

Fishguard Sea Cadets

Fishguard & Goodwick 10km 2006



Sea Cadets 2006 Winner Chris Maxwell

Lady Winner Ann Thomas

Pos	No	First	Name	Club	Time	Cat	Age
1	38	CHRIS	MAXWELL	ROYSTON RUNNERS	00:35:05	OM	33
2	71	CARWYN	THOMAS	SARN HELEN	00:35:18	OM	18
3	45	LES	HEWITSON	INGLI RUNNERS	00:35:55	M40	42
4	54	MARK	FOSS	NONW	00:37:10	OM	37
5	70	MICHAEL	KALLENBERG	CARDIGAN RUNNING CLUB	00:38:02	YTH	15
6	53	GLYN	PRICE	SARN HELEN	00:38:07	OM	38
7	33	STEPHEN	THOMAS	NONE	00:38:14	M40	44
8	52	HUW	PRICE	SARN HELEN	00:38:32	M0	43
9	60	ANN	THOMAS	TROTS	00:39:00	F35	38

10	65	ROGER	DEVONALD	PEMBS TRI	00:39:49	M40	40
11	43	DAVE	GRIFFITHS	TROTS	00:39:52	M40	43
12	32	PAUL	OUGHTON	NONE	00:39:55	M40	45
13	72	JAMES	THOMAS	SARN HELEN	00:40:02	OM	24
14	51	MARK	DUNSCOMBE	SARN HELEN	00:40:10	M40	44
15	47	JOHN	SINNETT	PEMBS HARRIERS	00:40:24	M40	49
16	59	DAVID	BUCK	CARDIGAN RUNNING CLUB	00:40:32	OM	37
17	76	HAYDN	LLOYD	SARN HELEN	00:40:41	OM	33
18	61	SHAN	ROBERTS	INGLI RUNERS	00:40:56	F35	38
19	42	GARETH	ELLIOTT	PEMBROKESHIRE HARRIERS	00:41:03	OM	23
20	40	MICHAEL	JAMES	PEMBS HARRIERS	00:41:08	OM	20
21	68	PETER	DAVIES	SARN HELEN	00:41:17	M50	51
22	69	MARTIN	DAVIES	TROTS	00:41:40	OM	24
23	48	CYRIL	WALTERS	TROTS	00:42:12	M50	58
24	30	DAWN	KENWRIGHT	SARN HELEN	00:42:28	F45	50
25	46	LYNN	GREEN	INGLI RUNNERS	00:42:46	F45	48
26	35	CHRIS	BIRCH	NONE	00:43:54	M40	47
27	66	JANE	BUCK	CARDIGAN RUNNING CLUB	00:44:53	F35	43
28	31	DAVID	MILLIN	NONE	00:45:12	OM	39
29	49	TASHA	SEXTON	NONE	00:46:22	OF	32
30	67	MARTIN	LOW	NONE	00:46:37	M50	57
31	44	TERRY	GOVER	PEMBS TRI CLUB	00:46:38	M50	57
32	56	SOPHIE	BRILLARD	INGLI RUNNERS	00:47:03	OF	20
33	50	CHRIS	SEXTON	NONE	00:47:38	M40	42
34	33	ANN	ROWELL	TROTS	00:47:47	F45	50
34	34	EDDIE	BATEMAN	PEMBS HARRIERS	00:47:46	M40	49
36	64	ALAN	JOHNSTONE	INGLI RUNNERS	00:48:07	M50	58
37	75	BRIAN	MURPHY	INGLI RUNNERS	00:49:36	M40	41
38	37	SEBASTIN	BUCHERT	NONE	00:51:23	YTH	15
39	41	GARETH	CHILTON	NONE	00:51:25	YTH	15
40	63	JASON	WILKINS	NONE	00:51:44	OM	36
41	55	STEVEN	WESTHEAD	NONE	00:52:39	M40	42
42	62	CHRIS	WHITE	INGLIE RUNERS	00:53:25	F45	
43	57	MIKE	ALLEN	NONE	00:54:41	OM	37
44	58	DANIEL	ALLEN	NONE	00:54:41	YTH	15
45	39	LOIS	REED	NONE	00:54:46	OF	25
46	73	CATRIONA	BUCHERT	INGLI RUNNERS	01:05:46	F45	45
47	74	PENELOPE	MACLEOD	INGLI RUNNERS	01:05:46	F45	45
999	36	LEE	JAMIESON	INGLI RUNNERS		OM	36