

TROT's DAMBUSTER's

Llys yr Fran 2011

Pos	Time	Family	First	Num	Gen	Age	Catgy	Club	
1	0:32:33	Kallenberg	Michael	272	M	20	OM	Cardiff AC	C
2	0:33:08	Price	Glyn	278	M	44	M40	Sarn Helen	C
3	0:33:54	Morris	John	285	M	30	OM	Amman Valley Harriers	C
4	0:35:06	Griffiths	Kevin	286	M	47	M40	TROT's	C
5	0:35:14	Davies	Michael	277	M	42	M40	Sarn Helen	C
6	0:35:31	Jones	Gethin	299	M	38	OM	Sarn Helen	C
7	0:36:12	Elliott	Gareth	283	M	29	OM	Pembrokeshire Harriers	C
8	0:37:17	Ouseley	Steve	260	M	37	OM	Ingli Runner	C
9	0:37:23	Rees	Eric	166	M	39	OM	Sarn Helen	C
10	0:37:29	Davies	Teifion	164	M	17	OM	Sarn Helen	C
11	0:37:37	Thomas	Ann	295	F	44	F35	TROT's	C
12	0:37:40	Taylor	Kevin	267	M	50	M50	Amman Valley Harriers	C
13	0:37:44	Dickinson	Jason	254	M	43	M40	TROT's	C
14	0:38:15	Davies	Martin	296	M	29	OM	TROT's	C
15	0:38:38	Terry	Mark	273	M	54	M50	TROT's	C
16	0:38:39	Scurrrel	Simon	257	M	30	OM	TROT's	C
17	0:38:45	Bowen	Chris	288	M	29	OM		C
18	0:38:52	Watson	Mel	255	F	46	F45	TROT's	C
19	0:39:06	Speed	Ian	281	M	45	M40	Pembrokeshire Tri	C
20	0:39:23	Phillips	Richard	256	M	34	OM	TROT's	C
21	0:39:38	Rees	Conrad	157	M	36	OM		C
22	0:39:47	Owen	Michael	262	M	41	M40		C
23	0:39:53	Goodwin-Jones	Elizabeth	168	F	32	OF	TROT's	C
24	0:40:01	Sinnett	John	282	M	54	M50	Pembrokeshire Harriers	C
25	0:40:06	Williams	Alec	261	M	44	M40	Ingli Runner	C
26	0:40:11	Thomas	Dean	160	M	41	M40		C
27	0:40:16	Quinn	Nicola	291	F	43	F35	Emlyn Runners	C
28	0:40:22	Cleathero	Claire	154	F	37	F35	TROT's	C
29	0:40:44	John	Tim	265	M	38	OM	TROT's	C
30	0:41:10	Davey	Eric	245	M	61	M60	Llanelli AC	C
31	0:41:37	Kallenberg	Mark	274	M	50	M50		C
32	0:41:56	Langford	David	290	M	51	M50	Pembrokeshire Tri	C
33	0:42:09	Morgan	Kelly	294	F	32	OF	Pontypridd Roadents	C
34	0:42:17	Griffiths	Dave	284	M	48	M40	TROT's	C
35	0:42:37	Thomas	Gari	162	M	44	M40	Emlyn Runners	C
36	0:42:41	Boothman	Celia	297	F	35	F35		C

37	0:43:10	Padgett	Paul	167 M	55 M50	Ingli Runner	C
38	0:43:20	Wilkins	Jason	276 M	41 M40	Cardigan Running Club	C
39	0:43:38	John	Rebecca	248 F	28 OF		C
40	0:43:41	Jones	Gareth	271 M	45 M40	Sarn Helen	C
41	0:43:45	Halsall	Michael	266 M	38 OM	Llanelli AC	C
42	0:43:55	Walters	Cyril	251 M	63 M60	TROT's	C
43	0:44:16	Terry	Michael	279 M	60 M60	TROT's	C
44	0:44:27	Walker	Helen	280 F	55 F55	Ingli Runner	C
45	0:45:01	Ouseley	Bethan	158 F	34 OF	Ingli Runner	C
46	0:45:17	Bleasdale	Catharine	169 F	42 F35	TROT's	C
47	0:45:36	Roberts Jones	Sian	298 F	31 OF	Sarn Helen	C
48	0:45:44	Lou	Martin	163 M	63 M60		C
49	0:45:49	Smith	Robert	264 M	50 M50	Pembrokeshire Harriers	C
50	0:45:57	Kirkham	Kyra	287 F	35 F35	Emlyn Runners	C
51	0:46:27	Worth	Laurence	156 M	48 M40	Pembrokeshire Harriers	C
52	0:46:34	Davies	Caryl	293 F	23 OF	Sarn Helen	C
53	0:46:44	Sutton	Karl	289 M	41 M40	Pembrokeshire Tri	C
54	0:47:22	Thomas	David	300 M	48 M40	Sarn Helen	C
55	0:47:30	Rees	Lyn	165 M	61 M60	Sarn Helen	C
56	0:47:33	Wilkins	Jane	275 F	48 F45	Cardigan Running Club	C
57	0:47:55	Reed	Roger	247 M	45 M40		C
58	0:48:11	Lewis	Adam	155 M	26 OM	TROT's	C
59	0:48:25	Harrison	Alice	250 F	32 OF		C
60	0:48:35	Wing	Patrick	270 M	59 M50		C
61	0:49:53	Crawford	Oona	252 F	57 F55	TROT's	C
62	0:51:31	Sherwood	Roland	259 M	65 M60	Carmarthen Harriers	C
63	0:51:54	Thomas	Sue	161 F	43 F35	Emlyn Runners	C
64	0:54:25	Bateman	Eddie	269 M	54 M50	Pembrokeshire Harriers	C
65	0:55:05	Reed	Anna	246 F	32 OF		C
66	0:55:24	Brabrook	Andrea	292 F	39 F35	TROT's	C
67	0:56:14	Leighton Jones	Nigel	268 M	56 M50	Llanelli Strollers	C
68	0:58:16	Thomas	Pauline	253 F	67 F55	TROT's	C
69	1:02:29	Hudd	Simon	263 M	43 M40		C
70	1:03:59	North	Vicky	159 F	37 F35		C
71	1:29:45	Watts	Allen	258 M	82 M60	Sarn Helen	C