

## Rhayader Round the Lakes 20, Wales

### 18th March 2006

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<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Cat</u>	<u>Club</u>	<u>Time</u>
1	160	Matt Giles	M	Stourbridge RC	2:02:59
2	123	Mark Garratt	M	RRC	2:03:04
3	116	Stephen Thomas	M	Islwyn RC	2:07:27
4	40	Andrew Hawkins	M	Tewkesbury AC	2:07:35
5	214	James Savage	M	Stourbridge RC	2:08:20
6	184	Nathan Aspinall	M	Aldershot & Farnham	2:09:53
7	152	Mark Hall	M45	Unattached	2:10:50
8	222	Ian Smith	M45	Forest of Dean	2:11:02
9	213	Jim Aylmore	M45	Poole Runners	2:11:38
10	313	Crispin Flower	M	Brecon AC	2:11:42
11	314	Nick Davis	M	Chepstow Harriers	2:11:46
12	166	Bill Graham	M50	Bitton RR	2:11:48
13	52	Ian James	M45	Wrexham AC	2:12:03
14	201	Andy Aston	M40	Stourbridge RC	2:12:20
15	273	Ian Hoare	M40	Bitton RR	2:12:42
16	174	Philip Kendrick	M40	Brecon AC	2:12:58
17	11	Richard Hayes	M	Wreccsam Tri	2:14:07
18	143	Philip Hurd	M45	Unattached	2:15:57
19	179	Tony Warner	M45	Stourbridge RC	2:16:45
20	22	Ken Fotherby	M50	Wolverhampton & Bilston	2:17:26
21	245	David Buron	M45	Dursey AC	2:17:32
22	17	Steve Townsley	M45	Tubs of Lard	2:17:38
23	248	David Wilde	M45	BridgnorthAC	2:18:00
24	108	Neil Bevan	M	Oswestry Olympians	2:18:12
25	128	Jonathan Bott	M	Beaumont RC	2:18:23
26	125	Shaw Pye	M	Amazing Feet RC	2:18:57
27	25	Jeremy Bateman	45	Ripley Running Club	2:19:04
28	285	Ian Price	M40	Stourbridge RC	2:19:06
29	331	John Pullen	M	Wye Valley Runners	2:19:17
30	294	Dafydd Lambeth	M	Islwyn RC	2:19:37
31	524	Debbie Walters	F35	Aldridge RC	2:20:01
32	92	Paul Franks	M40	Telford Harriers	2:20:35
33	312	Nick Thomas	M	Oswestry Olympians	2:20:42
34	124	Ade White	M40	Islwyn RC	2:20:47
35	308	Willia Harris	M40	Shropshire Shufflers	2:20:49
36	550	Lisa Newing	F	Bitton RR	2:21:06
37	280	Bryan Stadden	M45	Bitton RR	2:21:19
38	278	Dave Powell	M45	Unattached	2:22:38
39	264	Tim Gardner	M40	Stourbridge RC	2:23:08
40	246	David Cartwright	M55	Poole Runners	2:23:25
41	286	Tim Devanney	M	Shropshire Shufflers	2:23:28

42	317	Henry Thomas	M40	Telford Harriers	2:24:07
43	78	Mark Amos	M	Unattached	2:24:14
44	73	Don Field	M50	Aldridge	2:24:16
45	57	Stephen Edwards	M	Islwyn RC	2:24:20
46	44	Andrew Boardman	M	Stourbridge RC	2:24:44
47	244	Geoff Robberts	M50	Poole Runners	2:25:00
48	18	James Douglas	M	Stourbridge RC	2:25:20
49	126	Paul Bowden	M45	WitneyRR	2:25:47
50	110	Josef Hayes	M	Deeside AAC	2:25:54
51	276	Geoff Oldrid	M50	Aberystwyth AC	2:25:59
52	266	Martin George	M	Sospan	2:26:11
53	298	Tony Hyland	M40	Elsmere Port AC	2:26:19
54	230	Chris Guerrier	M50	Poole Runners	2:26:23
55	12	Richard Mansell	M	Unattached	2:26:33
56	568	Debbie Thomas	F40	ShropshireShufflers	2:26:45
57	101	Peter Thomas	M45	Sittingbourne Striders	2:26:47
58	243	Keith Thompson	M40	Islwyn RC	2:26:27
59	269	Antony Fletcher	M40	Maldwyn Harriers	2:26:59
60	118	Richard Adams	M	Lingfield RC	2:27:20
61	256	Ben Farag	M40	Les Croupiers	2:27:28
62	91	Arwel James	M	Aberystwyth AC	2:27:38
63	210	Philip Rogers	M	UWA Harriers	2:27:42
64	199	Mark Ritchie	M50	Beaumont RC	2:28:03
65	129	Christopher Law	M40	Ledbury H	2:28:01
66	263	Charles Lebek	M40	Great Western Runners	2:28:09
67	31	Jonathan Bateman	M55	RRC	2:28:20
68	36	Andy Taylor	M	Hereford Tri Club	2:28:32
69	279	Stephen Ball	M	Bitton RR	2:28:44
70	290	Mark Higgs	M40	Stourbridge RC	2:28:52
71	170	Hugh Pinner	M	Unattached	2:29:10
72	149	Carl Fitter	M	Gravesend RRC	2:29:12
73	268	Garry Veale	M40	Chepstow Harriers	2:29:34
74	151	Gavin Fisher	M40	Unattached	2:30:14
75	239	Anthony Homer	M40	Stourbridge RC	2:30:21
76	76	Don Doe	M45	Poole Runners	2:30:33
77	582	Janice Palmer	F45	Poole Runners	2:30:57
78	103	Roderick Johnstone	M	Warrington rr	2:32:01
79	227	Tim Jones	M40	Shropshire Shufflers	2:31:40
80	134	Peter Rabjohns	M	Lytchett Manor Striders	2:31:58
81	545	Shan Roberts	F35	Ingli Runners	2:32:07
82	300	John Morrisey	M45	VegetarianA & CC	2:32:36
83	158	Nicholas Blake	M45	Oswestry Olympians	2:32:38
84	253	Richard Boon	M45	Les Croupiers	2:32:40
85	580	Val Swingler	F35	ShropshireShufflers	2:32:53
86	85	Garry Dean	M	Unattached	2:33:07

87	258	Andrew Murphey	M	Unattached	2:33:20
88	536	Tracey Baker	F40	Unattached	2:33:22
89	14	Tony Hodgson	M55	Meirionydd RC	2:33:22
90	262	Colin Highfield	M40	Sneyd Striders	2:33:58
91	60	Steve Jones	M45	Islwyn RC	2:33:59
92	316	Christopher Garbett	M40	Oswestry Olympians	2:34:12
93	211	Nigel Tillott	M40	Tewkesbury AC	2:34:12
94	491	Catherine Wallkley	F	Uni of Wales Aber	2:34:22
95	139	Paul Charles	M45	Miskin Manor Striders	2:34:33
96	544	Dawn Kenwright	F50	Sarn Helen	2:34:34
97	226	Mark Jackson	M45	Bolton Metro Tri Club	2:34:50
98	185	Michael Thomas	M40	Shropshire Shufflers	2:35:02
99	229	Michael Davies	M55	Les Croupiers	2:35:02
100	490	Rita Abrahamsen	F35	Aber Uni Harriers	2:35:12
101	223	Ashley Wager	M45	Eryri Harriers	2:35:14
102	577	Julie Neilson	F45	Springfield Striders	2:35:23
103	303	Richard Self	M40	Les Croupiers	2:35:35
104	191	Duncan Jones	M45	Denbigh Harriers	2:36:25
105	115	Adrian Dixon	M55	FRA	2:36:25
106	99	Lee Davies	M	Rhondda Valley Runners	2:36:34
107	498	Sereca Atherton	F35	Stafford Harriers	2:36:49
108	288	Mike Hobday	M45	Abergele Harriers	2:37:15
109	181	Scott Gardiner	M40	Unattached	2:37:33
110	526	Janet Staite	F40	Telford Harriers	2:37:36
111	190	Nick Hooper	M40	Worcester Joggers	2:37:40
112	133	Darren Roberts	M	BridgnorthAC	2:37:45
113	322	Richard Hallam	M50	Unattached	2:37:48
114	289	Anthony Martin	M	Stourbridge RC	2:37:48
115	563	Jenny Mills	F55	Launceston RR	2:37:50
116	556	Beth Massey	F35	Unattached	2:37:58
117	159	David Green	M40	Telford AC	2:38:02
118	135	Colin Harvey	M40	Islwyn RC	2:38:20
119	250	Ian Weighell	M	Unattached	2:38:42
120	197	Richard Saunders	M45	Wallasey AC	2:38:43
121	573	Alayne Malkin	F40	Unattached	2:38:45
122	33	Paul Burnage	M40	Lordshill RR	2:38:50
123	225	Nicholas Jackson	M	Bolton Metro Tri Club	2:39:05
124	492	Patricia Matheson	F50	Stourbridge RC	2:39:14
125	3	Gary Griffiths	M	Black Country Tria	2:40:16
126	261	David Snell	M	Hogweed Trotters	2:40:28
127	27	Paul Coleman	M45	Pembroke Harriers	2:40:40
128	59	Stephen Hopkins	M45	Bournville Harriers	2:40:42
129	84	Neil Hawkes	M	Unattached	2:40:43
130	224	Steven Jackson	M45	Unattached	2:41:09
131	65	Paul Williams	M	Shropshire Shufflers	2:41:21

132	148	Lee Bostock	M	Unattached	2:41:30
133	251	Colin Williamson	M60	Shropshire Shufflers	2:41:40
134	325	Robert Burns	M55	Lytchett Manor Striders	2:41:42
135	24	Philip Bamsey	M50	Neath Harriers	2:41:46
136	75	Stephen Botham	M45	Wreccsam Tri	2:42:03
137	592	Wendy Boon	F45	Les Croupiers	2:42:05
138	515	Jayne Gardner	F35	Stourbridge RC	2:42:06
139	96	Jonathan Davies	M	Islwyn RC	2:42:25
140	71	David Jones	M40	Abergele Harriers	2:42:27
141	30	Jez Lovekin	M60	Unattached	2:42:36
142	131	David Roderick	M55	Deeside AAC	2:42:47
143	330	Stephen Jones	M	Wrexham AC	2:42:54
144	271	Neil Ballard	M45	Oswestry Olympians	2:43:00
145	265	Richard Wyson	M45	Caldicott	2:43:08
146	249	Philip Morgan	M40	Unattached	2:43:46
147	275	James Wade	M45	Bitton RR	2:43:57
148	94	Steve Pritchard	M	Unattached	2:44:01
149	558	Jean Turner	F45	Telford Harriers	2:44:03
150	586	Becky Griffith		Poole Runners	2:44:08
151	579	Judith Llewellyn	F40	Chepstow Harriers	2:44:26
152	193	Stefan Rigby	M	Unattached	2:45:19
153	105	Nick Bell	M45	Stroud & Dist AC	2:45:37
154	164	Alan Mann	M45	Les Croupiers	2:45:41
155	113	Richard Waters	M	Unattached	2:45:47
156	43	Chris Williams	M40	Unattached	2:45:49
157	315	Andrew Barton	M50	Shropshire Shufflers	2:46:14
158	37	Alan Woodcock	M50	Unattached	2:46:40
159	254	Jeffrey Thomas	M40	Bridgend AC	2:46:41
160	217	Ian Wade	M45	Chepstow Harriers	2:46:45
161	257	Ian Owen	M	Unattached	2:46:52
162	503	Gaynor Evans	F40	Black Country Tria	2:47:17
163	132	Russell Dobbs	M	Islwyn RC	2:47:20
164	323	Ian Davies	M50	Unattached	2:47:35
165	130	Philip Smith	M50	Wye Valley Runners	2:47:43
166	104	Chris Dawes	M	Lordshill RR	2:47:45
167	146	Gary Stammen	M40	Yeovil Town RRC	2:47:47
168	533	Nicole Jaques	F	Nottingham Uni AC	2:47:49
169	521	Mandy Jones	F45	Islwyn RC	2:47:56
170	236	Garry Tann	M45	Unattached	2:48:20
171	53	Guy Jackson	M45	Watford Joggers	2:48:47
172	203	Steve James	M	Unattached	2:48:50
173	319	Darren Burgess	M	Unattached	2:48:50
174	93	David Gwilliam	M	Ledbury & Dist AC	2:48:51
175	551	Liz Clarke	F45	Les Croupiers	2:48:55
176	543	Kristy Stephenson	F40	Abergele Harriers	2:48:59

177	562	Claire Spick	F40	Bitton RR	2:49:20
178	594	Emma Hoare	F	Bitton RR	2:49:20
179	154	Robert Chilton	M55	Bro Dysynni	2:49:22
180	186	Carlton Coates	M40	Unattached	2:49:27
181	506	Glenda Edwards	F40	Les Croupiers	2:49:29
182	95	Malcolm Edwards	M	Wye Valley Runners	2:49:42
183	81	Ian Foster	M	Hereford Tri Club	2:49:55
184	532	Deborah Clift	F40	Abergele Harriers	2:49:58
185	220	Paul Garside	M	Unattached	2:49:58
186	510	Janet McGarry	F50	Lordshill RR	2:50:15
187	260	Royston Toon	M55	Chepstow Harriers	2:50:17
188	252	Chris Crosswell	M50	Worcester AC	2:50:41
189	142	Huw Davies	M40	C:Rh:A	2:51:19
190	240	George Nicholls	M	Prestatyn RC	2:51:33
191	297	Steven Williams	M	Unattached	2:51:37
192	144	Derek Simpson	M50	Unattached	2:51:45
193	97	Richard Morgan	M40	Unattached	2:52:05
194	109	Roger McFadden	M55	RRC	2:52:12
195	162	Tony James	M50	Islwyn RC	2:52:12
196	32	Anil Veall	M	Unattached	2:52:28
197	595	Jane Buck	F40	Cardigan RC	2:52:54
198	202	Philip Miles	M	Unattached	2:53:02
199	291	Joseph Atherton	M45	Stafford Harriers	2:53:16
200	231	Tony Holloway	M50	Unattached	2:53:19
201	216	David Mail	M50	Cambridge & Coleridge	2:53:00
202	150	David Sidaway	M	Unattached	2:53:53
203	547	Carole Jones	F50	Brecon AC	2:53:54
204	156	Trevor Searle	M55	Oswestry Olympians	2:53:54
205	8	Tudor Jones	M40	Unattached	2:54:06
206	575	Luisa Brana	F	Worcester Joggers	2:54:20
207	187	David Spencer	M45	Unattached	2:54:46
208	324	Richard Lawrence	M	Unattached	2:55:04
209	281	Kenneth Smith	M45	Oswestry Olympians	2:55:14
210	311	Jonathan Mahoney	M	Telford Harriers	2:55:36
211	326	David Rouse	M	Croft Ambrey	2:55:49
212	328	Milton Jones	M40	Shropshire Shufflers	2:55:59
213	102	Philip Huxley	M45	Unattached	2:56:11
214	512	Sarah Collett	F	Unattached	2:56:15
215	68	Mark Perry	M	Cobra RC	2:56:53
216	282	Allan Taylor	M55	Unattached	2:57:08
217	322	Richard Hallam	M50	Unattached	2:57:13
218	293	Allan Lucas	M60	Abergele Harriers	2:57:18
219	599	Teri Thompson	F35	Worcester Joggers	2:57:30
220	495	Min Sowden	F40	Unattached	2:57:30
221	64	Joe Newton	M	Worcester Tri Club	2:57:32

222	67	Keith Miller	M45	Unattached	2:57:38
223	88	David Carr	M	Unattached	2:57:42
224	173	Daron Fincham	M45	Telford Harriers	2:57:57
225	192	Mark Perry	M	Unattached	2:57:58
226	62	Peter Hutchinson	M55	Unattached	2:58:14
227	501	Carol Blofield	F35	Unattached	2:58:21
228	309	John Strange	M55	Telford Harriers	2:59:01
229	161	Daron Windle	M40	Telford Harriers	2:59:27
230	587	Janet Damen	F45	Poole Runners	2:59:29
231	585	Elaine Higgs	F40	Poole Runners	2:59:31
232	332	Brian Jenkins	M40	Unattached	2:59:50
233	274	Andy Hutchings	M	Nailsea RC	2:59:55
234	296	Patrick Sullivan	M40	Unattached	3:00:08
235	1	Robert Gillan	M45	Unattached	3:00:10
236	564	Sue Neal	F55	Les Croupiers	3:00:18
237	70	Paul Skidmore	M45	Action Heart	3:00:21
238	284	Antal Sandor	M	UWA Harriers	3:00:48
239	598	Helen Nightingale	F	Worcester Joggers	3:00:51
240	596	Judith Jones	F40	Abergele Harriers	3:01:01
241	238	John Humphries	M45	Abergele Harriers	3:01:01
242	525	Ellen Spencer	F35	Talford Harriers	3:01:17
243	520	Tracey Hayward	F35	Telford Harriers	3:01:17
244	119	Martin McPherson	M45	Unattached	3:01:32
245	147	Iain Sawers	M	Unattached	3:02:30
246	177	Narinder Bains	M	Peugeot UK	3:02:54
247	176	Mark Trigger	M45	Peugeot UK	3:03:05
248	500	Sean Birch	M	Islwyn RC	3:03:05
249	507	Jill Colman	F40	Pembroke Harriers	3:03:06
250	9	Alex Williams	M	RRC	3:03:22
251	86	Ralph Lloyd	M40	Wye Valley Runners	3:03:37
252	87	Christopher Somerfield	M	Aldridge RC	3:03:45
253	505	Carolyn Kelly	F	Cobra RC	3:03:47
254	589	Lon Morgan	F45	Trots	3:03:52
255	15	Richard Marrs	M45	Sphinx AC	3:04:21
256	304	David Foster	M	Unattached	3:04:25
257	502	Emma Simpkins	F35	Amman Valley Harriers	3:05:31
258	583	Hannah Jones	F	Aberystwyth AC	3:05:36
259	56	Matthew Bailey	M	Worcester Joggers	3:05:54
260	513	Jackie Cryer	F45	Swindon Striders	3:05:56
261	242	Mike Leonard	M50	Lytchett Manor Striders	3:06:02
262	493	Glenda Roberts	F50	Aberystwyth AC	3:06:06
263	306	Andrew Cromie	M40	Unattached	3:06:11
264	114	Iab Smith	M45	Wye Valley Runners	3:06:13
265	307	Richard Froggatt	M	Dudley Kingswinford	3:06:16

266	66	Derek Austin	M50 Unattached	3:06:21
267	576	Gert Cowling	F60 VegetarianA & CC	3:06:23
268	13	Chris Maher	M50 Unattached	3:06:25
269	50	Ira Rainey	M Bitton RR	3:06:50
270	83	Dean Forard	M40 Unattached	3:07:10
271	198	David Denton	M40 Striders of Croydon	3:07:12
272	329	Brian Spencer	M Unattached	3:07:55
273	247	Mike Towner	M55 Poole Runners	3:07:57
274	270	Martin Turner	M40 Oswestry Olympians	3:08:06
275	72	Simon Cox	M40 Unattached	3:08:06
276	516	Lucy Burnett	F35 Ranelagh Harriers	3:08:06
277	571	Jen Aston	F40 Action Heart	3:08:31
278	588	Amanda Morgan	F Trots	3:08:45
279	167	Chris Wood	M45 Shropshire Shufflers	3:08:54
280	577	Julie Neilson	F45 Springfield Striders	3:08:58
281	287	Andrew Roberts	M40 Unattached	3:09:27
282	590	Celia Mills	F40 Calder Valley	3:09:34
283	21	Derek Goodchild	M55 Lordshill RR	3:09:34
284	553	Vanda Cox	F45 Thames Hare & Hounds	3:09:57
285	107	Gareth Ashmead	M40 Yeovil Town RC	3:10:01
286	299	Malcolm Barker	m60 Islwyn RC	3:10:23
287	196	Paul Jones	M40 Unattached	3:10:43
288	539	Jane Mills	F35 Yeovil Towns RC	3:11:06
289	320	Iorwerth Roberts	M60 Eryri Harriers	3:11:43
290	508	Bridget Richardson	F45 Queensferry RC	3:12:00
291	503	Gaynor Evans	F40 Black Country Tria	3:12:06
292	509	Julia Buonseso	F West Mids: Police Ath	3:12:06
293	46	David Drew	M55 Unattached	3:12:14
294	195	Alun Jenkins	M40 Rhayader & Dist AC	3:12:32
295	183	Gary Gunner	M60 Croft Ambrey	3:13:03
296	182	Michael Alsworth	M50 RRC	3:13:24
297	54	Alan Pritchard	M45 Unattached	3:13:31
298	171	David Farmer	M45 Nailsea RC	3:13:36
299	537	Lisa Hall	F Idle AC	3:31:41
300	188	Matt Churchill	M Unattached	3:13:52
301	7	Barry Hopper	M60 Instictive Sports Plymouth	3:14:17
302	597	Hiliary Macarthy	F35 Cardigan RC	3:14:55
303	26	Ashley Hooper	M40 Unattached	3:14:58
304	546	Anna Garratt	F35 RRC	3:16:15
305	559	Cath Giles	F Stourbridge RC	3:16:17
306	140	Joseph King	M Unattached	3:18:29
307	63	Drew Stanley	M40 Worcester Joggers	3:18:45
308	47	Simon McCudden	M45 Ropin Runners	3:18:59
309	554	Angela Rowland	F50 Women's running Network	3:19:10
310	591	Sue Lloyd	F40 Pembroke Harriers	3:19:41

311	581	Cynthia Ashcroft	F65	ShropshireShufflers	3:20:07
312	301	Russell Marande	M	Lytchett Manor Striders	3:20:09
313	302	Simon Eatough	M	Lytchett Manor Striders	3:20:17
314	557	Helen Karlsson	F	Croft Ambrey	3:20:32
315	204	Mick Hudson	M45	Kidderminster & Stourport AC	3:23:03
316	497	Angela Davies	F35	Unattached	3:23:18
317	106	Terry Hefferman	M55	Stroud & Dist AC	3:23:20
318	277	Alun Powell	M55	Unattached	3:23:36
319	272	Michael Catling	M45	Road Runners Club	3:25:30
320	155	Reg Rooke	M40	Unattached	3:26:23
321	232	Kio Vejdani	M65	Lingfield RC	3:27:41
322	80	David Roberts	M40	Unattached	3:28:13
323	117	Peter Law	M60	Stratford on Avon AC	3:28:13
324	534	Christine Smith	F50	Amazing Feet	3:28:26
325	6	John Cunnane	M55	100KM Assoc	3:28:52
326	267	George Terry	M50	Unattached	3:29:10
327	98	David Phillips	M60	Pembroke Harriers	3:29:25
328	499	Anna Phillips	F	Rotherham Harrirs	3:29:30
329	561	Ruth Craven	F70	ShropshireShufflers	3:29:34
330	259	Neil Jones	M	Unattached	3:30:19
331	10	Colin Gillan	M55	RRC	3:30:14
332	241	Andrew Clissond	M55	Lytchett Manor Striders	3:30:45
333	321	David Oldaker	M50	Unattached	3:32:47
334	90	Andrew Ward	M40	Unattached	3:33:14
335	218	Michael Powell	M55	Shropshire Shufflers	3:33:16
336	487	Sarah Beech	F	Unattached	3:33:37
337	528	Susan Lawrence	F50	Unattached	3:33:37
338	600	Coleen Birch	F	Unattached	3:33:47
339	145	Stuart Wild	M55	Worcester Joggers	3:33:47
340	540	Angela Frost	F45	Wye Valley Runners	3:34:16
341	169	Neville Dewson	M65	RRC	3:34:25
342	28	Doug Whiting	M75	Unattached	3:34:46
343	572	Monica Guise	F35	Amazing Feet	3:35:30
344	205	Corin Elliott	M	Amazing Feet RC	3:35:30
345	310	David Samuels	M	Telford Harriers	3:37:08
346	82	Robert Jaques	M50	Unattached	3:38:26
347	237	Kenneth Watts	M60	Rhayader & Dist AC	3:40:19
348	61	Nicholas Sargent	M50	Clevedon AC	3:40:19
349	523	Debbie Christian	F35	Worcester Joggers	3:40:27
350	219	Richard Stirland	M	Unattached	3:40:30
351	529	Rachel Brown	F35	Stroud & Dist AC	3:40:45
352	305	Ian Hipkins	M55	Pembroke Tri Club	3:42:14
353	178	Tim Andrews	M45	Peugeot UK	3:42:26
354	180	Mike Hodges	M50	TROTS	3:42:46



355	496	Christine Davies	F45	Unattached	3:42:48
356	137	Jason Morrisey	M40	Unattached	3:44:44
357	519	Sarah Offland	F35	Unattached	3:46:30
358	283	Andrew Jordan	M	Unattached	3:49:51
359	58	Gary Offland	M40	Unattached	3:50:50
360	567	Patricia Seabrook	F65	Finch Coasters	3:53:35
361	548	Susan Shiell	F55	Lordshill RR	3:57:08
362	5	Richard Warner	M	Unattached	3:58:15