

Porthkerry Plod

Porthkerry Park, Barry

Sunday, 29 April 2007

1 – 100

Pos	Name	Cat	Club	Time
1	James Thie	SM	Cardiff AAC	0:27:13
2	Chris Discombe	SM	Les Croupiers	0:28:25
3	T Whitmarsh-Knight*	SM	U/A	0:30:50
4	Gareth Green	SM	U/A	0:31:01
5	Phil Cook	SM	Les Croupiers	0:31:30
6	Ronald Morris	VM50	San Domenico	0:32:29
7	Rob Hunt	VM40	Bridgend AC	0:32:41
8	Matthew Hurford	SM	Les Croupiers	0:32:59
9	David Crane	VM40	U/A	0:33:08
10	Matthew Townsend	SM	Les Croupiers	0:33:17
11	Paul Williams	SM	U/A	0:33:22
12	Andy Pearce	VM40	U/A	0:33:28
13	Alan Walton	SM	U/A	0:33:28
14	James O'Callaghan	SM	U/A	0:33:30
15	David Coles	VM40	Les Croupiers	0:37:48
16	Peter Turner	VM50	U/A	0:33:49
17	Mark Rich	VM40	U/A	0:34:20
18	Richard Laydon	VM40	U/A	0:34:23
19	Adrian Weaver	SM	Port Talbot	0:34:29
20	Matthew Hopkins	SM	Les Croupiers	0:34:38
21	Morris Attard	SM	U/A	0:34:54
22	Jaime Ortiz-Canavate	SM	U/A	0:34:05
23	Marcus Coles	SM	Les Croupiers	0:35:29
24	Neil Jones	SM	U/A	0:35:40
25	Kit Harris	SM	U/A	0:35:49
26	Elio Lepore	VM50	Les Croupiers	0:35:50
27	Marr Whittle	SM	U/A	0:35:53
28	Colin Rees	SM	U/A	0:35:56
29	David Peacock	SM	U/A	0:36:01
30	Sandra Chipper	VF35	U/A	0:36:03
31	James Delaney	VM50	U/A	0:36:08

1 – 100

Pos	Name	Cat	Club	Time
32	Jeff Davies	VM40	U/A	0:36:10
33	Richard Sewell	VM50	Les Croupiers	0:36:18
34	Nigel Francisco	VM40	U/A	0:36:19
35	Ian Henry	SM	U/A	0:36:25
36	Matt Lloyd	SM	U/A	0:36:31
37	Julian Hoare	SM	U/A	0:36:43
38	Eurof Davies	VM40	Les Croupiers	0:36:51
39	Jeff Davies	VM40	U/A	0:37:02
40	Stuart Keeping	VM40	U/A	0:37:06
41	Andrew Britton	VM40	U/A	0:37:35
42	Nigel Kelland	VM40	U/A	0:37:40
43	Steven Press	SM	U/A	0:37:48
44	John Christopher	SM	U/A	0:38:12
45	Michael Johns	SM	U/A	0:38:13
46	Mike James	VM40	U/A	0:38:19
47	Robert Rees	SM	U/A	0:38:56
48	Stephen Morath	SM	U/A	0:39:15
49	James Madden	SM	U/A	0:39:19
50	Amanda John	VF35	Amman Valley	0:39:22
51	Andy Morton	VM40	RR	0:39:57
52	Alan Ward	SM	U/A	0:40:03
53	Simon Hurford	VM40	U/A	0:40:05
54	Dylan Jones	SM	U/A	0:40:22
55	Bob Gardiner	VM40	U/A	0:40:31
56	Tony Carzana	VM50	Pegasus	0:40:32
57	Julian Burnell	VM40	U/A	0:40:41
58	Lloyd Morgan	SM	San Domenico	0:40:53
59	John Martin	VM40	U/A	0:41:08
60	Michelle Cole	SF	U/A	0:41:10
61	S Whitmarsh-Kinght	VM50	U/A	0:41:11
62	Shaun Michael	SM	U/A	0:41:16
63	Kate Dale	SF	U/A	0:41:36
64	Gary Rose	VM40	U/A	0:42:04
65	Michael Rossiter	VM40	Les Croupiers	0:42:27
66	Annabel Price	VF35	U/A	0:42:33
67	Nicola Bailey	VF35	U/A	0:42:35
68	Andrew Bishop	VM40	U/A	0:43:23
69	John Payne	VM40	U/A	0:43:52
70	Paul Davies	VM50	U/A	0:44:07

1 – 100

Pos	Name	Cat	Club	Time
71	Paul Jones	SM	U/A	0:44:11
72	Matt Lloyd	SM	U/A	0:44:47
73	Darren Watkins	SM	U/A	0:45:06
74	Brian Cotton	SM	U/A	0:45:38
75	Beverley Warburton	VF45	U/A	0:45:40
76	David Mann	VM40	Presteigne	0:46:21
77	Andrew Worthington	VM40	U/A	0:46:50
78	Simon Collier	SM	U/A	0:47:14
79	Anne Roberts	VF45	U/A	0:47:23
80	Philippa Walsh	VF35	U/A	0:47:28
81	Ceri Tothill	SF	U/A	0:47:29
82	Peter Tothill	VM40	U/A	0:47:29
83	Sarah Stevens	SF	U/A	0:47:36
84	Christina Rossiter	VF45	Les Croupiers	0:47:54
85	Sally Martin	SF	U/A	0:48:04
86	Sian Brown	VF45	U/A	0:48:15
87	Clare Green	VF35	U/A	0:48:33
88	Gemma Hodgson	SF	U/A	0:48:38
89	Collette Borg	VF35	U/A	0:48:46
90	Duncan Cooper	SM	BARRY	0:49:09
91	Judith Morton	SF	U/A	0:49:15
92	Bernice Anne Clarke	VF35	U/A	0:49:18
93	Dorret Evans	VF45	U/A	0:49:51
94	David Rich	SM	U/A	0:50:45
95	Mal Rowson	VF45	Les Croupiers	0:50:58
96	Christopher Stanton	VM50	U/A	0:51:08
97	Alan Bladen	VM50	Les Croupiers	0:51:26
98	Linda Smith	VF45	U/A	0:51:31
99	Jayne Evans	VF45	U/A	0:52:01
100	Unidentified Runner	N/A	U/A	0:52:03

101 – 119

Pos	Name	Cat	Club	Time
101	Jeffrey Rowlands	SM	U/A	0:52:04
102	Jane Chappelle	SF35	U/A	0:52:05
103	Rachel Harris	SF	U/A	0:52:05
104	Helen Cahill	VF45	U/A	0:52:25
105	Gary Taylor	SM	Mumbles Miles	0:52:34
106	Bronwen Dellar	SF	U/A	0:52:37
107	Robet Woodhill	VM40	U/A	0:52:57

101 – 119

Pos	Name	Cat		Club	Time
108	Mark Ellis	SM	U/A		0:53:03
109	Victoria Webb	SF	U/A		0:53:03
110	Alison Woodhill	VF45	U/A		0:57:51
111	Russell Cook	SM	U/A		0:59:04
112	Lisa Hearn	VF35	U/A		0:59:32
113	Martin Gossage	VM40	U/A		1:00:21
114	Liz Mallen	VF35	U/A		1:00:30
115	Florence Smith	VF35	U/A		1:00:30
116	Jodie Stanley	SF	U/A		1:02:28
117	Holly Pembridge	SF	U/A		1:03:48
118	Jeya Thiruchelvam	SF	U/A		1:03:48
119	Lesley Maksimovic	VF35	U/A		1:07:28