

TROT's DAMBUSTER's

Llys yr Fran 2012

Pos	Time	Family	First	Num	Gen	Age	Catgy	Club	
1	0:33:35	Price	Glyn	130	M	45	M40	Sarn Helen	0:
2	0:35:09	Davies	Michael	134	M	43	M40	Sarn Helen	0:
3	0:36:06	Evans	Mike	103	M	37	OM	TROT's	0:
4	0:36:20	Elliott	Gareth	138	M	30	OM	Pembrokeshire Harriers	0:
5	0:37:00	John	Dean	104	M	45	M40	TROT's	0:
6	0:37:51	Simpson	Richard	139	M	39	OM	Pembrokeshire Harriers	0:
7	0:38:45	Roberts	Shan	145	F	44	F35	TROT's	0:
8	0:39:06	Cleatheroe	Claire	125	F	38	F35	TROT's	0:
9	0:39:16	Dunscombe	Mark	140	M	50	M50	Sarn Helen	0:
10	0:39:21	Rees	Conrad	107	M	37	OM		0:
11	0:39:29	Jones	Elizabeth	143	F	23	OF	TROT's	0:
12	0:39:38	Owen	Barry	141	M	37	OM	Emlyn Runners	0:
13	0:40:04	Whitby	Mark	135	M	41	M40	Pembrokeshire Harriers	0:
14	0:40:35	Terry	Mark	122	M	55	M50	TROT's	0:
15	0:40:46	Jones	Hywel	128	M	50	M50	Amman Valley Harriers	0:
16	0:40:52	Kotzee	Tracy	119	F	38	F35	Elmbridge Road Runners	0:
17	0:40:58	Orme	Gordon	144	M	69	M60	Carmarthen Harriers	0:
18	0:41:16	Langford	David	146	M	52	M50	Pembrokeshire Tri	0:
19	0:42:43	Brace	Gerald	132	M	42	M40		0:
20	0:43:18	Bleasdale	Catharine	99	F	43	F35	TROT's	0:
21	0:43:27	Worth	Laurence	136	M	49	M40	Pembrokeshire Harriers	0:
22	0:43:41	Jones	Gareth	129	M	46	M40	Sarn Helen	0:
23	0:44:07	Brown	Mike	106	M	31	OM		0:
24	0:44:15	James	Aneurin	102	M	44	M40	Sarn Helen	0:
25	0:45:02	Millar	Jo	120	F	41	F35		0:
26	0:45:14	Walters	Cyril	98	M	64	M60	TROT's	0:
27	0:45:28	Sexton	Tasha	133	F	38	F35		0:
28	0:45:37	Griffiths	Dave	148	M	49	M40	Pembrokeshire Harriers	0:
29	0:45:47	Zawadzki	Matthew	100	M	40	M40	Steel City Striders	0:
30	0:45:48	Springett	Richard	97	M	48	M40		0:
31	0:46:02	Davey	Eric	126	M	62	M60	Llanelli AC	0:
32	0:46:04	Terry	Michael	137	M	61	M60	TROT's	0:
33	0:46:13	Austin	Hannah	114	F	15	OF	Pembrokeshire Harriers	0:
34	0:46:37	Dyde	Martin	116	M	53	M50	Pembrokeshire Harriers	0:
35	0:46:39	Bennett	Lisa	121	F	42	F35	Team Bath AC	0:
36	0:46:56	Thomas	D	149	M	40	M40	Pembrokeshire Harriers	0:

37	0:47:37	Sutton	Karl	147	M	42	M40	Pembrokeshire Tri	0:
38	0:47:58	Halsall	Michael	127	M	39	OM	Llanelli AC	0:
39	0:50:45	Griffiths	Alison	113	F	42	F35	Pembrokeshire Harriers	0:
40	0:50:56	Mackintosh	Adrienne	105	F	31	OF	TROTs	0:
41	0:51:10	Buck	Lindsay	96	F	51	F45	Cumberland& Fell Runners	0:
42	0:51:19	Morgan	Lon	124	F	54	F45	Emlyn Runners	0:
43	0:51:48	Sexton	Chris	131	M	48	M40		0:
44	0:52:02	Williams	Yvonne	110	F	40	F35		0:
45	0:52:32	Thomas	Claire	117	F	30	OF	TROTs	0:
46	0:53:08	Richardson	Keith	95	M	68	M60		0:
47	0:54:30	Bateman	Eddie	111	M	55	M50	Pembrokeshire Harriers	0:
48	0:55:10	Jones	Anwen	142	F	26	OF	TROTs	0:
49	0:56:35	Harding	Peter	101	M	72	M60	TROTs	0:
50	0:56:40	Lawford	Lisa	109	F	40	F35		0:
51	0:58:40	Jones	Nigel Leighton	123	M	57	M50	Llanelli Strollers	0:
52	1:00:18	Harries	Mark	118	M	49	M40		0:
53	1:00:21	Bell	Jan	112	F	67	F55	Pembrokeshire Harriers	0:
54	1:04:19	Thomas	Helen	108	F	31	OF	Pembrokeshire Harriers	0: