

Fishguard Sea Cadets

Fishguard & Goodwick 10km 2007



| Pos | No | First | Name | Club | Time | Cat | Age |
|-----|----|---------|-----------|---------------------------|----------|-----|-----|
| 1 | 92 | CARWYN | THOMAS | SARN HELEN | 00:35:09 | OM | 19 |
| 2 | 62 | GLYN | PRICE | SARN HELEN | 00:35:23 | OM | 39 |
| 3 | 77 | LES | HEWITSON | INGLI RUNNERS | 00:36:19 | M40 | 43 |
| 4 | 89 | GEMMA | LEAHY | PEMBROKESHIRE HARRIERS | 00:37:34 | OF | 19 |
| 5 | 40 | STEPHEN | THOMAS | NONE | 00:37:55 | M40 | 45 |
| 6 | 59 | ANN | THOMAS | TROTS | 00:38:05 | F35 | 39 |
| 7 | 93 | JAMES | THOMAS | SARN HELEN | 00:38:59 | OM | 25 |
| 8 | 81 | THOMAS | OWEN | PEMBS TRI | 00:39:10 | OM | 33 |
| 9 | 48 | MATTHEW | BIRCH | BRISTOL UNIVERSITY | 00:39:18 | OM | 20 |
| 10 | 61 | HUW | PRICE | SARN HELEN | 00:39:38 | M40 | 44 |
| 11 | 69 | MARK | DUNSCOMBE | SARN HELEN | 00:39:59 | M40 | 45 |
| 12 | 84 | MARTIN | DAVIES | TROTS | 00:40:07 | OM | 25 |
| 13 | 73 | JOHN | SINNETT | PEMBS HARRIERS | 00:40:20 | M50 | 50 |
| 14 | 71 | DAVE | GRIFFITHS | TROT | 00:40:26 | M40 | 44 |
| 15 | 53 | LEE | MORRIS | NONE | 00:40:31 | OM | 25 |
| 16 | 72 | MICHAEL | REES | INGLI RUNNERS | 00:41:01 | OM | 39 |
| 17 | 52 | TASHA | SEXTON | INGLI RUNNERS | 00:41:24 | OF | 33 |

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|-------|---------|------------|------------------------|----------|-----|----|
| 18 58 | ROBERT | WILLIAMS | INGLI RUNNERS | 00:41:28 | M40 | 41 |
| 19 54 | ANDREW | NICHOLAS | CRYMYCH TRIATHLON CLUB | 00:41:34 | OM | 39 |
| 20 82 | PETER | DAVIES | SARN HELEN | 00:41:35 | M50 | 52 |
| 21 68 | THOMAS | GLOVER | NONE | 00:41:59 | YTH | 15 |
| 22 66 | PAUL | EDWARDS | PEMBS HARRIERS | 00:42:14 | M40 | 47 |
| 23 51 | CHRIS | SEXTON | INGLI RUNNERS | 00:42:16 | M40 | 43 |
| 24 87 | RICHARD | BROWN | PEMBS TRI | 00:43:25 | OM | 39 |
| 25 90 | GORDON | THOMAS | NONE | 00:43:58 | M40 | 40 |
| 26 47 | CHRIS | BIRCH | TROTS | 00:44:09 | M40 | 48 |
| 27 83 | PAUL | PADGET | INGLI RUNNERS | 00:44:41 | M50 | 51 |
| 28 50 | HELEN | WALKER | PEMBS HARRIERS | 00:45:56 | F45 | 57 |
| 29 91 | BRIAN | MILLARD | INGLI RUNNERS | 00:46:29 | OM | 56 |
| 30 60 | DAVI | EDGELL | SARN HELEN | 00:47:25 | OM | 30 |
| 31 42 | BETHAN | AUBREY | NONE | 00:47:36 | F35 | 36 |
| 32 49 | ANN | ROWELL | TROTS | 00:47:41 | F45 | 51 |
| 33 44 | SIMON | REYNOLDS | NONE | 00:48:07 | M40 | 45 |
| 34 63 | TERRY | GOVER | PEMBS TRI CLUB | 00:48:09 | M50 | 58 |
| 35 64 | GARETH | JONES | SARN HELEN | 00:48:42 | M40 | 41 |
| 36 70 | ALAN | JOHNSTONE | INGLI RUNNERS | 00:48:44 | M50 | 59 |
| 37 57 | ALAN | WILLIAMS | INGLI RUNNERS | 00:49:26 | OM | 37 |
| 38 79 | TOBY | ROGERS | INGLI RUNNERS | 00:49:49 | OM | 28 |
| 39 88 | VAL | BROWN | PEMBS TRI | 00:50:01 | F35 | 41 |
| 40 80 | MIKE | HODGES | TROTS | 00:50:51 | M50 | 54 |
| 41 78 | ANDY | LIGHT | NONE | 00:51:47 | M40 | 45 |
| 42 65 | JAN | JONES | SARN HELEN | 00:52:04 | F35 | 41 |
| 43 74 | CHRIS | WHITE | INGLI RUNNERS | 00:52:24 | F45 | |
| 44 56 | EDDIE | BATEMAN | PEMBS HARRIERS | 00:52:38 | M50 | 56 |
| 45 55 | RICHARD | BROWN | SHEEN SHUFFLERS | 00:52:38 | M50 | 50 |
| 46 41 | RHYS | LEWIS | GLUG | 00:55:10 | OM | 27 |
| 47 43 | BEN | AUBREY | PINK RUNNERS | 00:58:13 | OM | 36 |
| 48 85 | SEB | BUCHERT | NONE | 00:58:32 | YTH | 16 |
| 49 76 | GARETH | CHILTON | NONE | 00:58:34 | YTH | 16 |
| 50 45 | WENDY | GODWIN | NONE | 00:59:44 | OF | 31 |
| 51 46 | KATE | GREENFILED | NONE | 00:59:44 | OF | 32 |
| 52 86 | MICHAEL | DANIEL | NONE | 01:09:46 | YTH | 15 |
| 53 75 | LAURA | MORGAN | NONE | 01:09:47 | YTH | 15 |
| 54 39 | ALLEN | WATTS | SARN HELEN | 01:13:00 | M50 | 78 |