

Ras Y Llychau Talley 5k 2012

<u>No.</u>	<u>Position</u>	<u>Name</u>	<u>Club</u>	<u>Age</u>	<u>Class</u>	<u>Time</u>
18	1	Christian Lovatt	Carmarthen	15	u18m	17.16
67	2	Robert Dyde	Pembs Harriers	29	M	17.17
89	3	John Morris	Amman Valley	31	M	17.39
88	4	Michael Davies	Sarn Helen	43	M40	18.05
115	5	Carwyn Thomas	Sarn Helen	24	M	18.11
63	6	Steve Thomas	3M Gorseinon	36	M	18.22
27	7	Jonathan Jones	Carm Harriers	42	M40	18.27
100	8	Richard Marks	Sarn Helen	62	M40	18.34
105	9	Jack Tremlett	Trots	31	M	18.49
58	10	Daniel Hopper	Sarn Helen	39	M	18.54
99	11	Gareth Elliott	Pembs Harriers	29	M	19.25
102	12	Alex Williams	Port Talbot Harriers	44	M40	19.35
106	13	Williams Precious		29	M	20.07
8	14	Carwyn Davies		35	M	20.24
48	15	Paul Oughton		51	M40	20.35
61	16	Steffan Jones	Sarn Helen	22	M	20.36
60	17	Mark Dunscombe	Sarn Helen	50	M40	20.40
59	18	Mark Terry	Trots	55	M40	20.53
24	19	Richards Simpson	Pembs Harriers	39	M	21.13
80	20	Huw Sheldon		23	M	21.26
110	21	Andrew Lloyd	Amman Valley	28	M	21.38
38	22	Laurence Worth	Pembs Harriers	49	M40	21.39
84	23	Dave Griffith	Pembs Harriers	49	M40	21.45
65	24	Jason Dickinson	Trots	44	M40	21.56
117	25	Mathew Dorn		40	M40	22.04

37	26	Amber Howell	Carm Harriers	13	fu18	22.07
86	27	Mathew Tippins		19	M	22.40
44	28	Kari O'Neill	Carm Harriers	16	fu18	22.42
14	29	Helen Willoughby	Sarn Helen	47	F35	22.57
92	29	Sian Roberts Jones	Sarn Helen	32	F	22.57
70	31	Hannah Austin	Pembs Harriers	15	fu18	22.59
101	32	Geriant Jenkins	Amman Valley	44	M40	23.01
104	33	Richard Phillips	Trots	35	M	23.13
103	34	Cyril Walters	Trots	64	M40	23.15
64	35	Gareth Jones	Sarn Helen	46	M40	23.21
97	36	Brian Mogford	Amman Valley	52	M40	23.24
30	37	Michael Halsall	Llanelli AAC	39	M	23.33
15	38	Thomas Willoughby	Sarn Helen	12	u18m	23.36
120	39	Kelvin Evans		39	M	23.44
91	40	Michael Terry	Trots	61	M40	23.47
109	41	Luke Tippins		27	M	23.51
118	42	Damien Johnson	Llanelli Strollers	20	M	24.00
43	43	Aneurin James	Sarn Helen	44	M40	24.12
23	44	Terry Jones	Sarn Helen	35	M	24.17
26	45	Sam Bengier	Amman Valley Comp	11	u18m	24.19
62	46	Ryan Redfern		19	M	24.23
19	47	Mark Roblin	Carmarthen	45	M40	24.33
29	48	Aiden Jones	Bro Myrddin	13	u18m	24.37
93	49	Penny Graepel	Amman Valley	51	F35	24.43
90	50	Arwel Davies	Bro Myrddin	15	u18m	24.59
53	51	Mathew Davies	Tregib	17	u18m	25.08
96	52	Ormond Williams	Sarn Helen	51	M40	25.13
13	53	Ann Rowell	Trots	56	F35	25.14

95	54	Jane Holmes	Sarn Helen	41	F35	25.19
4	55	Jack Cleverly	Tri-gib	14	u18m	25.21
41	56	Rhodri Stone		47	M40	25.29
83	57	Sion Lewis	Tregib	16	u18m	25.36
85	58	Mark Tippins		17	u18m	25.37
66	59	Dewi Price		58	M40	25.53
56	60	Greg Liguz		44	M40	25.55
33	61	Kyran Kiff	Amman Valley	17	u18m	25.57
114	62	Sian Owen		28	F	25.58
2	63	Harry Mostyn		24	M	26.04
68	64	Alison Griffiths	Pembs Harriers	42	F35	26.47
79	65	Llinos Jones	Llandovery	31	F	26.49
36	66	Ellie Kiff	Carm Harriers	12	fu18	27.13
34	67	Jeremy Kiff		15	u18m	27.13
111	68	Alex Ethridge		28	M	27.16
54	69	George Haines	Tregib	13	u18m	27.29
32	70	Teilo Stones	Tregib	13	u18m	27.32
87	71	Zara Tippins		23	F	27.46
42	72	Steve Jones		50	M40	28.03
119	73	Nigel Jones	Llanelli Strollers	57	M40	28.07
25	74	Maisie Mackenzie	Tregib	13	fu18	28.10
108	75	Joanna Mogford	Amman Valley	27	F	28.19
45	76	Lottie Donnelly-Williams	Tregib	16	fu18	28.38
72	77	Joshua Jones	Amman Valley	12	u18m	28.40
76	78	Chris Jones	Amman Valley	44	M40	28.51
49	79	Chris Walters		27	M	28.52
98	80	Ann Mogford	Amman Valley	47	F35	29.36
10	81	Dana Louise Webster	Tri-gib	14	fu18	29.44

39	82	Tesni Stone	Tregib	12	fu18	30.13
6	83	Samuel Howell	Tri-gib	12	u18m	30.16
5	84	Benjamin Gallafent	Tri-gib	13	u18m	30.28
116	85	Samantha Dorn		41	F	30.33
74	86	Non Roberts	Tregib	11	fu18	30.38
21	87	Nick Roe		55	M40	30.44.07
81	88	Kath Treharne	Amman Valley	43	F35	30.44.38
51	89	Nigel Walters		53	M40	30.52
69	90	Jan Bell	Pembs Harriers	67	F35	31.02
31	91	Owen Le Roux	Tregib	11	u18m	31.22
22	92	Jane Roe		53	F35	31.35
20	93	George		22	M	31.41
46	94	Bleiddian Bazzard	Tregib	13	u18m	31.42
55	95	Sarah Selby		35	F35	31.53
17	96	Chloe Hollins	Talley	11	fu18	32.07
7	97	Connor Thompson	Tri-gib	11	u18m	33.17
47	98	Bronwen Bazzard	Tregib	15	fu18	34.05
28	99	Nicola Munro		38	F35	34.23
71	100	Bethany Speke	Tregib	13	fu18	34.37
73	101	Casey Lyng Murra	Tregib	13	fu18	35.02.19
82	102	Rose Fitzgerald	Amman Valley	64	F35	35.02.44
94	103	Keshava Shuur	Tregib	11	fu18	35.02.74
78	104	Alex Jones		34	F	35.20
35	105	Hazel McClelland	Tregib	13	fu18	37.03
57	106	Kaya Hopper	Tregib	13	u18m	38.07
113	107	Ella Seren Champion	Tregib	11	fu18	38.38
112	108	Ffion Davies	Tregib	11	fu18	38.41
52	109	Wayne Davies		22	M	39.02.41

50	110	Victoria Richards		24	F	39.02.66
40	111	Medi Stone	Tregib	15	fu18	39.56
11	112	Cari Ann Norman	Tri-gib	15	fu18	40.20
77	113	Dylan Thomas	Tregib	12	u18m	40.41.53
75	114	William Speke	Tregib	11	u18m	40.41.78
3	115	Alan Watts	Sarn Helen	83	M40	50.24
12	116	Lydia Jayne Dixon	Tri-gib	15	fu18	59.38
1		Ed Mansel Lewis		25	M	
16		Leon	Johnstown	11	u18m	
107		Lee Robert Thornley		31	M	