

Fishguard Sea Cadets

10km Race 2012

Pos	Time	Family	First	Num	Gen	Age	Catgy	Club
1	0:36:31	Dyde	Robert	164	M	29	OM	Pembrokeshire Harrier
2	0:37:08	Griffiths	Tim	168	M	32	OM	Pembrokeshire Harrier
3	0:39:22	Elliott	Gareth	188	M	29	OM	Pembrokeshire Harrier
4	0:39:39	Dunscombe	Mark	179	M	50	M50	Sarn Helen
5	0:39:52	Simpson	Richard	187	M	38	OM	Pembrokeshire Harrier
6	0:40:21	Dixon	Chris	78	M	34	OM	Pembrokeshire Harrier
7	0:40:37	Whitby	Mark	167	M	40	M40	Pembrokeshire Harrier
8	0:40:46	Ouseley	Steve	176	M	38	OM	Ingli Runner
9	0:41:05	Baker	Robin	191	M	41	M40	Ingli Runner
10	0:41:20	Warlow	Berwyn	75	M	17	OM	Pembrokeshire Harrier
11	0:42:07	Chilton	Nick	190	M	48	M40	Ingli Runner
12	0:42:13	Orme	Gordon	180	M	69	M60	Cardigan Running Club
13	0:43:04	Tagg	Sarah	182	F	39	F35	
14	0:43:07	Rogers	Toby	79		34	OM	Ingli Runner
15	0:43:09	Brown	Steve	159	M	48	M40	Pembrokeshire Harrier
16	0:45:08	Worth	Laurence	195	M	49	M40	Pembrokeshire Harrier
17	0:45:18	Davies	Greg	174	M	55	M50	
18	0:45:34	Ouseley	Bethan	177	F	35	F35	Ingli Runner
19	0:45:46	Padget	Paul	178	M	56	M50	Ingli Runner
20	0:47:18	Thomas	Rosie	151	F	25	OF	
21	0:47:19	Austin	Hannah	163	F	15	YTH	Pembrokeshire Harrier
22	0:47:36	Walters	Cyril	193	M	64	M60	TROT's
23	0:48:13	Willcox	Jill	181	F	40	F35	Pembrokeshire Harrier
24	0:48:29	Dyde	Martin	165	M	53	M50	Pembrokeshire Harrier
25	0:48:39	Walker	Helen	161	F	56	F45	Ingli Runner
26	0:48:40	Walker	Peter	162	M	56	M50	Ingli Runner
27	0:48:42	Jones	Aneurin	155	M	44	M40	Sarn Helen
28	0:49:21	Williams	Sian	76	F	33	OF	
29	0:51:46	Sherwood	Roland	156	M	66	M60	Carmarthen Harrier
30	0:52:41	Bateman	Eddie	184	M	56	M50	Pembrokeshire Harrier
31	0:52:54	Davies	Lynne	175	F	52	F45	
32	0:53:42	Griffiths	Alison	157	F	42	F35	Pembrokeshire Harrier
33	0:53:43	Thomas	Claire	172	F	30	OF	TROT's
34	0:54:46	Mercey	Danielle	192	F		F45	
35	0:55:27	Mains	Moira	185	F	46	F45	
36	0:55:40	Richardson	Keith	173	M	68	M60	

37	0:55:55	Colman	Jill	166	F	47	F45	Pembrokeshire Har
38	0:56:42	Jones	Gareth	154	M		M50	
39	0:59:36	Seymour	Kett	186	M	31	OM	
40	1:00:16	Bland	Madeleine	169	F	60	F45	Pembrokeshire Har
41	1:01:23	Warlow	Haulwen	74	F	49	F45	Pembrokeshire Har
42	1:01:23	Davies	Elaine	194	F	47	F45	Pembrokeshire Har
43	1:01:42	Green	Rachel	77	F	30	OF	
44	1:02:18	Lewis	Lucy	183	F	39	F35	
45	1:06:05	Thomas	Barbara	170	F	67	F45	Pembrokeshire Har
46	1:06:05	Charlett	Pauline	171	F	50	F45	Pembrokeshire Har
47	1:06:05	Bell	Jan	158	F	66	F45	Pembrokeshire Har
48	1:09:15	Davies	Gillian	189	F	45	F45	
49	1:38:25	Watts	Allen	152	M	83	M60	Sarn Helen