

FUSION 5k 9th August 2012

3rd Race

Pos	Time	Family	First	Num	Gen	Age	Catgy	Club
1	0:17:20	Roberts	Adam	429	M	23	OM	TROTs
2	0:17:42	Phillips	Nigel	440	M	40	M40	Llanelli AC
3	0:17:46	Harris	Ian	456	M	28	OM	3Ms Gorseinon RR
4	0:17:55	Dickinson	Jason	434	M	44	M40	TROTs
5	0:18:30	Morris	Lee	466	M	31	OM	3Ms Gorseinon RR
6	0:18:53	Osborne	Peter	459	M	52	M50	Llanelli AC
7	0:18:59	Gosney	Mark	463	M	33	OM	3Ms Gorseinon RR
8	0:20:01	Quinn	Nicola	428	F	44	F35	Emlyn Runners
9	0:20:11	Thomas	Owen	446	M	29	OM	
10	0:20:19	O'Brien	Michael	439	M	57	M50	
11	0:20:24	Murry	Kirsty	416	F		F35	Pembrokeshire Tri
12	0:20:31	Rogerson	Matt	460	M	39	Om	
13	0:20:40	Worth	Laurence	426	M	49	M40	Pembrokeshire Harr
14	0:20:43	Davies	Matthew	457	M	28	OM	
15	0:20:55	James	David	436	M	39	OM	Amman Valley Harri
16	0:21:12	Vyner	Graham	427	M	43	M40	Celtic Tri
17	0:21:36	Wright	Tom	481	M	51	M50	Sospan RR
18	0:21:39	Williams	Andrew	437	M	37	OM	
19	0:21:49	Peace	Mandy	465	F	47	F45	Sospan RR
20	0:21:56	Dainton	Ellie	445	F	15	OF	Llanelli AC
21	0:21:58	Davey	Eric	448	M	62	M60	Llanelli AC
22	0:22:06	O'Brien	Simon	472	M		M40	Sospan RR
23	0:22:08	Jones	Caroline	414	F		F45	TROTs
24	0:22:09	Tomos	Hywel	455	M	45	M40	
25	0:22:12	Langan	Derek	442	M	34	OM	
26	0:22:23	Howells	Stuart	420	M	45	M40	Human Being Active
27	0:22:42	Hambly	Paul	438	M	38	OM	Port Talbot Harriers
28	0:22:53	Tinge	George	418	M		OM	
29	0:22:55	Lehmann	Ben	478	M	26	OM	
30	0:22:59	Rees	Kevin	469	M	30	OM	
31	0:23:00	Pearce	James	412	M		OM	
32	0:23:37	Watts	Phillip	410	M		OM	
33	0:23:43	Williams	Byron	447	M	58	M50	Llanelli AC
34	0:23:37	Job	Stephen	441	M	45	M40	
35	0:23:52	Williams	Mark	482	M	33	OM	
36	0:23:54	Williams	Simon	470	M	31	OM	

37	0:24:32	Jenkins	Celyn	424	F	25	OF	Sospan RR
38	0:25:09	Lewis	Carwyn	452	M	28	OM	
39	0:25:14	Rees	Chris	453	M	29	OM	
40	0:25:27	Richards	Paul	467	M	34	OM	
41	0:25:47	Jones	Viv	473	F	38	F35	Sospan RR
42	0:26:02	Preece	Adam	461	m	26	OM	Pro PT Academy
43	0:26:04	Vaughn	Jacqui	451	F	48	F45	Pro PT Academy
44	0:26:41	Bullough	Malcolm	444	M	54	M50	
45	0:26:43	Williams	Mal	431	F	33	OF	Sospan RR
46	0:26:44	Gwynn	Non	433	F	31	OF	Sospan RR
47	0:26:47	Fifeld	Jenny	435	F	53	F45	
48	0:27:05	Kriewald	Sarah	432	F	28	OF	
49	0:27:10	Cunnane	Lucy	419	F		OF	Pro PT Academy
50	0:27:13	Street	Richard	413	M		M50	Pegasus RC
51	0:27:16	Johnson	Hannah	464	F	25	OF	Sospan RR
52	0:27:29	Morgan	Nia	474	F	43	F35	
53	0:27:36	Tomos	Sian	454	F	44	F35	
54	0:27:37	Charles	Rachel	477	F	35	F35	Robert Davies Fitness
55	0:27:57	Larkin	Leah	403	F		OF	
56	0:28:08	Phillips	Diane	471	F	35	F35	Robert Davies Fitness
57	0:28:37	Rees	Jayne	430	F	35	F35	
58	0:28:41	Jones	Nigel	483	M	57	M50	
59	0:29:30	MsKee Hands	Caron	405	F		F45	
60	0:29:31	Howells	David	422	M	19	OM	Human Being Active
61	0:29:31	Lewis	Rhian	480	F	40	F35	
62	0:30:37	Davies	Arwel	423	M	48	M40	Sospan RR
63	0:30:35	Williams	Rosemarie	479	F	54	F45	Robert Davies Fitness
64	0:31:52	Whelan	Oriana	475	F	45	F45	Robert Davies Fitness
65	0:31:54	Williams	Helen	415	F		F35	Aberdare A C
66	0:31:58	Liles	Emily	476	F	27	OF	Robert Davies Fitness
67	0:32:57	Pugh	Jenna	449	F		OF	Sospan RR
68	0:33:50	Daunton	Debbie	443	F	45	F45	Sospan RR
69	0:33:50	Evans	Lorraine	468	F	31	OF	Sospan RR
70	0:33:51	Jones	Caren	458	F	48	F45	Sospan RR
71	0:35:36	Larkin	Christine	404	F		F35	
72	0:35:51	John	Leigh	462	M	24	OM	Pro PT Academy
73	0:35:51	Tincombe	Pam	450	F	57	F55	Pro PT Academy
74	0:38:28	Howells	Lisa	421	F	43	F35	Human Being Active
75	0:43:21	Williams	Moria	417	F		F35	Eva Rose Angles
76	0:43:22	Pritchard	Katie	425	F	21	OF	