

CARDIGAN RUNNING CLUB

Mayors 10km Race & Fun Run 2011

Pos	Time	Family	First	Num	Gen	Age	Cat	Club	K/S
1	0:35:38	Ladd	Lee	132	M	23	OM	Carmarthen Harriers	0:0
2	0:37:44	Griffiths	Kevin	130	M	47	M40	TROT's	0:0
3	0:37:58	Davies	Michael	115	M	42	M40	Sarn Helen	0:0
4	0:38:24	Jones	Gethin	116	M	38	OM	Sarn Helen	0:0
5	0:38:42	Dickinson	Jason	113	M	43	M40	TROT's	0:0
6	0:39:00	Roberts	Dewi	128	M	42	M40	Bro Dysynni AC	0:0
7	0:39:53	Davies	Jason	108	M	41	M40		0:0
8	0:40:37	Astins	David	121	M	42	M40	Pembrokeshire Tri	0:0
9	0:40:41	O'Neill	David	124	M	41	M40	Pembrokeshire Harriers	0:0
10	0:40:45	Forster	Geraint	161	M	37	OM		0:0
11	0:40:57	Rees	Eric	158	M	39	OM	Sarn Helen	0:0
12	0:40:59	Lewis	Davy	117	M	18	OM	Carmarthen Harriers	0:0
13	0:41:06	O'Neill	Ana	123	F	38	F35	Pembrokeshire Harriers	0:0
14	0:41:43	Hall	Simon	112	M	31	OM	Sarn Helen	0:0
15	0:42:21	James	Richard	140	M	48	M40	Emlyn Runners	0:0
16	0:42:27	Davies	Martin	163	M	29	OM	TROT's	0:0
17	0:43:18	Evans	Clifford	159	M	53	M50	Aberystwyth University	0:0
18	0:43:20	Langford	David	134	M	52	M50	Pembrokeshire Tri	0:0
19	0:43:55	Thomas	Dean	165	M	41	M40		0:0
20	0:44:11	Sinnett	John	120	M	54	M50	Pembrokeshire Harriers	0:0
21	0:44:23	Griffiths	Dave	119	M	48	M40	TROT's	0:0
22	0:44:43	McCarthy	Anthony	105	M	45	M40	Dark Peak	0:0
23	0:44:52	Moody	Peter	150	M	67	M50	Carmarthen Harriers	0:0
24	0:44:54	North	Nick	138	M	48	M40	Cardigan Running Club	0:0
25	0:45:21	Davies	Aled	118	M	23	OM	Cardigan Running Club	0:0
26	0:45:44	Jones	Gwilym	109	M	55	M50	Aberystwyth AC	0:0
27	0:46:13	Morris	Neal	129	M	41	M40		0:0
28	0:47:14	Moffett	Brian	147	M	61	M50	TROT's	0:0
29	0:47:25	Evans	Clive	106	M	64	M50	Aberystwyth AC	0:0
30	0:47:34	Morris	Gwen	125	F	26	OF	Ingli Runner	0:0
31	0:47:59	Toft	Andrew	136	M	47	M40		0:0
32	0:49:04	Walter	Rob	162	M	52	M50		0:0
33	0:49:08	Yokovana	James	146	M	18	OM		0:0
34	0:49:15	Jones	Gareth	164	M	45	M40	Sarn Helen	0:0
35	0:49:50	Williams	Howard	151	M	49	M40	Velo Teifi	0:0
36	0:50:35	Sutton	Karl	143	M	42	M40	Pembrokeshire Tri	0:0
37	0:51:32	Thomas	Howard	154	M	37	OM		0:0

38	0:53:30	Hoare	Daniel	133	M	34	OM		0:0
39	0:53:47	James	Heulwen	142	F	44	F35	Emlyn Runners	0:0
40	0:55:07	Rockley	Andrew	153	M	43	M40		0:0
41	0:55:14	Morgan	Lon	131	F	54	F45	Emlyn Runners	0:0
42	0:55:20	Thomas	Andrew	148	M	41	M40		0:0
43	0:55:57	Toft	Gaynor	137	F	43	F35		0:0
44	0:56:41	Lloyd	Edwina	114	F	57	F45	Emlyn Runners	0:0
45	0:58:08	Hodges	Mike	157	M	58	M50	TROTts	0:0
46	0:58:08	Phillips	David	144	M	67	M50	Pembrokeshire Harriers	0:0
47	0:59:04	North	Victoria	139	F	37	F35	Emlyn Runners	0:0
48	0:59:50	Bateman	Eddie	110	M	54	M50	Pembrokeshire Harriers	0:0
49	1:01:37	Clark	Julie	135	F	41	F35	Emlyn Runners	0:0
50	1:03:30	Short	Julie	152	F	40	F35		0:0
51	1:07:41	Berry	Caroline	156	F	34	OF		0:0