

# Anglesey 2008

## RESULTS - 2008 - ALL - Marathon

Pos	Bib	Name	Cat.	Club	Time
1	244	Dennis Walmsley	M MV45	Bourton Road Runners	2:39:06
2	355	Julian Macdonald	M MV35	Chester Tri Club	2:42:22
3	350	Dave Walmsley	M MV45	Manchester Harriers	2:46:06
4	144	Steve Rees	M MSEN		2:46:48
5	301	Daniel Weston	M MSEN	Wrexham AC	2:47:28
6	333	Kevin Duckworth	M MV40	Dudley Kinswiford	2:49:05
7	266	Robert Ashworth	M MV40	Southport and Waterloo AC	2:54:32
8	293	Robert Mcgrath	M MV40	Southport and Waterloo AC	2:54:32
9	218	Dewi Wyn Roberts	M MV40	Bro Dyssynni AAC	2:55:58
10	239	Christopher Parker	M MV40	Swansea Harriers	2:57:12
11	302	Rick Bowker	M MV45	Southport and Waterloo AC	2:58:51
12	255	Jonathan Bridge	M MV40	Blackburn Harriers	2:59:36
13	372	Michael Goulbourne	M MSEN	Ashurst Bike Club	2:59:41
14	296	Douglas Brisco	M MV50	Andover Athletics Club	3:03:02
15	260	Philip Johnson	M MV55	Cleethorpes Athletic Club	3:04:29
16	175	Richard Webster	M MV40		3:04:47
17	153	Gareth Wilson	M MSEN	Glossopdale Harriers	3:06:00
18	78	Chris Fulcher	M MV40	Port Talbot Harriers	3:06:22
19	138	Eric Green	M MV50	Valley Striders	3:07:37
20	52	John Ford	M MV35	Abergele Harriers	3:08:34
21	250	Francis Martin	M MV45	Penny Lane Striders	3:08:43
22	314	Angie Sadler	F FV45	Tewkesbury AC	3:10:21
23	123	Guy Roberts	M MSEN	Mossley Hill AC	3:12:38
24	304	Brendan Rothery	M MSEN	Eryri Harriers	3:12:54
25	313	Stephen Harrison	M MV35	FERC	3:13:21
26	57	Simon Illingworth	M MV45		3:13:32
27	305	Philip Owen	M MSEN		3:14:23
28	338	Warren Minshall	M MV35		3:15:32
29	4	David Pryce	M MV45	Eryri Harriers	3:17:07
30	289	Robert Boon	M MV50	Boalloy Running Club	3:17:13
31	29	Michael Grehan	M MV40	Dunstable Road Runners	3:17:28
32	367	David Hollyoak	M MV40	MVH Tri Club	3:17:55
33	316	James Price	M MV55	LIVERPOOL RUNNING CLUB	3:18:25
34	252	David Beattie	M MV60	Crawley A.C	3:19:29
35	345	Val Swingler	F FV40	Shropshire Shufflers	3:19:58
36	276	Richard Lewis	M MSEN		3:23:10
37	354	Carl Parry	M MV35	St Helens Sutton AC	3:23:43
38	220	Chris Timms	M MSEN	Beaver	3:23:45
39	351	Christopher Ross	M MV40	Stafford Harriers	3:24:26
40	160	Marcin Ochal	M MSEN		3:24:42
41	268	Tom Lewis	M MSEN	Team Bath AC	3:24:42
42	110	Timothy Rainey	M MV40	Sale Harriers	3:25:10
43	148	John Davenport	M MV35		3:25:28
44	177	David Michael King	M MV55	South West Veterans AC	3:25:34
45	285	Dave Owen	M MV45		3:25:49
46	36	Dan Harris	M MSEN		3:27:12
47	267	Charles Walsh	M MSEN	Port Talbot Harriers	3:27:15
48	347	Donald Williams	M MV60	Eryri Harriers	3:27:58
49	288	Louise Cooper	F FSEN	Belgrave Harriers	3:28:14
50	326	Kevin Blackmore	M MV45		3:28:42
51	337	Mark Davies	M MV40	Port Talbot Harriers	3:28:58
52	261	Pirjo Kivelainen	F FV45	Cleethorpes Athletic Club	3:29:01
53	274	Leighton Gardner	M MV40	Swansea Harriers	3:29:40
54	281	Gavin Jemison	M MV35		3:29:46
55	322	Jonathan Sewell	M MV35		3:30:25
56	234	Martin Wilkinson	M MV45	Birchfield Harriers	3:30:39
57	65	Martin Harrison	M MV40	Belle Vue Racers	3:31:24
58	321	Peter Agnew	M MV45		3:31:53
59	286	Richard Johnson	M MV35	Islwyn Running Club	3:32:23
60	215	Jenny Mills	F FV55	Launceston Road Runners	3:33:29
61	320	Neil Copack	M MV35		3:35:07
62	362	John Mcbrien	M MV45		3:35:10
63	194	Kelvin Roberts	M MSEN		3:35:59
64	187	Amanda Davies	F FSEN	Tattenhall Runners	3:37:10
65	206	Geoff Dillon	M MSEN	Crystal Palace Triatheletes	3:37:16
66	271	Mark Simpson	M MV40		3:37:28
67	232	Peter Simpson	M MV60	Liverpool Harriers + AC	3:37:30
68	357	Thomas Healing	M MSEN		3:38:19

69	233	Matthew Pendergast	M MSEN		3:38:36
70	339	Jeff Rees	M MV50	Neath	3:39:23
71	127	Karl Connor	M MV35		3:39:35
72	2	Terry Hindson	M MV45	Redcar	3:39:47
73	111	Harry Porteous	M MV45	Alnwick Harriers	3:40:53
74	182	Alan Mann	M MV50	Les Croupiers	3:42:20
75	131	Nicholas Fraser	M MSEN	Chester Tri Club	3:42:55
76	27	Emma Kicks	F FSEN	Nidd Valley Road Runners	3:43:39
77	272	Dipak Vala	M MV40		3:43:50
78	311	Peter Harris	M MV40		3:44:05
79	162	Neil Morrisey	M MSEN		3:45:01
80	256	Michael Horton	M MV60	Boalloy Running Club	3:45:30
81	8	Grant Stanning	M MV45		3:46:15
82	225	Peter Mccarthy	M MV45	Wirksworth Running Club	3:46:56
83	323	Lee Bailey	M MSEN		3:48:01
84	134	Sarah Vick	F FV35	The Saxons	3:48:02
85	66	Sarah Hodgson	F FSEN		3:48:06
86	82	Martyn Turner	M MSEN		3:49:50
87	263	Andrew Pearce	M MSEN		3:50:20
88	87	Emma Thomas	F FSEN		3:50:46
89	273	Carol Moseley	F FSEN	Port Talbot Harriers	3:51:52
90	340	Alan Perkins	M MV55	Port Talbot Harriers	3:51:52
91	270	Ray Porter	M MV40		3:52:02
92	199	Bryan Riley	M MV35		3:52:10
93	17	Brian Sherwood	M MV40	Nidd Valley Road Runners	3:52:21
94	353	Garry Tann	M MV50	Mysteruns of Abergele	3:52:23
95	356	David Jones	M MV40	Mysteruns	3:52:23
96	370	John Humphries	M MV50	Mysteruns of Abergele	3:52:23
97	349	Andrew Nunney	M MSEN	Royal Navy	3:52:52
98	201	Kevin Chilvers	M MV60	Menai Track and Field	3:53:16
99	328	Phillip Howells	M MV60	South West Veterans AC	3:53:35
100	41	Jonathan Morton	M MV35		3:54:39
101	365	Gerry Mcgrath	M MV45		3:55:32
102	186	Iolo Jones	M MV40	Eryri Harriers	3:56:00
103	363	Paul Williams	M MV50		3:56:22
104	168	David Goodwin	M MV40		3:56:36
105	10	Simon Smith	M MV35	Nidd Valley Road Runners	3:57:53
106	241	Nigel Moysey	M MV55	Yeovil Town Running Club	3:58:20
107	50	Jane Fedrick	F FV40		3:58:49
108	90	Paul Roberts	M MV35		3:59:20
109	315	Stephen Price	M MV45	LIVERPOOL RUNNING CLUB	3:59:22
110	26	Dave Seaman	M MV60	Nidd Valley Road Runners	3:59:36
111	32	Nick Burton	M MV50	Nidd Valley Road Runners	4:01:58
112	291	Alexander Davidson-Elliott	M MV60	Birchfield Harriers	4:02:17
113	163	Tom Morrisey	M MSEN		4:04:06
114	230	David Mcmahon	M MSEN	RAF Spadeadam	4:04:11
115	229	Brian Elliott	M MV35	RAF Spadeadam	4:04:11
116	341	Neal O'Hara	M MV50		4:04:24
117	344	Mark Cope	M MSEN		4:04:31
118	269	David Palmer	M MV45	Vegetarian C + AC	4:04:49
119	330	Sarah Worth	F FSEN		4:05:09
120	366	Katie Benson	F FV35	Warrington Tri	4:07:34
121	329	George Armstrong	M MV60	Aaddineton elp	4:08:16
122	80	David Major	M MV40	100 Marathon Club	4:09:45
123	189	Ann Bath	F FV60	26.2 RRC	4:09:50
124	342	Leslie Prichard	M MV35		4:10:30
125	373	Jack Bradley	M MV45		4:12:12
126	89	Gwyndaf Owen Williams	M MV35		4:12:57
127	119	Wayne Jones	M MV35		4:12:58
128	294	Richard Merrick	M MV35	Belgrave Harriers	4:13:42
129	107	John Barrett	M MV60	South Devon AC	4:14:00
130	116	Ray James	M MV45	Port Talbot Harriers	4:14:16
131	364	Tony Evans	M MV45		4:15:52
132	6	Greg Slack	M MSEN		4:17:53
133	358	Mike Radworth	M MV50	Padarn Triathlon	4:18:04
134	56	James Barnes	M MV45	UK Net Runner	4:18:26
135	81	Linda Major	F FV40	100 Marathon Club	4:18:44
136	312	Kirsty Everett	F FSEN	Nidd Valley Road Runners	4:18:52
137	249	Heather Sealey	F FSEN		4:18:52
138	99	Mark Walsh	M MV35		4:19:02
139	335	Mike Hodges	M MV50		4:19:21
140	30	Annie Burns	F FV50	Nidd Valley Road Runners	4:19:26
141	59	Roger Barrett	M MV50	Fat Lads Running Club	4:19:49
142	334	Malcolm Cowen	M MV60		4:20:18

143	40	Chris Jones	M MV40		4:20:22
144	371	Chris Johnston	M MV60	East Chesire Harriers	4:20:29
145	221	Dianne Lapworth	F FV55		4:20:46
146	164	Simon Hibbott	M MV40		4:21:06
147	318	Colin Longworth	M MV55		4:21:06
148	336	Margret Hodges	F FV50		4:21:47
149	184	Christopher Evans	M MV40		4:22:08
150	343	Vicki Hughes	F FSEN		4:22:25
151	190	Hannah Beaumont	F FSEN		4:23:02
152	202	Amy Kazmierczak	F FV35		4:23:07
153	77	Carole Reed	F FV45		4:23:10
154	210	Matthew Brushett	M MSEN		4:25:11
155	369	Peter Ferris	M MV50	100 Marathon Club	4:25:39
156	368	John Kew	M MV50	Bristol Rovers AC	4:25:43
157	51	Steve Coote	M MV50	Vegetarian C + AC	4:26:32
158	155	David Phillips	M MV60	Pembrokshire Harriers	4:27:09
159	136	Denzil Martin	M MSEN	Wrekin Road Runners	4:27:10
160	171	David Appleby	M MV45		4:27:30
161	91	Andrew Tang	M MV45	50 States Marathon Club	4:27:49
162	287	Paul Young	M MV45		4:28:14
163	352	David Reynolds	M MSEN		4:28:39
164	9	Will Doherty	M MV45		4:29:14
165	161	Alan Wanamaker	M MV35		4:29:20
166	149	Neil Wannop	M MV40		4:29:27
167	243	Syd Wheeler	M MV60	Chepstow Harriers	4:29:33
168	151	Gwen Owens	F FSEN		4:29:34
169	165	Graeme Foster	M MV40		4:29:49
170	105	Mark Persechino	M MV35		4:30:24
171	317	Arfon Hughes	M MV40		4:31:18
172	211	David John Williams	M MV45		4:31:20
173	361	Roderick Rogers	M MV45	Eryri Harriers	4:31:33
174	196	Judith Pinkham	F FSEN		4:32:08
175	181	David Mcguire	M MSEN		4:32:23
176	178	Martin Frew	M MV45		4:33:03
177	248	Carl Guest	M MV35		4:33:26
178	332	Gareth Williams	M MV45		4:33:33
179	228	David Maddison	M MV60	Wirksworth Running Club	4:33:42
180	192	Ian Rothery	M MV50	Cybi Striders	4:33:51
181	126	Tim Price	M MV40		4:34:03
182	143	Benjamin Jacks-Robson	M MSEN		4:35:31
183	64	Dilwyn Williams	M MV35		4:35:32
184	173	Andrew Lilley	M MSEN		4:36:33
185	166	Paul Williams	M MV35		4:36:55
186	212	David Charles Jones	M MV45		4:37:21
187	139	Sharon Hulett	F FV35		4:38:06
188	284	Richard Fullbrook	M MV40		4:38:09
189	38	Warren D'Rozario	M MV50	Sandwell Valley RC	4:38:11
190	19	Paul Manning	M MV40	Nidd Valley Road Runners	4:39:20
191	306	John Dawson	M MV60	100 Marathon Club	4:39:56
192	46	John King	M MV55		4:40:15
193	299	Mark O Lyon	M MV40		4:40:34
194	290	Nicholas Berney	M MV35		4:40:34
195	265	Robert Jackson	M MV35		4:41:13
196	130	David A. R. Toms	M MV55	Brandon Fern Harriers	4:42:31
197	195	Hiram Evans	M MV40		4:42:49
198	246	Alun Evans	M MV45		4:43:32
199	209	Keith Brown	M MSEN		4:43:33
200	95	Alan Jones	M MV35	Mersey Triathlon Club	4:44:54
201	85	Leanne Baxter	F FSEN		4:44:55
202	185	Colin Cookson	M MV50	100 Marathon Club	4:45:08
203	154	Geoff Mount	M MV60	Denby Dale Travellers	4:45:18
204	11	Michelle Smith	F FV35	Nidd Valley Road Runners	4:45:45
205	140	Lester Jones	M MV35		4:46:27
206	106	Paul Squires	M MV50		4:46:43
207	193	Edward Taylor	M MV60	Rugeley Runners	4:47:15
208	223	John Robinson	M MV50	Buckley Runners	4:48:05
209	300	Chris Pritchard	M MSEN		4:49:39
210	145	Andrew Broomhead	M MSEN		4:50:32
211	39	Alan Owen	M MV35		4:51:23
212	231	Bryan Grithiths	M MV35		4:54:00
213	44	Adele Whiteway	F FSEN		4:54:56
214	374	Gareth Whitehead	M MSEN		4:55:14
215	360	Craig Doutch	M MSEN		4:56:29
216	53	Ruth Benzimra	F FV40	Road Runners Club	4:56:30

217	55	Henry Nicholson	M MSEN		4:57:54
218	359	Huw Jones	M MV45		4:58:32
219	198	Brian Mills	M MV50	100 Marathon Club	4:59:11
220	200	Selina Da Silva	F FV50	100 Marathon Club	5:03:34
221	307	Brenda Jones	F FV60	Bro Dyssynni AAC	5:04:15
222	319	Marjorie Griffiths	F MV60	Bro Dyssynni AAC	5:04:15
223	375	Jacky Rosser-Browne	F FSEN		5:04:31
224	71	Heather Burton	F FV45		5:05:51
225	262	Lousie Finner	F FSEN	Biddulph R/C	5:07:36
226	309	Edward Roberts	M MV45		5:08:54
227	254	Kevin Griffin	M MV45		5:09:04
228	112	Noel Butler	M MV50	Nidd Valley Road Runners	5:09:48
229	283	Alex Farrar	M MSEN		5:09:56
230	282	Philip Miles	M MSEN		5:09:56
231	207	Stephen Brear	M MV35	Sleaford Town Runners	5:11:24
232	346	Colin Pugh	M MV40		5:11:49
233	183	Simon Hardy	M MSEN		5:12:20
234	146	Robert Jones	M MSEN		5:12:54
235	23	Judy Greenwood	F FV45	Nidd Valley Road Runners	5:13:01
236	25	Cara Hughes	F FSEN		5:13:05
237	253	Jon Aston	M MV40	Wrekin Road Runners	5:16:58
238	129	David Rosser	M MV60	Amman Valley Harriers	5:17:01
239	217	Andrew Bennett	M MSEN		5:18:57
240	237	Andy Olejnik	M MSEN		5:19:12
241	1	Thomas Giles	M MV40	Trail Runners Association 1686	5:20:06
242	98	Dan Wilson	M MSEN		5:22:00
243	298	Susan Adams	F FV55	York Knavemire Harriers/ 100 M	5:23:46
244	259	Kio Vejdani	M MV60	Lingfield Running Club	5:25:09
245	297	Paul Adams	M MV55	100 Marathon Club	5:27:06
246	310	Adam Alexander	M MSEN		5:27:22
247	60	Lee Murray	M MSEN		5:27:22
248	93	Steven Cash	M MV45		5:27:39
	74	Ben Withishaw	M MSEN		DNF
	76	Marcus Bishop	M MV40	Knavesmire Harriers	DNF
	86	David Roberts	M MV40		DNF
	104	Sj Stanley-Jones	F FSEN	Womens Running Network	DNF
	141	Mark Shipley	M MV35		DNF
	331	Richard Forster	M MSEN		DNF

#### RESULTS - 2008 - ALL - HalfMarathon

Pos	Bib	Name	Cat.	Club	Time
1	716	Gary Norgrove	M MV40	Wreccsam Tri	1:18:04
2	764	Tracey Morris	F FV40	Valley Striders	1:18:51
3	732	Rich Collinson	M MSEN	Westbury Harriers	1:23:18
4	664	Ian Barrett	M MV35	Ballymena and Antrim AC	1:23:36
5	602	Nicholas Harvey	M MV35		1:24:51
6	736	Richard Willaims	M MSEN	Eryri Harriers	1:26:49
7	623	Rhys Owen	M MSEN		1:27:46
8	738	Dylan Owen	M MV40	Eryri Harriers	1:27:46
9	767	Paul Fairbrother	M MV35	Cheshire Hash House Harriers	1:28:48
10	701	Dave Moran	M MV45	LIVERPOOL RUNNING CLUB	1:29:51
11	748	James Hooton	M MV35		1:30:08
12	674	James Paddock	M MSEN		1:30:20
13	757	Gwilym Hughes	M MV40		1:34:02
14	622	Andrew John	M MSEN	Bangor University Athletics Cl	1:34:13
15	629	Michael Singleton	M MV40		1:35:14
16	702	Stephen Livett	M MV45	Eryri Harriers	1:35:36
17	677	David Mccabe	M MSEN	Trawden	1:36:09
18	703	Jenny Brierley	F FSEN	Bangor University Athletics Cl	1:36:39
19	627	Gareth Hind	M MSEN		1:36:48
20	635	John Tinkler	M MSEN		1:36:49
21	747	David Roberts	M MV45		1:36:54
22	725	Neil Owen	M MV55		1:37:22
23	654	Graham Pomfret	M MV55	Blackburn Harriers	1:37:34
24	624	Robert Hind	M MV55	Police Athletic Assoc	1:37:50
25	580	Graham Graham Mcneill	M MV35		1:39:33
26	583	Nick Jones	M MSEN		1:39:37
27	763	Steven Farrar	M MV45		1:40:32
28	704	Robert Chadwick	M MSEN		1:40:55
29	709	Rhiannon Llewelyn	F FSEN		1:40:58
30	755	Matthew Healing	M MSEN		1:41:07
31	634	Myriam Scanlon	F FV45		1:41:10

32	721	Alun Lewis	M MV50	Howgill Harriers	1:41:30
33	699	Matthew Owen	M MSEN		1:41:40
34	670	Ronald Barnard	M MV40		1:41:47
35	743	Aaron Glendinning	M MSEN		1:41:53
36	690	Peter Lawton	M MV50	Birchfield Harriers	1:41:53
37	597	Geraint Jones	M MV40	Eryri Harriers	1:42:11
38	735	Kevin Edwards	M MSEN	Eryri Harriers	1:42:11
39	619	Garry Owens	M MV40		1:42:14
40	598	Noel Owen	M MV40		1:42:26
41	588	Andrew Meincken	M MV35		1:42:54
42	694	Paul Curwen	M MSEN		1:43:13
43	706	Jason Lovibond	M MSEN	Rnac	1:43:45
44	751	Rob Sheperd	M MSEN		1:43:48
45	669	Jason Cunningham	M MSEN	Penny Lane Striders	1:44:30
46	533	Daniel Crookes	M MV40	Northern Veterans AC	1:44:47
47	536	Alastair Moralee	M MV45		1:45:06
48	746	Raymond Sharkey	M MV35	Nidd Valley Road Runners	1:45:19
49	587	Trevor Boocock	M MSEN		1:45:36
50	739	Dafydd Llewelyn	M MV35		1:46:14
51	566	Alan Jacobs	M MV35	Oswestry Olympians	1:46:28
52	652	Libby Colinson	F FV50	Shropshire Shufflers	1:46:57
53	733	Stephen Johnston	M MSEN		1:47:07
54	711	Ian Jones	M MV40		1:47:27
55	770	Richard Mawdsley	M MV35	Mersey Triathlon Club	1:47:37
56	753	Aled Roberts	M MV55		1:49:20
57	620	Stephen Edwards	M MSEN	Eryri Harriers	1:49:20
58	643	Pam Grant	F FV50	Mysteruns	1:49:21
59	599	Craig Ellis	M MV35		1:49:37
60	668	Nicola Lee-Browne	F FV45	Great Western Runners	1:49:56
61	697	David Jones	M MV45	North wales Police	1:50:11
62	572	David Marsh	M MSEN		1:50:20
63	575	Huw Richard Jones	M MV35		1:50:42
64	569	Tomasz Piatek	M MSEN		1:50:56
65	657	Phil Tracey	M MV45	Cybi Striders Holyhead.	1:51:08
66	621	Bethan Jones	F FSEN		1:51:14
67	707	Dylan Parry	M MV35		1:51:20
68	662	Janet Bultitude	F FSEN		1:51:29
69	646	John Cockroft	M MSEN		1:52:26
70	525	Gary Baker	M MSEN		1:52:26
71	671	Deane Lamb	M MSEN		1:52:36
72	705	David Edwards	M MV50	Abergele Harriers	1:52:48
73	600	Gwyndaf Pari	M MV40		1:53:06
74	613	Jayne Neave	F FV40	Chester Tri Club	1:53:12
75	750	David Bloor	M MV50		1:53:18
76	700	Andrew Innes	M MV35		1:53:30
77	604	Stephen Kinsella	M MV40		1:54:49
78	762	Callum Coombs	M MSEN		1:55:07
79	603	Dilwyn Jones	M MSEN	Eryri Harriers	1:55:09
80	651	Kevin Clark	M MV40		1:55:34
81	539	David Mchugh	M MSEN		1:55:47
82	768	Alex Hughes	M MSEN		1:55:51
83	740	Tammy Brereton	F FSEN		1:55:56
84	715	David Markland	M MV50		1:55:58
85	650	Rhian Jones	F FV35	Eryri Harriers	1:56:46
86	630	Suzy Cramb	F FV40		1:57:01
87	749	Bridget Peberdy	F FV45	Alnwick Harriers	1:57:04
88	562	Martin Williams	M MV40		1:57:12
89	712	Andrew Murgatroyd	M MV45		1:57:30
90	617	Sue Jones	F MV45	Cybi Striders Holyhead.	1:57:34
91	551	Naiomi Graham	F FV35	Mersey Triathlon Club	1:58:02
92	535	Lucy Kay	F FV40		1:58:04
93	543	David Perkins	M MV55		1:58:11
94	720	Mark Hilliam	M MV35		1:58:37
95	516	Sarah Eaton	F FV45		1:59:02
96	611	Bethan Roberts	F FSEN	Sale Harriers	1:59:07
97	660	Anthony Molloy	M MV50	Birchfield Harriers	1:59:25
98	593	Dylan Owen	M MSEN		1:59:44
99	530	Judith Jones	F FV50	Eryri Harriers	2:00:10
100	731	Berin Jones	M MV40	Radcliffe A.C	2:01:19
101	719	Jillian Ross	F FV40		2:01:28
102	632	Bernadette William	F FV35	Eryri Harriers	2:01:45
103	766	Kelly Edwards	F FSEN		2:01:57
104	555	Bruce Clapton	M MV40		2:02:02
105	558	Janet Carling	F FV50	Nidd Valley Road Runners	2:02:17

106	761	Alun Gruffydd	M MV35		2:02:23
107	509	Christian Carr	M MSEN		2:02:36
108	523	Gareth Williams	M MSEN		2:02:38
109	553	David Mortimer	F MV40		2:03:08
110	542	Menna Lewis	F FV50	Howgill Harriers	2:03:10
111	760	David Robinson	M MSEN		2:03:57
112	742	Calvern Garton	M MSEN		2:04:11
113	741	Dylan Hughes	M MSEN		2:04:28
114	727	Graham Mcvey	M MV35		2:04:52
115	567	Alejandra Hernandez	F FSEN	Village Road Runners	2:05:32
116	626	Jason Cahill	M MV35		2:06:12
117	563	Andy Ryder	M MV40		2:06:18
118	577	Kelly Jackman	F FSEN	Norwich Road Runners	2:06:46
119	537	Cecilia Thomas	F FV50		2:06:59
120	614	Jane Myers	F FV35		2:07:01
121	698	Tony Roberts	M MV40		2:07:55
122	612	Nell Hall	F FSEN		2:08:12
123	584	Matt Ostrowski	M MSEN		2:08:14
124	688	Joe Delaney	M MV50	Village Road Runners	2:08:50
125	595	Lauren Thomas	F FSEN		2:09:26
126	647	Gwyn Griffiths	M MV55		2:09:26
127	618	Karen Owens	F MV35	Oswestry Olympians	2:09:27
128	676	Jane Flanagan	F FV40	Arrowe Park Amblers	2:10:18
129	675	Keith Scovell	M MV45	Arrowe Park Amblers	2:10:19
130	601	Farida Anki	F FSEN		2:10:28
131	513	Rachel Bailey	F FV40		2:10:50
132	631	Mark Gibbs	M MV40		2:11:11
133	554	Liam Mortimer	M MSEN		2:11:37
134	645	Dewi Griffiths	M MV45		2:11:46
135	649	Ian Owens	M MV40		2:12:41
136	708	Robert Pickering	M MSEN		2:12:49
137	636	Julianne Downham	F FSEN		2:13:16
138	540	Victoria Roberts	F FV35		2:13:16
139	605	Jenny Edwards	F FV40	Chester Tri Club	2:13:53
140	734	Danny White	M MSEN		2:14:58
141	756	Rhys Roberts	M MV40		2:15:19
142	521	Rhys Hughes	M MV35		2:15:41
143	549	Lizzie Medwell	F FV50	Midd Valley Road Runners	2:16:09
144	534	Joy Mount	F FV60	Denby Dale Travellers	2:17:05
145	590	Glenys Mcgregor	F FV45		2:17:12
146	672	Jo Carradine	F FV35		2:17:22
147	578	Caroline Maddison Maddison	F FV50		2:18:04
148	724	N Devlin	M MV50		2:18:26
149	693	Jak Horner	M MV35		2:18:30
150	663	Lisa Reid	F FV35		2:18:42
151	511	Jenny Barrow	F FV40		2:18:57
152	730	Pamela Storey	F FV60	100 Marathon Club	2:19:05
153	570	Diana Brooke	F FV40		2:19:20
154	559	Gareth G. Jones	M MV40		2:19:29
155	687	Gethin Jones	M MSEN		2:20:08
156	568	Dan West	M MSEN		2:21:19
157	633	Ffion Davies	F FSEN		2:22:01
158	518	Dan Lamerton	M MSEN		2:22:05
159	564	Mila Simpson	F FV55	Cybi Striders Holyhead.	2:22:06
160	502	Sandra Hawken	F FV40		2:22:08
161	586	Elaine Doga	F FV40		2:22:28
162	722	Heather Waterson	F FV35		2:24:21
163	556	Amy Goodson	F FSEN		2:24:41
164	561	Anthony Blair	M MSEN		2:24:41
165	609	Keith Tubman	M MV60		2:25:13
166	552	Paul Roberts	M MV45		2:25:46
167	574	Barry Owen	M MSEN		2:28:51
168	585	Idris Jones	M MV45		2:29:51
169	538	Kathryn Bingham	F FSEN		2:30:35
170	752	Maureen Hughes	F FV55		2:32:35
171	560	Kevin Williams	M MV45		2:33:38
172	608	Jeremy Thompson	M MV45		2:33:56
173	765	David Edwards	M MV50		2:34:11
174	503	Sue Threadgold	F FV40	Nidd Valley Road Runners	2:34:44
175	508	Meriel Tolhurst-Cleaver	F FSEN		2:36:00
176	596	Lynne Roberts	F FV45	Eryri Harriers	2:36:33
177	759	Eilian Griffiths	F FSEN		2:37:16
178	640	Simon Jones	M MV50	Richmond R.F.C.	2:37:42
179	639	Rachel Jones	F FV45		2:37:43

180	579	Dave Hancock	M MV50		2:38:28
181	648	Helen Hamer	F FSEN		2:38:34
182	547	Tim Hodgins	M MSEN		2:40:03
183	517	Linda Jones	F FV50		2:40:31
184	544	Nigel Chaplin	M MSEN		2:40:52
185	729	Sian Robinson	F FSEN		2:42:07
186	653	Mary Pomfret	F FV55	Blackburn Harriers	2:45:46
187	661	Ron Stanley-Jones	M MSEN	Truro Harriers	2:47:25
188	644	Gwenda Marshall	F FV45		2:47:46
189	692	Chris Horner	M MV60		2:52:13
190	637	Surinder Singh	M MV60	Birchfield Harriers	2:52:46
191	696	Fiona Parry	F FSEN	Holy Island Power Walkers	2:53:25
192	689	Adrienne Owen	F FV50	Holy Island Power Walkers	2:53:25
193	714	Gail Owen	F FV50	Holy Island Power Walkers	2:53:37
194	682	Felicity Roberts	F FSEN	Holy Island Power Walkers	2:53:56
195	659	Paige Griffiths	F FSEN		2:54:03
196	678	Angharad Price-Evans	F MSEN		2:54:04
197	728	Lowri Thomas	F FSEN		2:55:15
198	625	Howard Marshall	M MV45	Reach fitness	2:56:00
199	685	Heather Owen	F FV50		3:00:32
200	514	Karen Newby	F FV50		3:07:35
201	680	Joanne Convery	F FSEN	Holy Island Power Walkers	3:12:19
202	686	Gillian Slinn	F FV60	Holy Island Power Walkers	3:12:28
203	681	Debbie Carmichael	F FV45	Holy Island Power Walkers	3:15:29
204	713	Mandy Parry	F FV35	Holy Island Power Walkers	3:15:30
205	589	Rhiannon Rowlands	F FV50		3:16:07
206	723	Adrienne Wright	F FV55	Holy Island Power Walkers	3:20:48
207	695	Christine Williams	F FV55	Holy Island Power Walkers	3:21:27
208	684	Joan Brugts	F FV60	Holy Island Power Walkers	3:21:29
209	679	Anne Convery	F FV55	Holy Island Power Walkers	3:21:30
210	510	Katherine Wingate	F FV60	Menai Track and Field	3:42:43

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#### RESULTS - 2008 - ALL - 10k

Pos	Bib	Name	Cat.	Club	Time
1	53	Phil Walker	M MV40	Morpeth Harriers+AC	34:25
2	68	Fabien Downs	M SM	Bangor University Alumni	36:13
3	25	David Owens	M SM	Tone Zone Runners	37:57
4	141	Glyn Kay	M SM	Horwich RMI	38:34
5	120	Jerome Evans	M SM	Port Talbot Harriers	38:44
6	130	Simon Merrick	M MV40		38:57
7	63	Delwyn Parry	M SM	Llanbabo Hurricanes	39:44
8	94	Arfon Owens	M MV40	Cybi Striders	40:05
9	92	Felicity Gamble	F SF		40:32
10	81	Meirion Evans	M SM		40:38
11	91	Jim Woodcock	M MV55	Menai Track and Field	40:50
12	80	Ian Jones	M MV35		41:04
13	46	John Griffith	M MV55	Cybi Striders	41:15
14	126	Adrian Bryan	M SM	Wrexham AC	42:13
15	136	Asa Strickland	F FV35		42:43
16	105	Ceris Owens	M MV50		43:11
17	118	Kyle Fulcher	M SM	Port Talbot Harriers	44:20
18	59	Mark Evans	M SM		44:23
19	38	Anthony Beyga	M SM		44:34
20	31	Owen Jones	M MV40		44:50

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#### RESULTS - 2008 - ALL - 5k

Pos	Bib	Name	Cat.	Club	Time
1	53	Andrew Van Kintz	M SM	Menai Track and Field	17:05
2	78	Huw Jones	M SM	Menai Track and Field	17:49
3	41	Glyn Kay	M SM	Horwich RMI	18:22
4	39	Ian Roberts	M SM		18:45
5	45	Tecwyn Evans	M SM	Menai Track and Field	19:03
6	80	Ryan Jones	M SM		19:09
7	101	Llion Hughes	M MV35		19:09
8	38	George Duckworth	M SM	Tipton Harriers	19:29
9	60	Mike Singleton	M MV45		19:44
10	6	Olivia Perez	F SF	Liverpool Harriers	19:57
11	37	Gerallt Roberts	M SM		20:20
12	23	Sarah Livett	F SF	Menai Track and Field	20:21

13	31	Morgan Evans	M SM	Menai Track and Field	20:34
14	58	Nigel Evans	M MV50	Bro Dysynni	20:51
15	77	Haley Russoll	F SF		21:06
16	14	Nicola Berry	F SF	Stockport Harriers	21:21
17	43	Dion Roberts	M SM	Bro Dysynn	22:11
18	10	Ian Parry	M MV40		22:25
19	42	Maurice Haynes	M MV45		22:39
20	75	Meilir Parry	M SM		22:56