.07	Stan Howarth	Bristol

POSITION	RACE NO.	TIME	NAME	TEAM / COMMENT
79	326	2.32.13	Simon Gough	Rhondda
80	286	2.32.26	Caroline Dallimore	Cardiff
81	284	2.32.44	Terry Jones	Neath
82	206	2.32.54	Micheal Keddle	Brecon
83	309	2.33.00	Andrew Davies	Merthyr Tydfil
84	283	2.33.17	Ian Jones	Merthyr Tydfil

85	299	2.33.23	Darren Gwynne-Hamer	Merthyr tydfil
86	216	2.33.36	Gerald James	Merthyr tydfil
87	298	2.33.45	Sian Evans	Cardiff
88	292	2.34.40	Michael Firmstone	Rading
89	267	2.34.45	Samuel Ryall	Cardiff
90	325	2.36.34	Sean Lee	Merthyr Tydfil
91	222	2.37.14	Richard L Jones	Aberdare
92	340	2.37.42	John Hill	Newport
93	288	2.38.05	Andrew Lewis	Merthyr Tydfil
94	275	2.38.58	Hanneke Van Der Werf	Hereford

POSITION	RACE NO.	TIME	NAME	TEAM / COMMENT
95	264	2.39.06	Lornetta Daley	Cardiff
96	296	2.40.06	Ian Dennis	Aberdare
97	319	2.40.23	Sergio Mudrak	West Chippenham
98	289	2.41.37	Ray James	Port Talbot Harriers
99	221	2.42.14	Daniel Howarth	Bristol
100	341	2.42.26	Bryn Burgess	Newport
101	257	2.44.16	Paul Gillard	Aberdare

102	236	2.45.32	Stephen New	Police Sport Team
103	304	2.45.57	K. Williams	Merthyr Tydfil
104	211	2.46.33	Keiron Woodward	Burnley
105	225	2.48.23	Michael L Johnson	Cardiff
106	230	2.50.58	Hugh James	Berkshire
107	260	2.54.23	Sally Zerk	Newbridge
108	252	2.54.34	Craig Jones	Merthyr Tydfil
109	273	2.56.55	Graham Singer	Merthyr Tydfil
110	321	2.58.32	Colin Moyle	Merthyr Tydfil

POSITION	RACE NO.	TIME	NAME	TEAM / COMMENT
111	337	3.02.46	Julie Jones	Merthyr Tydfil
112	336	3.02.46	Lawrence Howells	Merthyr Tydfil
113	335	3.02.46	Morgan Howells	Pontlottyn
114	233	3.03.31	Helen W. Williams	Neath
115	207	3.04.33	Anthony Vallario	Team Pie
116	327	3.06.02	David Protheroe	Merthyr Tydfil
117	226	3.06.11	Ben Edwards	Cardiff
118	276	3.06.23	Nigel Williams	Pontypridd

119	285	3.07.35	Chris Hall	Neath
120	338	3.13.26	Roland Knight	Cowbridge
121	249	3.16.44	Susan Lawrence	Abergavenny
122	215	3.18.30	Alun Stevens	Merthyr Tydfil
123	265	3.22.26	Russell Davies	Merthyr Tydfil
124	247	3.28.08	Sian Pryse	Mountain Ash
125	234	3.46.23	Clair Houston	Ferndale
126	214	3.49.14	Tony Goddard	Caerphilly

POSITION	RACE NO.	TIME	NAME	TEAM / COMMENT
127	302	3.49.14	Lee Gwyn	Ferndale
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