

31ST RAS BECA 2008

Pos	No	First	Name	Club	Time	Cat	Age
1	96	CARWYN	THOMAS	SARN HELEN	00:36:07	OM	20
2	76	HUW	EVANS	TONBRIDGE AC	00:36:55	OM	36
3	71	LEE	LADD	CARMARTHAN HARRIERS	00:37:57	OM	20
4	59	MICHAEL	KALLENBERG	INGLI RUNNERS	00:38:01	OM	17
5	25	ANDREW	ABBOTT	SARN HELEN	00:40:26	OM	37
6	84	LES	HEWITSON	INGLI RUNNERS	00:40:30	M40	44
7	51	TONY	ROBSON	PENNINE FELL RUNNERS	00:40:39	OM	25
8	80	MICHAEL	DAVIES	SARN HELEN	00:40:59	OM	39
9	7	STEVEN	OUSELEY	INGLI RUNNERS	00:42:34	OM	34
10	90	GEOFF	OLDRID	ABERYSTWYTH AC	00:43:42	M50	53
11	22	GERAINT	EVANS	LLANDOVERY RODENTS	00:43:46	OM	38
12	57	L	LINDSAY	NONE	00:43:51	F35	43
13	67	HAYDN	LLOYD	SARN HELEN	00:44:05	OM	36
14	17	ADRIAN	DONNELLY	MERCIA	00:44:13	M40	46
15	39	JASON	WILKINS	CARDIGAN RUNNING CLUB	00:44:37	OM	38
16	44	SHAN	ROBERTS	INGLI RUNNERS	00:44:40	F35	41
17	42	MIKE	EVANS	TROTS	00:44:57	OM	33
18	72	TIM	JAMES	INGLI RUNNERS	00:45:34	OM	30
19	14	MARC	BEASLEY	NONE	00:45:58	OM	21
20	18	ANEURA	PHILLIPS	CARMARTHAN HARRIERS	00:45:59	OF	16
21	62	DAVID	JAMES	NONE	00:46:09	OM	21
22	3	GETHIN	JENKINS	SARN HELEN	00:46:14	OM	17
23	87	ALEX	AITCHISON	NONE	00:46:28	OM	27
24	63	ANGUS	MACLEAN	NEWPORT BOAT CLUB	00:47:14	M40	
25	30	JIM	REDMOND	NONE	00:47:22	M40	42
26	85	RHYDIAN	E-WILLIAMS	NONE	00:47:29	OM	21
27	95	JAMIE	ASITE	NONE	00:47:55	OM	34
28	58	MARK	KALLENBERG	INGLI RUNNERS	00:47:59	M40	47
29	55	RHYS	HARRIES	NONE	00:48:09	OM	21
30	26	GORDON	ORME	CARDIGAN RUNNING CLUB	00:48:51	M50	65
31	36	CHRIS	SEXTON	INGLI RUNNERS	00:49:57	M40	44
32	81	JAMIE	WALLACE	NONE	00:50:14	OM	32
33	49	LYN	REES	SARN HELEN	00:50:39	M50	58
34	97	PAUL	PADGET	INGLI RUNNERS	00:51:02	M50	53
35	92	ANDREW	WILLCOCK	NONE	00:51:21	OM	27
36	79	PENNY	REES	TROTS	00:51:44	OF	34
37	52	CHRIS	SMEDLEY	NONE	00:51:48	M40	40
38	77	JAMES	MACLEAN	NONE	00:51:55	OM	17
39	9	SIMON	BERRY	NONE	00:52:03	OM	33
40	31	HELEN	THOMAS	PEMBROKESHIRE HARRIERS	00:52:11	OF	27
41	32	M	LAWRENCE	PEMBROKESHIRE HARRIERS	00:52:14	M50	52
42	75	JOSHUA	HOOPER	NONE	00:52:19	OM	17
43	48	JOHN	COLLINS	SWANSEA HARRIERS	00:52:22	M50	70
44	88	ROSIE	DONALDSON	NONE	00:52:25	OF	26
45	23	E	JONES	BRECON	00:52:39	M50	62
46	46	BRYCE	COCHRANE	NONE	00:52:39	M40	40

47	98	CLIVE	EVANS	ABERYSTWYTH AC	00:52:52	M50	61
48	13	ADAM	ING	NONE	00:53:16	OM	27
49	65	CARYN	JAMES	NONE	00:53:23	OM	16
50	89	TOM	WALLACE	NONE	00:53:34	OM	32
51	60	STEFFAN	HARWOOD	NONE	00:53:37	OM	19
52	50	DOUG	WILLIAMS	NONE	00:53:51	M40	48
53	41	MIKE	CATLING	NONE	00:54:37	M40	48
54	61	LISA	BENNETT	NEWPORT BOAT CLUB	00:55:03	F35	38
55	12	GARETH	JONES	SARN HELEN	00:55:10	M40	42
56	33	JANE	WILKINS	CARDIGAN RUNNING CLUB	00:55:48	F35	45
57	69	MIKE	HODGES	TROTS	00:56:01	M50	55
58	29	SEAMUS	O'SULLIVAN	CARDIGAN RUNNING CLUB	00:56:18	OM	37
59	24	KATE	HOVERS	BRECON	00:56:38	F35	48
60	20	LON	MORGAN	TROTS	00:57:29	F35	51
61	54	JO	MILLAR	NEWPORT BOAT CLUB	00:57:30	F35	37
62	47	CARYL	DAVIES	SARN HELEN	00:57:52	OF	20
63	19	SAM	TURNER	NONE	00:57:59	OM	28
64	28	ALFREDO	PALMER	NONE	00:58:25	OM	38
65	99	R	PUGSLEY	NONE	00:58:50	OM	34
66	11	JAN	JONES	SARN HELEN	00:59:40	F35	43
67	35	LINDSAY	BUCK	CUMBERLAND FELL RUNNERS	00:59:48	F35	47
68	94	ROBERT	WILCOX	NONE	00:59:49	OM	26
69	10	TRACEY	SHARRATT	TROTS	00:59:56	F35	35
70	64	RICHARD	RUTLEDGE	K2 CONQUERERS	01:00:29	M40	40
71	45	JOHN	GOSS	NEWPORT BOAT CLUB	01:01:59	M40	46
72	40	HILARY	MCCARTHY	CARDIGAN RUNNING CLUB	01:02:31	F35	41
73	78	DAVID	PHILLIPS	PEMBROKESHIRE HARRIERS	01:03:21	M50	64
74	74	TOM	HOOPER	NONE	01:03:37	OM	18
75	1	JAMIE	PHILLIPS	NONE	01:03:58	OM	24
76	4	ANN	ROWELL	TROTS	01:04:12	F35	53
77	93	PETER	WILLCOCK	NONE	01:04:37	M50	55
78	70	RACHEL	HOOPER	NONE	01:04:46	F35	
79	27	NEIL	GRIFFITHS	NONE	01:08:46	OM	34
80	56	LOWRI	PHILLIPS	NONE	01:16:38	OF	27
81	82	HARRY	MERCER	NONE	01:18:24	OM	22
82	86	WILLIAM	MENKO	NONE	01:18:32	OM	22
83	91	KATE	WOOLHOUSE	NONE	01:18:44	F35	47
84	8	GUDRUN	JONES	SARN HELEN	01:21:05	F35	50
85	68	DAWN	HARPER	NONE	01:22:16	F35	45
86	83	ANNA	MACLEAN	NONE	01:22:16	F35	44
87	73	DAVID	THOMAS	NONE	01:55:34	M50	59
88	34	MIKE	GLOVER	INVICTA ATHLETIC CLUB	01:55:35	M50	70