

# *INGLI RUNNERS*

## *R.N.L.I. 10km Fun Run & Race 2006*

Pos	No	First	Name	Club	Time	Cat	Age
1	20	LES	HEWITSON	INGLI RUNNERS	00:35:55	M40	42
2	43	CARWYN	THOMAS	SARN HELEN	00:36:30	OM	18
3	39	DAVID	ASTINS	PEMBS TRI	00:37:33	OM	37
4	7	RON	JENKINS	NONE	00:38:01	M40	49
5	26	PATRICK	MARTIN	PEMBS TRI CLUB	00:39:01	OM	23
6	38	ANN	THOMAS	TROTS	00:39:16	F35	39
7	22	MARTIN	DAVIES	TROTS	00:39:33	OM	24
8	44	JAMES	THOMAS	SARN HELEN	00:39:49	OM	24
9	23	GARETH	ELLIOTT	PEMBS HARRIERS	00:39:54	OM	24
10	18	NEIL	WILKINSON	CARDIGAN RUNNING CLUB	00:40:26	M40	42
11	24	DAVE	GRIFFITHS	TROTS	00:40:30	M40	43
12	8	SHAN	ROBERTS	INGLI RUNNERS	00:40:32	F35	39
13	45	HAYDN	LLOYD	SARN HELEN	00:40:43	OM	34
14	14	LEE	JAMIESON	INGLI RUNNERS	00:41:05	OM	36
15	9	TIM	JAMES	INGLI RUNNERS	00:41:18	OM	28
16	36	STEVEN	BRIDGES	TAFF ELY TRI	00:41:40	M40	41
17	35	CYRIL	WALTERS	TROTS	00:42:35	M50	58
18	25	MICHAEL	JAMES	PEMBS HARRIERS	00:43:20	OM	21
19	11	PAUL	EDWARDS	PEMBS HARRIERS	00:43:31	M40	47
20	17	JASON	PROTHEROE	NONE	00:44:07	OM	38
21	12	ROBERT	WILLIAMS	NONE	00:44:22	M40	40
22	6	CHRIS	SEXTON	INGLI RUNNERS	00:44:25	M40	42
23	37	MARC	JONES	MERLINS BRIDGE BOXING	00:44:31	M40	42
24	4	LINDY	EYNON	TROTS	00:45:15	F45	45
25	19	HELEN	WALKER	PEMBS HARRIERS	00:45:30	F45	50
26	13	GARETH	RENSHAW	CARDIGAN RUNNING CLUB	00:45:50	M40	46
27	27	THOMAS	GLOVER	MERLINS BRIDGE BOXING	00:46:00	YTH	16
28	42	PETER	MUNN	PEMBS TRI	00:46:24	M40	45
29	40	EDDIE	BATEMAN	PEMBS HARRIERS	00:46:25	M40	49
30	10	BOB	SMITH	NONE	00:46:46	M40	45
31	16	ANN	ROWELL	TROTS	00:46:48	F45	51
32	1	ROLAND	SHERWOOD	NONE	00:46:49	M50	61
33	33	LUCY	ELCOMB	PEMBS TRI	00:47:15	OF	28
34	34	TERRY	GOVER	PEMBS TRI	00:47:45	M50	58
35	31	DAVID	MILLIN	NONE	00:48:15	M40	40

36	32	VAL	BROWN	PEMBS TRI	00:48:47	F35	40
37	5	ALAN	JOHNSTONE	INGLI RUNNERS	00:48:49	M50	58
38	41	KAREN	CORCORAN	PEMBS TRI	00:49:30	F45	48
39	30	JESSICA	LEWIS	MERLINS BRIDGE BOXING WASHLAND WOMENS RUNNERS	00:53:28	YTH	16
40	2	STELLA	BARTRAM	RUNNERS	00:53:43	F35	41
41	15	COLIN	GARDNER	NONE	00:55:00	M50	57
42	29	LUKE	EVANS	MERLINS BRIDGE BOXING	01:07:27	YTH	16
43	28	MICHAEL	EVANS	MERLINS BRIDGE BOXING	01:13:16	YTH	17
44	3	ALLEN	WATTS	SARN HELEN	01:10:53	M50	77
9999	21	LYNN	GREEN	INGLI RUNNERS		F45	48