

Fishguard Sea Cadets

Fishguard & Goodwick 10km 2008



Pos	No	First	Name	Club	Time	Cat	Age
1	14	MICHAEL	KALLENBERG	INGLI RUNNERS	00:35:32	OM	17
2	16	MIKE	EVANS	CARDIFF AC	00:36:33	OM	32
3	7	CARL	ELLIS	PORT TALBOT	00:36:50	OM	32
4	41	DAVID	ASTINS	PEMBS TRI	00:38:47	OM	38
5	28	ANN	THOMAS	TROTS	00:39:11	F35	40
6	15	LEE	MORRIS	NONE	00:39:30	OM	26
7	8	CLIFFORD	EVANS	ABERYSTWYTH UNIVERSITY	00:39:44	M40	49
8	24	STEVE	OUZLEY	INGLI RUNNERS	00:39:56	OM	34
9	31	SHAN	ROBERTS	INGLI RUNNERS	00:40:00	F35	40
10	10	MARK	TERRY	TROTS	00:40:14	M50	50
11	19	MARK	DUNSCOMBE	SARN HELEN	00:40:29	M40	46
12	6	ALAN	PERKINS	PORT TALBOT	00:40:35	M50	57
13	25	TASH	SEXTON	INGLI RUNNERS	00:41:12	OF	34
14	40	BARNEY	GOODRICH	EPSOM AND EWELL	00:41:28	OM	33
15	12	LYNN	GREEN	INGLI RUNNERS	00:41:51	F45	50
16	17	JASON	WILKINS	CARDIGAN RC	00:43:17	OM	38

17	39	DAVE	GRIFFITHS	TROTS	00:43:26	M40	45
18	27	PAUL	PADGET	INGLI RUNNERS	00:43:34	M50	53
19	11	STEVE	DAVIES	PORT TALBOT	00:44:10	M40	41
20	38	NATHAN	HART	NONE	00:44:21	OM	19
21	9	JOHN	COLLINS	SWANSEA HARRIERS	00:44:38	M50	70
22	22	BRIAN	CONERITY	PEMBS TRI	00:44:53	OM	39
23	42	LYN	REES	SARN HELEN	00:45:06	M50	58
24	23	BETHAN	OUZLEY	INGLI RUNNERS	00:46:03	OF	31
25	4	KEV	JOYCE	NONE	00:46:42	M40	42
26	18	JANE	BUCK	CARDIGAN RC	00:47:58	F45	45
27	29	TERRY	GOVER	PEMBS TRI	00:48:01	M50	59
28	13	HELEN	WALKER	INGLI RUNNERS	00:48:35	F45	51
29	34	ROLAND	SHERWOOD	AMMAN VALLEY HARRIERS	00:49:27	M50	62
30	26	EDWARD	BATEMAN	PEMBROKESHIRE HARRIERS	00:50:01	M50	51
31	30	JILL	WILLCOX	INGLI RUNNERS	00:50:14	F35	36
32	37	DEAN	MURPHY	NONE	00:51:59	YTH	16
33	33	ANDY	LIGHT	NONE	00:53:22	M40	46
34	21	RAYMOND	GREENWOOD	NONE	00:53:35	M50	51
35	20	CARYL	DAVIES	SARN HELEN	00:55:16	OF	19
36	32	COLIN	GARDNER	NONE	00:55:26	M50	59
37	3	PAULINE	CHARLETT	PEMBROKESHIRE HARRIERS	00:55:53	F45	46
38	1	ALISON	GRIFFITHS	PEMBROKESHIRE HARRIERS	00:59:24	F35	38
39	2	JAN	BELL	PEMBROKESHIRE HARRIERS	00:59:28	F45	62
40	36	JONATHAN	JONES	NONE	01:00:42	YTH	16
41	5	ALLEN	WATTS	SARN HELEN	01:06:12	M50	79
9999	35	SEB	BUCHERT	NONE		OM	17