

# Human Being Active

## FUSION 5K SUMMER SERIES - 2011 ... RACE 2 ... RESULTS

POS	FIRST NAME	SURNAME	CAT	CLUB	TIME	AVE K/SPLIT
1	BERND	KULESSA	M40	3MS GORSEINON RR	0:17:42	0:03:32
2	LEE	MORRIS	MS	3MS GORSEINON RR	0:17:45	0:03:33
3	JASON	PRICE	M40		0:17:49	0:03:34
4	IAN	HARRIS	MS		0:18:02	0:03:36
5	ZAK	LEWIS	MS		0:18:54	0:03:47
6	RHYS	HARRIERS	MS		0:19:14	0:03:51
7	PHIL	TUCKER	MS		0:19:29	0:03:54
8	NATHAN	HARRISON	MS	LLANELLI A C	0:19:36	0:03:55
9	NICK	MACKAY	MS		0:19:44	0:03:57
10	DEAN	THOMAS	M40		0:19:53	0:03:59
11	GRANT	WESTCOTT	MS		0:20:30	0:04:06
12	JENNY	PHILLIPS	F45	LLANELLI A C	0:20:45	0:04:09
13	TOM	WRIGHT	M40	SOSPAN RR	0:20:50	0:04:10
14	SIMON	O'BRIEN	M40	SOSPAN RR	0:20:53	0:04:11
15	STUART	HOWELLS	M40		0:20:55	0:04:11
16	ZANE	MAYNARD	MS	STAFFS UNI OLD BOYS	0:21:00	0:04:12
17	MICHAEL	HALSALL	MS	LLANELLI A C	0:21:27	0:04:17
18	HYWEL	TOMOS	M40		0:21:40	0:04:20
19	MANDY	PEACE	F45	SOSPAN RR	0:22:10	0:04:26
20	MICHAEL	TERRY	M60	TROTS	0:22:23	0:04:29
21	ROSS	POINER	MS	3MS GORSEINON RR	0:22:35	0:04:31
22	MICHAEL	HOWELL	M40		0:22:41	0:04:32
23	STACEY	WEBBER	FS	LLANELLI A C	0:22:54	0:04:35
24	HUGH	EVANS	M50	LLANELLI A C	0:23:07	0:04:37
25	STEPHEN	JOB	M40		0:23:08	0:04:38
26	LISA	WILLIAMS	FS	3MS GORSEINON RR	0:23:30	0:04:42
27	CLIVE	DAVIES	M50	SOSPAN RR	0:23:36	0:04:43
28	KARON	ROBERTS	MS		0:23:46	0:04:45
29	PENNY	GRAEPEL	F45	AMMAN VALLEY HARRIERS	0:24:01	0:04:48
30	TASMIN	THOMAS	FS		0:24:54	0:04:59
31	LUKE	RISEBOROUGH	MS		0:25:31	0:05:06
32	OWEN	MORGAN	M40		0:25:37	0:05:07
33	IWAN	THOMAS	MS		0:25:45	0:05:09
34	JULIA	ROWORTH	F45		0:25:55	0:05:11
35	VIVANNE	JONES	F35	SOSPAN RR	0:25:58	0:05:12
36	MALCOLM	BULLOUGH	M60		0:26:11	0:05:14
37	SALLY	REID	F35	3MS GORSEINON RR	0:26:15	0:05:15
38	TINA	CROCKER	FS	PENARTH WOMEN RUNNING	0:26:18	0:05:16
39	MARK	BISCOE	MS		0:26:22	0:05:16
40	NIGEL	JONES	M50		0:26:40	0:05:20
41	ANDREW	HUGHES	M40	PROPTACADEMY	0:27:00	0:05:24
42	SARAH	THOMAS	F35		0:27:39	0:05:32
43	GAYLE	HUGHES	F35	PROPTACADEMY	0:28:32	0:05:42
44	ARWEL	DAVIES	M40	SOSPAN RR	0:28:48	0:05:46
45	LAURA	WOOD	FS	PROPTACADEMY	0:28:49	0:05:46
46	KAREN	O'BRIEN	F45	SOSPAN RR	0:29:14	0:05:51
47	JESSICA	ROWORTH	FS	EMLYN RUNNERS	0:29:31	0:05:54
48	ADAM	QUADZ	MS	PROPTACADEMY	0:31:50	0:06:22
49	MAGGIE	BASSETT	F35	PROPTACADEMY	0:31:51	0:06:22
50	DEAN	WILLIAMS	MS	PROPTACADEMY	0:31:58	0:06:24
51	LISA	RISEBOROUGH	FS		0:31:59	0:06:24
52	LEIGH	JOHN	MS	PROPTACADEMY	0:33:19	0:06:40
53	PETER	TINCOMBE	M50	PROPTACADEMY	0:33:20	0:06:40

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POS	FIRST NAME	SURNAME	CAT	CLUB	TIME	AVE K/SPLIT
54	ANGELA	LEWIS	F45		0:33:39	0:06:44
55	ROBBIE	DAVIES	MS		0:34:17	0:06:51
56	LISA	HOWELLS	F35		0:34:28	0:06:54
57	JULIA	HARRIES	F35	PROPTACADEMY	0:37:39	0:07:32
58	ADRIAN	CRITTEN	M40		0:37:40	0:07:32
59	JANE	MORGAN	F35		0:42:45	0:08:33
60	DELYTH	DAVIES	F45		DNS	
61	CAROLINE	JONES	F45	TROTS	DNS	
62	ELIZABETH	LARDNER	F45	RETURNS NOT ACCEPTED	DNS	
63	KEITH	SKEGGS	MS		DNS	
64	CARLEY	EVANS	FS		DNS	
65	LEE	EVANS	MS		DNS	
66	MARY	TAPPIN	F55		DNS	
67	WILLIAM	JENKINS	M40		DNS	
68	ADRIAN	JAMES	MS		DNS	
69	SANDRA	MORRISON	FS	WRN	DNS	
70	EMILY	JACOB	F35	WRN	DNS	
71	TIM	POULSON	M40		DNS	

## UPCOMING HUMAN BEING ACTIVE & PARTNER EVENTS

FUSION 5K - 3rd of SUMMER SERIES ... 11th AUG 2011

GREAT WELSH WALKATHON ... 9th OCT 2011

HBA SANTA DASH - AT THE LLANELLI CARNIVAL

NEW FOR 2011 ... HBA-5-10-20 ... 4th DEC

COMMONWEALTH JUDO CHAMPIONSHIPS ... 20th - 29th JAN 2012

LLANELLI WATERSIDE HALF MARATHON ... 4th MAR 2012

GREAT WELSH MARATHON ... 15TH APR 2012

..... and many others to be announced soon

Our thanks to all from the community that continue to support this and other Human Being Active Events. We look forward to seeing you at the next one ...

**[www.humanbeingactive.org](http://www.humanbeingactive.org)**

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