



T O P L I N E

WELSH 10K/5K CROSS COUNTRY CHAMPIONSHIPS

AND

WELSH SENIOR INTER COUNTIES CHAMPIONSHIPS

Underwood Leisure Centre, Newport
Saturday 10 November 1990

R E S U L T S



TOPLINE WELSH 10K CROSS COUNTRY CHAMPIONSHIPS - MEN

Team Results		County Results	
107 D Collins	Rhondda	1 Newport 'A'	4 + 5 + 9 + 10 + 29 + 30 = 87
108 C Coombes	Beddau	2 Cardiff	1 + 2 + 17 + 28 + 33 + 40 = 121
109 R Thomas	Newport 'B'	3 Les Croupiers 'A'	8 + 15 + 25 + 43 + 64 + 72 = 227
110 R Nicholson	Bridgend	4 Wrexham	20 + 36 + 37 + 51 + 56 + 113 = 313
111 B Walker	Neath	5 Swansea	7 + 27 + 44 + 55 + 88 + 106 = 327
112 M Sulman	Pegasus	6 Barry	11 + 41 + 46 + 61 + 85 + 117 = 351
113 F Carr	Wrexham	7 Club 69	23 + 48 + 65 + 71 + 80 + 95 = 392
114 J Thomas	Neath	8 Neath	31 + 67 + 68 + 73 + 78 + 105 = 422
115 K Fowler	Pegasus	9 Beddau	45 + 54 + 68 + 66 + 96 + 108 = 458
116 P Ellis	Les Croupiers	10 Lliswerry	12 + 56 + 81 + 100 + 103 + 118 = 480
117 C Palmer	Barry	11 Llanelli	25 + 57 + 74 + 99 + 119 + 133 = 508
118 R Purnell	Lliswerry	12 Newport 'B'	62 + 70 + 83 + 102 + 109 + 128 = 554
119 A Griffiths	Llanelli		
120 S Davies	Neath		
121 K Jones	Beddau		
122 M Lannon	Lliswerry		
123 N Hersley	Neath		
124 C Day	Beddau		
125 K Lewis	Neath		
126 M Jenkins	Pegasus		
127 C Went	Club 69		
128 R Harris	Newport 'B'	1 South Glamorgan	1 + 2 + 8 + 11 = 22
129 T Edmunds	Crickhowell/Gilwern	2 Gwent	10 + 12 + 23 + 30 = 75
130 M Sheehan	Club 69	3 Clwyd	6 + 14 + 20 + 36 = 76
131 C Bartley	Newport 'B'	4 West Glamorgan	7 + 27 + 31 + 44 = 109
132 M Lowe	Cardiff	5 Powys	5 + 16 + 49 + 50 = 110
133 B Morgan	Llanelli	6 Gwynedd	22 + 24 + 34 + 42 = 122
134 G Jones	Club 69		
135 G Bullimore	Newport 'B'		
136 J Meredith	Fairwater		
137 D Rees	Beddau		
138 S Taylor	Newport		
139 D Jones	Port Talbot		
140 C Seaman	Rhondda		
141 T Williams	Club 69		
142 D Marsh	Crickhowell/Gilwern		
143 R Jones	Wrexham		

TOPLINE WELSH 5K CROSS COUNTRY CHAMPIONSHIPS - WOMEN

1	W Ora	Cardiff/Mid Glamorgan	21:23
2	C Jenkin (Pugh)	Newport 'A'/Gwent	21:28
3	N Haines	Newport 'A'/Gwent	21:46
4	S Bower	Les Croupiers 'A'	21:50
5	L Hughes	Aberystwyth/Powys	21:51
6	C Chick	Newport 'A'/West Glamorgan	22:00
7	B Richardson	Les Croupiers 'A'/Gwent	22:09
8	L Clarke	Clwyd	22:13
9	D Kenwright	Sarn Helen	22:23
10	E Davies	Newport 'A'/Mid Glamorgan	22:25
11	N Massey	Clwyd/West Glamorgan	22:35
12	L Copp	Cardiff/West Glamorgan	22:51
13	A James	Rhondda/Mid Glamorgan	22:51
14	E Evans	Millfield School	23:04
15	S Graham	Gwent	23:11
16	A Morgan	Mid Glamorgan	23:11
17	S Neal	Les Croupiers 'A'/Mid Glam	23:12
18	C Thomas	Cardiff/South Glamorgan	23:14
19	M O'Brien	Bangor University	23:15
20	F Davies	Rhondda/Mid Glamorgan	23:18
21	L Slater	Powys	23:23
22	K Pettison	Les Croupiers 'A'/S Glam	23:32
23	J Huys	Blaenau	23:41
24	C Schofield	Wrexham/Clwyd	23:50
25	M Docking	Wrexham/Clwyd	23:51
26	S Davies	Swansea/West Glamorgan	23:52
27	C Fereday	Newport 'A'/Gwent	23:52
28	J Coker	Les Croupiers 'A'/S Glam	23:57
29	M Dowell-Jones	Clwyd	24:10
30	M Evans	Cardiff	24:17
31	R Collishaw	Les Croupiers 'B'/S Glam	24:18
32	N Price	Rhondda	24:29
33	V Clara	Llisbury	24:32
34	V Simon	Beddau	24:41
35	T Curry	Swansea/West Glamorgan	24:42
36	J Wilding	Powys	24:45
37	V Singleton	Les Croupiers 'A'/S Glam	24:47
38	A Abbott	Cardiff	25:00
39	A Evison	Cardiff	25:04
40	C Bell	Wrexham/Clwyd	25:07
41	E Davies	Clwyd	25:12
42	B Abery	Wrexham	25:15
43	F Williams	Cardiff	25:22
44	L Edwards	Swansea	25:24
45	L Harrison	Beddau	25:34
46	A Fawcett	Llisbury	25:42
47	H Thomas	Newport - Individual	25:53
48	C Williams	Powys	26:01
49	D Scott	Bangor University	26:24
50	C Motte	Powys	27:20
51	P Wybrant	Llisbury	27:23
52	J Mbeakwe	Pegasus	27:44
53	K Pritchard	Les Croupiers 'B'/S Glam	27:47
54	M Rowson	Les Croupiers 'B'/S Glam	27:58
55	L West	Fairwater	28:19
56	A James	Les Croupiers 'B'	28:34
57	S Sheppard	Pegasus	28:41
58	C Mitchell	Newport 'B'	28:55
59	W Coombes	Llisbury	29:14
60	R Jones	Newport 'B'/Gwent	29:16
61	A Heimerl	Newport 'A'/Gwent	29:26
62	N Wittton	Pegasus	29:56
63	? Allison	Llanelli	30:08
64	P John	Les Croupiers 'B'	30:11
65	V Aston	Pegasus	30:21
66	? Murphy	Swansea/West Glamorgan	30:46
67	C Hudson	Newport 'B'	31:39
68	B Wallace	Les Croupiers 'B'	32:06
69	J Diamond	Llisbury	32:44
70	S Hill	Newport 'B'	33:44
71	C Wright	Newport 'B'	33:44

TOPLINE WELSH 5K CROSS COUNTRY CHAMPIONSHIPS - WOMEN

Team Results

1 Newport 'A'	2 + 3 + 6 + 10	= 21
2 Les Croupiers 'A'	4 + 7 + 17 + 22	= 50
3 Cardiff	1 + 12 + 18 + 30	= 61
4 Wrexham	24 + 25 + 39 + 40	= 128
5 Swansea	26 + 35 + 44 + 67	= 172
6 Lliswerry	33 + 46 + 51 + 59	= 189
7 Les Croupiers 'B'	31 + 53 + 54 + 56	= 194
8 Pegasus	52 + 57 + 63 + 66	= 238
9 Newport 'B'	58 + 60 + 61 + 68	= 247

County Results

1 Gwent	2 + 3 + 7 + 15	= 27
2 Mid Glamorgan	1 + 10 + 13 + 16	= 40
3 Clwyd	8 + 11 + 24 + 25	= 68
4 South Glamorgan	4 + 18 + 22 + 28	= 72
5 West Glamorgan	6 + 12 + 26 + 35	= 79
6 Powys	5 + 21 + 36 + 48	= 110