

29TH RAS BECA 2006



Pos	No	First	Name	Club	Time	Cat
1	60	HUW	EVANS	TONBRIDGE AC	00:34:44	OM
2	47	ANDREW	ABBOTT	SARN HELEN	00:35:18	OM
3	14	FELIPPE	JONES	ABERYSTWYTH AC	00:37:05	OM
4	75	CARWYN	THOMAS	SARN HELEN	00:37:58	OM
5	76	LES	HEWITSON	INGLI RUNNERS	00:38:24	M40
6	78	GLYN	PRICE	SARN HELEN	00:38:31	OM
7	46	CARWYN	PHILLIPS	NONE	00:39:56	OM
8	84	HAYDN	LLOYD	SARN HELEN	00:41:04	OM
9	7	AMANDA	LINDSAY	NONE	00:41:26	F35
10	89	IRFON	THOMAS	NONE	00:41:28	OM
11	61	TASHA	SEXTON	INGLI RUNNERS	00:42:59	OF
12	70	JAMIE	BIGGS	NONE	00:43:06	OM
13	39	MARTIN	DAVIES	TROTS	00:43:07	OM
14	74	SHAN	ROBERTS	INGLI RUNNERS	00:43:25	F35
15	66	CALVIN	WILLIAMS	SARN HELEN	00:43:28	M40
16	58	SARAH	TAGG	CARDIGAN RUNNING CLUB	00:43:44	OF
17	40	PETER	DAVIES	SARN HELEN	00:44:22	M50
18	35	WILLIAM	JAMES	RHEDWYR BRYNIAU CLWYD	00:45:32	M40
19	71	MARK	DUNSCOMBE	SARN HELEN	00:45:44	M40
20	52	JIM	REMOND	NONE	00:45:55	M40
21	80	HUW	PRICE	SARN HELEN	00:46:09	M40
22	73	CYRIL	WALTERS	TROTS	00:46:10	M50
23	87	JAMIE	ASHE	NONE	00:46:36	OM
24	37	STEPHEN	THOMAS	NONE	00:46:55	M40

25	65 NEVILLE	ROBERTS	INGLI RUNNERS	00:47:20	M40
26	72 JASON	WILKINS	CARDIGAN RUNNING CLUB	00:47:37	OM
27	10 JOHN	COLLINS	SWANSEA HARRIERS	00:47:51	M50
28	48 CARYS	DAVIES	SARN HELEN	00:48:08	OF
29	12 HELEN	WALKER	PEMBS HARRIERS	00:48:53	F35
30	21 JAMIE	WALLACE	NONE	00:49:11	OM
31	15 M	WILLCOCK	MOUNT PLEASANT	00:49:12	OM
32	53 SIMON	HOADLEY	CARDIGAN RUNNING CLUB	00:49:28	M40
33	79 BRIAN	MOHER	NONE	00:49:43	OM
34	5 GARETH	JONES	SARN HELEN	00:49:52	M40
35	51 CHRIS	DENT	NONE	00:49:54	OM
36	38 TOM	WALLACE	NONE	00:50:01	OM
37	68 MIKE	HODGES	TROTS	00:50:05	M50
38	16 ANDREW	WILLCOCK	MOUNT PLEASANT	00:50:10	OM
39	44 PENELOPE	REES	TROTS	00:50:20	OF
40	25 DOUG	WILLIAMS	NBC	00:50:28	M40
41	81 TIM	JONES	NONE	00:50:35	OM
42	27 RORO	DONALDSON	NONE	00:50:40	OF
43	31 CENNYDD	POWELL	NONE	00:50:53	OM
44	69 LAURENCE	AINSWORTH	THE POLOS	00:51:03	OM
45	77 PAUL	MERRITT	NONE	00:51:08	OM
46	62 CHRIS	SEXTON	INGLI RUNNERS	00:51:19	M40
47	8 ANDREA	MAGEEAN	CHESTER TRIATHLON	00:51:36	F35
48	64 DEIAN	PHILLIPS	NONEI	00:51:45	OM
49	32 KATE	HOVERS	BRECON	00:51:50	F35
50	33 ELVET	JONES	BRECON	00:51:51	M50
51	17 PETER	WILLCOCK	MOUNT PLEASANT	00:52:14	M50
52	28 MARK	WAKEM	NONE	00:52:28	OM
53	50 HUW	PHILLIPS	NONE	00:52:39	OM
54	13 ROLAND	SHERWOOD	NONE	00:52:56	M50
55	57 JANE	WILLIAMS	CARDIGAN RUNNING CLUB	00:53:12	OF
56	83 KATE	CROSS	NONE	00:53:50	OF
57	63 ALAN	JOHNSTONE	INGLI RUNNERS	00:53:52	M50
58	11 PETER	WALKER	PEMBS HARRIERS	00:54:00	M50
59	55 BRYCE	COCHRANE	NONE	00:54:03	OM
60	43 ADRIAN	TAMLIN	NONE	00:54:25	OM
61	67 PETER	AINSWORTH	THE POLOS	00:54:41	M40
62	41 MAX	PHILLIPS	NONE	00:54:49	M50
63	4 JAN	JONES	SARN HELEN	00:55:02	F35
64	90 REBECCA	EDWARDS	NONE	00:55:25	PF
65	88 DAVID	PHILLIPS	PEMBS HARRIERS	00:56:06	M50

66	34	MARTIN	PHILLIPS	NONE	00:56:31	M50
67	9	ANDREW	EVANS	MERSEY TRI	00:56:40	M40
68	59	JUSTIN	EVANS	NONE	00:57:17	OM
69	24	GRAHAM	PICKERING	NONE	00:57:30	OM
70	22	JOANNA	MERCER	MOUNT PLEASANT	00:57:44	OF
71	49	CARYL	DAVIES	SARN HELEN	00:58:06	OF
72	45	DAVID	THOMAS	NONE	00:58:27	OM
73	56	CLARE	GRIERSON	OXFORD CITY	00:58:42	OF
74	6	RICHARD	BROWN	SHEEN SHUFFLERS	00:58:47	M50
75	85	SAM	NEWTON	NONE	00:58:56	OM
76	20	SIMON	RIDGLEY	MOUNT PLEASANT	00:59:47	OM
77	86	OLIVER	GOLD	NONE	01:00:33	OM
78	19	TOM	KEMP	MOUNT PLEASANT	01:01:12	OM
79	29	LORRAINE	COOPEY	NONE	01:01:28	F35
80	36	DEBBIE	MORRIS	NONE	01:01:35	F35
81	30	NIGEL	BELL	NEWCASTLE UNITED	01:01:52	OM
82	23	KATY	MERCER	NONE	01:03:03	OF
83	54	CHRIS	BUTLER	NONE	01:03:35	F35
84	91	EIRIAN	DAVIES	NONE	01:03:36	M50
85	82	ALLEY	SINNOTT	NONE	01:09:12	OF
86	42	CHRIS	WHITE	INGLI RUNNERS	01:10:15	F35
87	18	ABBY	MERCER	MOUNT PLEASANT	01:21:17	OF
88	26	HANNAH	WILLCOCK	NONE	01:22:03	OF