

WHITFORD POINT MULTI-TERRAIN RACE 2011							
Position	Number	Time mins	Time secs	Name	Age category	Club	M/F
1	316	35	52	Ross Simpson	M	Unattached	M
2	141	36	32	Alan Davies	VM50	Unattached	M
3	181	36	40	Steve Evans	VM45	Neath Harriers	M
4	309	37	43	Rhodri Davies	M	Unattached	M
5	176	37	46	Kevin Griffiths	VM45	TROTS	M
6	354	38	07	Alex Williams	VM	Port Talbot Harriers	M
7	320	38	29	Gareth Petts	M	Swansea University	M
8	302	38	37	Mark Allen	M	Forest Gimps	M
9	330	38	41	Tim Butt	M	Swansea University	M
10	355	38	44	Simon Wilson	VM45	Swansea Harriers	M
11	151	38	49	Richard Copp	M	Unattached	M
12	160	38	54	Stephen Richards	M	Swansea Harriers	M
13	159	39	02	Jeffrey Giansiracusa	M	Swansea Harriers	M
14	150	39	22	Rob Falconer	VM50	Unattached	M
15	129	39	29	Mark Gosney	M	3M's	M
16	337	39	47	Paul Rees	VM45	3M's	M
17	135	39	51	Kevin Taylor	VM50	Amman Valley Harriers	M
18	305	39	57	Andrew Smith	M	Swansea Harriers	M
19	171	40	09	Lee Morris	M	3M's	M
20	317	40	18	Dean Webster	M	3M's	M
21	153	40	40	Steve Thomas	M	3M's	M
22	353	40	50	Clare Phillips	VF40	Port Talbot Harriers	F
23	180	41	39	Stephen Cable	M	3M's	M
24	125	41	48	Gary Howe	VM50	3M's	M
25	342	42	19	Dave Collins	M	Gower Badgers	M
26	162	42	35	Fredvik Nordvall Forsberg	M	Unattached	M
27	319	42	38	Owen Lewis	M	3M's	M
28	155	42	40	Andrew Thomas	VM45	Sospan Road Runners	M
29	131	42	41	Gareth Davey	M	Unattached	M
30	175	42	49	Alex Lewis	M	Unattached	M
31	164	43	03	Greg Matthews	M	Unattached	M
32	199	43	17	Thierry Maffeis	M	Unattached	M
33	332	43	27	Dewi West	VM45	3M's	M
34	183	43	28	Peter Jones	VM50	Unattached	M
35	356	43	28	Jon Richards	VM	South Wales Police	M
36	149	43	28	Alun Evans	M	Amman Valley Harriers	M
37	331	43	28	Andrew Croucher	M	Swansea University	M
38	325	44	00	Calvin Hold	M	Swansea Harriers	M
39	143	44	02	Jenny Phillips	VF45	Llanelli AC	F
40	200	44	09	Anthony Higgins	VM	Unattached	M
41	301	44	12	Martyn Evans	VM45	Wecori	M
42	308	44	17	Byron Davies	M	3M's	M
43	154	44	19	Eric Davey	VM50	Llanelli AC	M
44	345	44	25	Rob Jenkins	VM	Gower Badgers	M
45	318	44	29	Uku Kumari	VM50	Swansea Harriers	M
46	165	44	44	Deborah Reed	VF45	3M's	F
47	185	44	58	Roger Bell	VM45	3M's	M
48	140	45	00	Ian Robinson	VM45	Mumbles Milers	M
49	315	45	09	Carley Evans	F	Swansea Harriers	F
50	197	45	10	John Smewing	VM50	Swansea Harriers	M
51	179	45	11	Peter Deacon	VM50	Swansea Harriers	M
52	314	45	11	Leighton Gardener	VM45	Swansea Harriers	M
53	145	45	14	Mike Nash	VM50	3M's	M
54	188	45	31	Steve McLelland	VM50	Unattached	M
55	323	45	43	Richard Webster	VM50	3M's	M
56	343	45	50	Martin Slucutt	M	Unattached	M
57	304	45	53	Huw Jones	VM50	3M's	M
58	186	45	54	Christina Smith	VF45	3M's	F
59	352	46	11	Sian Phillips	VF45	Swansea Harriers	F
60	174	46	27	Nigel Francisco	VM45	Wecori	M
61	313	46	32	Richard Jones	M	3M's	M
62	128	46	45	Mike Griffiths	VM	Unattached	M
63	348	46	49	Maggie Fligelstone	VF45	Unattached	F
64	158	46	51	Michael Halsall	M	Llanelli AC	M
65	187	46	57	Caroline Sandles	VF40	3M's	F
66	167	47	13	Gary Gregor	VM50	Unattached	M
67	132	47	19	Liam Andrews	M	Unattached	M
68	142	47	42	Ross Poiner	M	3M's	M
69	136	48	00	Darren Green	VM	Mumbles Milers	M
70	134	48	04	Alan Evans	M	Unattached	M
71	193	48	06	Richard Wilson	M	Unattached	M

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72	144		48 : 07	Louise Miskell	VF40	3M's	F
73	172		48 : 10	Rob Hughes	VM	3M's	M
74	190		48 : 15	Del Eyre	VF45	3M's	F
75	189		48 : 25	Julie Thomas	VF45	3M's	F
76	310		48 : 28	Phil Davies	VM50	Unattached	M
77	161		48 : 32	Phillip James	M	Unattached	M
78	182		48 : 41	Bob Gardiner	VM50	Wecori	M
79	178		48 : 51	Tony Baker	VM50	3M's	M
80	324		48 : 52	Steve Daniels	VM45	Unattached	M
81	326		48 : 56	Eleanor Grey	F	Unattached	F
82	306		48 : 59	Karen Davies	VF40	Activa	F
83	146		49 : 18	Clive Greaves	VM45	3M's	M
84	177		49 : 27	Rhys Humphreys	M	Wecori	M
85	347		49 : 35	Warren Perkins	VM	Unattached	M
86	138		49 : 39	Paul Jones	M	Mumbles Milers	M
87	198		49 : 44	Gwen Smith	VF45	Swansea Harriers	F
88	339		49 : 52	Simon Cox	VM45	Unattached	M
89	328		50 : 05	James Davies	M	3M's	M
90	351		50 : 11	Andrew Rothwell	VM50	Unattached	M
91	139		50 : 21	Keith Harris	VM45	Mumbles Milers	M
92	195		50 : 24	Cordelia Jones	F	3M's	F
93	362		50 : 33	Ian Hutchinson	VM	Unattached	M
94	311		50 : 42	Angela Delaney	VF40	Swansea Harriers	F
95	341		50 : 43	Rosie Pousti	F	Unattached	F
96	336		51 : 04	Catherine Lloyd-Bennett	F	3M's	F
97	350		51 : 10	Paul Crockett	VM50	Unattached	M
98	194		51 : 18	Andrew Rees	M	Unattached	M
99	312		51 : 34	Leighton Jones	VM50	3M's	M
100	334		51 : 34	John Holahan	VM50	Unattached	M
101	338		51 : 59	Linda Rees	VF45	3M's	F
102	307		52 : 00	John Sanderson	VM50	3M's	M
103	166		52 : 02	Neil Higgins	VM	3M's	M
104	329		52 : 49	Rebecca Thomas	F	Team Deviant	F
105	363		52 : 53	Elizabeth Jones	VF	Unattached	F
106	148		53 : 16	Glyn Williams	VM50	3M's	M
107	126		53 : 17	Jason McGill	M	Unattached	M
108	360		54 : 15	Mark Jones	M	Unattached	F
109	361		54 : 16	Penny Lawder	VF40	Unattached	F
110	196		54 : 51	Sall Davies	VF	3M's	F
111	346		54 : 53	Helen Eve	VF40	Swansea Harriers	F
112	349		54 : 59	Louis Fligelstone	VM45	Unattached	M
113	321		55 : 18	Eiri Evans	F	3M's	F
114	169		55 : 53	Vivienne Kavanagh	VF45	3M's	F
115	335		55 : 56	Kim Holahan	VF45	3M's	F
116	333		56 : 04	Susan Davies	VF45	Celtic Tri	F
117	170		56 : 16	Neil Lewis	VM50	Mumbles Milers	M
118	173		56 : 47	Christine Hurdidge	VF45	3M's	F
119	357		57 : 45	Thomas Hoskins	M	Forest Gimps	F
120	163		58 : 00	Malolm Bullough	VM50	Unattached	M
121	303		58 : 23	Jeffrey Hodginson	VM50	Forest Gimps	M
122	147		58 : 25	Claire Tanner	F	3M's	F
123	152		58 : 50	Nigel Jones	VM50	Llanelli Strollers	M
124	191		59 : 00	Caroline Morgan	VF40	Unattached	F
125	192		59 : 08	Karen Dugate	VF45	Unattached	F
126	327		60 : 01	James Page	M	Unattached	M
127	157		60 : 26	Vivienne Jones	VF	Sospan Road Runners	F
128	344		60 : 40	Mark Kelleher	VM	Gower Badgers	M
129	156		60 : 42	Karen O'Brien	VF45	Sospan Road Runners	F
130	184		62 : 00	Hywel Mainwaring	VM50	Unattached	M
131	127		65 : 41	Dafydd Bevan	M	Unattached	M
132	359		68 : 33	Lisa Lee	F	Forest Gimps	F
133	358		68 : 35	Emma Magee	F	Forest Gimps	F
134	322		69 : 57	Linda Owens	VF45	3M's	F
135	340		70 : 14	Nicola Julian	VF45	3M's	F
136	168		73 : 05	Gary Taylor	M	Mumbles Milers	M
137	133		74 : 17	Emma Andrews	VF	Unattached	F
138	137		76 : 10	Christine Lucas	VF45	Mumbles Milers	F