

West Wales Cross Country Championships
University of Wales (Swansea) Playing Fields, Fairwood Common, Gower.
November 5th 2006

Under 13 Boys (3km)

- 1 Daniel Lewis (Neath Harriers) 10.25
- 2 Joseph Fisher (Carmarthen Harriers) 10.27
- 3 Sean White (Swansea Harriers A.C.) 10.33
- 4 Ronan Llyr (Carmarthen Harriers) 10.53
- 5 Liam Jones (Ysgol Penweddig) 10.58
- 6 Johannes Neumann (Pembrokeshire Harriers) 11.06
- 7 Lloyd Heckler (Carmarthen Harriers) 11.13
- 8 Grant Westcott (Llanelli A.C.) 11.15
- 9 Stephen Reynolds (Swansea Harriers A.C.) 11.18
- 10 Davy Lewis (Carmarthen Harriers) 11.26
- 11 Adam Bowman (Carmarthen Harriers) 11.49
- 12 Moritz Neumann (Pembrokeshire Harriers) 12.04
- 13 Harry Lewis (Carmarthen Harriers) 12.21
- 14 Finn Neumann (Pembrokeshire Harriers) 12.48
- 15 Thomas Drakeley (Carmarthen Harriers) 12.55

Team

- 1 Carmarthen Harriers 23

Under 13 Girls (3km)

- 1 Megan Withers (Pembrokeshire Harriers) 10.52
- 2 Elysia Pearson (Swansea Harriers A.C.) 10.55
- 3 Lauren Bell (Pembrokeshire Harriers) 11.21
- 4 Jemima Osborne (Swansea Harriers A.C.) 11.32
- 5 Lisa Neumann (Pembrokeshire Harriers) 11.36
- 6 Amy Roberts (Carmarthen Harriers) 11.46
- 7 Joelle Drummond (Swansea Harriers A.C.) 11.49
- 8 Leah Bitchell (Aberystwyth A.C.) 11.57
- 9 Ashlea Hilton-Williams (Swansea Harriers A.C.) 12.14
- 10 Katie Reynolds (Swansea Harriers A.C.) 12.22
- 11 Carys Mansfield (Carmarthen Harriers) 12.29
- 12 Jodie Jones (Carmarthen Harriers) 12.36
- 13 Megan Turner (Aberystwyth A.C.) 12.41
- 14 Holly Powell (Swansea Harriers A.C.) 12.46
- 15 Elin Evans (Amman Valley Harriers) 12.49
- 16 Grace Harwood (Swansea Harriers A.C.) 13.05
- 17 Sheridan Harris (Swansea Harriers A.C.) 13.18
- 18 Florence Bowen-Rees (Carmarthen Harriers) 13.36
- 19 Bethan Clarke (Swansea Harriers A.C.) 14.03
- 20 Rhiannon Marks (Olchfa School, Swansea) 14.06
- 21 Kate Matchett (Pembrokeshire Harriers) 14.30
- 22 Megan Jones (Swansea Harriers A.C.) 14.40

Team

- 1 Swansea Harriers 22
- 2 Pembrokeshire Harriers 30
- 3 Carmarthen Harriers 47

Under 15 Boys (5km)

- 1 Nicky Morrell (Carmarthen Harriers) 16.41
- 2 Ceri Lewis (Swansea Harriers A.C.) 16.53
- 3 Alex Matchett (Pembrokeshire Harriers) 17.08
- 4 Andrew Drakeley (Carmarthen Harriers) 17.25
- 5 Luke Parker (Carmarthen Harriers) 17.59

- 6 Chris Kilner (Swansea Harriers A.C.) 18.22
- 7 Adam Grinter (Neath Harriers) 18.44
- 8 Chris Davies (Neath Harriers) 19.24
- 9 Glen Elsdon (Carmarthen Harriers) 19.37
- 10 George Lewis (Carmarthen Harriers) 19.45
- 11 Freddy Payne (Carmarthen Harriers) 20.16
- 12 Rhys Jones (Sarn Helen) 22.47

Team

- 1 Carmarthen Harriers 19

Under 15 Girls (4km)

- 1 Angharad Davies (Carmarthen Harriers) 13.44
- 2 Cerys Morgan (Swansea Harriers A.C.) 14.01
- 3 Nia Lewis (Swansea Harriers A.C.) 14.14
- 4 Catrin Lewis (Carmarthen Harriers) 14.16
- 5 Aneura Phillips (Carmarthen Harriers) 14.24
- 6 Elinor Thorogood (Penglais C.S.) 14.43
- 7 Miranda Davies (Pembrokeshire Harriers) 15.00
- 8 Angharad Roberts (Carmarthen Harriers) 15.10
- 9 Rebecca Ansell (Aberystwyth A.C.) 15.18
- 10 Jennie Brock (Pembrokeshire Harriers) 15.47
- 11 Elin Jones (Carmarthen Harriers) 15.55
- 12 Nia Davies (Carmarthen Harriers) 17.10
- 13 Abbi Slater (Carmarthen Harriers) 18.10
- 14 Holly Dyson (Swansea Harriers A.C.) 20.07

Team

- 1 Carmarthen Harriers 18

Under 17 Boys (6km)

- 1 Dewi Griffiths (Carmarthen Harriers) 18.27
- 2 Adam Bitchell (Aberystwyth A.C.) 18.46
- 3 Chris Driscoll (Neath Harriers) 19.54
- 4 Richard Stephenson (Carmarthen Harriers) 19.58
- 5 Geraint Mansfield (Carmarthen Harriers) 20.03
- 6 Steffan Raw Rees (Carmarthen Harriers) 21.02
- 7 Michael Davies (Llanelli A.C.) 21.10
- 8 Daniel Thomas (Llanelli A.C.) 21.27
- 9 Rhodri Harris (Neath Harriers) 21.33
- 10 Matthew John (Neath Harriers) 22.04
- 11 Hywel Tomos (Aberystwyth A.C.) 22.12
- 12 Chris Melbourne (Neath Harriers) 22.36
- 13 Gethin Holland (Aberystwyth A.C.) 22.53
- 14 Sam Newton (3M's Gorseinon R.R.) 24.13

Team

- 1 Carmarthen Harriers 16

Under 17 Girls (5km)

- 1 Dru Griffiths (Swansea Harriers A.C.) 18.18
- 2 Rebecca King (Swansea Harriers A.C.) 18.40
- 3 Alaw Beynon-Thomas (Carmarthen Harriers) 18.58
- 4 Rachel Marfleet (Carmarthen Harriers) 19.18
- 5 Ffion Evans (Amman Valley Harriers) 22.08
- 6 Jemma Corcoran (Swansea Harriers A.C.) 23.07
- 7 Amy Westcott (Llanelli A.C.) 23.30

Under 20 Men (6km)

No Runners

Under 20 Ladies (5km)

- 1 Elinor Kirk (Swansea Harriers A.C.) 17.38
- 2 Caryl Davies (Sarn Helen) 23.24

Senior Ladies (6km)

- 1 Rachel Alcock (Swansea Harriers A.C.) 22.23
- 2 Carol Glover (Swansea Harriers A.C.) 22.41
- 3 Mary Bowen-Rees (TROTTS) 22.43 (F40)
- 4 Sandra Pinkham (Neath Harriers) 23.13 (F40)
- 5 Caryl Jones (Carmarthen Harriers) 23.44
- 6 Ingrid Taylor (3M's Gorseinon) 23.49 (F35)
- 7 Dawn Kenwright (Sarn Helen) 24.03 (F50)
- 8 Jenny Phillips (Llanelli A.C.) 24.11 (F40)
- 9 Amanda Evans (3M's Gorseinon) 24.28 (F35)
- 10 Diane Wilson Evans (Swansea Harriers A.C.) 24.51 (F45)
- 11 Jane Buck (Pembrokeshire Harriers) 25.13 (F40)
- 12 Anita Saycell (Aberystwyth A.C.) 25.42
- 13 Gwen Smith (Swansea Harriers A.C.) 26.37 (F40)
- 14 Caroline Jones (Swansea Harriers A.C.) 26.56 (F40)
- 15 Lyndsey Dodds (Swansea Harriers A.C.) 27.14
- 16 Glenda Roberts (Aberystwyth A.C.) 27.33 (F50)
- 17 Ann Rowell (TROTTS) 27.44 (F50)
- 18 Kirsten Tucker (Swansea Harriers A.C.) 28.44
- 19 Helen Williams (Aberystwyth A.C.) 29.23 (F45)
- 20 Leanne Quinn (Swansea Harriers A.C.) 29.34
- 21 Lorraine Dyde (Pembrokeshire Harriers) 30.33 (F45)
- 22 Janet Younger (Pembrokeshire Harriers) 32.29 (F50)
- 23 Barbara Thomas (Pembrokeshire Harriers) 33.20 (F60)
- 24 Karen Grey (3M's Gorseinon) 33.23
- 25 Lesley Le Messurier (Aberystwyth A.C.) 33.54
- 26 Janet Bell (Pembrokeshire Harriers) 34.32

Team

- 1 Swansea Harriers 26
- 2 Aberystwyth A.C. 74
- 3 Pembrokeshire Harriers 80

V70 Men (6km)

- 1 Allan Smith (3M's Gorseinon) 27.27

Senior Men (10km)

- 1 Marc Hobbs (Swansea Harriers A.C.) 31.57
- 2 Lewys Hobbs (Swansea Harriers A.C.) 31.58
- 3 Ritchie Nicholls (Swansea Harriers A.C.) 32.27
- 4 Daniel Beynon (Swansea Harriers A.C.) 33.07
- 5 Mark Davies (Swansea Harriers A.C.) 34.07
- 6 Steve Rees (Port Talbot Harriers & A.C.) 34.32
- 7 Chris Parker (Swansea Harriers A.C.) 35.28 (V40)
- 8 Steve Smith (Swansea Harriers A.C.) 35.52 (V40)
- 9 Steve Davies (Swansea Harriers A.C.) 35.54
- 10 Andy Doel (Neath Harriers) 36.03 (V40)
- 11 Kevin Lewis (Neath Harriers) 36.21 (V45)
- 12 Jeremy Davies (Neath Harriers) 36.45 (V40)
- 13 John Williams (Neath Harriers) 37.00 (V45)
- 14 Paul Dyson (Swansea Harriers A.C.) 37.18 (V45)
- 15 Neil Davies (Cornelly Striders A.C.) 37.25 (V45)
- 16 Carl Ellis (Port Talbot Harriers & A.C.) 37.31

17 Charles Walsh (Port Talbot Harriers & A.C.) 37.37
18 Gary Irving (Swansea Harriers A.C.) 37.39 (V45)
19 Mark Reynolds (Neath Harriers) 38.04
20 Richard Jones (Swansea Harriers A.C.) 38.13 (V45)
21 Howard Carpenter (Neath Harriers) 38.17 (V50)
22 Steve Williams (Neath Harriers) 38.39 (V45)
23 Les Chapman (Amman Valley Harriers) 38.48 (V55)
24 Kevin Taylor (Amman Valley Harriers) 39.18 (V45)
25 Gareth Ayres (Port Talbot Harriers & A.C.) 39.22
26 Steve Coupe (Sospan Road Runners) 39.24 (V55)
27 Leighton Gardner (Swansea Harriers A.C.) 39.26 (V40)
28 Jason Statham (Swansea Harriers A.C.) 39.41
29 Chris Fulcher (Port Talbot Harriers & A.C.) 40.07
30 Graham Colvin (3M's Gorseinon R.R.) 40.34 (V40)
31 Peter Turner (Cornelly Striders A.C.) 40.39 (V50)
32 Alan Perkins (Port Talbot Harriers & A.C.) 40.58 (V55)
33 Chris Morris (Amman Valley Harriers) 41.04
34 Jonathan Green (Swansea Harriers A.C.) 41.09
35 Rob Fowler (Amman Valley Harriers) 41.11 (V60)
36 Peter Moody (Carmarthen Harriers) 41.26 (V60)
37 John Poston (Swansea Harriers A.C.) 41.39 (V55)
38 Cyril Walters (TROTS) 41.48 (V55)
39 Tony Holling (Port Talbot Harriers & A.C.) 41.59 (V50)
40 Mike Evans (Neath Harriers) 42.35 (V45)
41 Kevin Holland (Aberystwyth A.C.) 42.37 (V45)
42 John G.Evans (Aberystwyth A.C.) 42.39 (V60)
43 Ian Evans (Aberystwyth A.C.) 43.29
44 Dewi West (3M's Gorseinon R.R.) 43.59 (V40)
45 Steve Keogh (Swansea Harriers A.C.) 44.05
46 John H Collins (Swansea Harriers A.C.) 44.27 (V60)
47 Steve Hames (Neath Harriers) 44.46 (V40)
48 Andrew Brown (Swansea Harriers A.C.) 45.06 (V40)
49 Bryan O'Leary (Amman Valley Harriers) 45.22
51 Gary Waters (Swansea Harriers A.C.) 46.16 (V50)
51 John Ayres (Port Talbot Harriers & A.C.) 47.09 (V50)
52 Russell Pullen (Neath Harriers) 50.49 (V60)
53 Mike Todd (Amman Valley Harriers) 52.28 (V50)

Team

1 Swansea Harriers 10
2 Neath Harriers 46
3 Port Talbot Harriers 64
4 Amman Valley Harriers 115