

WELSH CROSS COUNTRY CHAMPIONSHIPS

SATURDAY 20TH FEBRUARY 2010

THE GEORGE CRUMP M.B.E. MEMORIAL  
SINGLETON PARK, SWANSEA

POS	BIB	ATHLETE	CLUB	PERF	
1	20	Alex HAINS	Cardiff AAC	37:11	SM
2	23	Nat LANE	Cardiff AAC	37:48	SM
3	36	Rob SAMUEL	Eryri Harriers	38:03	SM
4	76	Marc HOBBS	Swansea Harriers	38:13	SM
5	92	Owain JONES	Windsor S.E.H	38:13	SM
6	89	Sullivan SMITH	Swansea Harriers	38:36	SM
7	7	Austin DAVIES	Brecon AC	39:05	SM
8	26	James THIE	Cardiff AAC	39:10	SM
9	93	Hywel CARE	Woodford Green	39:19	SM
10	18	Matt COLLINS	Cardiff AAC	39:34	SM
11	5	Owain MATTHEWS	Bedford & County AC	39:47	SM
12	24	Peter RYDER	Cardiff AAC	39:53	SM
13	83	Phil MATTHEWS	Swansea Harriers	40:13	SM
14(1)	71	<b>Christopher DAVIES</b>	<b>Swansea Harriers</b>	<b>40:23</b>	<b>U23M</b>
15(2)	32	<b>Lee LADD</b>	<b>Carmarthen Harriers</b>	<b>40:25</b>	<b>U23M</b>
16(3)	84	<b>Ross MCDONALD</b>	<b>Swansea Harriers</b>	<b>40:51</b>	<b>U23M</b>
17	46	Mark PALSER	Les Croupiers	41:05	SM
18	41	Phil COOK	Les Croupiers	41:19	SM
19	13	Martin SHAW	Brecon AC	41:30	SM
20(4)	88	Guy SMITH	Swansea Harriers	41:58	<b>U23M</b>
21	10	Harry MATTHEWS	Brecon AC	42:41	SM
22(5)	27	Lewys WINFIELD-YOUNG	Cardiff AAC	42:44	<b>U23M</b>
23	34	James RAVEN	Chester-Le-Street AC	42:48	SM
24	80	Owain JONES	Swansea Harriers	43:01	SM
25	82	Ifan LLOYD	Swansea Harriers	43:07	SM
26	86	Christopher PARKER	Swansea Harriers	43:26	SM
27	79	Matthews JONES	Swansea Harriers	44:08	SM
28	59	Dee BUCHANAN	San Domenico	44:49	SM
29	8	Crispin FLOWER	Brecon AC	44:56	SM
30(6)	90	Daniel THOMAS	Swansea Harriers	45:32	<b>U23M</b>
31	14	Peter SOWERBY	Brecon AC	45:38	SM
32	91	Simon WILSON	Swansea Harriers	45:43	SM
33	12	Kendrick PHIL	Brecon AC	46:15	SM
34	73	Jeffrey GIANIRACUSA	Swansea Harriers	46:25	SM
35	56	Charles WALSH	Port Talbot Harriers	46:32	SM
36	2	Alen DAVISON	Aberystwyth AC	46:35	SM
37	78	Gary IRVING	Swansea Harriers	47:00	SM
38	15	Robert HUNT	Bridgend AC	47:08	SM
39	60	Mickey HAVARD	San Domenico	47:09	SM
40	40	Paul COKER	Les Croupiers	47:26	SM
41	44	Sandy JOHNSTON	Les Croupiers	47:39	SM
42	37	Steve OUSELEY	Ingli Runners	48:10	SM
43	62	Glyn SANSON	San Domenico	49:09	SM
44	61	Ian MCDONALD	San Domenico	49:23	SM
45	38	Alec WILLIAMS	Ingli Runners	49:38	SM
46	50	Richard THOMPSON	Pembrokeshire harriers	50:07	SM
47	53	John HOPKINS	Port Talbot Harriers	50:56	SM
48	63	Dominic SHIELDS	San Domenico	51:46	SM
49	72	Leighton GARDNER	Swansea Harriers	52:34	SM
50	3	Ian EVANS	Aberystwyth AC	53:47	SM
51	51	David CORNISH	Port Talbot Harriers	54:03	SM
52	81	Uku KUMARI	Swansea Harriers	54:29	SM
53	52	Anthony HOLLING	Port Talbot Harriers	54:46	SM
54	67	Steve BENDLE	Swansea Harriers	55:06	SM
55	77	Calvin HOLD	Swansea Harriers	55:12	SM
56	66	Mark BATCUP	Swansea Harriers	55:33	SM
57	54	Alan PERKINS	Port Talbot Harriers	58:48	SM
58	55	Mario RABAIOTTI	Port Talbot Harriers	59:09	SM
59	64	Gareth JONES	Sarn Helen	1:00.27	SM
60	57	Ian WILLIAMS	Port Talbot Harriers	1:02.10	SM

Team Score	1	2	3	4	5	6	7	8	9	10	11	12	A Total	B Total
1 Cardiff AAC	1	2	8	10	12	22							55	
2 Swansea Harriers A	4	6	13	14	16	20							73	
3 Brecon AC	7	19	21	29	31	33							140	
4 Swansea Harriers B							24	25	26	27	30	32		164
<b>NON TEAM SCORES</b>														
Les Croupiers	17	18	40	41										
San Domenico	28	39	43	44										
Ingli Runners	42	45												
Eryri harriers	3													
Windsor S.E.H	5													
Woodford Green	9													
Bedford & County AC	11													
Carmarthen Harriers	15													
Chester-Le-Street AC	23													
Port Talbot Harriers	35													
Aberystwyth AC	36													
Pembrokeshire Harriers	46													

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SINGLETON PARK, SWANSEA**

POS	BIB	ATHLETE	CLUB	PERF	
1	155	Andrea WHITCOMBE	Swansea Harriers	27:11	SW
2(1)	113	Julia COOK	Cheltenham Harriers	28:14	U23W
3	105	Emily BROWN	Cardiff AAC	28:29	SW
4	97	Shan MORGAN	Aldershot/Army	28:35	SW
5(2)	104	Kate ROBERTS	Bridgend AC	28:40	U23W
6(3)	423	Sian EDWARDS	Kettering AC	28:49	U23W
7(4)	108	Bethan STRANGE	Cardiff AAC	29:04	U23W
8	147	Amanda JONES	Swansea Harriers	29:36	SW
9(5)	429	Paris WILLIAMS	Cardiff AAC	29:42	U23W
10	152	Elysia RIDLEY	Swansea Harriers	30:01	SW
11	124	Ruth TYLER	Les Croupiers	30:04	SW
12	114	Tammy LEWIS-JONES	Colwyn Bay AC	30:07	SW
13	94	Helen MARSHALL	Aberystwyth AC	30:32	SW
14	157	Joanne DONNELLY	Trentham Harriers	30:46	SW
15	125	Maria ZUBIZARETTA	Les Croupiers	30:54	SW
16	146	Carol GLOVER	Swansea Harriers	31:02	SW
17	142	Ellen BUTLER	Swansea Harriers	31:10	SW
18	118	Jane COKER	Les Croupiers	31:39	SW
19	95	Joanne THATCHER	Aberystwyth AC	32:03	SW
20	135	Sandra PINKHAM	Port Talbot Harriers	32:09	SW
21	115	Celia WHITE	Ingli Runners	32:39	SW
22(6)	139	Dee JOLLY	Sarn Helen	32:53	U23W
23	156	Michelle WITHAM	Swansea Harriers	34:01	SW
24	133	Carol MOSELEY	Port Talbot Harriers	34:08	SW
25	150	Sian KIRK	Swansea Harriers	34:11	SW
26(7)	141	Carys DAVIES	Sarn Helen	34:13	U23W
27	129	Kim BATES	Port Talbot Harriers	34:22	SW
28	123	Joanne TUCKER	Les Croupiers	34:57	SW
29	148	Elinor KING	Swansea Harriers	35:06	SW
30	145	Helen EVE	Swansea Harriers	37:49	SW
31	153	Gwen SMITH	Swansea Harriers	37:58	SW
32	144	Lyndsey DODDS	Swansea Harriers	37:59	SW
33(8)	138	Caryl DAVIES	Sarn Helen	39:05	U23W
34	137	Fran WILLIAMS	San Domenico	39:29	SW
35	136	Pauline WILLIAMS	Port Talbot Harriers	40:30	SW
36	121	Ann JAMES	Les Croupiers	40:32	SW
37	131	Amy JENKINS	Port Talbot Harriers	40:40	SW
38	143	Angela DELANEY	Swansea Harriers	41:34	SW
39(9)	110	Alaw BEYNON-THOMAS	Carmarthen Harriers	42:21	U23W
40	119	Gwenno DAFYDD	Les Croupiers	42:21	SW
41	132	Laura JENKINS	Port Talbot Harriers	42:48	SW
42	140	Jan JONES	Sarn Helen	43:27	SW

Team Score	1	2	3	4	5	6	7	8	TOTAL	TOTAL
1 Swansea Harriers A	1	8	10	16					35	
2 Les Croupiers	11	15	18	28	36	40			72	
3 Swansea Harriers B					17	23	25	29		98
4 Port Talbot Harriers	20	24	27	35	37	41			106	
<b>NON TEAM SCORES</b>										
Sarn Helen	22	26	33	42						
Cardiff AAC	3	7	9							
Cheltenham Harriers	2									
Aldershot/Army	4									
Colwyn Bay AC	12									
Aberystwyth AC	13	19								
Trentham Harriers	14									
Ingli Runners	21									
San Domenico	34									
Carmarthen Harriers	39									

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POS	BIB	ATHLETE	CLUB	PERF
1	168	Dewi GRIFFITHS	Carmarthen Harriers	24:03
2	171	Ricky CHALLINOR	Liverpool Harriers	24:31
3	161	Jonathan HOPKINS	Bridgend AC	24:58
4	170	Phil EDGE	Deeside AAC	25:10
5	169	Michael KALLENBURG	Carmarthen Harriers	25:41
6	158	Daniel HISCOX	Aberdare VAAC	26:26
7	174	Jake WATSON	Trots	27:15
8	165	Ashleigh HARPER	Cardiff AAC	28:58
9	172	Joshua DAVIES	Schools	29:45

Team Score	1	2	3	4	TOTAL
Carmarthen Harriers	1	5			
Liverpool Harriers	2				
Bridgend AC	3				
Deeside AAC	4				
Aberdare VAAC	6				
Trots	7				
Cardiff AAC	8				
Schools	9				

### U17 MEN

POS	BIB	ATHLETE	CLUB	PERF
1	188	Morgan DAVIES	Bridgend AC	21:11
2	209	Emrys PENNY	Newport Harriers	21:28
3	212	Liam LLOYD	Swansea Harriers	21:48
4	198	Alex EDWARDS	Cwmbran Harriers	21:55
5	206	Daniel CHESWORTH	Newport Harriers	22:02
6	191	Alex COOMBER	Cardiff AAC	22:10
7	207	Elliott HARDEE	Newport Harriers	22:18
8	210	Alexander MATCHETT	Pembrokeshire Harriers	22:26
9	203	William SHERIDAN	Menai Track & Field	22:45
10	204	Henri WILLIAMS	Menai Track & Field	22:45
11	211	Matthew RICHARDS	Pembrokeshire Harriers	23:04
12	186	Tom DAVIS	Bridgend AC	23:08
13	216	Sean WHITE	Swansea Harriers	23:10
14	205	Chris CARPANINI	Newport Harriers	23:29
15	199	James HANRAHAN	Cwmbran Harriers	23:34
16	189	Matthew WEEKS	Bridgend AC	23:36
17	213	Matthew THOMAS	Swansea Harriers	23:37
18	193	Luke CLEMENTS	Carmarthen Harriers	24:04
19	201	Keiron STEPHENS	Cwmbran Harriers	24:14
20	215	Grant WESTCOTT	Swansea Harriers	24:20
21	202	George OLIVER	Deeside AAC	24:27
22	192	Joel REDMAN	Cardiff AAC	24:37
23	184	Dominic FARR	Barry & Vale Harriers	24:51
24	214	Paul TOBIN	Swansea Harriers	25:09
25	200	Marcus PRICE	Cwmbran Harriers	25:11
26	190	Lloyd BRADLEY	Cardiff AAC	19:00

Team Score	1	2	3	4	TOTAL
Newport Harriers	2	5	7	14	21
Swansea Harriers	3	13	17	20	37
Cwmbran Harriers	4	15	19	25	44
<b>NON TEAM SCORES</b>					
Bridgend AC	1	12	16		
Cardiff AAC	6	22	26		
Pembrokeshire Harriers	8	11			
Menai Track & Field	9	10			
Carmarthen Harriers	18				
Barry & Vale harriers	23				

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POS	BIB	ATHLETE	CLUB	PERF	
1	218	Ffion PRICE	Brecon AC	20:18	U17W
2	230	Natasha COCKRAM	Cwmbran Harriers	20:35	U17W
3	231	Abbie OLIVER	Deeside AAC	21:10	U17W
4(1)	183	Gina PALETTA	Wrexham AC	21:23	U20W
5	219	Rhianwedd PRICE	Brecon AC	21:27	U17W
6	232	Sarah LIVETT	Menai Track & Field	21:43	U17W
7	235	Beth KIDGER	Phoenix	22:00	U17W
8	223	Harriet MORRIS	Cardiff AAC	22:05	U17W
9(2)	178	Angarad DAVIES	Carmarthen Harriers	22:32	U20W
10	236	Megan KIDGER	Phoenix	22:51	U17W
11	220	Bethan DAW	Cardiff AAC	22:52	U17W
12	238	Jemima OSBORN	Swansea Harriers	23:03	U17W
13(3)	180	Emily DOWNEY	Llanelli AC	23:18	U20W
14	221	Lucy HARVEY	Cardiff AAC	23:25	U17W
15	239	Elysia PEARSON	Swansea Harriers	24:33	U17W
16	181	Hollie RYDER	Notts AC	25:24	U20W
17	182	Rhiannon ANDERSON	Swansea Harriers	25:51	U20W
18	228	Jodie JONES	Carmarthen Harriers	29:28	U17W
19	237	Rebecca HALL	Swansea Harriers	31:41	U17W

Team Score	1	2	3	4	TOTAL
1 Swansea Harriers	12	15	17	19	63
Brecon AC	1	5			
Cwmbran Harriers	2				
Deeside AAC	3				
Menai Track & Field	6				
Phoenix	7	10			
Cardiff AAC	8	11	14		
Carmarthen Harriers	9	18			

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POS	BIB	ATHLETE	CLUB	PERF
1	265	Tom EARLY	Colwyn Bay AC	16:28
2	266	Matthew ANTONIAZZI	Cwmbran Harriers	16:32
3	258	Mike WARD	Cardiff AAC	16:44
4	252	Sam LONGVILLE	Bridgend AC	17:03
5	262	Rohan LLYR	Carmarthen Harriers	17:19
6	255	Rory HESLOP	Cardiff AAC	17:19
7	254	Jack GOOCH	Cardiff AAC	17:21
8	276	Connor DAVIES	Swansea Harriers	17:36
9	275	Evan WYNNE	Schools	17:56
10	251	James HUNT	Bridgend AC	18:00
11	279	Lewis PREECE	Swansea Harriers	18:02
12	253	Tom BEVAN	Cardiff AAC	18:05
13	280	Johnatham TOBIN	Swansea Harriers	18:15
14	278	Daniel HALL	Swansea Harriers	18:20
15	271	Liam HARDEE	Newport Harriers	18:26
16	281	Kieron WHITE	Swansea Harriers	18:45
17	272	Ieuan COOKE	Pembrokeshire Harriers	18:53
18	243	Elliot RICHARDS	Barry & Vale Harriers	18:55
19	268	Andrew WILLIAMS	Deeside AAC	18:57
20	240	Stephen WILLIAMS	Aberystwyth AC	19:02
21	248	Matthew TUCKER	Brecon AC	19:28
22	249	Jack COUCH	Bridgend AC	19:39
23	257	Jacob PREECE	Cardiff AAC	19:53
24	241	Samuel CORRIA	Barry & Vale Harriers	20:08
25	250	Daniel GLEN	Bridgend AC	20:20
26	247	Ben DUNSTER	Brecon AC	20:45

Team Score	1	2	3	4	TOTAL
1 Cardiff AAC	3	6	7	12	28
2 Swansea Harriers	8	11	13	14	46
3 Bridgend AC	4	10	22	25	61
<b>NON TEAM SCORES</b>					
Colwyn Bay AC	1				
Cwmbran Harriers	2				
Carmarthen Harriers	5				
Schools	9				
Newport Harriers	15				
Pembrokeshire Harriers	17				
Barry & Vale harriers	18	24			
Deeside AAC	19				
Aberystwyth AC	20				
Brecon AC	21	26			

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POS	BIB	ATHLETE	CLUB	PERF
1	306	Megan WITHERS	Pembrokeshire Harriers	18:33
2	307	Rebecca EVANS	Pontyclun AC	19:37
3	282	Megan TURNER	Aberystwyth AC	20:00
4	302	Stacy WEBSTER	Llanelli AC	20:21
5	286	Megan OSBORNE	Bridgend AC	20:24
6	298	Francesca HYDE	Cwmbran Harriers	20:35
7	283	Caitlin BRYANT	Bridgend AC	20:42
8	308	Ellie HARVARD	Pontyclun AC	21:12
9	290	Claire HARWOOD	Cardiff AAC	21:17
10	310	Iona EVANS	Swansea Harriers	21:43
11	303	Leah WINDON-RANDELL	Llanelli AC	21:56
12	299	Elin LEWIS	Cwmbran Harriers	22:13
13	284	Annabel CURLE	Bridgend AC	22:31
14	425	Lucy TARRANT	Bridgend AC	22:42
15	304	Rhian HOMER	Pembrokeshire Harriers	22:50
16	311	Lucy HAMMETT	Swansea Harriers	23:19
17	305	Caitlin THOMPSON	Pembrokeshire Harriers	24:09
18	291	Holly MORRIS	Cardiff AAC	24:12
19	309	Rhian JONES	Sarn Helen	24:21
20	300	Malika REZOUGUI	Cwmbran Harriers	24:38
21	312	Gwen KING	Swansea Harriers	25:14

Team Score	1	2	3	4	TOTAL
Bridgend AC	5	7	13	14	39
Pembrokeshire Harriers	1	15	17		
Pontyclun AC	2	8			
Aberystwyth AC	3				
Llanelli AC	4	11			
Cwmbran Harriers	6	12	20		
Cardiff AAC	9	18			
Swansea Harriers	10	16	21		
Sarn Helen	19				

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POS	BIB	ATHLETE	CLUB	PERF
1	398	Christain LOVETT	Carmarthen harriers	9:58
2	407	Iolo HUGHES	Menai Track & Field	10:03
3	388	John COVE	Cardiff AAC	10:10
4	400	Nikita NEARY	Carmarthen harriers	10:13
5	408	John SPILL	Menai Track & Field	10:16
6	406	Richard EVANS	Deeside AAC	10:18
7	383	Tom EDMUNDS	Cardiff AAC	10:18
8	404	Alex MCDOWELL	Cwmbran Harriers	10:28
9	379	Ben OWEN	Bridgend AC	10:32
10	386	Ciaran LEWIS	Cardiff AAC	10:34
11	403	Louie BENNET	Colwyn Bay AC	10:50
12	394	Nicholas JOHNSON	Carmarthen harriers	10:51
13	384	Rhys GOOCH	Cardiff AAC	10:58
14	374	Harry DAVIES	Bridgend AC	11:09
15	426	Joe LINGARD	Swansea Harriers	11:17
16	417	Harri HOOPER-LEWIS	Swansea Harriers	11:20
17	409	Thomas JOHN	Neath Harriers	11:21
18	377	Danyaal MOHAMED	Bridgend AC	11:27
19	402	Benjamin WILLIAMS	Carmarthen harriers	11:28
20	410	Luke GILL	Newport harriers	11:31
21	422	Thomas WESTERHOLM	Swansea Harriers	11:34
22	382	Sam CURWEN	Cardiff AAC	11:36
23	421	Jared WALTERS	Swansea Harriers	11:51
24	390	Joe MACPHEERSON	Cardiff AAC	11:57
25	414	Brandon DAVIES	Swansea Harriers	12:02
26	399	Elliott MORGANS	Carmarthen harriers	12:22
27	385	Luke HARVEY	Cardiff AAC	12:41
28	373	Scott DUNSTER	Brecon AC	13:00
29	420	Joshua PELUSI	Swansea Harriers	13:15
30	413	Corey DALTON	Swansea Harriers	13:42
31	416	Rami HASSAN	Swansea Harriers	13:57
32	415	Pip HANCOCK	Swansea Harriers	14:03
33	387	Alex COVE	Cardiff AAC	16:56
34	418	Dafydd LLOYD	Swansea Harriers	58:00

Team Score	1	2	3	4	TOTAL
1 Cardiff AAC	3	7	10	13	33
2 Carmarthen Harriers	1	4	12	19	36
3 Swansea Harriers A	15	16	21	23	75
4 Swansea Harriers B	25	29	30	31	115
<b>NON TEAM SCORES</b>					
Menai Track & Field	2	5			
Deeside AAC	6				
Cwmbran Harriers	8				
Bridgend AC	9	14	18		
Colwyn Bay AC	11				
Neath Harriers	17				
Newport Harriers	20				
Brecon AC	28				

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1	326	Rosa YATES	Bridgend AC	10:32
2	363	Olivia GWYNN	Swansea Harriers	10:39
3	316	Emily THOMAS	Aberystwyth AC	11:11
4	349	Scarlett MCPHILLIPS	Cwmbran Harriers	11:11
5	348	Chelsie HARRIES	Cwmbran Harriers	11:28
6	318	Heidi DAVIES	Brecon AC	11:31
7	321	Jazmine BRIGANTI	Bridgend AC	11:33
8	325	Nia WARD	Bridgend AC	11:49
9	317	Kate COKER	Barry & Vale Harriers	11:51
10	366	Katie PARFITT	Swansea Harriers	11:55
11	323	Sinead LOUNDES	Bridgend AC	12:00
12	357	Alice RUSSELL-STRETCH	Pembrokeshire Harriers	12:09
13	340	Rebecca LEWIS	Carmarthen Harriers	12:11
14	333	Siobham ELERI	Carmarthen Harriers	12:22
15	332	Niamh ELAIN	Carmarthen Harriers	12:29
16	337	Natasha JIWA-WALI	Carmarthen Harriers	12:33
17	324	Katie ROBERTS	Bridgend AC	12:36
18	334	Gwenno EVANS	Carmarthen Harriers	12:42
19	341	Mahon LLOYD	Carmarthen Harriers	12:43
20	354	Marid COOKE	Pembrokeshire Harriers	12:44
21	350	Olivia TURLY	Cwmbran Harriers	12:45
22	359	Caitlin ATKINS	Swansea Harriers	12:53
23	428	Cara WATSON	Trots	12:54
24	315	Catrin ANSELL	Aberystwyth AC	13:15
25	342	Laura NIX	Carmarthen Harriers	13:22
26	319	Leah THOMAS	Bridgend AC	13:32
27	355	Jenna GALLIVAN-CLASH	Pembrokeshire Harriers	13:46
28	360	Ellie COATES	Swansea Harriers	13:53
29	351	Samantha WALKER	Cwmbran Harriers	14:02
30	322	Joe-Dianna GRABHAM	Bridgend AC	14:07
31	352	Catrin BEZKOROWAJNYJ	Menai T & F	16:38
32	353	Megan BEZKOROWAJNYJ	Menai T & F	16:38

Team Score	1	2	3	4	TOTAL
Bridgend AC	1	7	8	11	27
Carmarthen Harriers	13	14	15	16	58
Cwmbran Harriers	4	5	21	29	59
Swansea Harriers	2	10	22	28	62
<b>NON TEAM SCORES</b>					
Aberystwyth AC	3	24			
Brecon AC	6				
Barry & Vale harriers	9				
Pembrokeshire Harriers	12	20	27		
Trots	23				



# WELSH CROSS COUNTRY CHAMPIONSHIPS

SATURDAY 20TH FEBRUARY 2010

SINGLETON PARK, SWANSEA  
incorporating the PRIMARY SCHOOLS CHALLENGE

## Year 5 & 6 PRIMARY SCHOOLS

POS	BIB	ATHLETE	CLUB	PERF
1	13	Carwyn PENNY	Ysgol Gymraeg Casnewydd	6:17
2	2	Tommy WELTON	Tavernspite	6:26
3	38	Daniel DAVIS	Ffairfach	6:34
4	11	Dewi BENNETT	Y Bontfaen	6:37
5	8	Tom CLARKE	Eglwys Newydd	6:41
6	43	Aled PHILLIPS	Ysgol Gymraeg Rhydaman	6:43
7	16	Curtis HICKS	Ysgol Glan Cleddau	6:52
8	1	Sam WOODNUT	St Michaels	6:54
9	45	Teifion ALLCOCK	Ysgol Gymraeg Rhydaman	7:04
10	33	Joshua HARWOOD	Pontybrenin	7:06
11	9	Alex OLDER	Eglwys Newydd	7:11
12	5	Steffan REES	Eglwyswrw	7:15
13	12	Jac GREENWOOD	Oystermouth	7:20
14	10	Dylan WADDINGTON	Eglwys Newydd	7:21
15	21	Michael JONES	Craig Y Nos	7:25
16	7	Joseph BATTE	Ysgol Gymraeg Gwaun Y Nant	7:26
17	20	Max ARNOLD	Knelston	7:30
18	15	Samuelle WILLIAMS	All Saints	7:32
19	41	Ioan BRANNIGAN	Login Fach	7:35
20	39	Daniel LEWIS	Login Fach	7:37
21	40	Jonathan JAMES	Login Fach	7:38
22	24	Morgan CORRIE	Craig Y Nos	7:39
23	32	Dylan CUMMINGS	Pontybrenin	7:44
24	44	Tomos RICHARDS	Ysgol Gymraeg Rhydaman	7:50
25	42	Edward MORGAN	Login Fach	7:51
26	46	Sion LLEWELLYN	Ysgol Gymraeg Rhydaman	7:57
27	30	Casey BLYTH-DAVIES	Pontybrenin	8:01
28	26	Alex LANG	Pontybrenin	8:03
29	48	James PELUSI	Pennard Primary	8:05
30	18	Kieran HUGHES	Knelston	8:06
31	47	Amman HUFFER	Pennard Primary	8:11
32	25	Lewys EDWARDS	Pontybrenin	8:14
33	17	Oscar ZOEFTIG	Knelston	8:28
34	37	Dion COLFER	Clwyd	8:30
35	36	Connor ESMONDE	Clwyd	8:36
36	23	Andrew SIMS	Craig Y Nos	8:36
37	22	Paul JONES	Craig Y Nos	9:00
38	28	Kieran ELSEY	Pontybrenin	9:21
39	29	Ryan BENNETT	Pontybrenin	9:37
40	19	George LATHAM	Knelston	9:46
41	27	Nathan BRENTON	Pontybrenin	13:12

Team Score	1	2	3	4	TOTAL	
1	Ysgol Gymraeg Rhydaman	6	9	24	26	65
2	Login Fach	19	20	21	25	85
3	Pontybrenin A	10	23	27	28	88
4	Craig Y Nos	15	22	36	37	110
5	Knelston	17	30	33	40	120
6	Pontybrenin B	32	38	39	41	154
<b>NON TEAM SCORES</b>						
	Ysgol Gymraeg Casnewydd	1				
	Tavernspite	2				
	Y Bontfaen	4				
	Eglwys Newydd	5	11	14		
	Ysgol Glan Cleddau	7				
	St Michaels	8				
	Eglwyswrw	12				
	Oystermouth	13				
	Ysgol Gymraeg Gwaun Y Nant	16				
	All Saints	18				
	Clwyd	34	35			

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## Year 5 & 6 PRIMARY SCHOOLS

POS	BIB	ATHLETE	CLUB	PERF
1	7	Cari HUGHES	Llanfechell	6:22
2	6	Bethan EVANS	Pontyclun	6:47
3	3	Tegan HARRISON	Tavernspite	6:55
4	1	Mared Wyn OWEN	Carreg Hirfaen	6:59
5	55	Emily WOOSTER	Sully	7:23
6	42	Elissa RATTI	Bishopston	7:25
7	2	Ffion JENKINS	St Michaels	7:28
8	49	Megan TUCKER	Llangynidr	7:31
9	8	Samantha THOMAS	Wick & Marcross	7:35
10	50	Carys JAMES	Ysgol Wdig	7:36
11	4	Lucy DAVIES	Tavernspite	7:41
12	47	Rosie JAMES	Rhayader Cinw	7:43
13	53	Ffion GEORGE	Login Fach	7:45
14	56	Ella BENNETT	Cefn Meiradog	7:54
15	27	Elinor WILLIAMS	Craig Y Nos	8:02
16	9	Paige MURPHY	Oystermouth	8:03
17	10	Amber MURPHY	Oystermouth	8:04
18	15	Megan STRATTON-THOMAS	Pen Y Fro	8:05
19	21	Mary JONES	Knelston	8:06
20	14	Ysabelle WILLIAMS	All Saints	8:13
21	38	Chloe HILL	Bishopston	8:15
22	52	Lowri-Haf THOMAS	Login Fach	8:19
23	48	Layla MOHAMED	Llangewydd	8:22
24	29	Molly JONES	Craig Y Nos	8:36
25	46	Elen JONES	Bishopston	8:40
26	17	Jessica LEWIS	Pen Y Fro	8:40
27	44	Maryanne EVE	Bishopston	8:41
28	36	Abigail JENKINS	Pontybrenin	8:55
29	28	Isabella RUCKLEY-JONES	Craig Y Nos	8:59
30	41	Alys DOW	Bishopston	8:59
31	33	Megan THOMAS	Pontybrenin	9:01
32	19	Pheobe CLOSE	Knelston	9:13
33	23	Rebecca JONES	Knelston	9:18
34	16	Bethan JAMES	Pen Y Fro	9:18
35	34	Holly HURFORD	Pontybrenin	9:22
36	20	Sarah GAMBOLD	Knelston	9:22
37	54	Mari DAVIES	Login Fach	9:31
38	45	Lowri RATTI	Bishopston	9:33
39	24	Kate WILLIAMS	Knelston	9:38
40	40	Emily IRVINE	Bishopston	9:47
41	37	Aimee DAVIES	Pontybrenin	9:48
42	25	Freja DAVIES-JONES	Knelston	9:50
43	30	Hannah WILLIAMS	Craig Y Nos	9:51
44	31	Lydia CAMPBELL	Pontybrenin	9:53
45	11	Ella HAYNES	Oystermouth	10:02
46	13	Olivia JENKINS	Oystermouth	10:03
47	18	Jasmin NEWTON	Pen Y Fro	10:08
48	22	Juliet JAMES	Knelston	10:11
49	51	Carys MESSER	Login Fach	10:17
50	35	Ciara FREEGUARD	Pontybrenin	10:35
51	43	Carys EVANS	Bishopston	10:42
52	26	Katie GROVE	Knelston	11:09

Team Score	1	2	3	4	TOTAL
Bishopston	6	21	25	27	52
Knelston	19	32	33	36	69
Craig Y Nos	15	24	29	43	72
Pontybrenin	28	31	35	41	76
Oystermouth	16	17	45	46	91
Login Fach	13	22	37	49	121
Pen Y Fro	18	26	34	47	125
<b>NON TEAM SCORES</b>					
Llanfechell	1				
Pontyclun	2				
Tavernspite	3	11			
Carreg Hirfaen	4				
Sully	5				
St Michaels	7				
Llangynidr	8				
Wick & Marcross	9				
Ysgol Wdig	9				
Rhayader Cinw	12				
All Saints	20				
Llangewydd	23				