

George Crump MBE Memorial Welsh Cross-Country Championships
Leckwith, Cardiff, 20th February 2005

U13 Girls

1	51	Jade Williams	Amman Valley	8.57
2	40	Benytta Doman	Cwmbran H	9.07
3	81	Zoe Thomas	Bridgend A C	9.14
4	15	Catrin Lewis	Carmarthen H	9.15
5	13	Angharad Davies	Carmarthen H	9.15
6	2	Lisa Neumann	Pembroke H	9.15
7	38	Natasha Cockram	Cwmbran H	9.25
8	18	Aneura Phillips	Carmarthen H	9.34
9	43	Billie Attard	Cardiff A A C	9.36
10	39	Lora James	Cwmbran H	9.40
11	73	Sara Gwynn	Swansea H	9.41
12	3	Faye Bolger	Pembroke H	9.41
13	11	Abbey Oliver	Deeside A C	9.43
14	50	Storm Morham	Cardiff A A C	9.46
15	56	Rachel Venables	Brecon A C	9.46
16	16	Ffion Rees	Carmarthen H	9.47
17	49	Ruby Miller	Cardiff A A C	9.48
18	70	Cerys Morgan	Swansea H	9.48
19	47	Lauren Regan	Cardiff A A C	9.49
20	20	Elin Jones	Carmarthen H	9.56
21	45	Megan Poulson	Cardiff A A C	9.58
22	76	Rhian Davies	Sarn Helen	10.00
23	77	Grace Osborne	Bridgend A C	10.16
24	32	Nia Owens	Carmarthen H	10.17
25	1	Jennie Brock	Pembroke H	10.18
26	63	Ffion Jones	Ysgol Cwm Rhymini	10.22
27	42	Leah Btichell	Aberystwyth	10.27
28	10	Alice Fraser	Deeside A C	10.28
29	26	Nia Davies	Carmarthen H	10.32
30	14	Sophie Pick	Carmarthen H	10.33
31	7	Heather Lewis	Pembroke H	10.34
32	72	Laura Prosser	Swansea H	10.35
33	52	Beth Cadell	Amman Valley	10.41
34	41	Steffie Wright	Cwmbran H	10.44
35	74	Catherine Williams	Swansea H	10.46
36	46	Victoria Davies	Cardiff A A C	10.48
37	24	Haylee Muller	Carmarthen H	10.59
38	62	Kelly Fuller	Ysgol Cwm Rhymini	11.01
39	8	Miranda Davies	Pembroke H	11.10
40	30	Catherine Lamb	Carmarthen H	11.13
41	25	Jodie Jones	Carmarthen H	11.26
42	5	Megan Williams	Pembroke H	11.27
43	61	Nia Challoner	Ysgol Cwm Rhymini	11.27
44	6	Daisy Lewis	Pembroke H	11.33

Teams	Name	Points
1	Carmarthen	33 (4,5,8,16)
2	Cwmbran	53 (2,7,10,34)
3	Cardiff	59 (9,14,17,19)

U13 Boys

1	50	James McEvoy	Swansea H	8.49
2	2	James Thomas	Pembroke H	8.50
3	18	Xien Witt	Carmarthen H	8.50
4	14	Adam Brighthouse	Colwyn Bay	8.51

5	23	Ashley Evans	Carmarthen H	8.58
6	47	Tom Csizmadia	Wrexham A C	9.00
7	30	Andrew Woodcock	Menai	9.04
8	7	Johannes Neumann	Pembroke H	9.12
9	52	Joshua Davies	Sarn Helen	9.15
10	61	Ashleigh Harper	Whitchurch HS	9.16
11	37	Matthew Turner	Cwmbran H	9.18
12	35	Daniel MacKenzie	Newport H	9.24
13	9	Matthew Richards	Pembroke H	9.28
14	59	Thomas Davies	Bridgend A C	9.29
15	58	Gerwyn Morgan	Bridgend A C	9.33
16	5	Josh Palin	Pembroke H	9.34
17	8	Alex Matchett	Pembroke H	9.38
18	4	Finn Neumann	Pembroke H	9.41
19	36	Gareth Rees	Radyr School	9.45
20	56	Robert McGregor	Bridgend A C	9.49
21	39	Elliott Hardee	Cwmbran H	9.50
22	12	Elliot Morgan	Aberdare AAC	9.50
23	6	Owen Evans	Pembroke H	9.51
24	38	Ross Ward	Cwmbran H	9.54
25	32	Callum Muskett	Menai	9.58
26	19	Darren Brown	Carmarthen H	9.59
27	24	George Lewis	Carmarthen H	10.13
28	51	Jordon Brock	Swansea H	10.15
29	53	Rhys Jones	Sarn Helen	10.33
30	25	Freddy Payne	Carmarthen H	10.36
31	16	Ben Kentish	Carmarthen H	11.00

Teams	Name	Points
1	Pembroke	39 (2,8,13,16)
2	Carmarthen	61 (3,5,26,27)

U15 Girls

1	106	Kayleigh Brown	Carmarthen H	17.14
2	107	Rachel Marfleet	Carmarthen H	17.54
3	130	Sara Dobler	Swansea H	18.06
4	103	Rebecca Nuttall	Liverpool	18.12
5	127	Leah Dixon	Neath H	18.23
6	108	Alaw Beynon-Thomas	Carmarthen H	18.29
7	113	Caryl Granville	Carmarthen H	18.30
8	102	Bethany Cann	Newport H	18.31
9	101	Angharad Bishop	Newport H	18.42
10	135	Leigh Barker	Brecon A C	18.43
11	146	Ffion Haf Davies	Sarn Helen	18.51
12	123	Bethan Davies	Cardiff A A C	18.53
13	131	Nia Williams	Swansea H	19.05
14	121	Lowri Morgan	Cardiff A A C	19.13
15	137	Zoe Speake	Brecon A C	19.13
16	140	Gina Paletta	Wrexham A C	19.38
17	144	Hope Jones	Wrexham A C	19.39
18	149	Zoe Hoskins	Bridgend A C	19.41
19	104	Eleri Jones	Pembroke H	19.43
20	133	Gemma Davies	Swansea H	19.44
21	124	Aimee Thomas	Cardiff A A C	19.59
22	116	Lisa Johnson	Deeside A C	20.01
23	136	Bethan Jones	Brecon A C	20.13
24	125	Bethan Griffiths	Cardiff A A C	20.20
25	128	Joanna Freeman	Neath H	21.02
26	142	Abbi Morris	Wrexham A C	21.19
27	111	Sarah John	Carmarthen H	21.38

28	132	Natty Slee	Swansea H	22.18
29	145	Robyn Purchase	Wrexham A C	23.09
30	110	Ffion John	Carmarthen H	24.08
31	105	Sarah Rees	Aberdare AAC	26.27
32	115	Nesta Thomas	Carmarthen H	27.07

Teams	Name	Points
1	Carmarthen	16 (1,2,6,7)
2	Swansea	64 (3,13,20,28)
3	Cardiff	71 (12,14,21,24)

U15 Boys

1	141	Simon Lawson	Cardiff A A C	14.38
2	149	Guy Smith	Neath H	15.22
3	105	Dewi Griffiths	Carmarthen H	15.29
4	140	Rowan Axe	Cardiff A A C	15.35
5	118	Richard Stephenson	Carmarthen H	15.50
6	129	Nathan Hardee	Cwmbran H	15.58
7	128	Grant Stokes	Cwmbran H	16.02
8	110	Daniel Davis	Carmarthen H	16.13
9	119	Daniel Thomas	Llanelli	16.14
10	142	Dafydd Jenkins	Cardiff A A C	16.15
11	134	Adam Bitchell	Aberystwyth	16.17
12	107	Geraint Mansfield	Carmarthen H	16.22
13	156	Huw Adams	Bridgend A C	16.36
14	101	Ricky Challinor	Deeside	16.41
15	104	Adam Lewis	Aberdare AAC	16.42
16	111	Oliver Upton	Carmarthen H	16.55
17	155	James Powell	Brecon A C	16.56
18	126	Jamie Bussell	Cwmbran H	17.05
19	127	Daniel Lester	Cwmbran H	17.07
20	124	Johnathan Morgan	Newport H	17.11
21	109	Tomos Northcott	Carmarthen H	17.18
22	154	Mitchell Aspland	Swansea H	17.20
23	108	Aled Bowen	Carmarthen H	17.22
24	152	Antonio Cirillo	Swansea H	17.25
25	144	Chris Driscoll	Neath H	17.27
26	151	Rhodri Harris	Neath H	17.34
27	136	Tristan Dale	Cardiff A A C	17.43
28	157	Tom Dauncey	Bridgend A C	17.44
29	130	Grant Evans	Cwmbran H	17.47
30	146	Rhys Jones	Neath H	17.55
31	137	Greg Prout	Cardiff A A C	18.17
32	112	Rhydian Evans	Carmarthen H	18.36
33	139	Stephan Drury	Cardiff A A C	18.49
34	138	Matthew Hooper	Cardiff A A C	19.05
35	131	Ryan Cockram	Cwmbran H	20.00
36	147	Chris Melbourne	Neath H	20.39

Teams	Name	Points
1	Carmarthen	28 (3,5,8,12)
2	Cardiff	42 (1,4,10,27)
3	Cwmbran	50 (6,7,18,19)

U17 Women

1	201	Gemma Leahy	Pembroke H	19.46
2	212	Debbie Williams	Menai	20.21
3	217	Emma Loveland	Cardiff A A C	20.29
4	246	Elinor Kirk	Swansea H	20.31
5	235	Alex Lines-Scrase	Brecon A C	20.40

6	245	Melanie Davies	Swansea H	20.50
7	218	Paris Williams	Cardiff A A C	21.00
8	219	Kate Wiltshire	Cardiff A A C	21.17
9	234	Rosie Richards	Brecon A C	21.26
10	222	Martha Clarke	Cardiff A A C	21.31
11	233	Elin Wozencraft	Brecon A C	21.59
12	223	Anna Symonds	Cardiff A A C	22.03
13	205	Leah Brighthouse	Colwyn Bay	22.04
14	220	Amy Gould	Cardiff A A C	22.14
15	208	Sara Beynon-Thomas	Carmarthen H	22.45
16	203	Victoria Scrivens	Aberdare AAC	22.55
17	206	Megan Thomas	Carmarthen H	23.08
18	216	Siobhan Walton-Holland	Bishop of Llandaff School	23.33
19	231	Rachel Arnold	Neath H	23.49
20	240	Sarah Davies	Wrexham A C	24.00
21	239	Sarah Colbourne	Wrexham A C	32.29

Teams	Name	Points
1	Cardiff	35 (4,9,10,12)
2	Brecon	48 (6,11,15,16)

U17 Men

1	205	Lee Ladd	Carmarthen H	19.03
2	217	Ieuan Thomas	Cwmbran H	19.40
3	202	Matthew Williams	Aberdare AAC	20.03
4	211	Gavin Williams	Llanelli	20.03
5	218	Anthony Jones	Cwmbran H	20.11
6	228	Jonathan Butler	Swansea H	20.13
7	221	Joe Thomas	Cardiff A A C	20.25
8	215	Afan Humphries	Cwmbran H	20.34
9	220	Mark Fowles	Cardiff A A C	20.38
10	206	Jack Davey	Carmarthen H	20.47
11	203	Kurt Edwards	Aberdare AAC	20.48
12	212	Ian Withers	Newport H	20.52
13	216	Gavin Hanrahan	Cwmbran H	21.10
14	213	Matthew Wreford	Newport H	21.12
15	210	David Cole	Carmarthen H	22.02
16	224	Vincent Jones	Cardiff A A C	22.18
17	225	Daniel Challenger	Neath H	22.24
18	214	Tom Carnall	Bridgend A C	22.46
19	209	Dafydd Loughran	Carmarthen H	22.53
20	201	Geraint Oulton	Pembroke H	23.04
21	207	Alex Powell	Carmarthen H	23.32
22	222	Jason Prout	Cardiff A A C	24.39

Teams	Name	Points
1	Cwmbran	28 (2,5,8,13)
2	Carmarthen	45 (1,10,15,19)
3	Cardiff	54 (7,9,16,22)

U20 Women

1	250	Katy O'Byrne	Bromsgrove & Redditch	20.08
2	210	Caryl Jones (U20)	Carmarthen H	20.46
3	224	Tara Lewis Paisey (U20)	Cardiff A A C	21.40
4	229	Anneka Smith (U20)	Aberystwyth Uni	21.50
5	236	Jo Summerfield (U20)	Brecon A C	21.57
6	215	Charlotte Lightman (U20)	Llanishen High School	22.06
7	232	Carol Glover (U20)	Swansea Uni	22.08
8	248	Efa Llewellyn (U20)	Swansea H	22.18
9	204	Kate Amos (U20)	Aberdare AAC	23.58

U20 Men

1	252	Ian Williams	TROTS	23.56
2	253	Wynne Evans	Carmarthen H	24.31
3	269	Mark Davies	Swansea H	24.57
4	265	Rhys Thomas	Brecon A C	25.08
5	251	Andrew Donno	Brighton & Hove	25.22
6	270	Gareth Jones	Swansea H	25.39
7	260	Gavin Stokes	Islwyn Running Club	26.07
8	258	Jonathan Williams	Llanelli	26.10
9	257	Luke Williams	Llanelli	27.49
10	261	Matthew Stephenson	Cardiff A A C	28.35
11	263	Antony Oliver	Swansea Uni	

Senior Women

1	457	Catherine Dugdale	Swansea H	26.18
2	453	Sam Gray	Bristol	26.38
3	428	Clare Martin	Wells City Harriers	26.57
4	442	Mary Wilkinson	Aberystwyth Uni	27.18
5	403	Ceri Diss	Heme Hill Harriers	27.47
6	425	Annalise Heard	Llisbury	27.52
7	456	Ruth Hetherington	Wrexham A C	27.52
8	446	Sian Pritchard	Brecon A C	28.41
9	447	Satu Haikala	Brecon A C	29.04
10	432	Julia Clarke	Cardiff A A C	29.29
11	460	Hannah Wright	Swansea H	29.34
12	467	Aly Rowell (U23)	Forest of Dean	29.42
13	429	Karen Smout	Howich RMI Harriers	29.55
14	406	Helen Mansfield	Carmarthen H	30.01
15	402	Bronwen Weekes	Hillingdon	30.05
16	410	Joanna Prichard	Les Croupiers	30.13
17	430	Lindsey Emyr	Cardiff A A C	30.47
18	409	Jenny Phillips	Llanelli	30.56
19	462	Wendy Huggins	Swansea H	30.59
20	455	Ann Saxena	Newport H	31.02
21	404	Sian Harrison (U23)	Birmingham Univ	31.14
22	469	Fiona Davies	Bridgend A C	31.26
23	413	Julie Scholey	Les Croupiers	31.34
24	415	Cath Gardner	Les Croupiers	31.45
25	418	Tessa Gould	Les Croupiers	31.53
26	434	Beverley Tucker	Cardiff A A C	31.56
27	437	Frances Williams	Cardiff A A C	32.09
28	414	Heidi Williams	Les Croupiers	32.21
29	449	Celia Speake	Brecon A C	32.35
30	420	Yvonne Bullen	Les Croupiers	33.14
31	419	Paula Ham	Les Croupiers	33.18
32	412	Claire Beatty	Les Croupiers	33.32
33	421	Liz Clarke	Les Croupiers	33.38
34	451	Marianne Gittoes	Brecon A C	34.02
35	440	Maria Prout	Cardiff A A C	34.31
36	454	Carole Fereday	Newport H	35.11
37	468	Janet Jones	Sam Helen	35.51
38	452	Adele Davies	Brecon A C	37.48
39	475	Ruth Collishaw	Les Croupiers	38.05
40	474	Tracey Newman	Les Croupiers	40.31

Teams	Name	Points
1	Cardiff	80 (10,17,26,27)
2	Brecon	80 (8,9,29,34)
3	Les Croupiers	88 (16,23,24,25)

Senior Men

1	304	Ian Mitchell	Tipton Harriers	33.56
2	349	Jorge Thomas	Cardiff A A C	34.37
3	306	Steve Henshaw	Deeside	34.39
4	355	Jon Phillips	Cardiff A A C	34.41
5	352	Mark Jennings	Cardiff A A C	34.51
6	392	Will George (U20)	Brecon A C	34.59
7	402	Peter Kellie	Gloucester	35.15
8	309	Daniel Lewis	Telford	35.28
9	362	Christian Stephenson	Cardiff A A C	35.33
10	310	Gwyn Bellamy (U23)	Carmarthen H	35.40
11	351	Alex Donald	Cardiff A A C	35.53
12	412	Gareth Davies	Bridgend A C	36.01
13	346	Huw Evans	Tonbridge	36.06
14	342	Andrew Walling	Menai	36.16
15	368	Marc Hobbs	Swansea H	36.22
16	420	Luke Northall	Wrexham A C	36.28
17	399	David Notman	Brecon A C	36.28
18	307	Gareth Williams	Vale Royal AC	37.08
19	389	Paul Griffiths	Swansea H	37.10
20	411	Geraint Lewis (U23)	Bridgend A C	37.12
21	372	Mark H Roberts	Swansea H	37.18
22	315	Richard Bullen	Les Croupiers	37.29
23	353	Matthew Collins	Cardiff A A C	37.39
24	316	Phil Cook	Les Croupiers	38.14
25	319	Robert Jones	Les Croupiers	38.41
26	370	Shaun Tobin	Swansea H	39.01
27	373	Aaron Jones	Swansea H	39.11
28	398	Martin Shaw	Brecon A C	39.13
29	348	Gareth Day (U23)	Swansea Uni	39.14
30	356	Simon Lewis	Cardiff A A C	39.21
31	405	Steve Williams	Neath H	39.27
32	321	Peter Kellam	Les Croupiers	39.38
33	358	Mark Pritchard	Cardiff A A C	39.41
34	403	Kevin Lewis	Neath H	39.50
35	407	Lee Sandham	Neath H	40.03
36	404	Mike Evans	Neath H	40.08
37	364	Dimitri Vorress	Griffithstown Harriers	40.20
38	357	Steve Sheard	Cardiff A A C	40.40
39	417	Simon Osborne	Bridgend A C	40.45
40	318	Nicky Dukes	Les Croupiers	41.09
41	396	Tim Hindle	Brecon A C	41.46
42	377	Peter Watkeys	Swansea H	41.52
43	365	Thomas Guy	Griffithstown Harriers	42:16
44	394	Tom Matthews (U20)	Brecon A C	42.50
45	395	Derek Osborne	Brecon A C	43.05
46	330	Clive Osmond	Les Croupiers	43.21
47	329	Kelvin Sullivan	Les Croupiers	43.40
48	345	Jim Woodcock	Menai	45.27
49	381	Gary Waters	Swansea H	46.02
50	336	Michael Dix	Les Croupiers	48.19
51	331	John Plain	Les Croupiers	50.34

Teams	Name	Points
1	Cardiff	54 (2,4,5,9,11,23)
2	Swansea	150 (15,19,21,26,27,42)
3	Brecon	181 (6,17,28,41,44,45)