

# Carmarthen Mayors 5k Results 2005

1	Jonathan Phillips	U23	Cardif AAC	14.48
2	Andres Jones		Cardiff AAC	15.00
3	Alex Haines	U23	Cardif AAC	15.01
4	Nathaniel Lane		Cardiff AAC	15.10
5	Martin Rees	V45	Swansea H	15.18
6	Jamie Jones		Southampton AC	15.41
7	John Edwards		Unattached	15.57
8	Simon Lewis	U23	Cardiff AAC	16.00
9	David John Williams		Les Croupiers	16.08
10	Simon Meredith		Sospan	16.13
11	David Wilson-Evans	V45	Swansea H	16.15
12	Mathew Gurmin		Abertillery	16.26
13	Matt Robinson		Cambridge Univ AC	16.30
14	Andrew Oldham	U23	Bangor Univ	16.31
15	James Preece		Brecon AC	16.33
16	Philip Crane	V40	Neath H	16.36
17	Steve Brace	V40	Bridgend AC	16.38
18	Jeremy Collins	V50	Swansea H	16.39
19	Peter Osborne	V40	Swansea H	16.44
20	Michael Evans		Trots	16.46
21	Clive Davies	V40	Sospan RR	16.48
22	Paul Dyson	V40	Swansea H	16.50
23	Jeremy Davies		Neath H	17.00
24	Kevin Taylor	V40	AmmanValley H	17.02
25	Chris Meyler	U23	Pontypridd Roadents	17.07
26	Kevin Lewis	V40	Swansea H	17.15
27	Alex Donald	U23	Cardif AAC	17.21
28	Marc Evans	U23	Amman Valley H	17.22
29	Rachel Goddard	L	Swansea H	17.25
30	Phillip Jenkins		Bridgend AC	17.28
31	Andrew Thomas		Sospan RR	17.29
32	Gareth Fereday	U23	Newport H	17.43
33	Carwyn Phillips		TROTS	17.47
34	David Davies	V50	Neath H	17.48
35	Derek Rainbird	V45	Club 69	17.51
36	Stuart Davidson	V50	Bridgend AC	17.52
37	Vincent Stokes	V40	Islwyn	17.58
38	Lisa Howe	L	Swansea H	17.59
39	Dewi Evans Jones	V45	Carmarthen H	18.01

40	Ceri Thomas Grech	L	Cardiff AAC	18.02
41	Clive Osmond	V40	Les Croupiers	18.10
42	Andi Morgan	V40	Carmarthen H	18.12
43	Peter Deacon	V45	Swansea H	18.14
44	Dai Roberts	V40	Aberystwyth AC	18.15
45	Gary Thomas	V40	Amman Valley H	18.21
46	Tony Hall	V45	Sarn Helen	18.22
47	David Sullivan		Gorseinon 3M	18.25
48	Catherine Wheeler	L35	Overton	18.26
49	Phil Meyler	V45	Pontypridd Roadents	18.28
50	Haydn Lloyd		Sarn Helen	18.31
51	Phil Adams	V40	Aberdare	18.44
52	Lyn Rees	V50	Sarn Helen	18.56
53	Paul Phillips		Unattached	19.01
54	Calvin Williams	V40	Sarn Helen	19.22
55	Dawn Kenwright	L45	Sarn Helen	19.26
56	Derek Osborne		Brecon AC	19.34
57	Jessica Parry Williams	L23	Unattached	19.37
58	Clive Evans	V50	Aberystwyth AAC	19.38
59	Noelwyn Daniel		Llanelli	19.42
60	Wendy Huggins	L45	Swansea H	19.42
61	Diane Spencer	L35	Swansea H	19.45
62	Eric Hughes	V50	Bridgend AC	19.48
63	Jacqui Brace	L35	Bridgend AC	19.52
64	Shane Cahill		Duxford	20.00
65	Harford Evans	V50	Amman Valley H	20.07
66	Steven Evans		Llanelli AAC	20.08
67	Aled Evans	V40	Llangunnor	20.09
68	Cyril Walters	V50	TROTS	20.11
69	Huw Rees	V40	Clos Cwnin	20.13
70	Alistair Griffiths	V45	Llanelli AAC	20.15
71	Ceri Brambley Tucker	L	Neath H	20.21
72	Mel James	V50	Les Croupiers	20.28
73	Sian Williams	L23	Wrexham AC	20.29
74	Caroline Jones	L35	Abergwili	20.38
75	Kevin Knight		SwanseaH	20.40
76	Emyr ap Sion		Bro Myrddin	20.42
77	Nicola Taylor	L	Bridgend AC	20.44
78	Catherine Gardner	L	Les Croupiers	20.47
79	Sian Phillips	L35	Swansea H	20.51
80	Sharon Griffiths	L35	Unattached	20.52

81	Roland Sherwood	V50	AmmanValley H	21.04
82	Judith Oakley	L35	BurnhamJoggers	21.05
83	Wayne Morgan		Abergwili	21.10
84	Linden Cox		Ammanford	21.25
85	David Walters	V40	Dafen	21.27
86	Steve Penhallurick	V40	Carmarthen H	21.30
87	Lynn Hughes	V50	Bridgend AC	21.33
88	Fiona Davies	L45	Bridgend AC	21.37
89	Mary Bowen Rees	L35	TROTS	21.38
90	Andrea Starritt	L	Brackla H	21.42
91	Stephen Bendle		Swansea H	21.43
92	Heidi Williams	L	Les Croupiers	21.44
93	Jeff Thomas		Unattached	21.48
94	Julian John		Gwynfe	21.51
95	Andrew Toft		Physio Dept WWGH	21.52
96	PeterLoughran	V50	Abergwili	21.53
97	Ron Morgan	V50	TROTS	21.54
98	Bruce Morgan	V45	Llanelli AAC	22.04
99	Gareth Elliott		Pembroke	22.05
100	Deborah Brambley	L35	Neath H	22.06
101	Philip Hoskins		Unattached	22.08
102	A Hedgley	V40	Rhayader AC	22.11
103	Richard Green		Bridgend AC	22.12
104	Tim Elliott		Pembroke	22.13
105	Richard Tailby		Unattached	22.19
106	Catrin Thomas	L	Johnstown	22.28
107	Claire Cleatheroe	L	TROTS	22.31
108	Jane Buck	L35	Carms NHS Trust	22.33
109	Christina Rossiter	L35	Les Croupiers	22.37
110	Mark Goddard		Bracknell	22.41
111	Huw Davies		Carmarthen	22.42
112	Peter Young	V50	Cwmdare	22.47
113	Clair Hughes	L	Bridgend AC	22.50
114	Kathy Bradbury	L35	Cwmifor	22.52
115	John Price	V45	Dafen	23.01
116	Michelle Weale	L	Brecon AC	23.02
117	Michael Oakley		Burnham Joggers	23.07
118	Bob Elliott	V50	Pembroke H	23.10
119	Howie Oliver		Carmarthen	23.10
120	Gareth Jones		Sarn Helen	23.48
121	Kevin Williams	V45	Treorchy	23.52

122	Gwenda Rainbird	L35	Merthyr H	23.53
123	Alan Hughes	V50	Llansteffan	23.54
124	Sue Neal	L45	Les Croupiers	23.55
125	Mark Bleasdale		Llanegwad	24.03
126	A Bleasdale	V50	Maesvbont	24.04
127	Owain-Glyn Hyett		Clydach	24.10
128	Carwyn Fowler		Cathays	24.12
129	Neil Jones		Unattached	24.15
130	Ann Powell	L45	TROTS	24.18
131	Lindi Lloyd	L	Penllergaer	24.20
132	Jim Downey	V45	Pembs&Derwen NHS	24.20
133	Pauline Thomas	L45	TROTS	24.21
134	Wayne Evans		Felinfoel	24.21
135	Helen Parry	LV50	Unattached	24.25
136	Huw Edwards	V40	Tanerdy	24.34
137	Carole Fereday	LV50	Newport H	24.47
138	Clare Kirk	LV50	Unattached	24.51
139	Suzanne Bevan	LV35	Llanarthne	24.53
140	David Phillips	V50	Massey Ferguson AC	24.54
141	Simon Ma		Carmarthen	25.02
142	Daniel Rossiter		Whitchurch	25.06
143	Oona Crawford	LV50	Carmarthen	25.06
144	Louise Bright	L	Abersychan	25.10
145	Susan Thomas	L45	TROTS	25.13
146	Darren Attew		Port Talbot	25.15
147	Matthew Fincher		Sospan RR	25.28
148	Cristina Santos	L35	Rhayader	25.34
149	Dallas Wiseman		Cwmann	25.35
150	Deborah Price	L35	Dafen	25.44
151	Unknown			25.58
152	Neil Brady		Penllergaer	26.07
153	Danny Shiggins	V45	Llannon	26.18
154	Steven Simmons		Unattached	26.35
155	David Richards		Port Talbot	26.35
156	Gareth Thomas		Llansteffan	26.40
157	Laura Rose Edwards	L35	Carmarthen	26.44
158	Jamie Crawford		QEC	26.49
159	Tina Roderick	L35	Carmarthen	26.52
160	Unknown			26.56
161	Jennifer Lloyd	L	Johnstown	27.08
162	N L Jones	V45	Llanelli	27.10

163	Simon Ingarfield		Unattached	27.13
164	Unknown			27.14
165	Lynne Jones	L	Carmarthen	27.18
166	Selwyn Price	V45	Whitland	27.28
167	Marion Eleri Morgan	L	Bro Myrddin	27.52
168	Chris Brown		Tooting Bec	27.53
169	Delyth Rees	L35	Bro Myrddin	28.00
170	Gareth Davies		Talley	28.12
171	Frances Redmond	L	Taunton	28.43
172	Elaine Williams	L45	Islwyn	28.59
173	Phillip Griffiths		Milverton	29.09
174	Tracey Newman	L	Les Croupiers	29.11
175	Tegryn Jones		Treganna	29.12
176	Peter Francis	V40	PhysioDept WWGH	29.14
177	Donna Thomas	L35	Llanybri	29.15
178	Nigel Thomas		Llanybri	30.04
179	Graham Johnson	V50	Serpentine	30.15
180	Azrah Hussain	L	Unattached	30.59
181	Diana Johnson	L45	Serpentine	31.00
182	Catherine Whyte	L	Team Deviant	
183	Philippa Bowen	L	Llanpumsaint	
184	Kelly Williams	L	St Clears	
185	Unknown			
186	Pat Sherwood	L45	Amman Valley H	
187	Susanna Clarke	L	Physio Dept WWGH	
188	Ann Francis	L35	Physio Dept WWGH	
189	Tracey Magee	L	Physio Dept WWGH	
190	Eleanor Powell Szput	L45	St Clears	
191	Hilary Canlin	L45	PhysioDept WWGH	
192	Hannah Tarr	L	Physio Dept WWGH	