

30th RAS BECA 2007

Pos	No	First	Name	Club	Time	Cat	Age
1	132	HUW	EVANS	TONBRIDGE AC	00:36:26	OM	35
2	120	JON	MORGAN	DARK PEAK	00:36:59	M40	40
3	77	ANDREW	ABBOTT	SARN HELEN	00:40:06	OM	36
4	133	LES	HEWITON	INGLI RUNNERS	00:40:28	M40	43
5	62	GAVIN	FISHER	NONE	00:40:51	M50	42
6	128	MIKE	EVANS	TROTS	00:41:31	OM	32
7	117	CARWYN	PHILLIPS	NONE	00:41:46	OM	37
8	129	HAYDN	LLOYD	SARN HELEN	00:42:30	OM	35
9	64	DAN	BOOTH	MDC	00:42:55	M40	40
10	93	AMANDA	LINDSAY	NEWPORT BOAT CLUB	00:42:58	F35	43
11	108	KAREN	DAVISON	DARK PEAK	00:43:05	OF	34
12	95	GEOFF	OLDRID	ABERYSTWYH AC	00:43:23	M50	52
13	60	GETHIN	JENKINS	SARN HELEN	00:43:32	OM	16
14	74	TASHA	SEXTON	INGLI RUNNERS	00:43:39	OF	34
15	83	DAVE	POWELL	ABERYSTWYTH AC	00:45:19	M40	47
16	57	STEVE	HERINGTON	HEREFORD COURIERS	00:45:22	M50	59
17	92	KENNY	FORSTER	SPECTRUM STRIDERS	00:45:25	47	47
18	139	ALUN	HARRIERS	NONE	00:45:46	M40	43
19	58	STEVE	LITTLEWOOD	HEREFORD COURIERS	00:45:53	M50	55
20	140	CHARLIE	PALMER	NONE	00:45:54	M40	40
21	138	STEVEN	ONSELEY	NONE	00:46:18	OM	33
22	59	NEIL	LEWIS	NHEREFORD COURIERS	00:46:30	M40	40
23	134	NIGEL	MASON	CROFT AMBREY	00:46:44	OM	22
24	112	CHRIS	ADDY	RUGBY MOUNTAINEERING	00:46:54	OM	36
25	118	JASON	WILKINS	CARDIGAN RUNNING CLUB	00:47:00	OM	37
26	102	GORDON	ORME	CARDIGAN RUNNING CLUB	00:47:07	M50	64
27	85	MIKE	BEEVER	NONE	00:47:54	OM	38

28	2	JAMIE	ASHE	NONE	00:48:24	OM	33
29	116	IAN	WILD	RUGBY MOUNTAINEERING	00:48:27	OM	28
30	76	HUW	ROWCLIFFE	SARN HELEN	00:48:29	OM	18
31	127	BRAD	KEIRSTEAD	NONE	00:48:35	OM	26
32	145	MARK	DUNSCOMBE	SARN HELEN	00:48:39	M40	45
33	65	IEUAN	DAVIES	NONE	00:48:40	OM	39
34	121	KAT	DRIVER	PEMBS HARRIERS	00:48:49	OF	30
35	137	GARY	GUNNER	CROFT AMBREY	00:49:23	M50	61
36	75	STEPHEN	THOMAS	NONE	00:49:29	M40	46
37	106	MATT	WILLOCK	MOUNT PLEASANT CREW	00:49:40	OM	24
38	126	DORIAN	JONES	NONE	00:49:53	OF	25
39	98	CHARLOTTE	JEFFEROES	RUDGELEYS ARMY	00:50:14	OF	24
40	114	P	NESBITT	RUGBY MOUNTAINEERING	00:50:46	M40	45
41	143	CLIVE	EVANS	OLRR	00:50:58	M50	
42	147	BRIAN	MILLARD	INGLI RUNNERS	00:50:59	OM	37
43	103	TOM	WALLACE	MOUNT PLEASANT CREW	00:51:01	OM	31
44	88	ANDY	MATHER	NONE	00:51:37	M40	40
45	82	HELEN	WALKER	PEMBROKESHIRE HARRIERS	00:51:41	F35	51
46	125	BRYCE	COCHRANE	NONE	00:51:42	OM	
47	80	JOHN	SWEETING	MDC	00:52:04	M50	60
48	150	LYN	REES	SARN HELEN	00:52:13	M50	5
49	84	JIM	REDMOND	NONE	00:52:30	M40	41
50	119	PETER	NICHOLAS	NONE	00:52:40	M40	44
51	105	ANDREW	WILLOCK	MOUNT PLEASANT CREW	00:52:44	OM	
52	97	ROSIE	DONALDSON	MOUNT PLEASANT CREW	00:52:54	OF	25
53	63	GWYLM	GRIFFITHS	NONE	00:53:16	M50	53
54	73	PENELOPE	REES	TROTS	00:53:55	OF	33
55	5	MICHAEL	BILLINGTON	NONE	00:53:57	OM	32
56	99	PETER	BLUNDELL	RUDGELEYS ARMY	00:54:08	M50	54
57	148	ANDREW	DAVIES	NONE	00:54:54	M40	42
58	123	DOUG	WILLIAMS	NEWPORT BOAT	00:55:16	M40	40

			CLUB			
59	115	JANE	BUCK	CARDIGAN RUNNING CLUB	00:55:18	F35 44
60	135	PAUL	PADGET	INGLI RUNNERS	00:55:19	M50 52
61	136	JENNIE	CHATTERLEY	RUGBY MOUNTAINEERING	00:55:36	OF 37
62	3	HELEN	WILLIAMS	TROTS	00:56:04	F35 46
63	72	JOHN	GOSS	NONE	00:56:13	M40 45
64	142	TRISTRAM	LEWIS	NONE	00:56:45	OM 28
65	81	GARETH	JONES	SARN HELEN	00:56:53	M40 41
66	113	MIKE	HODGES	TROTS	00:57:01	M50 54
67	109	JOHN	KING	PISTOL KNIGHTS	00:57:04	OM
68	71	ANDREA	MAGEEAN	CHESTER TRIATHLON	00:57:11	F35 41
69	144	ALAN	JOHNSTONE	INGLIE RUNNERS	00:57:23	M50 59
70	111	ALEX	AITCHISON	PISTOL KNIGHTS	00:57:38	26 26
71	100	REBECCA	JEFFERIES	RUDGELEYS ARMY	00:57:49	OF 25
72	69	ROLAND	SHERWOOD	AMMAN VALLEY HARRIERS	05:82:50	M50 62
73	124	LISA	BENNETT	NEWPORT BOAT CLUB	00:58:50	OF 37
74	122	ALLAN	MAQUIRE	CARDIGAN RUNNING CLUB	00:59:30	OM 33
75	146	DAVID	PHILLIPS	PEMBS HARRIERS	01:00:27	M50 63
76	78	SAM	NEWTON	NONE	01:00:33	OM 17
77	107	TOM	KEMP	PISTOL KNIGHTS	01:00:38	OM 28
78	79	OLIVER	GOLD	NONE	01:01:03	OM 17
79	141	DAVE	HOWELLS	PEMBS TRI	01:01:09	M50 54
80	87	BETHAN	WALL	NONE	01:01:46	F35 40
81	86	ELIN	JONES	NONE	01:02:11	F35 42
82	66	RICHARD	READ	NONE	01:02:44	OM 27
83	70	DAI	DAVIES	NONE	01:02:55	OM 36
84	101	SIMON	RUDGLEY	RUDGELEYS ARMY	01:02:59	OM 33
85	91	CLARE	GRIERSON	OXFORD CITY	01:03:35	OF 27
86	149	GARETH	RENSHAW	CARDIGAN RUNNING CLUB	01:03:42	M40 47
87	104	LUKE	HACKRING	PISTOL KNIGHTS	01:03:54	OM 32
88	130	JO	MILLAR	NEWPORT BOAT	01:04:05	OF 36

			CLUB			
89	131	KARA	MOORE	NEWPORT BOAT CLUB	01:04:28	OF 35
90	89	JONATHAN	PANGBOURNE	NONE	01:06:22	OM 29
91	6	R	BROWN	SHEEN SHUFFLERS	01:06:50	M50
92	110	BENJAMIN	WRIGHT	PISTOL KNIGHTS	01:10:18	OM
93	7	JOSIE	BROWN	NONE	01:12:11	OF 22
94	94	HOWARD	SHAW	SUBARA SPLATS	01:13:21	M40 49
95	90	ROY	JAMIESON	NONE	01:13:56	OM 39
96	4	IAN	PAYTON		01:13:59	OM 29
97	8	EIRIAN	DAVIES	NONE	01:15:33	M50 56
98	61	SIAN	JENKINS	SARN HELEN	01:17:35	OF 18
99	68	GUDRUN	JONES	SARN HELEN	01:17:49	F35 49
100	67	NIGEL	HAMMERSLEY	NONE	01:17:58	OM 24
9999	96	JANE	MORRIS	NONE		OF
9999	1	SAM	HAWKING	NONE		OM 31
9999	49	IAN	PAYTON	NONE		OM 29

9999 Did not Finish or Run