

Swansea Harriers Seaside 5K Series

Result: July 2004

- 1 Rees Martin Swansea Harriers 15:16 v
- 2 Levett Will - 15:33
- 3 Davies Mark Swansea Harriers 15:58
- 4 Griffiths Paul - 16:05
- 5 Bullen Richard - 16:06 v
- 6 Jones Andrew - 16:26
- 7 Jones Gareth - 16:35
- 8 Doel Andrew Swansea Harriers 16:39 v
- 9 Brace Steve Brigend A.C 16:44 v
- 10 Wilson-Evans David Swansea Harriers 16:51 v
- 11 Collins Jeremy Swansea Harriers 16:59 v
- 12 Lewis Tim Brackla Harriers 17:00
- 13 Stanford Non Swansea Harriers 17:05
- 14 Rimmer Andrew Multi Sport 17:13
- 15 Jeffers David - 17:24
- 16 Williams John Neath Harriers 17:29 v
- 17 Dyson Paul Swansea Harriers 17:32 v
- 18 Elvins Colin Swansea Harriers 17:39 v
- 19 Other A N (1) - 17:52
- 20 Chapman Les Amman Valley Harriers 17:55 v
- 21 Williams Steve Neath Harriers 17:57 v
- 22 Sims Benjamin 3M's 17:59
- 23 Goddard Rachel Swansea Harriers 18:01
- 24 McLean Graham Multi Sport 18:02
- 25 Sims Oliver Brecon 18:11
- 26 Quinn Keith George Les Croupiers 18:12 v
- 27 Taylor Kevin Amman Valley Harriers 18:13 v
- 28 Rees David Swansea Harriers 18:22
- 29 Hill Gareth - 18:25
- 30 Jones Hywel Wyn Amman Valley Harriers 18:27 v
- 31 Coombs Roger - 18:35
- 32 Lumsdaine Andrew - 18:43
- 33 Evans Rhodri Swansea Harriers 18:46 v
- 34 Grey William - 18:48
- 35 Colvin Graham - 18:50 v
- 36 Perkins Alan port talbot harriers 18:53 v
- 37 Williams Leighton Team Deviant 18:55 v
- 38 Rimmer Mike Swansea Harriers 18:55 v
- 39 James Wayne Brackla Harriers 19:05 v
- 40 Sandles Robert 3 Ms 19:08
- 41 Smout Graham Multi Sport 19:12
- 42 Davidson Stuart Cardiff AC 19:15 v
- 43 Tooze Matthew - 19:16
- 44 Gleeson Michael Vistison 19:20
- 45 Jellyman Keith Team Deviant 19:23
- 46 Evans Alun Wyn - 19:31
- 47 Davies Mark - 19:41
- 48 Roberts Dave Amman Valley Harriers 19:43 v
- 49 Buckland Barrie - 19:45 v
- 50 Powell Anthony Brackla Harriers 19:46
- 51 Evans Nicole Swansea Harriers 19:48
- 52 Morris Ian Taf running + orienteering 19:48 v

53 Watkins Neil - 19:49
54 Kirk Eleanor Swansea Harriers 19:50
55 Walters Cyril Cardiff AC 19:53 v
56 Other A N (2) - 19:54
57 Christopher Lynsey Vistison 19:55
58 Llewellyn Dean - 19:57
59 Davies Geraint Multi Sport 19:59
60 Hopkins David Vistison 20:00 v
61 Fowler Robert - 20:00 v
62 Collins John Henry Swansea Harriers 20:03 v
63 Pitt Nigel 3M's 20:12 v
64 Davies Melanie Swansea Harriers 20:15
65 Stockton Phil - 20:18 v
66 Thompson N - 20:21 v
67 Turner Peter Cornelly 20:21 v
68 Watkeys Peter Rhys Swansea Harriers 20:23
69 Turner Malcolm Team Deviant 20:23
70 Brace Jaqueline Brigend A.C 20:26 v
71 Other A N (20) - 20:28
72 Bendle Stephen Swansea Harriers 20:28 v
73 Williams David port talbot harriers 20:31
74 Roberts Gavin Swansea Harriers 20:33 v
75 Phillips Jennifer - 20:33 v
76 Tobin Kevin Swansea Harriers 20:35 v
77 Other A N (3) - 20:36
78 Macadie Gair - 20:38
79 Morgan Doug - 20:38
80 Heath Jason - 20:40
81 Pinkham Sandra Neath Harriers 20:43 v
82 Griffiths Alistair Llanelli Tri Club 20:44 v
83 Other A N Other (23) - 20:44
84 Treharne Philip Vistison 20:46 v
85 Bell Roger 3M's 20:47 v
86 Kirk Sian Swansea Harriers 20:48
87 Morgan Bruce - 20:49 v
88 Marsh Alex Great Western Runners 20:52
89 Griffiths Mike Team Deviant 20:52
90 Thomason Colin - 20:54
91 Penn James - 20:54 v
92 Other A N (8) - 20:57
93 Poulton Steve - 20:58
94 Other A N (4) - 20:59
95 Lewis Andrew Paul Swansea Harriers 21:00
96 Morris Mark - 21:00
97 Araf Rhedwr - 21:00
98 Evans Elfyn Amman Valley Harriers 21:02 v
99 Corcoran Kevin port talbot harriers 21:03 v
100 Spencer Diane Swansea Harriers 21:10 v
101 Trotman Mark - 21:12
102 Henton Ian Multi Sport 21:15
103 Stephens Barry Multi Sport 21:18 v
104 Bruton Paul Swansea Harriers 21:24
105 Reynolds Niall - 21:31 v
106 Bullen Yvonne - 21:32 v

107 Evans Andy - 21:35
108 Murray Hugh - 21:38
109 Knight Kevin Swansea Harriers 21:38
110 Phillips Arthur Neath Harriers 21:39 v
111 Clement John - 21:43
112 Williams Mark Sospan R R 21:48
113 Hughes Leighton Cardiff AC 21:57 v
114 Booth Becky - 21:59
115 James Ray port talbot harriers 22:07 v
116 Coker Jane - 22:11 v
117 Irvine Annette - 22:16 v
118 Davies Jonathan Sospan R R 22:17 v
119 Holland Gaynor - 22:18 v
120 Sweetman David - 22:19
121 Moodie Richuard Sospan R R 22:19
122 O'Shea John - 22:20 v
123 James Leigh Brigend A.C 22:21
124 jones caroline - 22:24 v
125 Moss Ian - 22:29
126 Boyce Raymond Cornelly 22:31 v
127 Shayle Bryan - 22:32 v
128 Hurdidge Christine - 22:33 v
129 Cogger Simon Swansea Harriers 22:34 v
130 Jones Terry Multi Sport 22:36 v
131 Bowden Nichola - 22:38
132 Other A N (5) - 22:38
133 Wilson Richard - 22:41
134 Hutchinson Linda 3M's 22:43 v
135 Cunnane John - 22:45 v
136 Evans Gerwyn - 22:47 v
137 Newman Michael Neath Harriers 22:53 v
138 Raddanbury Clive - 22:56 v
139 Harris Kelvyn 3M's 23:00 v
140 Bamsey Philip Neath Harriers 23:04 v
141 Shellard Michael Swansea Harriers 23:08 v
142 White Geoff 3M's 23:12 v
143 Fleming Mark Swansea Harriers 23:16 v
144 Tipene sarah - 23:21
145 Porter Alison - 23:23
146 Woods Stephen - 23:28
147 Smith Alan 3M's 23:30 v
148 McAteer Anthony - 23:31
149 Fincher Matthew Llanelli Tri Club 23:33
150 Smith Gwen Swansea Harriers 23:33 v
151 Birmingham Stephen Paul - 23:35
152 Axworthy Marcus Swansea Harriers 23:37
153 Loyns Julie - 23:41
154 Clifton June - 23:45 v
155 Denniss Paul - 23:46
156 Hayward Kevin Henry - 23:48 v
157 Thomas Graham - 23:49
158 Rosser David Amman Valley Harriers 23:51 v
159 Other A N (6) - 23:53
160 Smith Gary - 23:53

161 Other A N (12) - 23:58
162 Brown Andrew - 23:58
163 Lorey Stephen Swansea Harriers 24:00
164 Keogh Steve - 24:00
165 Tucker Benjamin Neath Harriers 24:02
166 Prosser Alan - 24:02
167 Thomas David Team Deviant 24:05
168 Leach John - 24:05
169 Altman Justin - 24:08
170 Other A N (7) - 24:11
171 Joseph Mark - 24:13 v
172 Rogers Stephen Vistison 24:18 v
173 Darby Paul - 24:20
174 Johnson Leighton - 24:22 v
175 Sharpe Fay 3M's 24:25 v
176 Jones Andrew - 24:27
177 Halsey Jim - 24:27
178 Evans Andrew - 24:30
179 Brown Lyn - 24:32 v
180 Jones Ian - 24:34
181 Davies Steve port talbot harriers 24:36
182 Nicholls Martin - 24:38
183 Reynolds Margaret - 24:40 v
184 Griffiths Rhodri - 24:40
185 James Stuart - 24:40
186 Rawlings Kevin - 24:42
187 Houldcroft Caroline - 24:42
188 O'Shea Michael - 24:42 v
189 Phillips Helen - 24:47 v
190 Owen Eric Cornelly 24:50
191 Bexfield Alyson - 24:51
192 Other A N (9) - 24:52
193 Other A N (10) - 24:54
194 Makin Viv - 24:55
195 Austin Vicky - 24:56 v
196 Owen Eric Cornelly 24:58 v
197 West Dewi 3M's 24:58 v
198 Poulton Pippa - 24:59 v
199 Roderick Dean - 25:05
200 Hughes Rosemary - 25:07 v
201 Other A N (11) - 25:09
202 Reed Sean Neath Harriers 25:10
203 Bowler Nicholas - 25:12
204 Feltrin Mark - 25:18
205 Porter Sarah Swansea Harriers 25:25
206 Hart Jenny - 25:25 v
207 Bidder Paul - 25:26
208 Popham Leon Team Deviant 25:30
209 Taha Ehab - 25:33
210 Amesbury Rosie - 25:38 v
211 Williams David - 25:39 v
212 Evans Neil - 25:42
213 Evans Ceri - 25:46
214 Moore Dawn - 25:49

215 White Odette - 25:52 v
216 Williams Kristina Team Deviant 25:52
217 John Kathryn - 25:52 v
218 Davies Christine Sospan R R 25:53 v
219 Measday Byron - 25:59
220 Clarke Jonathon Neath Harriers 26:00
221 Jones Nigel - 26:00 v
222 Richards Wendy - 26:02 v
223 Lynch Dennis Cornelly 26:04 v
224 Miles Ery - 26:06
225 Other A N (13) - 26:08
226 Brocklebank Nina - 26:10
227 Bayliss Amanda Jayne - 26:10
228 Wallis Andrew - 26:13
229 Wright James - 26:14
230 Benjamin Matthew - 26:15
231 Gwenter Mathew Swansea Harriers 26:17
232 Carruthers Ian Team Deviant 26:18
233 Aleman Tony - 26:24 v
234 Forrest Leisa - 26:26
235 Pascoe John Brackla Harriers 26:32 v
236 Pascoe Garry Brackla Harriers 26:33 v
237 Gallagne Lelizabeth - 26:35
238 Haynes Karen - 26:36
239 Roberts Janice - 26:36 v
240 Spiers Deborah - 26:37
241 Jones Kevin - 26:37 v
242 Hayle Kathleen - 26:42 v
243 Reynolds Kelly - 26:43
244 Kelly Donna - 26:46
245 Ford Karen - 26:50 v
246 Brown Martyn - 26:58
247 Hockley Christopher - 27:06
248 Tanner Lea - 27:12
249 Rees Janet Swansea Harriers 27:15 v
250 Simonson Leanne - 27:19
251 Tagg Nicholas Amman Valley Harriers 27:28
252 West David - 27:28
253 Hails Euan - 27:30
254 Jones Caroline - 27:31
255 Brown Collin - 27:34 v
256 Williams Tracey - 27:40 v
257 Richards Catherine Amman Valley Harriers 27:43
258 Dunstan Jude - 27:46
259 Smith Demelza - 27:52
260 Burrows Karen - 27:54 v
261 Greenfield Kate - 28:16
262 Clarke Deborah - 28:17
263 Palmer Alison - 28:18 v
264 Other A N (17) - 28:18
265 Jones Andrea - 28:25 v
266 Blyth Jackie - 28:27 v
267 Evans Abbie - 28:28
268 Dicks Phillip Vistison 28:30 v

269 Other A N (18) - 28:30
270 Wyatt Jenny Womans Running Network- 28:34 v
271 Other A N (14) - 28:36
272 Other A N (15) - 28:37
273 Latham Stephanie - 28:38
274 John Andrew - 28:42
275 Stevens Sarah Cardiff AC 28:51
276 Lumber James Team Deviant 28:53
277 Smith Lynne - 28:55 v
278 Wild Nina - 28:58 v
279 Hutchings Meinir - 29:06 v
280 Williams Diane - 29:10 v
281 Fletcher Neil Vistison 29:17
282 Jones Michelle - 29:17
283 Keeley Jayne - 29:20 v
284 Petrie Aggie Swansea Harriers 29:21 v
285 Morgan Michelle - 29:25
286 Other A N (19) - 29:26
287 Parrott Richard - 29:28
288 Stevenson Geoff - 29:29
289 Hartrey Sarah - 29:42
290 Coghlin Sue - 29:54 v
291 Pearce Kathy Sospan R R 29:55 v
292 Bread Davis - 29:58
293 Edward Margot - 30:08
294 Lawson Colin - 30:25 v
295 Other A N (16) - 30:25
296 Heaven Carolyn - 30:26 v
297 Matthews Sarah - 30:32 v
298 Penn Ceril - 30:32 v
299 Owen Deborah - 30:40 v
300 Sweetman Kathryn - 30:54
301 Atkins Rosemary - 30:55 v
302 Macauity Gail - 30:57 v
303 Lewis Phillipa - 31:01 v
304 Watson Gareth - 31:17
305 Cook Anna - 31:25 v
306 Dugate Karen - 31:46 v
307 Jalim Trudy - 31:55 v
308 Lloyd Jacqui - 33:03 v
309 Churchill Rhiannon 3M's 33:21
310 Sweetman Louise - 33:31 v
311 Daniel Rachel - 33:31
312 James Sarah - 33:51
313 Soodeen Philippa Swansea Harriers 33:51 v
314 Wynn Clare Swansea Harriers 33:52
315 Tanner Judith - 33:56 v
316 Taylor Laura - 34:01
317 Green Beverley - 34:04
318 Thorne Jannette - 34:04 v
319 John Helen - 34:20 v
320 Shannon-Jones Sue - 34:26
321 Lewis Angela - 34:28 v
322 O'Connor Lavrian - 35:04 v

323 Daw Susan - 35:04 v
324 Baker Pam - 35:37
325 Griffith Rhian - 35:58
326 Clarke Patricia - 38:39 v
327 Thomas Kathryn - 38:41
328 Ennis Liz Multi Sport 39:01
329 Other A N (22) - 39:03
330 Pritchard Sue - 39:25 v