

SARN HELEN

Felinfach 6mile Race 2011

<u>No.</u>	<u>Position</u>	<u>Name</u>	<u>Club</u>	<u>Age</u>	<u>Class</u>	<u>Time</u>
475	1	Carwyn Thomas	Sarn Helen	21	M	32.57
466	2	Gwynant Lewis Jones	Maldwyn Harriers	16	M	33.35
422	3	Glyn Price	Sarn Helen	44	M40	33.39
444	4	Gethin Holland	Aberystwyth AC	19	M	33.53
429	5	Mike Evans	Trot	36	M	34.46
417	6	Michael Davies	Sarn Helen	42	M40	34.49
433	7	Alaw Beynon-Thomas	Carmarthen Harriers	21	F	34.52
407	8	Daniel Hooper	Sarn Helen	38	M	35.04
450	9	Jonathon Jones	Carmarthen Harriers	41	M40	35.39
434	10	Richard Marks	Sarn Helen	61	M50	35.46
472	11	Gareth Elliott	Pembs Harriers	29	M	36.02
424	12	Jason Dickinson	Trot	43	M40	36.09
465	13	Llewelyn Lloyd		19	M	36.28
458	14	Shelley Childs	Aberystwyth AC	37	M	36.29
410	15	Norman Biggs	Aberystwyth AC	40	M40	36.44
419	16	Huw Price	Sarn Helen	48	M40	37.00
414	17	David O'neill	Pembs Harriers	41	M40	37.05
454	18	Pheobe Webster	Aberystwyth AC	30	F	37.11
404	19	Eric Rees	Sarn Helen	39	M	37.20
413	20	Ana O'neill	Pembs Harriers	38	F35	37.23
421	21	Simon Hall	Sarn Helen	31	M	37.25
459	22	Ian Evans	Aberystwyth AC	32	M	38.06
423	23	Mark Terry	Trot	54	M50	38.15
467	24	Simon Scurrrell	Trot	30	M	38.22
427	25	Peter Walters	Trot	50	M50	38.47
441	26	Peter Foale		58	M50	38.56
474	27	Richard James	Rhedwyr Emlyn	48	M40	39.01
431	28	Huw Griffiths	Aber Uni	35	M	39.25
446	29	Calvin Williams	Sarn Helen	49	M40	39.52

448	30	Gancho Slavov	Aberystwyth AC	35	M	39.57
453	30	Goronwy Evans	Aberystwyth AC	54	M50	39.57
405	32	Dylan Davies	Sarn Helen		M	40.05
463	33	Steve Davies	Port Talbot Harriers	44	M40	40.10
476	34	Ioan Davies		32	M	40.15
451	35	Elizabeth Goodwin Jones	Trot	32	F	40.26
471	36	Dave Griffiths	Trot	48	M40	41.00
415	37	Laurence Worth	Pembs Harriers	48	M40	41.32
411	38	Dawn Kenwright	Sarn Helen	55	F45	41.39
401	39	Nicholas North	Cardigan Running	48	M40	41.48
428	40	Steffan Jones	Sarn Helen	21	M	41.50
449	41	Paul Edwards	Vegan Runners	57	M50	41.52
457	42	Lindy Eynon	Trot	50	F45	41.55
437	43	Gwen Morris	Ingli Runners	26	F	42.01
420	44	Tudur Jones		35	M	42.13
436	45	Jason Wilkins		41	M40	42.18
435	46	Clive Evans	Aber AC	64	M50	42.22
447	47	Cameron Popu	Aberystwyth AC	55	M50	42.37
432	48	Sian Kirk	Swansea Harriers	24	F	42.44
402	49	Helen Willoughby	Sarn Helen	46	F45	42.57
470	50	Michael Terry	Trot	60	M50	43.06
425	51	Murray Kisbee	Sarn Helen	62	M50	43.27
439	52	Aled Davies	Cardigan Running	23	M	43.38
416	53	Caryl Davies	Sarn Helen	23	F	43.52
452	54	Catherine Bleasdale	Trot	42	F35	44.01
468	55	Kyra Kirkham	Rhedwyr Emlyn	35	F35	44.49
438	56	Jane Wilkins	Cardigan Running	48	F45	46.04
443	57	Adriano Evola	Aberystwyth AC	52	M50	47.58
418	58	Huw Rowcliffe	Sarn Helen	22	M	48.09
440	59	Ceiron Jenkins	Sarn Helen	20	M	48.13
403	60	Roland Sherwood	Carmarthen Harriers	65	M50	48.16
445	61	Arwyn Jones		49	M40	48.18
442	62	Gareth Jones	Sarn Helen	45	M40	48.29
461	63	Lee Michelle Jones	TRCC	39	F35	49.24

460	64	Wayne Jones	TRCC	46	M	49.24
473	65	Heulwen James	Rhedwyr Emlyn	44	F35	50.29
462	66	Mike Hodges	Trot	58	M50	51.18
409	67	Elen Page	Sarn Helen	46	F45	51.25
455	68	Helen Stretch	Aberystwyth AC	58	F45	52.10
426	69	Andrea Brabrook	Trot	39	F35	52.46
412	70	Aneurin James	Sarn Helen	43	M40	53.35
477	71	Cerith Rees		32	M	56.07
430	72	Nerys Stephens		32	F	57.19
456	73	Shan Breese	Aberystwyth AC	52	F45	60.27
464	74	Marjorie Griffiths	Bro Dysynni	66	F45	65.08
469	75	Bob Elliott	Pembs Harriers		M50	73.20
406	76	Minten Steffan		43	M40	73.48
408	77	Jackie Rees		40	F35	75.18