

Human Being Active

FUSION 5K SUMMER SERIES - 2011 ... RACE 3 ... RESULTS

POS	FIRST NAME	SURNAME	CAT	CLUB	TIME	AVE K/SPLIT
1	MARK	THOMAS	M40	SOSPAN RR	18:05	03:37
2	IAN	HARRIS	MS	3MS GORSEINON RR	18:10	03:38
3	IAN	WEBB	M50	LLANELLI A C	18:11	03:38
4	AARON	JONES	M50	PORT TALBOT HARRIERS A. C.	18:12	03:38
5	JASON	DICKINSON	M40	TROTS	18:14	03:39
6	ZAK	LEWIS	MS	LLANELLI A C	18:31	03:42
7	ED	ASHLEY	MS		18:59	03:48
8	DAVID	MORGAN	M40	DUNSTABLE R R	19:05	03:49
9	SIMON	SMITH	MS		19:10	03:50
10	RHYS	HARRIES	MS		19:15	03:51
11	NATHAN	HARRISON	MS	LLANELLI A C	19:31	03:54
12	SIMON	SCURRELL	MS	TROTS	19:35	03:55
13	DEAN	THOMAS	M40		19:44	03:57
14	GARETH	DAEY	MS	LLANELLI A C	19:47	03:57
15	KEVIN	JONES	M40	VEGAN RUNNERS	19:52	03:58
16	GARY	HOWE	M50	3MS GORSEINON RR	19:56	03:59
17	KIRSTY	MURRY	F35	TROTS	20:00	04:00
18	OWEN	LEWIS	MS	3MS GORSEINON RR	20:00	04:00
19	MARTIN	PRICE	MS		20:23	04:05
20	GARETH	DAVIES	MS		20:26	04:05
21	TOM	WRIGHT	M50	SOSPAN RR	20:37	04:07
22	SIMON	O'BRIEN	M40	SOSPAN RR	20:42	04:08
23	CHARLOTTE	DAVIES	F35		20:44	04:09
24	JOSH	KINNEAR	MS	SANSHIROKWAI	20:46	04:09
25	JENNY	PHILLIPS	F45	LLANELLI A C	20:54	04:11
26	MICHAEL	HALSALL	MS	LLANELLI A C	20:58	04:12
27	STUART	HOWELLS	M40		21:19	04:16
28	CREG	THOMAS	MS		21:22	04:16
29	ROSS	PAINER	MS	3MS GORSEINON RR	21:25	04:17
30	JOHN	COOK	M60	SOSPAN RR	21:31	04:18
31	HELEN	MANN	FS		21:39	04:20
32	JONATHAN	JONES	MS		21:58	04:24
33	DEAN	EVANS	MS		22:01	04:24
34	MICHELLE	GREY	FS	PORT TALBOT HARRIERS A. C.	22:03	04:25
35	RAY	MAJER	M50		22:16	04:27
36	JUSTIN	SHOWELL	M40	PURPLE PATCH RUNNERS	22:49	04:34
37	ROBIN	MAJER	MS	SOSPAN RR	22:53	04:35
38	STEVEN	BROWN	M50		22:54	04:35
39	LISA	WILLIAMS	FS	3MS GORSEINON RR	23:01	04:36
40	ROGER	REED	M40		23:20	04:40
41	MARK	DAVIES	M40		23:24	04:41
42	STEPHEN	JOB	M40		23:26	04:41
43	GEORGE	TONGE	MS		23:31	04:42
44	EMMA	SINCLAIR	F35		23:34	04:43
45	CARDELIA	JONES	FS	3MS GORSEINON RR	23:40	04:44
46	PATRICK	DUFFY	MS		24:15	04:51
47	SOPHIA	DENIEFFE	FS		24:19	04:52

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48	MICHAEL	THOMAS	MS		24:20	04:52
49	SUE	CLAYTON	F45	SILSON JOGGERS	29:33	05:55
50	MARK	JONES	MS		24:41	04:56
51	IVOR	HOPKINS	M60	CARMARTHEN HARRIERS	24:46	04:57
52	ADAM	ACHOUKHI	MS		24:50	04:58
53	VIV	JONES	F35	SOSPAN RR	24:51	04:58
54	DONNA	GRIFFITHS	FS	3MS GORSEINON RR	24:52	04:58
55	SUE	COGHUN	F45	SOSPAN RR	25:34	05:07
56	QUADZ	PREECE	MS	PROPTACADEMY	25:37	05:07
57	DAFYDD	GRIFFITHS	MS	PROPTACADEMY	25:37	05:07
58	EVA	FRISK COOK	F55	SOSPAN RR	25:55	05:11
59	KATHENE	DESMOND	FS		26:01	05:12
60	MARK	BISCOE	MS		26:03	05:13
61	STEVE	GROUNDNS	M50		26:06	05:13
62	ALI	KING	FS		26:42	05:20
63	MALCOLM	BULLOUGH	MS		26:53	05:23
64	ANNA	PERRY	FS		27:01	05:24
65	MARTIN	JONES	MS		27:03	05:25
66	MIRIAM	THOMAS	F45	SOSPAN RR	27:13	05:27
67	ARWEL	DAVIES	M40	SOSPAN RR	27:17	05:27
68	NIGEL	JONES	M50		27:21	05:28
69	MICHELLE	RIVETT	F35	VEGAN RUNNERS	27:27	05:29
70	NEIL	JONES	M40	SOSPAN RR	27:57	05:35
71	KAREN	O'BRIEN	F45	SOSPAN RR	28:05	05:37
72	LYNSEY	MORRIS	FS		28:06	05:37
73	MONIKA	SYROKA	FS		28:10	05:38
74	LAURA	WOOD	FS	PROPTACADEMY	28:14	05:39
75	CHARLOTTE	ROWORTH	FS	EMLYN RUNNERS	28:42	05:44
76	JESSICA	ROWORTH	FS	EMLYN RUNNERS	29:02	05:48
77	JACQUI	VAUGHN	F45	PROPTACADEMY	29:39	05:56
78	HORSE	JOHN	MS	PROPTACADEMY	29:39	05:56
79	KATH	TREHARNE	F35	AMMAN VALLEY HARRIERS	29:46	05:57
80	KATH	PEARCE	F55	SOSPAN RR	31:03	06:13
81	ANN	MAJER	F55		31:03	06:13
82	EMMA	PERKINS	FS		31:14	06:15
83	ANDREW	MCTIE	M40	SANSHIROKWAI	32:04	06:25
84	PETER	TINCOMBE	MS	PROPTACADEMY	32:44	06:33
85	LISA	HOWELLS	F35		34:10	06:50
86	LEE	JEFFERS	F35		35:29	07:06
87	DORIAN	SUNDERS	M50		37:10	07:26
88	ADRIENNE	TURNER	F55		40:38	08:08
89	DELYTH	DAVIES	DNS			
90	CHRISTINE	LARKIN	DNS			
91	PATRICK	BENSON	DNS			
92	JAMES	HOPPER	DNS			
93	JAMES	MORGAN	DNS			
94	CIARA	SMALL	DNS			

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95	KIRSTY	O'BRIEN	DNS			
96	DEBRA	THOMAS	DNS			
97	SARAH	IVETT	DNS			
98	WENDY	GRAYSON	DNS			
99	JULIAN	MARKS	DNS			
100	SHARON	MOSS	DNS			
101	GREG	THOMAS	DNS			
102	JULIA	ROWORTH	DNS	EMLYN RUNNERS		
103	PETER	BISHOP	DNS			
104	HELEN	GRANGER	DNS			
105	CHARLOTTE	DAVIES	DNS			
106	JUSTIN	DAVIES	DNS			
107	MARK	THOMAS	DNS			
108	JESSICA	ROWORTH	DNS	EMLYN RUNNERS		
109	DONNA	WILLIAMS	DNS			

UPCOMING HUMAN BEING ACTIVE & PARTNER EVENTS

GREAT WELSH WALKATHON ... 9th OCT 2011

HBA SANTA DASH - AT THE LLANELLI CARNIVAL

NEW FOR 2011 ... HBA-5-10-20 ... 4th DEC

COMMONWEALTH JUDO CHAMPIONSHIPS ... 20th - 29th JAN 2012

LLANELLI WATERSIDE HALF MARATHON ... 4th MAR 2012

GREAT WELSH MARATHON ... 15TH APR 2012

FUSION 5K - SUMMER SERIES ... 2012

..... and many others to be announced soon

Our thanks to all from the community that continue to support this and other Human Being Active Events. We look forward to seeing you at the next one ...

www.humanbeingactive.org

Total event management and info services for sports events and active lifestyles